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ISHIZUE AWARDS
礎アワード

NOVEMBER FILM
SCREENING
11月の上映映画



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For general enquiries by telephone, please call **416-441-2345** during our operating hours (Mon–Fri, 10am–8pm, Sat–Sun 10am–5pm).

担当スタッフに直接ご連絡(スタッフリストはこちら)、又は、jccc@jccc.on.caまでEメールをお送りください。

一般的なお質問は、**416-441-2345**内線222に電話、メッセージを残してください。開館時間内(月～金、午前10時～午後8時、土日、午前10時～午後5時)にご連絡ください。

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	Ryan Lang
	David Moritsugu
	Nao Seko
	Elaine Shigeishi
	Kathy Wale
	Jon Nagamatsu
	Alexis Spieldenner
	Demetre Vasilounis
Advisors	Marty Kobayashi
	Mackenzie Clugston
	(Former Ambassador of Canada to Japan)
	Janice Fukakusa
	William Hatanaka
	Steve Oikawa
	Connie Sugiyama
	Christine Nakamura
Community Relations Advisor	Sid Ikeda (in memory)
Chair - Capital Campaign	Chris Hope
JCCC Foundation Chair	Janice Fukakusa

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YOUR NEWS IS WELCOME!
皆様からの寄稿をお待ちしております。

The submission deadline for the next issue is:

Thursday, November 9, 2023.

次号締切日: 2023年11月9日(木)

Please email to newsletter@jccc.on.ca

Japanese Canadian Cultural Centre

6 Sakura Way, Toronto, M3C 1Z5

Phone: 416-441-2345

www.jccc.on.ca

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Correction Notice – We would like to acknowledge that in the Ishizue Award announcement on page 9 of the October Newsletter we listed the incorrect name for one of our honoured recipients. Please note that the Ishizue Award will be given to Masunori and Kazue Yazu. Our apologies for this error.

Photo, right: KPMB Architects



What's On at the JCCC

Upcoming Events / 近日開催イベント

Wynford Seniors Bowling

ウィンフォードシニア ボウリング

Mondays & Fridays, 9:30am ・ 毎週月・金曜日 午前9時半

JCCC Karaoke Club ・ JCCCカラオケクラブ

Wednesday November 1 & 15, 10am

11月1, 15日(水)午前10時

Wynford Seniors Club ・ ウィンフォードシニア

Wednesday November 1 & 15, 10:30am

11月1, 15日(水)午前10時半

Please contact Bev (bfujimoto50@yahoo.ca) if you have any questions.

お問い合わせは:ベブ・フジモトまで (bfujimoto50@yahoo.ca)

November Film Screening ・ 月例映画上映会

Thursday November 2, 7:00pm

11月2日(木)午後7時

I Am What I Am, see [page 7](#) for details.

「そばかす」詳細は[7頁](#)をご覧ください。

November Film Screening - SPECIAL

特別映画上映会

Thursday November 16, 7:00pm

11月16日(木)午後7時

Monster, see [page 8](#) for details.

「怪物」詳細は[8頁](#)をご覧ください。

Cooking for Active Seniors

元気なシニアのお料理教室

Thursday November 16, 11am

11月16日(水)午前11時

Ishizue Award Dinner ・ 礎アワード

Thursday November 23, 6:30pm

11月23日(木)午後6時半

Sumi-e Art and Sale Show ・ 墨絵展示販売

Saturday November 11 and Sunday November

12, noon to 5:00 pm ・ 11月11, 12日 正午 ~5時

See sumieartistsofcanada.org for details

詳細は:sumieartistsofcanada.org

Ongoing / 開催中

JCCC Library ・ 図書館

The Library is now open.

Please check the JCCC website for the schedule of this month.

JCCCライブラリーは現在、毎週火曜日と木曜日、そして月二回土曜日にオープンしており、貸出/閲覧が可能です。

Exhibitions ・ 館内展示

Moriyama Nikkei Heritage Centre

森山日系ヘリテージセンター

Maru: Immigration Stories.

Contact heritage@jccc.on.ca for a guided tour.

丸:日系移民物語。ツアーガイドをご希望の方はheritage@jccc.on.caまでご連絡ください。

Heritage Hallway ・ ヘリテージホール

60 Years of Friendship Through Culture

文化が育んだ60年のフレンドシップ

May 2023 to June 2024 ・ 2023年5月~2024年6月

JCCC Gallery ・ JCCCギャラリー

Unchanging and changing and changing, a solo exhibition by Alexa Kumiko Hatanaka

JCCCギャラリー:アレクサ・クミコ・ハタナカ個展「アンチェンジングそしてチェンジングそしてチェンジング」

September 23 to November 25 ・ 9月23日~11月25日

See [page 14](#) for details. 詳細は[14頁](#)をご覧ください。

Coming Soon Graduates in the Community:

A CyberARTS Showcase

近日公開 グラジュエート・インザコミュニティ: CyberARTSショーケース

December 1 to January 6, 2024 ・ 12月1日 ~1月6日

See [page 14](#) for details. 詳細は[14頁](#)をご覧ください。

Mottainai - The Beauty of Reclaimed Materials

”もったいない”-再生素材の美

Opening January 2024 ・ 2024年6月

See [page 14](#) for details. 詳細は[14頁](#)をご覧ください。

Contact the JCCC ・ お問い合わせ

For enquiries, please contact respective staff directly [[see staff directory on page 1](#)] or email us at jccc@jccc.on.ca. For general enquiries by telephone, please call 416-441-2345 during our operating hours (Mon - Sun, 10am - 5pm).

担当がお分かりの場合は担当者へ直接、もしくは受付jccc@on.caにEメールをお送りください。一般のお問合せは、電話で開館時間内(月~日、午前10時から午後5時)に受付までご連絡ください。



Best Wishes Sandy

The JCCC is extremely proud – but more than a little sad – to announce that our own beloved General Manager Sandy Chan has been selected as next Executive Director of the Ontario Museum Association.

Sandy has been with us for 14 years and has supported the organization in its transformative years of rapid expansion and growth. Her leadership has been instrumental in shaping the organization to become a champion for diversity and inclusion. Sandy's ability to inspire optimism, build unity and navigate complex situations with clarity guided the JCCC through the pandemic years to enable the organization to emerge with greater capacity, stability and reach. She is known to the community as a leader who is empathetic and vision driven. Her dedication to forging partnerships has allowed us to be an active participant across multiple contexts – from academia to community and cultural development to a wide range of art forms.

Her leadership and laughter will be missed but we are sure her devotion and commitment to the JCCC community will remain undimmed.

Thank you for everything Sandy! Good luck and see you around the Centre soon.

Welcome John and Yasuko!



My name is John Lee and I've been working at the JCCC since March earlier this year. I grew up in Toronto and haven't really travelled much outside of Canada, so I decided to change that and started travelling on my own this year. I visited New York, Germany, and Iceland in August, Japan for a month in October/November, and a possible all-inclusive trip to Cuba in the near future.

My time at the JCCC has been very rewarding and enjoyable as I've made many meaningful relationships and memories with staff, volunteers, and visitors of the JCCC. I look forward to meeting new people, so come say hi on the weekends when I'm working reception, and if you have any travelling tips or suggestions, please let me know!



My name is Yasuko, one of the receptionists here at JCCC. It is my pleasure to assist you with any inquiries, appointments, or special requests. Feel free to approach me - I am here to make your day brighter!

Kudos!!

Recently, M.H. an attendee of rental event held at the JCCC, called to give high praise to both John and Yasuko, who he wanted to recognize for exceptional customer service. The attendee was concerned that mobility issues would affect his enjoyment at the event. He called prior to the event and was offered the use of a wheelchair if needed. During the event, John took the time to find the attendee to make sure the attendee was comfortable and was able to enjoy the event. Kudos to both John & Yasuko for taking good care of our customers!

Profiles of JCCC Board and JCCC Foundation Directors

Through many of previous Newsletters we have introduced the directors so that the members and community can become familiar and get to know the people that have been elected to represent and make decisions for the JCCC now and into the future. There are varied backgrounds, skills, expertise in specific areas that all complement a hardworking and dedicated Board, including the JCCC Foundation Board.

In continuation of keeping our members informed on the JCCC Board of Directors, we are happy to introduce 3 new Directors – Jon Nagamatsu, Alexis Spieldenner and Demetre Vasilounis.



Jon Nagamatsu

Jon recently joined the JCCC Board and Finance Committee given his parents' support to the JCCC and passion for exposing their 5 children to the Japanese culture including various activities and events such as Language School, Caravan, Spring Festival, Bazaar, music concerts, and judo. Jon is also part of the executive of the JC 3-Pitch softball league which he joined in 2005.

Jon holds an Honours Bachelor of Arts degree in co-op accountancy from the University of Waterloo and is a Chartered Professional Accountant and Chartered Accountant. Jon is also a long-standing member of the Finance, Audit & Investment Committee for Parkinson Canada, a member of the Finance Committee and Board for ACO (Adoption Council of Ontario), and volunteers his time to CPA Ontario and DECA. During his downtime, Jon enjoys spending time with his family in the GTA as well as traveling abroad and playing a variety of sports including golf, hockey, and tennis.

Jon serves as Managing Partner in DHR Global's Financial Officers Practice, based in the firm's Toronto office. Combining strong expertise in finance & accounting and a demonstrated history working in the human capital industry, Jon is a trusted advisor to his clients seeking top talent from emerging leaders to executives. Jon's 18 years of human capital experience spans financial, operational, and human resources roles across a variety of industry sectors including, Business & Professional Services, Private Equity, Real Estate, Consumer & Retail, Financial Services, and Not-for-Profit.

Jon also served as Partner / Managing Director at global human capital and boutique finance & accounting recruitment firms following his ~15 years in public accounting at PwC focusing on mergers & acquisitions and assurance services.



Alexis Spieldenner

Alexis Spieldenner is the Co-founder and Executive Director of Bravo Niagara! Festival of the Arts, a not-for-profit charitable arts organization based in Niagara-on-the-Lake. Founded in 2014 by Alexis and her mother Christine Mori, Bravo Niagara! produces transformative concert experiences and multidisciplinary programming featuring today's leading artists from Canada and around the world.

A fourth-generation Japanese Canadian, Alexis is Co-Creator and Producer of Bravo Niagara!'s newly commissioned ballet *Kimiko's Pearl*, inspired by the Japanese Canadian experience and her family's story of internment during World War II. Her undergraduate honours thesis "Voices of Four Generations: A Story of the Japanese Canadian Community from Issei to Yonsei" was used as the basis for the story of *Kimiko's Pearl*.

Alexis is the recipient of Ontario's 2016 Lincoln M. Alexander Award, which recognizes young leaders for their efforts to end racial discrimination and promote positive social change. She holds a bachelor's degree in International Comparative Studies from Duke University, where she graduated with high distinction, and is currently a Global Arts Management Fellow at the DeVos Institute of Arts Management.



Demetre Vasilounis

Demetre Vasilounis is an associate lawyer with Fasken Martineau DuMoulin LLP, where he works within the firm's Trusts, Wills, Estates and Charities group to assist clients with family wealth and succession planning matters. While studying in law school, Demetre acted as Division Leader for Community and Legal Aid Services Programme's Criminal and Immigration Divisions. Demetre also serves as Public Affairs Liaison with the Ontario Bar Association's Trusts and Estates Section.

Among Demetre's long list of volunteer experience includes being a member on the Screening Committee for the Toronto Reel Asian International Film Festival, mentor for the Law in Action Within Schools (LAWS) program, and ESL Teacher at St. Paul's Anglican Church. Demetre's experience also includes over ten years of working as an event volunteer and coordinator here at the JCCC.

Issei Day

October 1st, 2023 was a beautiful warm day to welcome back all the seniors to our first in-person Issei Day in 4 years! It was amazing to see old friends reuniting and enjoying the Kingyo bento and entertainment together. We would like to extend a very special thank you to all the performers and Constantin Dutescu, as well as our lovely emcees, Bob Nishikawa and Atsuko Nakayama. Big thanks also goes to our volunteers who helped make the manjus, as well as all the volunteers that helped make the day extra special. We extend our gratitude to the Consulate General of Japan for the generous donation of sake. We hope to see you all again next year!



Photo Credit: Leon Balaban

JCCC Annual General Meeting

On Monday September 25, 2023, the JCCC held its Annual General Meeting in-person for the fiscal year ended March 31, 2023, at the JCCC in Shoko Kai Court. The meeting was attended by 25 members and included a presentation that provided an overview regarding how the JCCC progressed operationally and financially through the first fully open fiscal year (post COVID-19), which concluded with the fact that the JCCC was able to successfully reach very close to pre-pandemic levels.

We are pleased to announce the 2023-2024 Board of Directors. Every year, new Directors and renewing Directors are nominated for a 3-year term, with all members of the board subject to a nine-year term limit. The slate of new directors approved this year is: Jon Nagamatsu, Alexis Spieldenner, and Demetre Vasilounis and renewing their terms after completing their initial three year term are Karen Gordon and Elaine Shigeishi. Retiring from the Board are Ann Ashley, Seiji Ichii, and Cary Rothbart. The JCCC is grateful for their many years of service.

Continuing in their terms as board members are: Chris Hope, Anzu Hara, Mark Hashimoto, Kristin Kobayashi-Reid, Sharon Marubashi, David Moritsugu, Linda Ono, Nao Seko, Brian Toda, Kathy Wale and Karen Webb. Also included among JCCC Directors is Ryan Lang, who represents the Nikkei National Museum and Cultural Centre in Burnaby BC. Advisors are Gary Kawaguchi (Past President), Marty Kobayashi, Steve Oikawa, Janice Fukakusa, Christine Nakamura, Connie Sugiyama, Bill Hatanaka and Mackenzie Clugston.

After the close of business of the AGM, the new Board met and elected the new Executive Committee: President Chris Hope, VP Management Brian Toda, VP Heritage Karen Webb, VP NJCC Anzu Hara, Finance Chair Linda Ono, Secretary Sharon Marubashi.

The JCCC Board of Directors also thanks every JCCC member for your ongoing financial and volunteer support.

The JCCC has recovered well from the strains of the pandemic and this is shown in positive revenues and cashflows as we continue to rebuild. The Centre can attribute its successes to date to a dedicated and hardworking staff, implementing fundraising programs, cost control initiatives, strong financial support from the JCCC Foundation, and strong relationships with our banking partners. Continued strategic spending initiatives, major events, controlled, efficient and effective spending to ensure monies are spent prudently and continuing to pay down debt, are priorities for the board for 2024.

We have much to do this year, but we are very optimistic about the future – and the potential, for the JCCC.



November Film: I AM WHAT I AM

そばかす

CANADIAN PREMIERE

Thursday November 2, 7:00pm

Admission

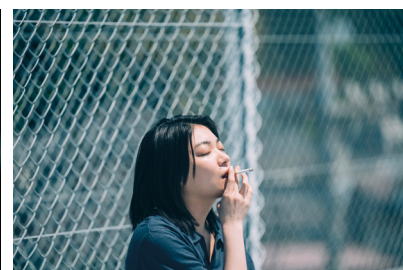
\$8.85 +HST (\$10) JCCC member; \$10.62 +HST (\$12) non-member

★★★★ (4 stars) – Japan Times

“Director Shinya Tamada’s gentle slice of life drama is a refreshingly empathetic in its fierce defence of its heroine’s right to chase happiness in the way that best suits her.” – Window on Worlds

Thirty-year-old Kasumi (Toko Miura in her first starring role since Drive My Car) works at a call center and lives at home, often pestered by her mother who desperately wants her to get married, even going so far as to set up an arranged marriage interview to marry her off. But Kasumi does not feel sexual or romantic feelings for either gender. Aided by her cheerful and equally outsider friend Maho, she simply desires to live without the rigidly constructed ideals of love and marriage. This compassionate and beautifully-acted “anti-rom com” is a liberating departure from the conceit that romantic love equates happiness and a life fulfilled.

Starring Toko Miura, Atsuko Maeda, Marika Ito





November Film: Hirokazu Kore-eda's MONSTER 怪物

Thursday November 16, 7:00pm

Admission

\$8.85 +HST (\$10) JCCC member; \$10.62 +HST (\$12) non-member

★★★★ (4 stars) "A film created with a great moral intelligence and humanity". – Peter Bradshaw, The Guardian

Hirokazu Kore-eda's latest masterpiece comes to the JCCC fresh from Cannes and TIFF for a Special Screening! When her young son Minato starts to behave strangely, his mother feels that there is something wrong. Discovering that a teacher is responsible, she storms into the school demanding to know what's going on. But as the story unfolds through the eyes of mother, teacher and child, the truth gradually emerges. Gently devastating in its compassion, Monster is a masterpiece of shifting perspectives that surprises to the end. rom the director of Nobody Knows, Shoplifters, Like Father Like Son.

Starring Sakura Andō, Eita Nagayama, Soya Kurokawa, Hinata Hiragi, Yūko Tanaka



Nagata Shachu 2023-24 Season Opening Concert

In its 2023-2024 season opening concert, Nagata Shachu Japanese taiko and music group is proud to present the 40th anniversary concert of Kiyoshi Nagata as a taiko performer. He will be joined by special guests Oregon Percussion, the Canadian Chinese Orchestra, and Korean Music and Dance collective Rusterrat. The concert will also feature the debut of taiko duo Korokoro (Akemi Akachi & Kiyoshi Nagata) and the next generation of Nagata Shachu members.

Kiyoshi Nagata is the founder and artistic director of Nagata Shachu, Canada's preeminent professional taiko group. As a performer, he has toured widely across North America and internationally with his ensemble and as a solo artist. His original music has been used in television, film, and dance productions and have been featured on several recordings.

Don't miss Nagata Shachu's 2023-2024 season opening concert which promises to be an intimate evening of fun-filled and heart pounding collaborations by some of Toronto's most acclaimed musicians.



JCCC members receive \$5 off adult tickets. Use promo code JCCC40

Saturday, December 9, 2023 at 8 pm

Al Green Theatre (750 Spadina Ave)

Tickets: \$35-\$45 adults, \$30-\$35 students and seniors

<https://Kiyoshi.eventbrite.ca>

Nikkei Veteran's Luncheon

Our annual Nisei Veteran's Luncheon will be held on Thursday November 9 at 11:00am. The event will feature a service of remembrance for all Japanese Canadians who have served, a screening of the short film Minoru: Memory of Exile by Michael Fukushima, and a luncheon. We encourage you to join us in honouring our Veterans. Preregistration is required by November 1 for those who wish to remain for luncheon. The cost of the luncheon will be \$20 (+HST). There will be no cost to attend the service of remembrance.

Fuyu Matsuri 2023

We regret to inform you that our annual Fuyu Matsuri, initially planned to take place in December, has been cancelled this year.

Due to unforeseen changes in our office in the upcoming months, we feel it's best to reevaluate the event so we can best serve our community members.

We appreciate your understanding.

The Ishizue Award Dinner 2023

The JCCC Board of Directors cordially invites you to join us for a night of celebration on Thursday November 23rd at 6:30pm honouring the 7th Ishizue Award honourees.

The Ishizue Award, meaning cornerstone or foundation, was created to pay tribute to the 75 families who in the early 60's, at significant personal financial risk, guaranteed the original mortgage for the JCCC at 123 Wynford Drive. These families provided the foundation upon which the JCCC was built, and their support for the JCCC will forever be recognized as the cornerstone for who we are as a community.

The Ishizue Award acknowledges and expresses our appreciation and respect to members or friends of the Japanese Canadian community who have made exceptional contributions to the Japanese Canadian Cultural Centre. Their contributions have supported the community locally, nationally, and globally.

In keeping with tradition, this year's recipients are a very distinguished group of people who have made significant contributions to the Japanese Canadian Cultural Centre. We are still finalizing some recipients but confirmed are:

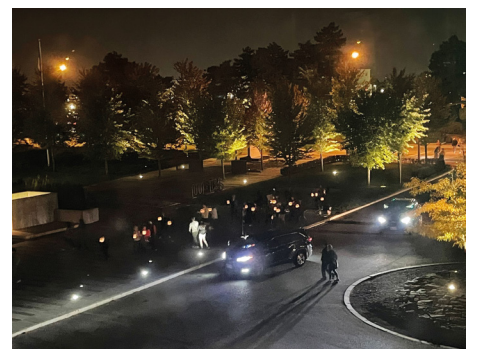
- Betty Lou Arai and Kay Oiye
- Sam and Mary Kamo
- Sam and Junko Yamamoto
- Masanori and Kazue Yazu
- Tak and Fumi Yoshida
- Linda and Steve Oikawa

An intimate and elegant dinner to honour these distinguished award recipients is planned and we invite family, friends, and community to support this evening of celebration and recognition. In support of this dinner, the cost is \$150 per person, plus HST.

To order your tickets call JCCC Reception at 416-441-2345 or email jccc@jccc.on.ca by November 6, 2023. A ticket order form is included as an insert in this Newsletter.

Nuit Blanche 2023

Nuit Blanche 2023 at the JCCC was a great success! With fantastic art, profound readings and very active lantern making workshops, we were thrilled to welcome over 1500 guests! The evening began with the launch of Mark Sakamoto's new book, Shizue's Path, and included candlelit lantern processions to the Aga Khan and many overnight visitors to The Strength in Sixty Sakura and Unchanging and changing and changing. Planning has already begun for Nuit Blanche 2024 – plan to join us then!



Cooking for Active Seniors Class

Cooking for Active Seniors Classes focus on using one type of protein to make three simple, but different recipes that will each serve one or two people.

Classes are limited to 16 persons to ensure participants can actively participate in making each of the recipes. After the cooking is done, everyone gets to taste the finished product and enjoy the company of each other. If you haven't already signed up for the Thursday November 16 – *What's the Beef?* there is still space for a few more registrants and time to do it.

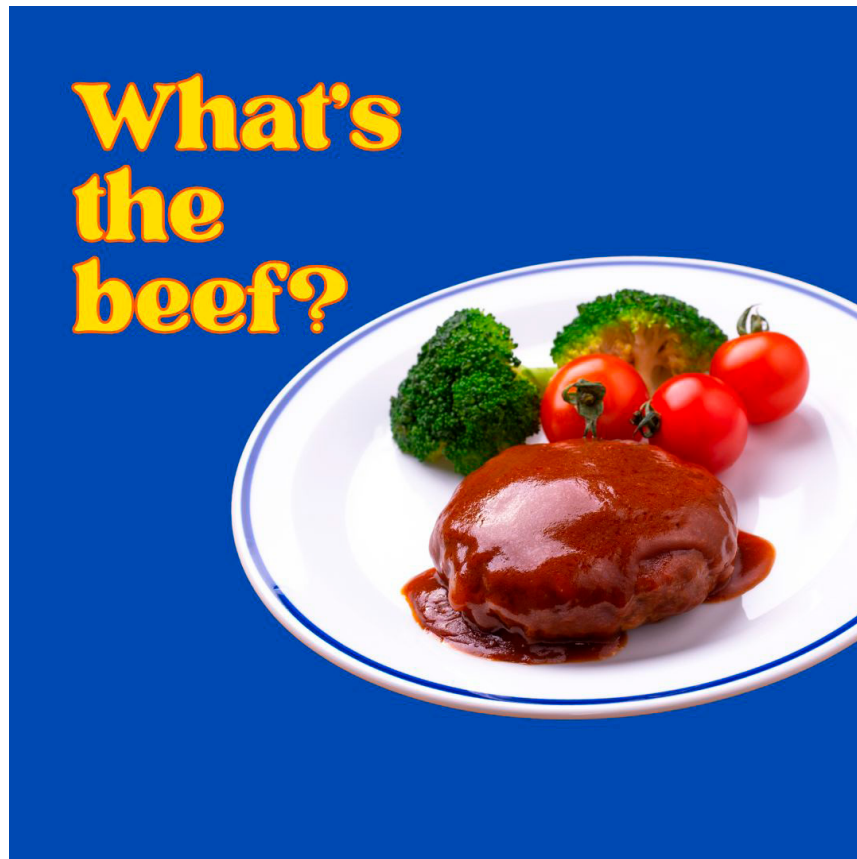
For this session the protein is beef. Participants will create delicious Japanese hamburgers with peanut noodles, a beef and broccoli stir fry, and a Japanese fusion Taco Rice along with sides that compliment these flavours.

The January 25, 2024 class is:

What Came First, the Chicken or the Egg? This class focuses on the versatility of eggs and chicken. Participants will make Chawan Mushi, Egg Foo Yong, and Oyaku Don using these two tasty ingredients.

Registration: Classes are limited to 16 participants. Registration for each class date closes the Thursday prior to the class and can be done online or at Reception (416-441-2345).

Cost is: JCCC members \$25.00 plus HST, non-members \$30.00 plus HST.



2024 New Year Festival (Oshogatsukai) 2024年お正月会

Sunday, January 21, 2024 / 11:00am to 3pm

Make plans to visit JCCC 2024 New Year's Festival. It will be fun with full cultural activities, information, foods/drinks and goods. Vendor applications will be accepted from mid-October.

More details will be in the Dec/Jan issue.

1月21日(日)・午前11時から午後3時

2024年のお正月会はパワーアップの企画でお楽しみいただけます。詳細は12月1月合併号に掲載されます。ベンダーさんの募集は10月中旬より開始予定。

— 日系文化会館・JCCC —

New Year's Festival 2024

ふれてみよう日本のお正月

令和6年1月21日(日)
Sun. Jan. 21
11am - 3pm

Shishimai (Lion Dance) 獅子舞
Traditional Mochi Pounding お餅つき
Taiko Drumming 太鼓
New Year's Calligraphy 書初め
Matcha Tea お茶席
Fun Kids Activities 子供ゲーム・遊びコーナー
Entertainment 各種エンターテイメント
Vendors 各種ブース
Japanese Food Market 日本食マーケット

抽選で100名のお子様にお年玉さしあげます!
100 children receive Otoshidama based on lottery draw!



Admission tickets are available on Ticketweb or at the door - Card (Debit/Credit) Only

JCCC members: \$5+HST / Family (up to 2 adults & 3 children) \$15+HST
Non-members: \$10+HST / Family \$20+HST
Under 5yrs old: Free

Many vendors only accept cash. No ATM on the site

NEW JAPANESE
CANADIAN COMMITTEE
新日系コミティー

JAPANESE CANADIAN
CULTURAL CENTRE
日系文化会館

6 Sakura Way, Toronto, ON M3C 1Z5
www.jccc.on.ca 416.441.2345

Media Support



Nihoncha Matsuri-Japanese Tea Festival 2023

Date: November 26th (Sunday)

Event Time: 10:00am to 6:00 pm

The theme of our Japanese Tea Festival is “Drink, learn, and enjoy Japanese tea to the last drop”. There will be a variety of tea and Japanese culture related vendors. You will enjoy sampling the teas from selected tea companies on site and join a variety of tea workshops (Tea Ceremony, Senchado Ceremony and Japanese Tea 101 etc.) Experience watching the amazing work from Temomi (HandRolling) Tea Master from Japan and Wagashi master demonstration.

Buy your ticket today!! \$15 + tax per person (There will be an eco-bag and sipping cup given to each guest at the entrance). www.nihonchacanada.com



Film Screening: *Seagrass* at Toronto Reel Asian International Film Festival

November 12th, 2023 | 5pm | TIFF Bell Lightbox | Director in attendance

The Toronto Reel Asian International Film Festival will be screening *Seagrass*, the feature debut of Japanese Canadian director Meredith Hama-Brown.

Seagrass follows Judith, a Japanese Canadian woman, and her reluctant white husband who attend a week-long couple's retreat on a coastal British Columbia island, their two daughters in tow. With Judith grieving the recent loss of her mother, and her connection to her Japanese Canadian identity, the couple's disconnect grows as she finds herself infatuated with another, seemingly perfect, interracial couple at the retreat. The parents' rift impresses upon their daughters, as Emmy, the fearful younger sister, becomes increasingly anxious, while the eldest, Stephanie, cautiously navigates the preteen social dynamics of day camp.

Set in the mid-90s and shot on 35 mm film, Meredith Hama-Brown's tense, layered family drama is a nuanced look into the legacy of Japanese Canadian internment and how trauma weaves through generations in silences, detachment, and ambiguity.



The screening will be followed by a Q&A with the director. To purchase tickets, see reelasian.com/festival-events/seagrass/.



16th Japanese Calligraphy Competition in Canada

日本書道公募展

Award Presentation | Nov. 5, 2023 | 2PM
The ceremony will be livestreamed
Exhibition | <https://shodocanada.com>

Competition organized by **SHODO CANADA**
Follow us @   /shodocanada



JAPANESE CANADIAN LEGACIES

Community Fund | jclegaciesfund.com



The Community Fund grants serve the broadest diversity of Japanese Canadians.

Community Fund Reminder

Application Deadlines Approaching

The following three Community Fund streams have deadlines coming up, while a fourth stream, Sports, has had its deadline extended. For individuals, groups, and organizations planning to apply in any of the Community Projects, Infrastructure, and Scholarships streams, we encourage you to apply sooner rather than later. The applications can be time consuming and complex and require specific documentation to be collected and uploaded when applying. If you have not done so, please set up an account on jclegaciesfund.com and begin the process. Depending on what funding you are applying for, you will set up an account either as an individual or as an organization/group. Please read the guidelines carefully to identify what kind of account you should set up.

Community Projects | Deadline: October 31, 2023

- 1) Japanese Canadian Organizations | up to \$40,000
- 2) Non-Japanese Canadian Organizations | up to \$10,000
- 3) Unincorporated Japanese Canadian Groups | up to \$10,000

Infrastructure | Deadline: November 1, 2023

- 1) Building Improvements | up to \$250,000
- 2) Capital Purchases | up to \$100,000

Please visit jclegaciesfund.com for full guidelines, to set up an account, and to apply.

Scholarships (Intake 2) | Deadline: November 1, 2023

- 1) Undergraduate Studies or Vocational and Career Studies
up to \$3,000
- 2) Graduate Studies
up to \$3,000
- 3) Japanese Canadian Legacy Scholarships
up to \$10,000



Sports Deadline Extended

The JC Legacies Sports Stream, which was scheduled to close October 15, has been extended to November 30, 2023 with results out January 15, 2024. If you are a high-performance athlete or coach, we encourage you to apply to the Sports stream. Please visit <https://jclegaciesfund.com/funding-streams/sports> for details, to set up an account, and to apply.

Thanks to Bill Hatanaka for his invaluable work on this important funding stream.



What is the difference between Intergenerational Wellness and the Survivors Fund

We understand that there is some confusion around these two fund. **Intergenerational Wellness** serves *families and groups*; the **Japanese Canadian Survivors Health & Wellness Fund** serves *individual survivors with health support grants*. The two funds are run by two different societies. Please see below for some clarification.

Intergenerational Wellness is part of the Community Fund, which is run out of the JC Legacies program office. Intergenerational Wellness serves families, not individual survivors. It provides funding to heal the intergenerational impacts that BC government actions in the 1940s had on the Japanese Canadian community. There are three categories of funding: 1) Family Healing and Sharing; 2) Seniors Intergenerational Group Wellness; and 3) Intergenerational Group Gatherings. Visit <https://bit.ly/IG-Wellness> to apply.

The Japanese Canadian Survivors Health & Wellness Fund (JCSHWF) is run by the Japanese Canadian Survivors Health & Wellness Fund Society (JCSHWFS). Funding is intended to assist individual survivors with health support grants. The JCSHWF office is working hard to have funding applications open by the end of the year. Contact help@jcwellness.org with questions.



Join Our Team!

The Japanese Canadian Survivors Health & Wellness Fund (JCSHWF) is under new operations leadership. We are looking for energetic and committed team members to mobilize the program, connect with seniors, and disburse individual health support grants to all our survivors. Under this new leadership, the JCSHWF is working as quickly as possible to build an outreach team comprised of an Outreach Team Leader, at least ten Outreach Workers, and three Administrative Assistant positions. The outreach team will be responsible for front line assistance to survivors during the application process for individual health and wellness grants. All positions will be full-time, working remotely. Hours worked will be flexible with the positions requiring the working of non-traditional hours according to the needs of the JCSHWF.

If you are interested in joining a dynamic team doing important, meaningful work with our vulnerable seniors across the country, consider applying today!

#1 Outreach Team Leader

Term: Two-year Term with possible extension
Reporting to: Executive Director

Reporting to the Executive Director, the Outreach Team Leader (OTL) will coordinate the work of an outreach team comprised of at least ten Outreach Workers located across Canada and provide guidance and instruction. The position will be full-time, working remotely.

#2 Outreach Worker(s)

Term: One year with possible extension
Reporting to: Outreach Team Leader

The JCSHWF is building an outreach team comprised of at least ten Outreach Workers reporting to the Outreach Team Leader. The outreach team will be responsible for front line assistance to survivors during the application process of health and wellness grants. Additionally, data entry, validation, and assessment of health and wellness grants will be required. The positions will be full-time, working remotely.

#3 Administrative Assistant

Term: One-year Term with possible extension
Reporting to: Outreach Team Leader
Location: Within the Lower Mainland of BC

Reporting to the Outreach Team Leader, the Administrative Assistant is the central hub for the outreach team by triaging all communications that come into the Fund. The Administrative Assistant is responsible for smooth and efficient operations by assisting the Outreach Team Leader with the distribution of communication and workload to the outreach workers. The position will be full-time, working mostly remotely.

#4 Administrative Assistant – Data Management

Term: One-year Term with possible extension
Reporting to: Outreach Team Leader

Reporting to the Outreach Team Leader, the Administrative Assistant for Outreach Data Management will be the central hub for the management of data for the outreach team and the grant application process. The Administrative Assistant is responsible for smooth and efficient operations by assisting the outreach team with data entry and checking and managing the data system.

#5 Administrative Assistant to the Executive Director

Term: One-year Term with possible extension
Reporting to: Executive Director

Reporting to the Executive Director, the Administrative Assistant to the Executive Director will coordinate the JCSHWF project office operations. The Administrative Assistant is re-sponsible for smooth and efficient operations by assisting the Executive Director with daily tasks. The position will be full-time, working remotely.

If any of these job positions are of interest to you, we'd love to hear from you. Visit <https://bit.ly/JCSHWF-Jobs> to read the full job postings and to apply.



Graduates in the Community: A CyberARTS Showcase

The JCCC Gallery is proud to host graduates of the CyberARTS program at Don Mills Collegiate Institute, a high school in our community from December 1 to the first week in January.

"Mottainai - The Beauty of Reclaimed Materials"

"Mottainai" 勿体無い is a well-known Japanese word that carries a profound message of respect and appreciation for resources and the environment. It's a concept deeply rooted in Japanese culture, promoting the idea of not wasting anything with value. When something is 'Mottainai,' it means that we recognize the inherent worth of even the smallest of things and make the most of what we have." Mui-Ling Teh

Artists in the JCCC's community are invited to take part in "Mottainai - The Beauty of Reclaimed Materials", opening in the first two weeks of January and continuing until the end of March.

This community art exhibition is inspired by Keiko Shintani, who uses recycled silk fabric in her woven pieces. Artists are challenged to reuse, upcycle, repurpose and recycle items to- create new artworks. Your imagination is the limit.

Japanese Canadian artists, Japanese artists and artists from the JCCC community are welcome to submit a maximum of 3 artworks to the exhibition. The Art Committee reserves the right to show fewer than the limit.

Please fill out the statement of Interest form (<https://forms.gle/E1L4eTmVdbH7PLLK9>) if you are interested in participating in this exhibition and further information will be sent to you regarding artist agreements and artwork submission.



Unchanging and changing and changing

Almost 500 people packed our Kobayashi Hall to attend the Opening of Unchanging and changing and changing, a solo exhibit by Alexa Hatanaka. Featuring performances by musicians Benja and Peach Luffe, drummers Jody Chan & Wy Joung Kou, and a mother and daughter dance duo Katherine Yamashita & Danielle Yamashita, the evening attracted a large crowd eager to see Hatanaka's custom washi wearables combined with the talents of the performers.

Visitors were able to view the paper pieces both in action on the stage and in the Gallery, providing them with 2 unique perspectives of these incredible pieces.

Unchanging and changing and changing will remain in the Gallery until November 25.

DONATIONS

DONATIONS TO THE JCCC

AS OF OCTOBER 3, 2023

THE JCCC GRATEFULLY ACKNOWLEDGES
THE FOLLOWING DONATIONS:

JCCC

Anonymous	45	Estate of George Takahashi	12,831	Mrs. Brenda Nakata-Gerow & Mr. Grant Gerow	50
Anonymous	200	Mrs. Theresa Takasaki	10		
Ms. Christine Chiba	300	Mr. Lindsay Takashima	500	<i>In memory of Emiko Amy Yatabe</i>	
Ms. Sandra Cruickshanks- McCauley	50	Mr. George Toyama	50	Mr. John Harper	50
Ms. Ivone De Marchi	100	Mr. Roy Toyama	50	Ms. Maria Elias	100
Mr. & Mrs. Ray Edamura	100	Mr. & Mrs. Godfrey Uyeno	50	Ms. Janet Frame	100
Mr. Tetsuo & Mrs. Sanae Fukushima	100	Mr. & Mrs. Hiroshi Yamamoto	43	Ms. June Larkin	100
Mr. Tony & Mrs. Kumiye Gardiner	100	Mrs. Mitzi Yau	60	Mr. Paul & Mrs. Sharon Pryde	50
Mr. & Mrs. Shinya Godo	20	In celebration of 60th Anniversary		<i>In memory of Harold (Hirao) Miwa</i>	
Ms. Olivia Mariko Hsuen-Ferris	25	Emergency Appeal		Mrs. Sandy Ellis	25
Ms. Stacey Inouye	100	Ms. Martha Arima	30	Mr. & Mrs. Tad Oyagi	50
Ms. Meg Karper	10	Mrs. Diane Carter	20	<i>In memory of Jim Ura</i>	
In honour of the Otani Family		Mrs. Elinor J. Dunlop	35	Mrs. Betty M. Ura	100
Mr. & Mrs. Anthony Katsuno	200	Mr. Patrick Dunlop	10	<i>In memory of Kaye Oda</i>	
Mrs. Rose Kelly	10	Mr. Robbie Grant	25	Mrs. Marie Ikeda	100
Mr. Martin Kobayashi	43	Mr. & Mrs. James Heron	100	Mr. & Ms. Alex Snyder	100
Mrs. Toshi Kodama	27	Mrs. Janice Nobuto	100	<i>In memory of Linda Sasaki</i>	
Mrs. Jane Koyata	95	Mr. Wayne Yamashita	10	Mr. George & Mrs. Mary Sasaki	100
Mr. David Lau & Ms. Rebecca Clare	50	Mrs. Donna Yoshimatsu	150	<i>In memory of Lydia Yaiko Yatabe</i>	
Mr. & Ms. Ronald Nishi	300	Ms. Karen Tanino	50	Mr. Tetsuo & Mrs. Sanae Fukushima	25
Mr. David & Mrs. Barbara Ono	100	In memory of Ken & Ruth Tanino		<i>In memory of Mitsue Shintani</i>	
Mr. Mark Ono	50	Mr. William Cruz	50	Ms. Laurie Harada	200
Mr. George Pachovsky & Ms. Michiko Sugatani	30	In memory of Roman T Yap		<i>In memory of Mitsuyoshi (Mitsu) Ito</i>	
Mr. Colin Poon	50	Mrs. Midori Takahashi & Mr. Chris Barkley	25	Shawn Rosenzweig & the SBLR team	100
Mr. and Mrs. Matt Shintani	200	In memory of Shoji & Sachi Takahashi		Ms. Nadira Fraser	100
JCCC Family & Friends Golf Tournament		Mr. Regan Takenaka	25	Mrs. Marie Ikeda	200
In memory of Kay & Koji Morishita and Soc Shintani		In memory of Tony & Kimi Takenaka		Mr. Kingsley Jew	100
Ms. Constance L. Sugiyama	400	In Memoriam		Mr. Christopher & Mrs. Kristin Kobayashi-Reid	99
JCCC Family & Friends Golf Tournament		<i>In memory of Bert Nasu</i>		Mr. & Mrs. Kaz Shikaze	50
In memory of Henry & Mrs. Joanne Sugiyama		Ms. Leslie Brindley	100	Ms. Joy Reiko Takahashi	100
Mrs. Margo Swire-Valaei	10	Ms. Alison Nasu	100	Mr. Gordon Wong	50
		<i>In memory of Bryon Tanaka</i>			
		Ms. Jessie Ebata & Mr. Clayton Gyotoku	50		

DONATIONS

In memory of Raymond

Moriyama

Mr. Gary Kawaguchi & Ms. Gayle Taguchi 100

In memory of Sanyo Chihiro

Nonoyama

Anonymous 25
 Mr. David & Ms. Patricia Baker 50
 Mr. David Courtney 50
 Melissa, Gary and Alden Gibson 200
 Ms. Jenelle Jimenez 50
 Mrs. Jane McAteer 50
 Ms. Katherine McAteer 200
 Ms. Julia Potocnik 50
 Ms. Pam Prokopchuk 25
 Nooshin Rotondi 25
 Ms. Milly Ryan-Harshman 50
 SickKids RT and RT-Research Team 350
 Mr. Marvin Vader 50
 Marco, Andrew, Esther & Shirley 160

In memory of Sidney Kiyoshi

Ikeda

Mr. Katsu & Mrs. Elsie Iguchi 60
 Ms. Laurie-Ann Nakagawa 100

Dr. & Mrs. K Victor Ujimoto 100
 Mrs. Betty M. Ura 100
 Mr. Mark & Mrs. Gaila Uyeda 100

In memory of Terumi

Hatanaka

Ms. Linda Bickerton 50
 Ms. Lynda Hatanaka Silk 100

In memory of Umeko Kuba

Ms. Shirley Hockin 50
 Ms. D. Lynn Porter 500

Heritage

Anonymous 32
 Mrs. Vivian Yatabe 50
 In memory of Emiko Amy Yatabe
 Ms. Dee Dee Piercey 500
 In memory of Lydia Yaiko Yatabe
 Mr. Don & Ms. Debbie Gray 50
 In memory of Raymond Moriyama
 Ms. Lisa Bishop 100
 In memory of Senyo Chihiro Nonoyama
 Mr. Robert & Ms. Donna Wickham 100
 In memory of Toshi Yoshimatsu

Mrs Catherine Crawford 100
 In memory of Umeko Kuba

Organization

Autodesk Inc.
 In memroy of Emiko Amy Yatabe
 In memory of Lydia Yaiko Yatabe
 Dynamic Funds
 JCCC Family & Friends Golf Tournament

Support Member

Ambassador

Mr. & Mrs. Chris Hope 943

Partner

Mrs. Marie Ikeda 150
 Mr. Dan Maeda & Ms. Linda Ono 93
 Mr. Cary Rothbart 127
 Mr. Rick & Mrs. Kathy Tazumi 93

Issei Day donations are greatly appreciated. The individuals name will not be published in the newsletter. Thank you, JCCC

DONATIONS TO THE FRIENDS OF THE MORIYAMA NIKKEI HERITAGE CENTRE INSCRIPTIONS

APRIL 1, 2020 TO PRESENT

THE JCCC GRATEFULLY ACKNOWLEDGES THE FOLLOWING DONATIONS:

Individuals/Couples

Kihup Boo (夫)
 In Memory of Mother Hiroko Fukushima
 Jiro Fukushima
 Clayton Gytoku and Jessie Ebata
 Chinatsu ICHIDA
 Hiromi ICHIDA
 Keiko ICHIDA

Takako ICHIDA
 Yoshi ICHIDA
 Yumi ICHIDA
 In memory of Sanaye Inouye
 Robert Yasuharu & Shizuko Hosui
 Kadoguchi
 Lucas, Sayaka, and Emika Koolma
 In memory of Harold Hiroshi Matsubayashi

In memory of Shichitaro & Naka Nagata family
 Dr. Seiko Shirafuji
 Mr. Douglas Dwyer

Groups

Checkmate Development
 Crow Creek Settlement Reunion
 Hanayagi Essay Group

DONATIONS TO THE JCCC FOUNDATION

AS OF OCTOBER 3, 2023

THE JCCC GRATEFULLY ACKNOWLEDGES THE FOLLOWING DONATIONS:

General

Estate of George Takahashi 700,000

JCCC Family and Friends 25th Annual Golf Tournament 2023

The JCCC held the 25th Annual Family & Friends Golf Tournament on Sunday September 17th at Rolling Hills Golf Course. It was an early shot gun start at 8:30am and the course was filled.

The funds raised from the tournament will be used to support Heritage initiatives and programming at the JCCC. These are all events that involve getting the community and different generations together to learn about Japanese Canadian history. Thank you all for your generosity in supporting the fundraising and hope you had fun.

We encourage everyone to join us next year for another great day!! Please note that this tournament is for everyone who would like to play golf, whether novice or experienced, in a fun atmosphere.

This year we held a Hole In One contest for \$10,000 – generously sponsored by Matt Shintani of Arbor Memorial. We were all so hopeful but unfortunately, no big winner this time.



A special thank you and appreciation to all our sponsors this year:

Platinum Sponsor (and Title Sponsor)–Marty Kobayashi of IA Private Wealth – who supplied the snacks and gift bags at the course and provided most of the prizes.

Gold – Fidelity Investments, Dynamic Funds, C&C HVAC (Corey Uyeda), Matt Shintani (In memory of Kay & Koji Morishita/Richard “Soc” Shintani), Paul & Sharon Marubashi Family, June Shin Family, Thomas Shin (In memory of Tom Oyagi and Michael Shin), Margie Uyeda Family, Amemori/Reid Family, Chris/Grace and Marion Hope, Nakagawa Family (Karen Webb), Saito Family, Koyata Family (Nolan Koyata), Jody and Deb Hamade (In memory of Paul Marubashi).

Bronze: Doreen Oyagi, Gary Tehara, Doug & Elaine Shimada, Gary Kawaguchi.

Senior Contest Holes – Dawna Kobayashi (dedicated to the late Tak and Pollie Nishino)

Prize /Fundraising Donations – Marty Kobayashi of IA Private Wealth, JCCC/Metro Golf Dome, Gary Tehara of Royal LePage, Laura Hirano, Jan Nobuto, Sandy Miike

A very, very special thank you to the JCCC volunteers for making the fantastic buffet dinner. This really helped to offset costs and we can’t thank them enough for all the hard work put into it. Much appreciation to Dawna Kobayashi and Jan Nobuto for coordinating all the food and the musubis.

And the winners are:

Consul General Cup (low scramble –everyone related) – Paul, Michael, Christopher Slater and Ryan Sakaue

IA Private Wealth Cup (low scramble group)- Lisa Faria, Kevin Faria, Rick Savoury, Terri Savoury

Roy and Kay Shin Memorial Cup (low scramble with a grandparent/grandchild)- Iso Amemori with grandsons Christopher Kobayashi-Reid, Dan Reid, Jeff Cockburn

Longest Drive – Mens/ Ladies – Thomas Shin / Ronnie Monoghan

Closest to the Pin – Mens /Ladies – Chris Stavro/ Carol Minotti

Senior Mens Longest Drive – Rick Savoury

Senior Ladies Longest Drive – Judy Morant

Senior (Mens/Ladies) Closest to the Pin - Rick Savoury

All the golfers received JCCC 60th Anniversary logo golf balls courtesy of Marty Kobayashi.



Be Sure to Sign up Next Year!!! We had to close off the registrations early this year due to the overwhelming responses.

JCCC Library • JCCCライブラリー

JCCC library is now regularly open every Tuesday and Thursday and some Saturdays. After library hours on Thursdays a computer clinic opens.

JCCCライブラリーは現在毎週火曜日と木曜日、月二回土曜日に開館しています。

又、木曜日の2時から4時半はコンピュータ相談室を開催していますので、お気軽にお立ち寄りください。下記がスケジュールの詳細です。

TUE

10am – 2pm (lending hours貸出し)

THURS

10am – 2pm (lending hours貸出し)

2pm – 4:30pm (computer clinic コンピュータ相談室)

SAT – twice/month

1pm – 5pm (lending hours貸出し)

Closing schedule

休館予定日

Thurs. Nov 2

Sat. Nov 25

Sat. Dec 9

Dec 23 - Jan 5

Sat. Jan 13

Sat. Jan 27

Special openings

特別開館予定日

Sun. Jan. 21



黒板
KOKUBAN

KOKUBAN is a monthly e-publication which highlights the work of the JCCC community and the Japanese Canadian community at large, covering topics from heritage treasures to stories about the Nikkei experience. The October issue featured articles about the early days of the Toronto Japanese Canadian Community. <https://jccc.on.ca/about/newsletter/kokuban>

健やかな老後をめざして その67 - がんどう付き合っていくか

マーナ豊澤英子

(医学博士 老年看護スペシャリスト mernagh@rogers.com)

2022年の暮れに友人のひとりを見失いました。数年前、彼女はお腹の痛みを感じるようになり、消化器系の病気を疑って受診しましたが、特に異常は認められませんでした。我慢できない程ではなかったために数ヶ月が経過していききました。その間に子宮頸がん検査の案内が自治体から届き、それを受けた結果は陰性でした(日本における健康診断制度)。彼女は「痛みは子宮に関わる問題ではない」と理解し、さらに月日は過ぎていきました。

子宮のがんには「子宮頸がん」と「子宮体がん」の2つがあることを知っている人がどのくらい存在するのでしょうか!?あなたはご存知でしたか?彼女のように、子宮頸がん検査を子宮のがんの検査と勘違いする人はけっこう多いかもしれません。結局、彼女は婦人科を受診するまでに月日を要してしまいました!

率直に言えば、消化器専門医はなぜ婦人科系も原因の1つにあげなかったのでしょうか?痛みが腹部に限定、しかも閉経前後の年齢ですから、総合的に考えると決して難しい判断ではありません。もし、その時点で婦人科受診を勧めてくれていれば、数ヶ月も放置した状態にはならなかったと思います。子宮体がんが確定された時にはすでに他の臓器に転移していたので、本当に残念でなりません。余りにも専門分野に関心を注ぐ日々の中で、患者を総合的に診る視点がおろそかになっているのでは、と思える場合があります。当地でも日本でも、総合診療医、ホームドクターやプライマリナーズの力を育てていく教育課程の充実が真に望まれます。

それと同時に、教育啓もう活動が大事であることに改めて気づきます。最

近、30~40代女性たちと会話していた際に「がんは移るの?」と質問されました。一瞬その質問に思考が止まりました。驚きました!シニアの場合、病気に関する最大の関心事は認知症かもしれませんが、一般的にはどの世代でも「がん」ではないかと思います。ところが、がんをよく知らない人が多いことも現実なのです。その場にいた彼らの年齢からすれば、子宮、卵巣と乳房のがんリスク、さらに、それら臓器間には転移しやすい特徴のあることを理解しておくことが重要です。そこで、ホルモン・血液・リンパ液の働きや遺伝学的要因を説明すると、みんな真剣な表情になりました。

この連載を続けているのは「たとえ一人の読者でもいい、何かしらの参考にしてもらえたら!」との願いからです。先ほどの女性たちとの話し合いは、教育指導の大切さを再認識する機会になりました。

さて、がんの治療は進化しています。従来の抗がん剤に加えて、がん細胞だけを狙い、そのたんぱく質に作用して増殖を抑える「分子標的薬」、がん細胞が免疫細胞から逃れようとする仕組みをじゃまし、免疫細胞の働きを助ける「免疫チェックポイント阻害薬」が用いられます。さらに、化学放射線療法、レーザー光免疫療法、CAR-T細胞免疫療法(遺伝子組み換えによってT細胞を強化)、ロボット支援下手術などの分野も進んでいます。また、副作用に適切に対処するための臨床研究も行われています。ただし、治療効果を左右するのは何といても「早期発見」です!日々の気づき(あれっ、何だかおかしいな?)をぜひ大切にしましょう。

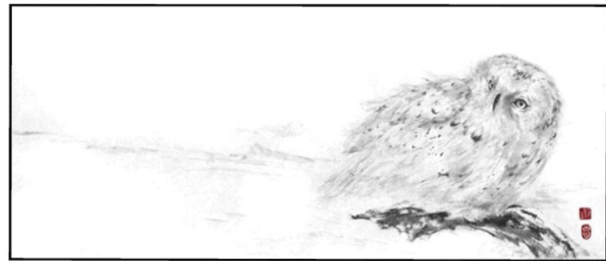
2023 Annual Toronto Buddhist Church Bazaar

1011 Sheppard Avenue West
(1 block east of the Sheppard West subway station)

Saturday November 11, 2023,
12:30pm to 4:30pm

Bring your family and friends to the Toronto Buddhist Church for a day of eating and shopping. No time to stay to have a bowl of udon or chicken teriyaki donburi? Then, enjoy some of our take-out selections such as sushi, manju, chow mein, obento, baked goods, etc. to take home with you.

Hope to see you there!



Roslyn Levin - Taking a Long View - Ruth Yamada Award, 2022

SUMI-E 
Artists of Canada

Annual Exhibition & Sale
of
Oriental Brush Paintings

Saturday, November 11 & Sunday, November 12
12:00 noon - 5:00 PM

JAPANESE CANADIAN CULTURAL CENTRE

OFFICIAL EXHIBITION OPENING CEREMONY

Saturday, November 11, 2023 - 1:00 PM



TEA ROOM & FREE ADMISSION

For Further information

905-882-9433 / gbist@rogers.com



COMMUNITY

JSS プログラム:2023年11月

2023年11月に予定されている JSSのプログラムです。詳細やお申込みは [JSS ウェブサイト](#)、または416-385-9200、programs@jss.caまで。

Check out our upcoming November 2023 programs and events! *Pre-registration required. Visit [our website](#) and/or contact 416-385-9200 / programs@jss.ca for more details & RSVP.

(1) ポジティブ子育て ワークショップ(オンライン)

ジャパニーズ・ソーシャル・サービス(JSS)とトロント・パブリック・ヘルス(TPH)共同主催の子育てワークショップが10月24日、11月7日&21日、全3回の日程で開催されます。ワークショップはトロント・パブリック・ヘルス看護師により日本語で行われ、育児におけるポジティブなアプローチや、親や保護者が子供の行動をどの様にサポート出来るかについて具体的なアドバイスを提供していきます

※詳細・お申込みは[JSSウェブサイト](#)、またはprograms@jss.caまで

(1) Positive Parenting Online Workshop

Japanese Social Services and Toronto Public Health are collaborating to offer a 3-session workshop on positive parenting, facilitated in Japanese by a Toronto Public Health nurse. These sessions will be held online on October 24th, November 7th and 21st. This workshop will provide an overview about positive parenting and review tips on specific ways parents/caregivers can help guide their children's behaviours. *Visit [our website](#) or contact programs@jss.ca to register

(2) モミジ&JSSオンライン講座シリーズ

※登録可能な講座・過去の講座一覧などシリーズ情報は、[JSSウェブサイト](#)：[モミジ・JSS:オンライン講座シリーズ](#)をご覧ください。

「緊急事態への備えワークショップ」

11月8日(水) 15時(英語)

もし、あなたが住んでいる場所で火事や洪水などの緊急事態や災害が発生した場合を想像してみてください。自宅に避難したり、より安全な場所に避難したりすることを余儀なくされた場合、あなたは何をすべきか知っていますか?本ワークショップに参加して、自分自身と同居人を守るための準備と方法を学びましょう。

※詳細・お申込みは[JSSウェブサイト](#)、またはprograms@jss.caまで

「お節・ホリデーに最適の簡単鶏料理2品:松風焼きと八幡巻き」

11月22日(水) 15時(日本語)

お正月に向けての料理をこの講座で紹介するのは3回目。今まで皆さんからいただくご要望の中でも多い、「和食慣れしていない人も比較的食べれる」、「どの店にもある食材で作れる」、「簡単に作れる」の3項目を攻略しつつ、家庭料理目線で、集まりだけでなくお弁当にも最適のお節料理2品を取り上げます。

※詳細・お申込みは[JSSウェブサイト](#)、またはprograms@jss.caまで

(2) e-Learning Series

*Visit [our website](#) for the list of seminars & past recordings.

Be Ready : Emergency Preparedness Workshop

Wed. Nov 8, 3pm (English)

Imagine if there is fire, flood or other emergencies or disasters where you live. Would you know what to do if you are forced to take shelter at home or evacuate to a safer place? Learn how to prepare and protect yourself and your household by participating this seminar. *Visit [our website](#) or contact programs@jss.ca to register

Easy & Simple Holiday / Osechi cooking with chicken: Matsukaze-yaki & Yawata-maki

Wed. Nov 22, 3pm (Japanese)

Our online cooking series has featured eggs (Dashi-maki & Date-maki) and Chikuzen-ni in past as Osechi items. This time, we are tackling all three aspects many of our audience wish: (1) enjoyable to those who are not used to THE JAPANESE, can enjoy, (2) using easy-to-access ingredients, and (3) simple & easy!! *Visit [our website](#) or contact programs@jss.ca to register

(3) JSS 家族支援プログラム

1. こんにちは(フレンドリー訪問)プログラム

コミュニティで孤立した生活を余儀なくされている方を定期的に訪問して、孤立した状況を少しでも和らげ、コミュニティ参加の機会を作ろうとするプログラムです。※ お申込み・お問合せは、konnichiwa@jss.caまで。

2. かけはしの会オンライン交流会

発達障がいのお子さん(年齢不問)を持つ保護者の方のためのサポートグループです。※ お申込み・お問合せは、kakehashinokai@jss.caまで。

3. シングルマザーサポートグループ

シングルマザーおよびシングルマザーになることを視野に入れている方々を対象としたサポートグループです。※ お申込み・お問合せは、smmsg@jss.ca まで。

(2) JSS Family Support Programs

1. Konnichiwa (Friendly Visiting) Program *Contact programs@jss.ca

This is a program that regularly visits those who are forced to live in isolation in the community to alleviate some of their isolation and create opportunities for community participation.

2. . Kakehashi no Kai *Contact kakehashinokai@jss.ca

Kakehashi no Kai is a monthly support group for parents raising children (of any age) who are neurodiverse.

3. Single Mother Support Group *Contact smmsg@jss.ca

A monthly support group for single mothers and those considering becoming single mothers to share information and experiences.

(3) JSS Regular Programs

1. **Craft Club Social** Twice a month on the 1st and 3rd Wed. 10:30am - noon *RVSP at craftclub@jss.ca

2. **Easy Yoga for Seniors (Term 16: Mondays, Nov 6 - 27, 10:00 - 11:30am)** *Contact senior.yoga@jss.ca

3. **Nostalgic Japanese Song Singing Group** Twice a month on 2nd and 4th Monday, 1:30-3:00 pm *Contact utanokai_b@jss.ca

(3) レギュラーJSSプログラム (日本語)

1. クラフトクラブ交流会 第1・3水曜日、10時半~正午

※ お問合せは、craftclub@jss.caまで。

2. やさしいシニアヨガ(第16期:11/6~11/27 毎週月曜日)

※ お問合せはsenior.yoga@jss.caまで。

3. 懐かしい日本の歌を歌う会 第2・4月曜日、13時半~15時

※ お問合せはutanokai_b@jss.caまで。

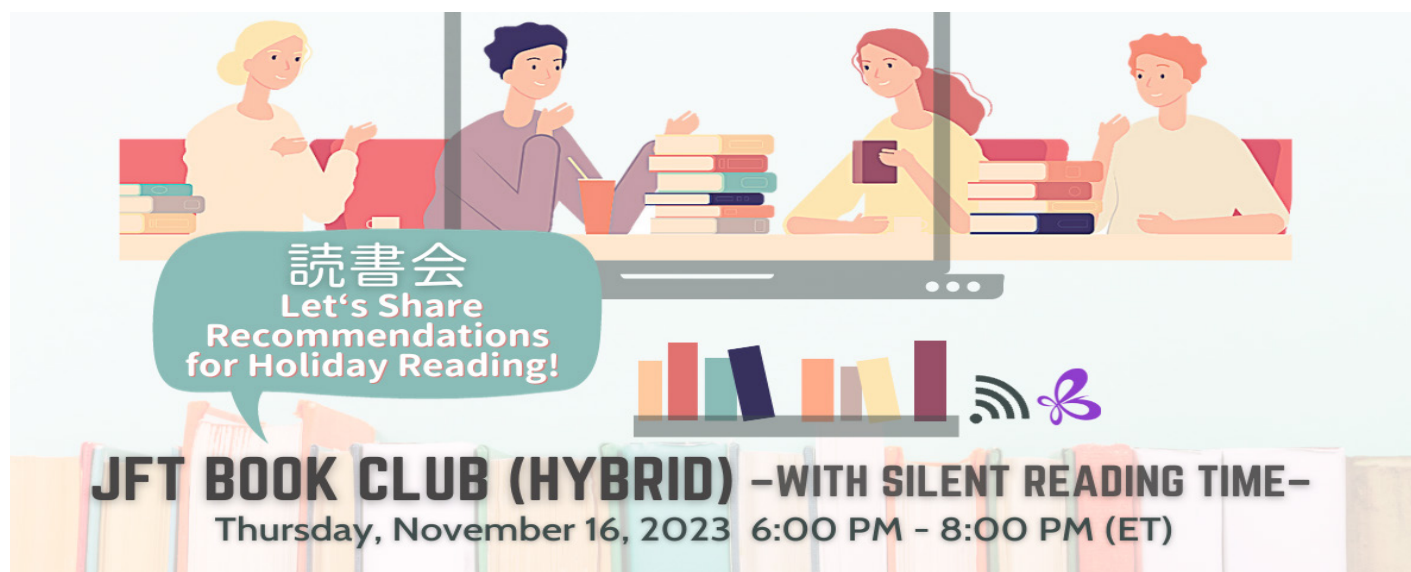
JFT Book Club (Hybrid)

With Silent Reading Time - Holiday Reading Recommendations

Thursday, November 16, 2023 6:00pm-8:00pm (ET) @ Japan Foundation Toronto Library + Online

Reading Alone? Meet other book lovers interested in Japanese culture at our hybrid book club meeting, where participants are invited to read a book in silence in the library (or wherever they want for virtual participants) and to share recommendations for holiday reading! There are no assigned readings — you choose book, manga, ebook, or audiobook about Japan, or any title by a Japanese author that you want to recommend to fellow participants.

Check our website for more information or RSVP at: <https://tr.jpf.go.jp/event/jft-book-club-silent-holiday2023>.



Online Japanese Conversation Volunteers

JFT Gallery Volunteer

We are looking for volunteers to help with the Japan Foundation, Toronto Gallery. Shifts take place on Tuesdays, Thursdays & Fridays between 11:30 am & 4:30 pm for roughly 2.5 hours each. Tasks include greeting visitors, answering basic questions, and monitoring the safety of artwork at the JFT.

Online Japanese Conversation Volunteers

We are looking for volunteers with exceptional Japanese language skills (native level preferred, or at least JLPT N2 level) to help with our Virtual Study Space. As a Japanese Conversation Volunteer, you will be participating in group discussions with our students in Japanese, and answering questions regarding Japanese language/learning in a friendly manner.

For application details visit: <https://tr.jpf.go.jp/about-us/volunteer/>

VOLUNTEER WITH US!

Virtual Study Space:

- Some Japanese proficiency required.

JFT Gallery:

- Tues, Thurs & Fri 11:30 - 4:30 pm.
- Shifts are 2.5 hours.

 <https://tr.jpf.go.jp/about-us/volunteer/>



Come and volunteer with the JCCC! Scan the QR Code or email volunteer@jccc.on.ca to find out more.

Office Space Available at JCCC

Come and join the community! We have office space available for lease at the JCCC (from 672 – 2,693 sq. ft.) Please contact our property manager, Jim Abe for more details at:
Cell: 416-884-8328, email: jim@abecopml.com, or Nao Seko: 416-579-6921

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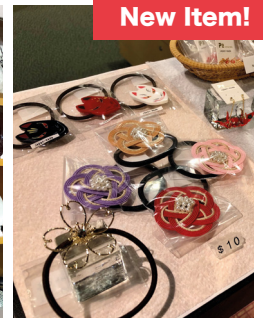


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Summer Reading List
A curated list of the best new books from Japanese Canadian and American authors this year
Summer Reading List P.9

Uncovering the life of a cultural trailblazer
Author Kyo Maclear explores the life of Cyo Fujikawa in her new children's book
Summer Reading List P. 10

NIKKEI VOICE
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Kimono fashion show
Tofino apologizes for 1947 motion to exclude Orientals
Mission prevented Asians from owning property or businesses
Michael Abe
Contributor

East meets West on the runway at Anime North's Kimono Fashion Show
Scott Tak
Contributor

Comedian Toshiyuki Teruya's film explores a rare Okinawan tradition
Director Toshiyuki Teruya was in Toronto for the film's premiere
Kathy Heck
Editor



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