



JAPANESE CANADIAN
CULTURAL CENTRE
日系文化会館

MAY 2024 · 2024年5月



IN THIS ISSUE

VOL. 50 ISSUE 5

BAZAAR 2024

バザー2024

**MAY IS ASIAN
HERITAGE MONTH**

5月はアジアヘリテージ月間

**TORONTO JAPANESE
FILM FESTIVAL 2024**

トロント日本映画祭

WHAT'S ON

JCS HEALTH & WELLNESS
JCサバイバー・ヘルス&ウェルネス

MAY FILM SCREENING
月例映画上映会

BODY/ARMOUR
PHOTOGRAPHY EXHIBIT



**TORONTO
JAPANESE
FILM 2024
FESTIVAL**



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Contact the JCCC ・ お問い合わせ

For enquiries, please contact respective staff directly ([see staff directory below](#)) or email us at jccc@jccc.on.ca.
For general enquiries by telephone, please call **416-441-2345** during our operating hours (Mon-Fri, 10am-8pm, Sat-Sun 10am-5pm).

担当スタッフに直接ご連絡([スタッフリストはこちら](#))、又は、jccc@jccc.on.caまでEメールをお送りください。

一般的なお質問は、**416-441-2345**内線222に電話、メッセージを残してください。開館時間内(月～金、午前10時～午後8時、土日、午前10時～午後5時)にご連絡ください。

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YOUR NEWS IS WELCOME!
皆様からの寄稿をお待ちしております。

The submission deadline for the June issue is:

Thursday, May 9, 2024.

次号締切日:2024年5月9日(木)

Please email to newsletter@jccc.on.ca

Japanese Canadian Cultural Centre

6 Sakura Way, Toronto, M3C 1Z5

Phone: 416-441-2345

www.jccc.on.ca

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Photo, right: KPMB Architects



What's On at the JCCC

Upcoming Events / 近日開催イベント

Gaman – Perseverance Book Launch • 出版記念イベント

Wednesday May 1, 7pm • 5月1日(水)午後7時

Wynford Seniors • ウィンフォードシニア

Wednesday May 1 & 15, 10:30am

5月1, 15日(水)午前10時半

Please contact Bev (bfujimoto50@yahoo.ca) for info. お

問い合わせは:ベブ・フジモトまで (bfujimoto50@yahoo.ca)

JCCC Bazaar • JCCCバザー

Saturday May 4, 12:00 – 4:00pm

5月4日(土) 正午～午後4時

TorontoJFF Ticket Sales Begin!

トロント日本映画祭(TJFF)チケット販売開始!

Wednesday May 8, 10am • 5月8日(水)午前10時

See [page 10](#) for details

詳細は[10頁](#)をご覧ください。

JCCC Karaoke Club • JCCCカラオケクラブ

Wednesday May 8 & 22, 10:00am

5月8, 22日(水)午前10時

Hayato Sumino Piano Recital • 角野隼斗ピアノリサイタル

Thursday May 9, 7:00pm • 5月9日(木) 午後7時

LIMITED TICKETS AVAILABLE AT THE DOOR

当日券限定数販売予定

Sumi-e Art Workshops • 墨絵ワークショップ

Landscapes - Saturday May 11, 9:30am to 12:00pm

景観 - 5月11日(土)午前9時半~正午

See sumieartistsofcanada.org for details.

詳細は:sumieartistsofcanada.org

Nisei Veterans' Award Application Deadline

二世ベテランアワード申し込み締め切り

May 17, 2024, 11:59pm • 5月17日(金) 午後11:59時

JCCC Closed – Victoria Day • JCCC閉館 - ビクトリアデー

Monday May 20 • 5月20日(月)

May Film Screening • 月例映画上映会

Thursday May 23, 7:00pm

5月23日(木) 午後7時

The Zen Diary (TJFF encore), see [page 9](#) for details. 「

土を喰らう十二ヵ月」詳細は[9頁](#)をご覧ください。

Doors Open • ドアズオープン、トロント

May 25 and 26, 10:00am to 5:00pm

5月25日(土)、26日(日) 午前10時～午後5時

See [page 5](#) for details

詳細は[5頁](#)をご覧ください。

JCSurvivors Health &

Wellness Fund Info Sessions

JCSurvivors Health & Wellness Fund Info Sessions

See [page 6](#) for details. 詳細は[6頁](#)をご覧ください。

Ongoing / 開催中

JCCC Library • 図書館

The Library is now open.

Please check the JCCC website for the schedule of this month.

JCCCライブラリーは現在週3~4回オープン、貸出/閲覧が可能です。

スケジュールはJCCCウェブサイトで確認してください。

ライブラリーでは閲覧日、貸出日にお手伝いくださるボランティアを募集しています。ご興味のある方(要日本語)はharukoi@jccc.on.caまでご連絡ください。

Exhibitions • 館内展示

Moriyama Nikkei Heritage Centre

森山日系ヘリテージセンター

Maru: Immigration Stories.

Contact heritage@jccc.on.ca for a guided tour.

丸:日系移民物語。ツアーガイドをご希望の方はheritage@jccc.on.caまでご連絡ください。

Heritage Hallway • ヘリテージホール

60 Years of Friendship Through Culture

文化が育んだ60年のフレンドシップ

May 2023 to June 2024 • 2023年5月~2024年6月

JCCC Gallery • JCCCギャラリー

CONTACT Photography Festival - Body/Armour

CONTACTフォトフェスティバル参加展示

April 28 to July 31, 2024 • 2024年4月28日~7月31日

Heritage Lounge Display Case • ヘリテージラウンジ

Kimono Remake Project

着物のリメイクプロジェクト

May 1 to 31, 2024 • 2024年5月1~31日

UPCOMING EVENTS

Bazaar is Here!

Are you ready? It's that time of year again - JCCC Annual Bazaar!!! The committee have been busy organizing our biggest one-day fundraiser of the year! Don't forget to mark your calendar for Saturday May 4, 2024 from 12:00pm to 4:00pm. As usual, the Annual Bazaar is a shopping extravaganza with great deals on gardening items, Japanese treasures, baked goods, etc., plus lots of white/pink elephant treasures and of course our Silent Auction with some great products to bid on. Also, remember to get your mini raffle tickets as well! Don't worry, there will also be lots of food for sale such as sushi, udon, tempura, manju - for take home or dining in while you take a break from your shopping spree. If this is your first time attending, remember to stop at the bank on the way over. Most sales are cash only and we don't have an ATM on site. Don't let a lack of ready cash hold you back from getting that fabulous bargain! Please come and support your JCCC!



We welcome donations of all kinds – white elephant, new products, baked goods including cakes, pies, cookies, squares, etc (no meat, cream, custard filling), Japanese food (including manju, sekihan, chirashi, bentos, etc), etc. Non-perishable donations can be dropped off at the JCCC reception desk anytime. Perishable donations that can be refrigerated can be accepted on May 3rd and 4th. If you have any questions or need more information, please contact Yoko Minoda at yokomi@jccc.on.ca.

Date: Saturday May 4, 2023 Time: 12:00pm - 4:00pm

Admission: **FREE**

Positions Required at the JCCC

Join the team of the largest Japanese cultural organization outside of Japan!

The Japanese Canadian Cultural Centre is seeking part-time Receptionists to hire immediately. The Receptionist ensures an excellent experience for all community members and visitors in a friendly and caring manner. Your appreciation of exceptional customer service will be reflected in your warm professionalism as the initial point of contact for JCCC inquiries. Job duties focus on greeting and directing visitors, answering telephone and email inquiries, membership and event registration, processing payments (including a small retail shop), and other light administrative duties.

Hours: Monday, Tuesday, Wednesday, Thursday, Friday 12:30-8:30pm

Saturday, Sunday 9:30am-5:30pm

Flexible time is preferred. Multiple candidates will be hired.

Key Responsibilities:

- Greet JCCC visitors and provide information
- Assist customers with various transactions – registrations, purchases, donations, invoice payments, etc.
- Answer, screen, and forward incoming telephone calls
- Manage JCCC email
- Coordinate courier pickup/drop-offs and directing deliveries

Required Skills:

- Excellent English communication skills (Japanese is an asset)
- Excellent customer service and organizational skills
- Attention to detail and ability to work independently
- Basic computer/math skills
- Ability to work effectively in a fast paced environment

Please send resume to hr@jccc.on.ca. Please indicate which days you are available for work. Only successful candidates will be contacted. Job posting closes May 10, 2024.

Please refer to Job Posting 300244.

UPCOMING EVENTS

Doors Open Toronto

May 25 & 26, 10:00am to 5:00pm

For 60 years, the Japanese Canadian Cultural Centre (JCCC) has served as the gathering point for the Japanese Canadian community and for those of non-Japanese ancestry who have an interest in things Japanese in the Greater Toronto Area. We excited to showcase our variety of arts and cultural programs during Doors Open 2024.

Self-guided and in-person guided tours are available for our permanent exhibit, "Maru: Immigration Stories," to learn about the global Japanese diaspora community and Japanese Canadian history.

The JCCC Gallery is proud to host our spring photography exhibit, *Body/Armour*, featuring work by Claudia Fahrenkemper and Ruth Kaplan, curated by Shin Sugino and Stephen Bulger. An artist talk with Ruth Kaplan will take place on Sunday, May 26th at 2pm.

Visitors are welcome to try their hands at the traditional Japanese arts of ikebana (flower arranging), sumi-e, (ink wash painting), and chadō (tea ceremony). Hula performances, and observations of martial arts classes will be available.

Please note that chadō and ikebana have a fee of \$15/per person. Please see our website for a full schedule. The schedule will be updated as programming becomes confirmed: <https://jccc.on.ca/event/2024/05/doors-open-toronto-2024>.



Save the Date 開催決定!

夏祭り・盆踊り Natsu Matsuri/Bon Odori Festival 2024

7月13日(土) • Saturday July 13

Mark your calendars – our only outdoor/indoor festival is coming up!

There will be food, there will be entertainment, there will be Bon Odori, there will be lots of fun to be had!

JCCC唯一の屋外メインのイベント、夏祭り・盆踊り!

食べ物あり、エンターテイメントあり、盆踊りあり、楽しみがいっぱいです。お楽しみに!



UPCOMING EVENTS

Art Miki Launches Gaman - Perseverance: Japanese Canadians Journey to Justice

Save the date! Join us in the Heritage Lounge at the Japanese Canadian Cultural Centre to celebrate the launch of *Gaman – Perseverance: Japanese Canadians' Journey to Justice* by Art Miki!

Enjoy a reading from *Gaman – Perseverance*, an introduction from Mohammed Hashim, executive director of the Canadian Race Relations Foundation, and a conversation between Art Miki and Lynn Kobayashi, president of the Toronto chapter of the National Association of Japanese Canadians!

Gaman – Perseverance is an in-depth memoir detailing the intense negotiations that took place in the 1980s between the Government of Canada and the NAJC – negotiations which finally resulted in the historic Japanese Canadian Redress Agreement of September 1988 and the acknowledgment by Prime Minister Brian Mulroney that Canada had wronged its own citizens. In *Gaman – Perseverance*, Art Miki recounts his past experiences and family history, revealing the beliefs and attitudes that shaped his life's journey as a youth in British Columbia, an educator in Manitoba, and a community leader across Canada.

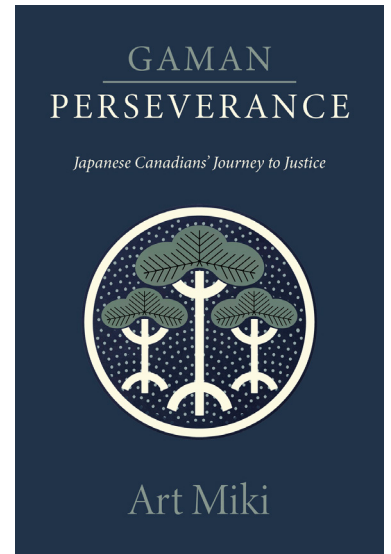
We can't wait to see you there!

Heritage Lounge – Japanese Canadian Cultural Centre
Toronto, ON
May 1, 2024

Doors open at 6:30pm; the event begins at 7:00pm

Free Admission. No Reservation required. Seating is first-come, first-served.

This event is made possible by the Canadian Race Relations Foundation



RAW TAIKO PRESENTS

CONSTANT STATE OF OTHERNESS

A TORONTO TAIKO FESTIVAL PRODUCTION

APRIL 19 & 20, 2024 | 7PM
HART HOUSE THEATRE | 7 HART HOUSE CIRCLE, TORONTO ON

UNIT SOU ZOU Toronto Taiko Festival

TORONTOTAIKOFESTIVAL.ORG

Performed by Unit Souzou of Portland, Oregon, *Constant State of Otherness* is an engaging, multi-layered performance work rooted in questions of identity and self worth – how we identify ourselves and how we label others. Through taiko, Japanese folk dance, song, and personal story, six performers guide the audience through a four-part journey inspired by experiences of isolation and displacement that come from not having an easy sense of home.

More info about the concert and tickets: <https://www.torontotaikofestival.org/constant-state-of-otherness>

We would be pleased to offer a promo code for all JCCC community members: promo code "solidarity20" will provide 20% off the lowest tiered ticket in our sliding scale (\$25 Solidarity rate ticket. We also have a \$12 ticket option for students and youth 17 and under, but this promo code applies to the Solidarity ticket which is the lowest rate for adults/non-students).

UPCOMING EVENTS



Japanese Canadian Survivors Health & Wellness Fund

Upcoming JCSHWF Validation Events

Sunday May 5, 2024, 12:00pm – 2:00pm, **Toronto Buddhist Church**, 1011 Sheppard Ave. W. Toronto, M3H 2T7
RSVP to Katherine Arima at Katherine.arima@jcwellness.org or 437-871-1368

Sunday June 2, 2024, 12:00pm – 2:00pm, **Toronto Buddhist Church**, 1011 Sheppard Ave. W. Toronto, M3H 2T7
RSVP to Katherine Arima at Katherine.arima@jcwellness.org or 437-871-1368

Sunday June 2, 2024, 10:30am – 2:30pm, **Wasaga Beach, Camp Lumbini**, Cabin 3, 68 Mary St. L9Z 2M6 (Provided by the Toronto Buddhist Church)

RSVP to Mark Uyeda at mark.uyeda@jcwellness.org or 437-882-9856

"Registration deadline Monday May 27, 2024. This event may be cancelled if there are not enough registrants"

Saturday July 13, 2024, 3:00pm to 7:00pm, **during Natsu Matsuri at the JCCC** (Toronto), 6 Sakura Way, Toronto, M3C 1Z5.
Onsite parking will be limited.

RSVP to Mark Uyeda at mark.uyeda@jcwellness.org or 437-882-9856

“NEW Pilot” for the month of May

The Ontario Outreach team will be present to take appointments for in-person validations on the following dates.

Hamilton Canadian Japanese Culture Centre (HCJCC), Every Wednesday for the month of May, appointment times available between 10:00am – 1:00pm

RSVP to Erin Oikawa at Erin.oikawa@jcwellness.org or 437-881-4879

Japanese Canadian Culture Centre (JCCC), Hamasaki Room, May 9, 14, 16, 21, 23, 28, 30, appointment times starting at 10:00am.

RSVP to Mark Uyeda at mark.uyeda@jcwellness.org or 437-882-9856

Everybody Loves Caravan!

Recently, Heritage Toronto published an article about the history of Metro Toronto International Caravan. As we have also been writing about Caravan, and trying to insure that our records are as complete as possible, we thought that you might like to read this article as well. The article was written by Emerging Historian Phoebe Croft and uses photos from the City of Toronto Archives. Follow the QR code, or go to <https://www.heritagetoronto.org/explore-learn/toronto-caravan-festival-history/> to read the full article.



JUNE 22-23, 2024

Kimiko's Pearl

きみこの真珠



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kimikospearl.com

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St. Catharines, Ontario



SAVE \$10

WITH PROMO CODE **BRAVOPEARL**

ENCORE PRESENTATION: A FOODIE FAVOURITE RETURNS WITH ITS DIRECTOR!



May Film: THE ZEN DIARY 土を喰らう十二月

Thursday May 23, 7:00pm

Admission

\$8.85 +HST (\$10) JCCC member; \$10.62 +HST (\$12) non-member

DIRECTOR YUJI NAKAE WILL BE IN ATTENDANCE TO INTRODUCE HIS FILM AND ANSWER YOUR QUESTIONS

Tsutomu lives alone in the mountains, writing essays, cooking food with fruits and vegetables he grows and mushrooms he picks in the hills. His routine is happily disturbed when Machiko, his editor/love interest, occasionally visits. She loves to eat and he loves to cook for her. Tsutomu seems content with his daily life, however he remains unable to bury his dead wife's ashes in a grave. His wife died 13 years ago... Adapted from Tsutomu Mizukami's book, this gentle, thoughtful drama considers the importance of aligning one's life with the natural world's flavours and rhythms.

Starring Kenji Sawada, Takako Matsu



DIRECTOR YUJI NAKAE



THE TORONTO JAPANESE FILM FESTIVAL IS BACK FOR ITS 13TH YEAR!

We are very pleased to announce that our ever-popular Toronto Japanese Film Festival will be returning from June 6 to June 20! Now in its 13th year, the Toronto Japanese Film Festival has grown into one of the largest cinema events of its kind in the world, showcasing the finest Japanese films that have been recognized for excellence by Japanese audiences and critics, international film festival audiences and the Japanese Film Academy. Programming addresses popular genres such as historical (samurai) jidaigeki, contemporary dramas, comedies and action, literary adaptations, children's, art-house and anime films. All films shown are North American, Canadian, or Toronto premieres.

We are still finalizing our line-up but here are some highlights!

NEWEST OF THE NEW: THE INTERNATIONAL PREMIERES

STAY MUM かくしごと

INTERNATIONAL PREMIERE

Chisako, a writer, and her father, Kozo, have a long-standing feud and have been living apart for a long time. When Kozo, who lives alone, begins to develop dementia, she returns to her hometown to take care of him. On the road one night she rescues a boy who has lost his memory in an accident and has signs of abuse on his body. To protect him, she pretends to be his mother and takes the boy into Kozo's house. As this new family begins to bond, so the dangerous and possibly violent repercussions of Chisako's lie start to mount. Was her lie a crime or an act of love?

A suspenseful mystery that questions the nature of family and escaping the past as it builds to a shocking and powerful conclusion.

Director: Kosai Sekine

Starring: Anne Watanabe, Toma Nakasu, Eiji Okuda, Yoshi Sako, Aimi Satsukawa.



KANASANDO かなさんどー

INTERNATIONAL PREMIERE

In this heartwarming human comedy, Mika, traumatized by her father Satoru's infidelity and her mother's death, returns to the Ryukyu Islands. Thinking she would never see her father again she is informed he is in critical condition. But the sickbed reunion sparks new revelations and happy memories. Mika plans one last gift for Satoru.

It is a deeply humane story of familial love and redemption built upon superb performances from the leads and steeped in the unique and beautiful culture of Okinawa. As with his previous work, director Toshiyuki Teruya (Born, Bone, Born) tackles life's painful realities with a liberal dose of wit and humour. Audiences will exit the cinema with a tear in their eye and a smile on their face.

Director: Toshiyuki Teruya

Starring: Ruka Matsuda, Keiko Horiuchi, Tadanobu Asano.

Scheduled for theatrical release in Japan in 2025.



POPULAR LITERARY ADAPTATIONS

ALL THE LONG NIGHTS 夜明けのすべて



Misa suffers from extreme premenstrual syndrome with erratic personality swings that see her lash out verbally at co-workers, ultimately costing her her job. Fast forward five years and she is working for a small company that makes scientific instruments for children. Co-worker Takatoshi is silent, withdrawn and prone to debilitating panic attacks. A relationship gradually emerges - not a romantic one but rather one based on empathy, kindness and the desire to help the other with their struggles. Inspired by a touchingly poetic narration taped long ago by their boss's deceased brother, Misa and Takatoshi plan an annual planetarium show and together discover a new way of looking at the world that expands their minds and heals their hearts.

A gentle, beautifully-acted and deeply-compassionate adaptation of Maiko Seo's best selling novel.

Director: Sho Miyake

Starring: Hokuto Matsumura, Mone Kamishiraishi, Kiyohiko Shibukawa, Ryo, Ken Mitsuishi.

DON'T LOSE YOUR HEAD! 身代わり忠臣蔵

Akihiro Dobashi's popular novel Migawari Chushingura took the legendary historical incident of the 47 Ronin and added a liberal dose of comedy. The original story tells of a group of masterless samurai who seek revenge for the death of their Lord Asano who was compelled to perform seppuku (ritual suicide) for assaulting a powerful court official named Kira after the court official insulted him. But what would happen if Kira had an incompetent good-for-nothing younger brother to stand in for him? The film combines beautiful costuming and historical intrigue with zany screwball comedy to create a hugely entertaining tale of samurai whimsy.

Director: Hayato Kawai

Starring: Tsuyoshi Muro, Eita Nagayama, Haruna Kawaguchi, Kento Hayashi, Kanichiro, Kazuki Kitamura.



52-HERTZ WHALES 52ヘルツのクジラたち

Kiko Mishima was exploited and abused by her family in Tokyo. She disconnects and moves to a small seaside town in Oita. There she comes across a boy whose own abusive mother calls him, "insect". She sees herself in him for being a "52-hertz whale", a lone whale that can only speak in a high frequency other whales cannot hear in the vast ocean. Having been saved herself from a dark past, Kiko decides to take the lonesome boy under her wing. It turns, however, into an emotional journey to look back her own past...

Based on Sonoko Machida's award-winning novel, this nuanced, emotionally powerful drama captures the unspoken voices of the lonely as they find one another and build connection.

Director: Izuru Narushima

Starring: Hana Sugisaki, Jun Shison, Hio Miyazawa, Karin Ono, Tōri Kuwana, Kimiko Yo, Mitsuko Baisho.



FOR JAPANESE CULTURE VULTURES!



TAKANO TOFU 高野豆腐店の春



Tatsuo - a cranky but dedicated craftsman - and his daughter Haru run the traditional Takano Tofu Shop in Onomichi, Hiroshima Prefecture. They begin their work before dawn every day, carefully selecting beans to make their tofu. While the days are peaceful, Tatsuo learns he is in poor health and worries about his daughter being alone after his death. With the help of friends, he sets about planning a secret matchmaking strategy to find Haru a partner before the spring.

This gentle, heart-warming film, leavened with a delicious dash of humour, is a must for foodies and lovers of Japanese food culture.

Director: Mitsuhiro Mihara

Starring: Tatsuya Fuji, Kumiko Aso, Kumi Nakamura, Yu Tokui, Masato Yamada.

TSUGARU LACQUER GIRL バカ塗りの娘

This moving father-daughter tale revolves around the traditional Aomori lacquerware craft Tsugaru-nuri. Miyako is working aimlessly at a supermarket to help make ends meet. She is devoted to her father, a Tsugaru lacquerware craftsman. However, he, who succeeded her grandfather, has lost the will to continue the business as the industry goes into decline, and the family finds itself scattered. Miyako is unable to openly declare her desire to pursue a career in Tsugaru-nuri, but must ultimately confront her family and the art of lacquering.

A heartfelt blend of traditional arts, family conflict and the issue of traditional gender roles.

Director: Keiko Tsuruoka

Starring: Mayu Hotta, Kaoru Kobayashi, Ryota Bando, Toshiya Miyata, Reiko Kataoka.



THE DANCING OKAMI レディ加賀 [LADY KAGA]



The key to a great ryokan and hot-spring inn is the “okami” – the female proprietor of the establishment and a scion of elegance, hospitality and professionalism. Yuka Higuchi who lives in Tokyo as a tap dancer is also the only daughter of a long-established inn in Kaga Onsen, Ishikawa Prefecture. Now she must return to her parents' home to begin training as the okami. Due to her natural clumsiness, Yuka has a difficult time but faces every challenge with courage and positivity.

When the local authority launches a project to revitalize the Kaga region Yuka pulls together a team of new local okamis to hold an event throwing dance back into the spotlight. A lively up-beat musical comedy set among the traditional hot-spring inns of the famous Kaga Onsen region. Nominated for Best Film at the Silk Road International Film Festival.

Director: Toshiro Saigo

Starring: Fuka Koshiba, Ruka Matsuda, Marina Mizushima.

REVOLVER LILY リボルバー・リリー

*"Lavish anti-war actioner racks up a sky-high body count...Ayase plays Lily with fiery panache."
- Japan Times*

The year is 1924. Yuri, an ex-assassin with 57 kills, has gone underground and runs a small bar. There she encounters Shinta, an orphan whose family was murdered. He holds the key to a large sum of money reported missing by the Imperial Japanese Army. Yuri must re-activate her skills as an assassin to protect Shinta and stop the ruthless general who wants the money to accelerate his imperialist ambitions. Soon there are 1,000 soldiers in pursuit!

A big-budget, period thriller with impressively choreographed action sequences, an all-star cast and a charismatic lead performance from Haruka Ayase.

Director: Isao Yukisada



LIFE IS CLIMBING ライフ・イズ・クライミング!



KOICHI KOBAYASHI, NAOYA SUZUKI AND SOKICHI NAKAHARA IN ATTENDANCE!

For outdoor adventurers and fans of feel-good stories about overcoming remarkable odds...an extraordinary documentary that you won't want to miss. - Tokyo Filmgoer

Recipient of the Documentary Award at Japan Movie Critics Awards in May 2024.

Koba, who is completely without sight and his sight guide Naoya, have won the IFSC Paraclimbing World Championship four times in total blind class. In 2021, they reunite with Eric Weihenmayer, a blind climber who has triumphed over the highest peaks on all seven continents, profoundly influencing Koba's life. Heading to Moab, Utah, they plan to have Koba stand on top of the famous "Fisher Towers" a dream climbing spot for Koba. An inspiring and edge-of-your-seat documentary.

Director: Sokichi Nakahara

Starring: Koichi Kobayashi, Naoya Suzuki, Erik Weihenmayer.

ONE LAST BLOOM 春に散る



Jin has returned to Japan after a forty-year boxing career in the U.S. that never panned out. Shogo is a struggling young boxer just coming off an unfair defeat. He is stunned by the elderly Jin's sharp counterpunch during a street fight and asks him to be his trainer. And so the two men decide to seize their final chance at glory. Shogo's firm determination reminds Jin of his own dream, and he puts his life on the line for Shogo's world title match that could be their last bout together. A powerful crowd-pleasing film with a touching father-son bond at its core. The fight scenes are so authentic that they inspired co-star Ryusei Yokohama to qualify as a pro boxer.

Director: Takahisa Zeze

Starring: Koichi Sato, Ryusei Yokohama, Kanna Hashimoto, Ryota Bando, and Tsurutaro Kataoka..

TICKETS AND PASSES

SINGLE TICKETS

JCCC Member:
(\$12.39+HST)
\$14

Non-member:
(\$17.70+HST)
\$20

5 FILM PASS

(100 available)

JCCC Member:
(\$53.10+HST)
\$60

Non-member:
(\$79.65+HST)
\$90

10 FILM PASS

(100 available)

JCCC Member:
(\$106.19+HST)
\$120

Non-member:
(\$132.74+HST)
\$175

OPENING & CLOSING NIGHT TICKETS

JCCC Member:
(\$17.70+HST)
\$20

Non-member:
(\$22.12+HST)
\$25

We will announce our line-up and guests shortly. The festival will run **June 6 to 20, 2024**.

Tickets will go on sale **Wednesday May 8, 2024 at 10:00am**. All multi-film passes will include access to Opening and Closing night festivities and a generous gift from our lead sponsor SHISEIDO CANADA.

PACK 1 | 100 QTY

Value \$82



COMPONENTS

- Ultimate Power Infusing Concentrate 3.0, 10ml
- Clarifying Cleansing Foam, 15ml
- Treatment Softener Enriched, 30ml
- Benefiance Wrinkle Smoothing Cream, 15ml
- Shimmer Gel Gloss
- Pink Eco Friendly Bag

PACK 2 | 100 QTY

Value \$121



COMPONENTS

- Eudermine, 100ml
- Ultimate Hand Cream, 40ml
- Shiseido Tote Bag

For further information, please visit our website at www.jccc.on.ca or contact the JCCC at 416-441-2345.

Membership Pays! Become a JCCC Member today to take advantage of Member Pricing! For as little as \$20 a year, Members receive access to JCCC Classes and Workshops, Special Events and Festivals, Gift Shop discounts and More!

Other films include:

(AB)NORMAL DESIRE

正欲

DON'T CALL IT MYSTERY

ミステリと言う勿れ

ONE SECOND AHEAD, ONE SECOND
BEHIND 一秒先の彼

MOM, IS THAT YOU!?

こんにちは、母さん

MATCHED

マッチング

THE BOY AND THE HERON - SPECIAL EDITION
君たちはどう生きるか

Martial Arts News

Don't forget to check your club's summer schedule.

As we head into registration for the summer months, please be aware that some clubs may be reducing the number of class/practices in a week and/or cancelling classes on long weekends. More information on each specific club and their summer hours are on each discipline's specific martial art page of our website.

May is registration month for Aikido, Jodo and Karate. Please check your fees for the upcoming Series as summer fees have returned.

We also want to inform our participants of Iaido, Jodo and Karate that classes are cancelled during the May Long Weekend (on Saturday May 18 and Sunday May 19). The JCCC is closed on Monday May 20 and all classes are cancelled.



Cultural Arts News

The Spring 2024 cultural classes at the Japanese Canadian Cultural Centre are in full swing!

We offer an array of programs sure to excite one's senses and creativity. In session are Bunka Shishu, Ikebana-Ikenobo, Japanese Language, Sumi-e and Ikebana-Sogetsu.

If you missed out on registration, please be sure to sign-up on the JCCC notification list for the upcoming Fall 2024 session. <https://jccc.on.ca/programs/cultural-classes/starting-cultural-classes>

We are excited to announce that Taiko Drumming is coming in June 2024. This will be a six-week program with registration starting May 1st and classes beginning June 1. Lessons will be offered on Saturday and Sunday evenings.

Invitations have been issued to those who have joined the Notification List for Taiko. As this is an extremely popular program and spaces are limited, registration will be first come, first served.

To be notified about future Taiko programming, please join our [Notification List](#).



Tatami Dojo Renovations Completed!

We are very happy to announce the completion of the renovations to the Tatami Dojo!

In 2023 we saw that the floor in the Tatami Dojo was coming to the end of its useful life, and was going to need not only new tatami, but also changes to the subfloor system that had been in use for almost 20 years. In coordination with JCCC Executive Director Mr. James Heron, JCCC Building Chair Mr. Nao Seko, and in consultation with instructors from the JCCC martial arts clubs, the JCCC began looking at options in late 2023, and a plan was decided upon. Some of the initial dojo renovation work was completed over the year-end holidays, which saw an interim solution that addressed many of the immediate problems temporarily, while also allowing us to complete the bulk of the renovation work with no shutdown of scheduled classes. Tatami from top Japanese manufacturer Kusakura was ordered, with the new tatami delivered from Japan at the end of March. Final installation was completed the morning of April 1st, again with no disruption to any scheduled classes.

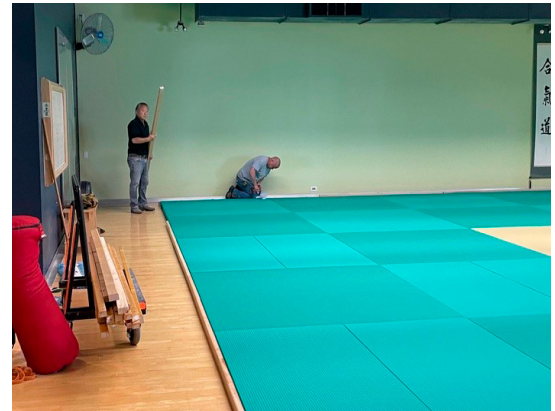
For many of us involved it has really been an interesting and rewarding process. While my history with the JCCC goes back many years, I'm relatively new in my role as a volunteer at the Centre. I've been really thankful to get to know many of the staff and volunteers at the JCCC through working on this, and to learn how things operate at the JCCC. I think the consensus amongst all involved is that this is an exceptional result that will be in service for many years to come and provides a first-class facility for current and future JCCC martial arts club members. Paraphrasing what one project leader said to me "We aren't looking for just a temporary fix, we want what is really the right solution for the JCCC". I think all involved believe that was achieved.

On behalf of all of the members of the JCCC Judo Kai our special thanks to all Project Tatami sponsors, Mr. James Heron, Mr. Nao Seko, the JCCC Board, all of the JCCC staff, Mr. Kent Kawaguchi of Kawa Inc., Yukako Tatsumi and the staff at Kusakura Co, Ltd. of Osaka Japan, and all of the volunteers from all of the martial arts clubs who helped to make this project a reality. Because of all of you the Tatami Dojo is now a testament to the proud history and tradition of martial arts at the JCCC. Something it has been my tremendous honour to be a very small part of.

Seeing firsthand how the JCCC provides opportunities to build lifetime bonds not only through participation in martial arts, but also through a shared love of Japanese culture is truly amazing. The JCCC really is a special and unique place because of all of the people who are part of the JCCC community that continue the traditions of those who founded, built, and have continued to grow the JCCC for the past 60 years.

After the dojo work was done, I looked at the weathered picture of Judo's founder Jigoro Kano that hangs in the Tatami Dojo at the JCCC, and mused to a fellow Sensei who has been part of the JCCC his entire life "Do you think we should maybe put up a new photo of Kano Shihan?". "No, we can't. That photo has hung in the dojo for 60 years."

May it hang for many more.
Shane LeGros





Operation Tatami 2024

Operation Tatami 2024 is going well! Although the construction work is now complete, there is still time for you to contribute to this dojo renovation!

The JCCC has installed Kusakura brand tatami, which is what is used in Japan, and at the 2020 Olympics in Tokyo, and all Tokyo and Osaka IJF Grand Slams in recent years. These are the finest tatami available. This is the official tatami of the All-Japan Judo Federation and exceeds all IJF certifications. The mat area has been enlarged to a full-size regulation competition area comprised of a 32 yellow mat competition area with a 96 green mat safety area. This refresh will enable the JCCC tatami dojo to remain as the finest martial arts dojo in Canada!

You can be a part of this exciting renovation by sponsoring a mat in the dojo. Sponsorship of the yellow “Competition” mats is now SOLD OUT! The sponsorship of the 96 green “Keiko” mats is \$300 and are going fast. For your sponsorship you will receive a tax receipt for the full amount. As well, your donation will be recognized on a display in the JCCC’s John and Goro Kawaguchi Martial Arts Court. Please follow the link on this page to make your donation. <https://jccc.on.ca/join-support/donate/operationtatami2024>

Thank-you for your support of the JCCC’s martial arts program and helping to ensure our dojo remains a top-tier facility.



Completed Tatami Dojo, April 2024.

Did you know?

**PATIENTS
NEED YOU
TO DONATE
BLOOD**



Did you know that Canadian Blood Services regularly hosts Blood Drives at the JCCC? It takes thousands of blood donors to save the lives of patients across Canada.

Upcoming blood drives at the JCCC are:

- Friday, August 2, 2024 from 2pm to 6pm
- Friday March 28, 2025 from 2pm to 6pm

Act now and book your summer blood donation by downloading the GiveBlood app, calling 1-888-2-DONATE (1-888-236-6283) or booking now at blood.ca.

March Break Fun at PAMA!



On Friday March 15, the JCCC's Heritage Team took our Pop-Up Mini Museum to the Peel Art Gallery, Museum and Archives in Brampton. PAMA is currently hosting The Suitcase Project, a travelling photographic exhibition which explores the ideas of displacement and discrimination. The exhibition will run until September 2024.

As usual, the kendama was our most popular piece, even prompting PAMA to create a kendama activity available in other areas of the museum.

In addition to The Suitcase Project at PAMA, the Lincoln Museum and Archives in Jordan, ON has 2 shows about Japanese Canadians running through July; Exiles in Our Own Country and Generations of an Archive.

Japanese Canadian Third Places in Toronto

Sansei and Yonsei/Gosei Focus Groups

Are you a Japanese Canadian who identifies as a sansei, yonsei or gosei? The JCCC Heritage Department is doing research on Japanese Canadian *third places*, or sites of gathering, in Toronto to understand how Japanese Canadians have made place for themselves in the city from after WWII to the present-day. The research will culminate in an exhibition at the JCCC.

We are interested in questions such as the following: *What are the places that allowed Japanese Canadians to create a sense of belonging? To make sense of an unfamiliar city? What memories do people have of these places? What is the role of Japanese Canadian places in a changing Toronto?*

To answer these questions, we want to hear from you! A sansei focus group will take place on Wednesday May 8 from 6:30 – 8pm and a yonsei/gosei focus group will take place on Thursday May 30 from 6:30 – 8 pm. Both sessions will take place at the JCCC and will be recorded. Light refreshments will be served.

If you are interested in participating or want more information on the project, please email Vidhya Elango at vidhyae@jccc.on.ca. If you are interested in participating but cannot make the focus group sessions, please get in touch as there may be alternate ways to participate.





Body/Armour Photography Exhibit: Opening Reception and Doors Open Artist Talk

Curated by Shin Sugino and Stephen Bulger and presented as part of the CONTACT Festival of Photography, our spring photography exhibit, *Body/Armour*, brings together the work of German photographer Claudia Fährenkemper with Canadian photographer Ruth Kaplan. Fährenkemper's photographs of Japanese samurai armour and electron microscope images of insect exoskeletons interrogate protective casings, both natural and man-made. Her work contrasts with Kaplan's *Bathers* series, which meditates on bodies and rituality. Kaplan's subjects appear more vulnerable when seen against the protective casings in Fährenkemper's, while those casings remind the viewer of the extent to which humans will seek self-preservation.

Body/Armour will run from April 28 to July 31 in the JCCC Gallery.

Please note that that *Body/Armour* contains mild artistic nudity in Ruth Kaplan's *Bathers* series.

Opening Reception Sunday April 28, 1 – 4pm

Please join us on April 28th from 1-4pm for our opening reception. We are pleased that Claudia Fährenkemper will join us for this reception all the way from Germany and present an artist talk at 2pm, along with curator Stephen Bulger!

The Camerama camera show will be taking place in Kobayashi Hall from 1-3pm on April 28th as well, for the possibility of attending two photography-related events in one day! See here for more information: <https://cameramashow.wordpress.com/>.

Doors Open Artist Talk Sunday May 26, 2 – 3pm

Ruth Kaplan will be giving an artist talk on May 26 from 2 – 3pm as part of the Doors Open festival. See [page 5](#) for more information on Doors Open.



黒板
KOKUBAN

KOKUBAN is a monthly e-publication which highlights the work of the JCCC community and the Japanese Canadian community at large, covering topics from heritage treasures to stories about the Nikkei experience. Recent issues have covered Sedai interviews with Jean Peasah, a new series on Japanese Canadian Architecture, a look at ongoing scholarly research and more! Be sure to check out all our past and current issues at <https://jccc.on.ca/about/newsletter/kokuban>.

Past Wrongs, Future Choices Archives Cluster Update

Past Wrongs, Future Choices (PWFC) is a partnership project based at the University of Victoria. Building on the work done by the Landscapes of Injustice (LOI) project which focused on the dispossession and displacement of Japanese Canadians, PWFC expands this lens to bring together the global history of the mistreatment of Nikkei during WWII.

Archives Cluster

One of the project's four "clusters of activity" is the Archives Cluster. We have been tasked with two main outputs: an international Spotlight Series and Community Sessions across Canada. Meet the team behind the Archives Cluster!



L-R: Lisa U., Theresa T., Masumi I., Tomoko S.

at the Japanese Canadian Cultural Centre (JCCC), located in Toronto. Previously associated with the LOI project, she has curated multiple exhibits about Japanese Canadian culture and history.

Masumi Izumi is co-chair of the Archives Cluster, a Professor of North American Studies at the Department of Global and Regional Studies, Doshisha University, in Kyoto, Japan. She is a historian of Japanese Americans and Japanese Canadians, and she has written extensively about their wartime removal and incarceration as well as about their post-internment community building efforts. Masumi examines the racial persecutions of diasporic Japanese population in Canada and the US, and highlights the reactions and activism in the Japanese North American communities against such injustice.

Tomoko Shida is an archivist for the Archives Cluster, and works remotely for the project in Ottawa. Prior to joining the PWFC team, she worked as a secondary school history teacher in Tokyo, and more recently, as an archivist at the University of Toronto Mississauga Library. Born in Japan, she spent her earlier years in Alberta, British Columbia and Quebec prior to moving to Ontario, so she is looking forward to revisiting some of her childhood haunts as she travels for the community sessions.

Spotlight Series Update

The plan for the international Spotlight Series is to draw together archival records from Australia, Brazil, Canada and the United States on various "spotlight" themes related to Nikkei during WWII. These primary sources will be translated and made available in English, Japanese and Portuguese.

Overseen by Cluster Co-Chairs Masumi and Theresa, progress on four Spotlights and additional supplementary primary sources has been underway with the help of Spotlight Fellows around the world.

The work of the Archives Cluster began in earnest in 2023 not with a Spotlight, but with the identification and digitization of Supplementary Primary Sources which will be made available through the PWFC website in the records' original language. Additional research is ongoing in 4 major Spotlight areas: Legal Enactments, Camp Gardens, Education and Medical. These Spotlights, led by researchers around the world, will be published through the PWFC website as they are completed.

PWFC JC Community Partners: Outreach workshop opportunities

A major goal for 2024 is to begin planning and running community outreach sessions to support our Japanese Canadian partner associations and societies and their members to learn about, preserve, and teach their own histories. We are actively seeking hosts and collaborators across Canada!

The aim of these community sessions is (1) to support Japanese Canadian individuals and families to access records and information shared on the Landscapes of Injustice (LOI) research database, and (2) to provide training in collections management and support the preservation of Japanese Canadian and Japanese diaspora materials.

The Archives Cluster has professionally trained archivists who are available to travel to your community or host an online session.

If you are a Japanese Canadian organization or group not already affiliated with PWFC and would like to partner with us for an event, workshop or project in 2024 and beyond, please reach out to us at tshida@nikkeiplace.org.

Excerpted from the Past Wrongs, Future Choices Newsletter. For full text, visit <https://pastwrongsfuturechoices.com/clusters-initiatives/digital-archives/>.

DONATIONS

DONATIONS TO THE JCCC

AS OF APRIL 2, 2024

THE JCCC GRATEFULLY ACKNOWLEDGES
THE FOLLOWING DONATIONS:

JCCC

Anonymous	72
Library	
Anonymous	151
In celebration of Jeremy's birthday	
Ms. Kazuko Baba	100
Ms. Sheri Burke	20
Mrs. Gale Durocher	25
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Mr. Manfred Hubert & Ms. Vida Ghaem Maghami	50
Mrs. Susan Hidaka	100
Ms. Avery Holm	15
Mr. & Mrs. Brian Imada	50
Mr. Keith Smithers & Ms. Elaine Ishibashi	300
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Ms. Margaret Iwata	100
Mrs. Betty Kagayama	50
Ms. Meg Karper	10
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Ms. Ann Kerr	100
In honour of Fumie Kushida	
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Ms. Patricia Sayuri Lawson	100
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Ms. Kathleen Maemi Matsushita	50
Mr. & Mrs. Ken Miyasaki	100
Mr. Hirokazu & Ms. Mariko Molly Morita	25,000
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Ms. Carolyn Wells	50
Mrs. Irina Werner	180
In appreciation of the JCCC Kendo Club	
Mr. Eddie & Mrs. Rose Yamamura	20

Emergency Appeal

Ms. Martha Arima	30
Mrs. Diane Carter	20
Mr. William Cruz	50
In memory of Roman T Yap	
Mrs. Elinor J. Dunlop	35
Mr. Patrick Dunlop	10
Mr. Robbie Grant	25
Mrs. Janice Nobuto	100
Mrs. Midori Takahashi & Mr. Chris Barkley	25
In memory of Shoji & Sachi Takahashi	
Mr. Regan Takenaka	25
In memory of Tony & Kimi Takenaka	
Ms. Karen Tanino	50
In memory of Ken & Ruth Tanino	
Mr. Wayne Yamashita	10
Mrs. Donna Yoshimatsu	150

In Memoriam

<i>In memory of Hiroshi Yamamoto</i>	
Mrs. Connie Bist	50
Ms. Sandy Chan	100
Mr. & Mrs. Koko Kikuchi	100
Mr. Martin Kobayashi	100
Mrs. Yoko Tsumagari	50
<i>In memory of Jenny Oyagi</i>	
Mr. Tad Oyagi	1,000
Mr. Rick & Mrs. Kathy Tazumi	100
<i>In memory of Lily Yuriko Kai</i>	
Ms. Irene Iseki-Isogai	50
Ms. Evelyn Nakamura	50
Mr. Toshio & Mrs. Mitsuko Nakamura	50
<i>In memory of Mariko Kawaguchi</i>	
Dr. Paul Uchikata	100
<i>In memory of Nora Miyata</i>	
Mr. George Suyama	25
Ms. Wendy Suyama	40

In memory of Sally Sakaye Yano

Mr. Wally & Ms. Sarah Chiu	50
Mr. Alfred & Ms. Jeanny Gor	25
Mrs. Susan Kim	50
Ms. Nancy Morino	50
Mrs. Patti Nishimura	150
Mrs. Doreen Oyagi	30
Mr. Danny Tse	25

In memory of Satoshi Yano & Sally Yano

Mrs Kaye Wilkinson	200
<i>In memory of Yukio Ed Sasaki</i>	
Mr. Brian Omotani	10

Heritage

Anonymous	97
Mr. Jack (John) & Mrs. Sonoe Howard	100
In memory of Hiroshi Yamamoto	
Mr. Wayne Tamane	150
In memory of Sat & Sally Yano	

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TorontoJFF	
iA Private Wealth	
Ishizue Award Sponsorship	
Sony of Canada ULC	
Cultural Program	

Friends of Moriyama Nikkei Heritage Centre

Ms. Angela Litchfield	500
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Operation Tatami 2024

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Ms. Asher Lo	400
Ms. Kay Nagao	300
Mr. Christian & Ms. Elaine Oikawa-Bauer	300
Mr. Peter Wong & Ms. Akiko Taniguchi	400
Mr. Harry Tonogai	400

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Mr. & Mrs. Leslie Takahashi 150
Mr. Richard Kenno & Dr. Jane Toyota 110

DONATIONS TO THE FRIENDS OF THE MORIYAMA NIKKEI HERITAGE CENTRE INSCRIPTIONS

APRIL 1, 2020 TO PRESENT

THE JCCC GRATEFULLY ACKNOWLEDGES THE FOLLOWING DONATIONS:

Individuals/Couples

Kihup Boo (夫)
In Memory of Mother Hiroko Fukushima
Jiro Fukushima
Clayton Gytoku and Jessie Ebata
Jamie Herman and Masako Katsuki
Chinatsu ICHIDA
Hiromi ICHIDA
Keiko ICHIDA
Takako ICHIDA
Yasu ICHIDA

Yoshi ICHIDA
Yumi ICHIDA
In memory of Sanaye Inouye
Robert Yasuharu & Shizuko Hosui
Kadoguchi
Lucas, Sayaka, and Emika Koolma
In memory of Harold Hiroshi Matsubayashi
In memory of Shichitaro & Naka Nagata family
Dr. Seiko Shirafuji
Mr. Douglas Dwyer

Groups

Checkmate Development
Crow Creek Settlement Reunion
Gakuyukai Alumni Group 1906-1942
Hanayagi Essay Group

OPERATION TATAMI 2024 INSCRIPTIONS

DECEMBER 2023 TO PRESENT

THE JCCC GRATEFULLY ACKNOWLEDGES THE FOLLOWING DONATIONS:

Yellow Competition Mat

55th Anniversary of JCCC Aikikai
Anonymous
In Memory of Sensei Bill Aoki
Des Aubin Joseph Yangmi Sylvie et Pascal
Charlie's Meat
Matthew Dales
Ken Fukushima
JCCC Judo-Kai
In Memory of Sensei Peter Hasegawa
Sid Ikeda
Adrian Iliescu
Shane Le Gros
Maison Changkeun Lee
Matsumura Family

Mazumder Family & Friends
Camber Muir
In Memory of Sensei Genichiro Nakahara
Osamu Obata Shihan & Kenji Ochi Sensei
Gerald N Okimura JCCC Judo-Kai
Ziyi Peng
George Mitsuyuki Sakata, 7Th Dan, Judo
Darrell Masumi Sakauye JCCC Judo-Kai
In Loving Memory of Mom Yvonne Scott
In Memory of Sensei Joe Serianni
Russ Takashima
Kai Taniguchi Wong & Kyo Taniguchi
Wong
Harry Tonogai
Jonathan Wong

Green Keiko Mat

James and Masayo Heron
In Memory of Sensei Ken Ikeda
Kadota Family
In Memory of Sensei Glenn Kawano
Shane Sachiyo and Yuji Le Gros
Masaru Matsubara
K. Nagao
In Memory of Mack Makoto Oikawa 3rd Dan
Kevin And Nancy Roxby
Anca And Dan Rusu

健やかな老後をめざして その73 - 言葉と顔

マーナ豊澤英子

(医学博士 老年看護スペシャリスト mernagh@rogers.com)

世界にはだれ一人として全く同じ顔をもつ人はいません。一卵性双生児であっても異なります。そして、誕生から最後を迎える日までの加齢過程も同様ではありません。シニアとなった今、私は「言葉と顔」の不思議な関係に気がきます。科学的というよりも経験的に……。

「顔」がものすごく印象に残った出来事は30代半ばの頃です。日本の国会議事堂における女性議員のスピーチでした。話題が何だったのかはもう覚えていませんが、その時の彼女の顔は眉間にしわを寄せ、ものすごく険しい表情でした。また、言葉も激しくゆとりのないものでした。もちろん、国民の暮らしを守るために営々と努力されていることに感謝しましたが、率直に言って、その表情は「経験を積んだ豊かさ」ではなく「私は政治家にはなりたくない。ああいった顔が続いていると平和も幸せも逃げていきそうだ」と感じさせるものでした!

若い人が政治に興味関心をもつためには、政治家には厳しさの中にも何かしらの希望を感じさせる「顔つき」が求められるのではないのでしょうか。顔つきとは「顔色、表情、外に現れているもの」です。どのように顔つきを育てていくかは一人ひとり異なります。例として、心に深く残った政治家についてお話しましたが、私にもあなたにも言えることですね。

最近はず美容整形があたり前になりましたが、基本的には生まれもつ顔はその人固有の大切なものです。80代、90代の先輩方を見ていると「責任をもって自身の顔を大事に育ててきた人はあんなにも輝くことができる!」と気づきます。惹きつける魅力にあふれていて、あこがれさえ感じます。

「顔を育てる」とはどういうことなのでしょう?常に物事をネガティブに考えたり、不平や不満が心に充満していたり、他者が嫌がる言葉や攻撃的な言葉

を発していたりすると、人の顔はどうしても暗くなり、眉間にしわが寄り、笑顔が少なくなります。そう感じたことはありませんか?もし、その時の顔を鏡で見たら、きっと驚くことでしょう!「自分の顔と認識しているもの」とは随分と違っているからです。そのことに気づいていない人が意外と多いかもしれません。

人間が相互に理解し合うためには言葉(口話、手話、筆話)はとても重要です。言葉は考えや気持ちを伝える最も有効な手段であり、暮らしている社会の文化そのもの。何気なく「言葉を発し、言葉を聴き、言葉を文字などで表わす」ことにより、人は意識しないうちに言葉に育てられているのです。日々の生活において「どのような言葉を選ぶか、そして、どう積み重ねていくかが人間性・精神性を育てる」「言葉に導かれて自分(わたし)になる」と言ってもよいでしょう。ですから「美しい日本語を意識しながら暮らしたい」と思っています。もちろん他の言語であっても同様に。

小学生～高校生の頃、親戚が郵政大臣や建設大臣を務めていました。進路を決める時期に、選択肢の1つとして彼の自宅(東京)に住み、政治に関わる分野を専攻することが提案されました。突然に姉の病気が悪化し、世界することがなければ、医療職には進まずに東京の生活を選んでいたことでしょう……。

たとえ、どの道に進んでいたとしても「言葉を大切に、責任をもって顔を育てる生き方」が私のモットーであることに変わりはありません。

JC3-Pitch Recruiting Players and Sponsors

The Japanese Canadian 3-Pitch (slow-pitch) League is recruiting players and sponsors as it prepares for its 2024 season. The non-profit, recreational league for women and men of all ages (18 to 70+) was founded in 1987. It's a great way to spend your Sunday mornings having fun, getting a bit of exercise and meeting new friends. Games are played in the Birchmount Rd. and Steeles Ave. area of Markham.

Membership deadline is April 30 and the fee remains unchanged since 2002 at \$75. Participants receive team sweaters & photo, game refreshments, post-game BBQ's, subsidized banquet and door prizes. Players are only asked to supply their own glove. The season runs from Sunday May 19 until the end of August.

The league would like to express their thanks and gratitude to last years' players and their sponsors; Back2feet (Mr. Andrew Lok), iA Private Wealth (Mr. Martin Kobayashi), The Thornhill Sluggers and Thornhill Toyota (Ms. Helya Madani).

For information about the J.C. 3-Pitch League, or if would like to Register to Play or inquire about Sponsoring a Team, please contact one of the following committee members or check out their website: www.jc3pitch.com for Registration Forms and Information or contact one of the following:

Jon Nagamatsu 647-988-5036 (evenings)

Bob Doi email: JC3Pitch@gmail.com or RobertDoi@hotmail.com

Submitted by Bob Doi



JC3-Pitch Captains and Committee Members: Andrew Lok, Nick Chung,

Justin Ogino, Tod Nagamatsu, Jon Nagamatsu, Bob Doi



JSS プログラム:2024年5月・JSS Programs May 2024

以下は2024年5月に予定されている、JSSのプログラムです。詳細やお申込みはJSS ウェブサイト、または416-385-9200 / PROGRAMS@JSS.CA まで。

Check out our upcoming May 2024 programs! *Pre-registration required. Visit our website and/or contact 416-385-9200 / programs@jss.ca for more details & RSVP.

1. モミジ&JSS オンライン講座シリーズ 2024年5月(水曜3時~)

登録可能な講座・過去の講座一覧などシリーズ情報は、JSSウェブサイト:モミジ・JSS:オンライン講座シリーズをご覧ください。

「ロングタームケアホームについて知る」5月8日(水)14時45分(英語&日本語)

ロングタームケアホームへの入居は、入居する高齢者にとっても、その家族にとっても難しい決断です。本セッションは、オンタリオ州のロングタームケアホームについて理解し、申し込みの手助けを得るのに役立ちます。

※詳細・お申込みはJSSウェブサイトまたはPROGRAMS@JSS.CAまで

「ないと困る!委任状と遺言状~強化版」5月22日(水)15時(日本語)

いつもご好評をいただいている「委任状と遺言状」。今回は強化版として、よく寄せられる質問をカバーする形でおとどけます。シニアやシニアの介護やお世話をされる方はもちろん、年齢に関係なく、カナダで安心して暮らすために備えておきたいという方も、奮ってご参加ください。

※詳細・お申込みはJSSウェブサイトまたはPROGRAMS@JSS.CAまで

2. JSS家族支援プログラム

1. かけはしの会オンライン交流会:KAKEHASHINOKAI@JSS.CA

発達障がいのお子さん(年齢不問)を持つ保護者の方のためのサポートグループです。

2. シングルマザーサポートグループ:smsg@jss.ca

シングルマザーおよびシングルマザーになることを視野に入れている方々を対象としたサポートグループです。

3. レギュラーJSSプログラム(日本語)

1. クラフトクラブ交流会 : 第1・3水曜日、10時半~正午 お問合せは CRAFTCLUB@JSS.CAへ

2. やさしいシニアヨガ(第19期:5/6~6/17毎週月曜日)お問合せは SENIOR.YOGA@JSS.CAへ

3. 懐かしい日本の歌を歌う会 : 第2・4月曜日、13時半~15時 お問合せはUTANOKAI_B@JSS.CAへ

1. e-Learning Series

*Visit JSS website for the list of seminars & past recordings

Introduction to Long-term Care Homes : Wed. May 8, 2:45pm (English & Japanese)

Moving into long-term care can be a difficult decision for both the elderly moving and their family. This session will help you to understand long-term care homes in Ontario and get help applying.

*Visit our website or contact programs@jss.ca to register

Power of Attorney(POA) & Will – Enhanced version : Wed. May 22, 3pm (Japanese)

This time, we will deliver it in an enhanced version, covering frequently asked questions. Whether you are a senior, a caregiver for seniors, or simply wish to prepare for a secure life in Canada, regardless of age, we encourage you to join us

*Visit our website or contact programs@jss.ca to register

2. JSS Family Support Programs

1. Kakehashi no Kai : Contact kakehashinokai@jss.ca

Kakehashi no Kai is a monthly support group for parents raising children (of any age) who are neurodiverse.

2. Single Mother Support Group : *Contact smsg@jss.ca

A monthly support group for single mothers and those considering becoming single mothers to share information and experiences.

3. JSS Regular Programs

1. Craft Club Social : Twice a month on the 1st and 3rd Wednesday, 10:30 am – noon *RVSP at craftclub@jss.ca

2. Easy Yoga for Seniors (Term 18:Mar 11 – Apr 22, Mondays, 10:00 - 11:30am) *Contact senior.yoga@jss.ca

3. Nostalgic Japanese Song Singing Group : Twice a month on the 2nd and 4th Monday, 1:30-3:00 pm. *Contact utanokai_b@jss.ca



JAPANESE
CANADIAN
LEGACIES

Intergenerational Wellness Second Intake Deadline May 20

Intergenerational Wellness Intake 2 – Applications Now Open

The deadline for applications for applications for Intergenerational Wellness grants is **Monday, May 20**

FAMILY APPLICATIONS

Family Sharing and Healing (Category 1) is for families impacted by Government policies and actions of the 1940s who are encouraged to apply for up to \$5,000 for projects tied to the core value of family healing, sharing and intergenerational trauma.

Eligible sharing activities may include, but are not limited to:

- self-published books
- self-made art projects
- digital scrapbooks
- reflective storytelling
- oral histories
- family genealogy
- internment camp tours
- family counselling.

JCLS staff are able to help with questions regarding the application process.

EARLY-BIRD APPLICATIONS

Families seeking grant funding for projects that involve travel during summer 2024 are encouraged to submit their project applications as early as possible. This will allow the Project Office to process and bring forward applications for assessment on a rolling basis prior to any travel taking place.

DEADLINE FOR APPLICATIONS: MAY 20, 2024

Application results out June 28, 2024

Category 1 & 3 projects must be completed by September 30, 2025

Category 2 projects must be completed by June 30, 2025

ORGANIZATION AND GROUP APPLICATIONS

Organizations and groups can apply for up to \$10,000 for **Seniors Intergenerational Group Wellness grants** (Category 2).

Organizations and groups can also apply for up to \$40,000 (\$10,000 for Unincorporated Japanese Canadian Groups) for **Intergenerational Group Gatherings** (Category 3) – projects that support group gatherings that address historical trauma.

INTERGENERATIONAL WELLNESS ZOOM INFO SESSIONS

The JCLS will be hosting a series of online Info Sessions via Zoom to assist participants with the application form for the second intake of Intergenerational Wellness. Sessions will last a minimum of one hour and will include a Q&A session. See below for available sessions and links to register.

If you know a family that is thinking of applying for funding, please pass this along. Questions can be directed to healing@jcleagacies.com

Wednesday, May 1 5:00 – 6:00pm PST

<https://bit.ly/IG-Wellness-May1>

Tuesday, May 14 5:00 – 6:00pm PST

<https://bit.ly/IG-Wellness-May14>

Wednesday, May 15 5:00 – 6:00pm PST

<https://bit.ly/IG-Wellness-May15>

Visit <https://jcleagaciesfund.com/funding-streams/intergenerational-wellness> to set up an account and apply for funding using our improved application forms with a new easy-to-use integrated budget template.

Please sign up to our newsletter (jcleagacies.com/contact) for up-to-date information on Community Fund programs.



Come and volunteer with the JCCC! Scan the QR Code or email volunteer@jccc.on.ca to find out more.

Office Space Available at JCCC

Come and join the community! We have office space available for lease at the JCCC (from 672 – 2,693 sq. ft.) Please contact our property manager, Jim Abe for more details at:
Cell: 416-884-8328, email: jim@abecopml.com, or Nao Seko: 416-579-6921

JCCC Venue Rentals



Parties • Banquets
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Conventions • Craft Shows
Film Screenings • Performances • Fashion Shows
Contact: rentals@jccc.on.ca

6 Sakura Way, Toronto
(Don Mills & Eglinton)
Parking available.

“It feels good to know it’s all taken care of”

Completing your final plans is important for your family’s emotional and financial well-being.

Take the first step today by calling **416-900-3255**



Matthew Shintani



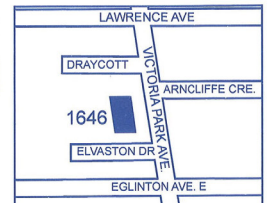
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