



2022年6月 JUNE 2022

IN THIS ISSUE - VOL. 48 ISSUE 6

**TJFF COMES
HOME**

トロント日本映画祭

**SUMI-E: THE WAY OF
THE BRUSH**

BON ODORI 2022

2022年盆踊り



Yamamoto



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Contact the JCCC • お問い合わせ

For enquiries, please contact respective staff directly [see staff directory here] or email us at jccc@jccc.on.ca.
For general enquiries by telephone, please call 416-441-2345 during our operating hours (Mon-Sun, 10am-5pm).

担当スタッフに直接ご連絡(スタッフリストはこちら)、又は、jccc@jccc.on.caまでEメールをお送りください。

一般的なお質問は、416-441-2345内線222に電話、メッセージを残してください。開館時間内(月～日、午前10時～午後5時)にご連絡ください。

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| Yoko Tsumagari Communications and Accounting Associate | yokot@jccc.on.ca | 416-441-2345 ext.227 |

YOUR NEWS IS WELCOME! 皆様からの寄稿をお待ちしております。

The submission deadline for the next issue is:

Friday, June 10, 2022.

次号締切日: 2022年06月10日(金)

Please email to newsletter@jccc.on.ca

Japanese Canadian Cultural Centre

6 Garamond Court, Toronto, M3C 1Z5

Phone: 416-441-2345

www.jccc.on.ca

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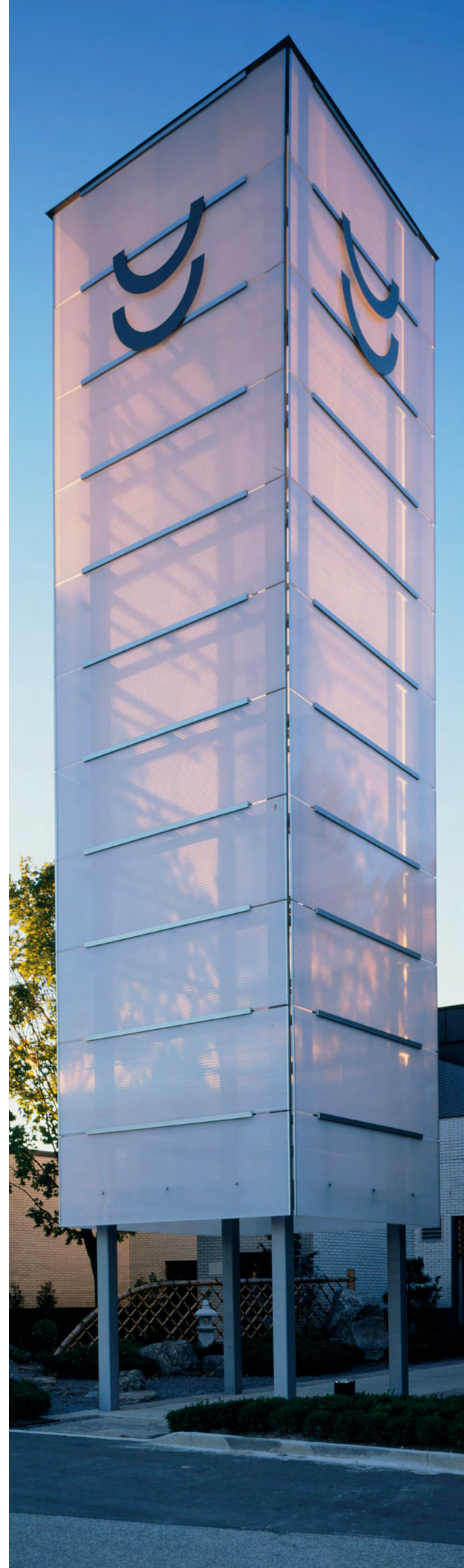
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Cover Art by Hiroshi Yamamoto, Shunmuso / Spring Dream of Grass <春夢草>#4

Photo, right: KPMB Architects



What's On at the JCCC

WE ARE OPEN. The JCCC is open 7 days a week, 10am to 5pm.

長らくお待たせしました!

毎日(週7日)午前10時から午後5時のスケジュールで開館中

New in June / 6月のイベント

Events • イベント

Toronto Japanese Film Festival 2022 (page 20)

トロント日本映画祭

TJFF is back in the JCCC Kobayashi Hall.

Tickets available now!

TJFFが小林ホールに帰ってきます。チケット販売中です。

Exhibitions • 館内展

Moriyama Nikkei Heritage Centre

Maru: Immigration Stories.

Contact heritage@jccc.on.ca for a guided tour.

森山日系ヘリテージセンター

丸: 日系移民物語。

ツアーガイドをご希望の方はheritage@jccc.on.ca までご連絡ください。

JCCC Gallery • JCCCギャラリー

Sumi-e: The Way of the Brush

May 2 – July 29, 2022

墨絵: The Way of the Brush

5月2日～7月29日

Contact the JCCC

For enquiries, please contact respective staff directly [[see staff directory here](#)] or email us at jccc@jccc.on.ca. For general enquiries by telephone, please call 416-441-2345 during our operating hours (10am – 5pm). 開館時間内(午前10時～午後5時)。

Ongoing / 開催中

Programs • クラス

Martial Arts Classes (page 8)

武道クラスニュース

As we head into the summer months, please be aware that some clubs will be reducing the number of class/practices in a week. More information on each specific club and their summer hours can be found on our website.

夏季期間中は、レッスン数が減るコースもあります。詳しくはJCCCのホームページで、スケジュールを確認してください。

Coming Soon • 今後のイベント

Saturday July 9, 2022 Bon Odori Festival

7月9日(土): 盆踊り祭り

Food vendors open at 5:30pm.

Bon Odori begins at 7:00pm.

フード、物品販売は午後5時半から、盆踊りは午後7時からです。

Sunday September 18, 2022 JCCC Family Golf Tournament

9月18日(日): JCCCファミリーゴルフトーナメント

Returns at Rolling Hills Golf Club.

お馴染みのローリングヒルズ・ゴルフクラブにて開催します。

Saturday October 1 and Sunday October 2, 2022 Nuit Blanche

10月1日(土)、2日(日): Nuit Blanche

The JCCC will be participating in Nuit Blanche, the City of Toronto's all night exhibition of art, for the first time. More details in future newsletters.

トロント市主催のアートイベントNuit BlancheにJCCCも初めて参加します。

Thursday October 13, 2022 6th Annual Ishizue Awards Dinner

10月13日(木): 第6回礎アワードディナー

Ishizue Awards Dinner hosted by the JCCC Board of Directors. Information about this event and how to register will be in the July JCCC newsletter and online at jccc.on.ca.

礎アワードディナーを10月の13日、木曜日の6時半から開催します。JCCC理事会主催のこのイベントの詳細は、7月号のニューズレターにてお知らせします。

JCCC Library • 図書館

June Schedule • イブラリー6月開館日

Sat. Jun. 11: 1pm – 5pm

Sat. Jun. 18: 1pm – 5pm Special Book Sale Day

Thurs. Jun. 23: 10am – 2pm

ライブラリーでは閲覧日、貸出日にお手伝いくださるボランティアを募集しています。ご興味のある方(要、日本語)はharukoi@jccc.on.caまでご連絡ください。

JCCC Family & Friends Golf Tournament – Save the Date **Sunday September 18 2022**

The JCCC is so happy to announce that we will be hosting the 24th Annual Family & Friends Golf Tournament on Sunday September 18 2022 at Rolling Hills Golf Club. After 2 years of postponements we are excited to be able to plan this once again.

This is a chance for families and friends to share a fun day of golf – all skill levels welcome and there are lots of prizes to be won! After a great day of golfing, there will be presentations and dinner back at the JCCC. We encourage everyone to join with grandparents, aunts, uncles, brothers, sisters, moms and dads, or just a group of friends. Will have an early Shotgun format (8:30am) this year based on Rolling Hills new rules and all teams will be scramble play.

The application form will be mailed out in the July edition. We encourage and welcome hole sponsors – corporate or family - some sponsor levels include your green fees and contributes to our Heritage programming at the JCCC. We also will be having “In Memoriam” sponsored holes. Donation of prizes are always much appreciated. We are so appreciative to have our biggest sponsor, IA Private Wealth (Marty Kobayashi) confirmed again. So please come on out for a fun day!!!! For more information, please contact Co – chairs - Sharon Marubashi at sharon.marubashi@jccc.on.ca or Dawna Kobayashi at dawna.kobayashi@sympatico.ca

Bon Odori Festival

It has been a long two years without any major events or festivals here at the JCCC. But we are starting the return to normal with a smaller festival this summer.

We invite everyone to join us on Saturday July 9 as we collaborate with Toronto Buddhist Church for a Bon Odori festival. Weather permitting all the activities will take place outdoors. Food vendors will be available from 5:30 pm and the dancing will start at 7:00 pm.

Plan to arrive a little early, grab some food and then stay to experience the spectacle of the community minyo dancing together for the first time in two years.

Check our website at www.jccc.on.ca for more details.



2022 Bon Odori Festival
Saturday July 9th
5:30 PM FOOD VENDORS
7:00 PM BON ODORI

For more information: www.jccc.on.ca

Toronto Buddhist Church
JAPANESE CANADIAN CULTURAL CENTRE
日系文化会館

Nagata Shachu concert KAZÉ a great success!

Many audience members (more than we expected!) enjoyed the fantastic show, KAZÉ by Nagata Shachu and Tataru Toki. It was the very first concert at the JCCC after the long lockdown.

ロックダウンが明けて初のJCCCコンサート「風」。永田社中と朱鷺たたらさんの熱演に拍手喝采!



Photos by David Ohashi

The Toronto Japanese Film Festival is happy to welcome director Tetsuo Shinohara for the North American Premiere of his hit film INUBU: THE DOG CLUB.

INUBU: THE DOG CLUB

NORTH AMERICAN PREMIERE
DIRECTOR TETSUO SHINOHARA IN ATTENDANCE



7.22 (Thu) ROADSHOW
犬部! (Inubu) (PG-13)

林 遣都 中川大志
大原櫻子 浅香航大 田辺桃子 友藤玉恵 七瀬はまはるみ 坂東龍馬
山田麻衣子 山崎育三郎 高橋ユウキ 高橋ユウキ 高橋ユウキ 高橋ユウキ
監修 藤原龍也 脚本 藤原龍也 監督 藤原龍也
制作 株式会社「インブ」(Inubu) (C) 2021
配給 株式会社「インブ」(Inubu) (C) 2021
inubu-movie.jp

獣医学部に実在したサークル「犬部」を元に描いた、青春「犬ラブ」ムービー



Director Tetsuo Shinohara





“A cinematic love letter to canines everywhere... hits the sweet spot between heartwarming entertainment and impassioned advocacy” – Japan Times

Inspired by Yuka Katano’s novel based on true events, Inubu finds friends in a university veterinary department mounting a mission to save animals from experimentation at a medical facility.

Starring Kento Hayashi, Taishi Nakagawa, Sakurako Ohara, Kodai Asaka, Momoko Tanabe and lots of loveable animals!

Saturday, June 18, 2022 @4pm

Screening Partners
FAMILY TALKS FORUM IKEBATA
NIBUSSEY SCH. TORONTO CANADA



The Bill And Jan Hatanaka Family Fund



For 10-film Pass Buyers

- Ultimune Power Infusing Concentrate, 50ml
- Benefiance Wrinkle Smoothing Cream, 30ml
- Ultimune Power Infusing Concentrate, 5ml
- Red tote bag

Retail Value: \$199 + tote bag

We still have some TJFF 10-film passes (and the accompanying \$199 Shiseido Gift Pack). **Get yours while they last!**

\$110
JCCC members

\$140
Non-Members

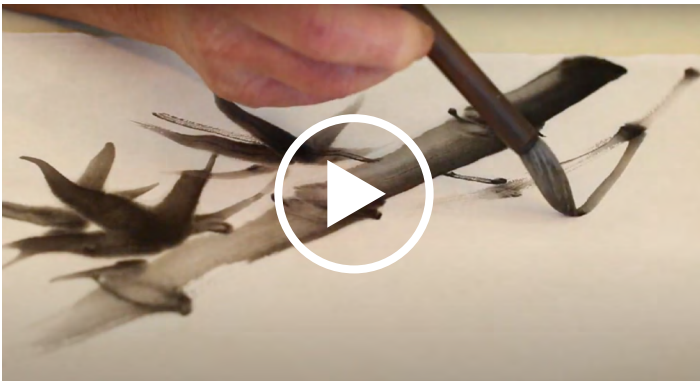


SHISEIDO
GINZA TOKYO

JCCC on the Web!



Finally, we are pleased to present a short video demonstration of Sumi-e in conjunction with our Sumi-e: The Way of the Brush exhibit. Please enjoy this short clip featuring Marie Ikeda.



This month, we are excited to bring you another fantastic issue of Kokuban. Focusing on Asian Heritage Month, Kokuban explores the exhibit Women of Change, Sumi-e Artist Neli Iordanova, and the origins of the Sumi-e program at the JCCC. <https://mailchi.mp/jccc/kokuban-vol-3-issue5>

As it is also Toronto Japanese Film Festival month, we want to direct your attention to The Japan Foundations' Online Library offerings. In addition to e-books and audiobooks, the Japan Foundation Library also offers streaming movies. Because not everyone can attend TJFF in person, we want to make sure that you have the opportunity to look into streaming movies through our partners! <https://jf.overdrive.com/>



Check us out on social media as:
[JapaneseCanadianCulturalCentre](https://www.instagram.com/japanesecanadianculturalcentre/)



Don't forget to check your club's summer schedule.

Martial Arts classes are well underway with our 3rd Series of classes beginning in May and June. It has been great to see so many faces returning to our programs!

We are grateful to all the instructors and participants for being so patient and diligent. Your assistance with and understanding of all the safety practices the JCCC has put in place helps us to continue operating through the many waves of Covid.

As we head into the summer months, please be aware that some clubs will be reducing the number of class/practices in a week. More information on each specific club and their summer hours can be found on our website.



SENIORS' SUPPER CLUB



Photo by Lisa Hobbs on Unsplash

Enoki Beef Rolls

Ingredients

3 oz or half medium carrot
1/2 package enoki mushrooms*
1/2 lb thinly sliced beef (chuck or rib eye)
*Substitute or add Asparagus, Bamboo shoot, Bean sprouts, Bell peppers, Carrots, Mushrooms (shimeji and oyster mushrooms), Gobo (burdock root), Green Onions, Kimchi, Mizuna, Okra, Spinach, or Watercress.

Teriyaki Sauce

3 tbsp shoyu
3 tbsp mirin
3 tbsp brown sugar
1/2 tsp garlic paste
1/2 tsp ginger paste

Equipment

Measuring cups and spoons
Saucepan
Medium bowl
Baking sheet
Knife
Cutting board
Wooden spoon

Enoki Beef Rolls are great cooked on the BBQ or cooked under a broiler to bring that BBQ taste to your summer cooking.

Instructions

1. Peel the carrot and cut into 2 inch long match sticks. In a small sauce pan, put water that covers carrots. Bring to a boil. Once boiling, put in carrots and cook for 1-2 minutes. Cooking time may vary based on the amount and thickness of veggies. Drain well and set aside.
2. Combine all the ingredients for Teriyaki Sauce in medium bowl.
3. Place a slice of meat in the teriyaki sauce and then put 6 stalks of enoki and 6 carrot sticks on one end of the meat and start rolling them up.
4. Lay the rolls on a baking rack lined pan and put under the broiler until nicely browned or cook on a barbeque.

Optional: Reduce the leftover Teriyaki Sauce by half in a small sauce pan. Pour the sauce on the beef rolls and serve immediately.

Store leftovers in the refrigerator and eat within 3 days.

VOLUNTEER SPOTLIGHT TIMOTHY T.



How long have you been a volunteer here at the JCCC?

My parents have been taking me to the JCCC since I was a baby, but I have been actively volunteering since I was 7 or 8 years old, so about 7 years.

How did you get involved with volunteering at the JCCC?

I have been helping out at Bazaar and Festivals forever since my parents were also helping out. The earliest I remember is helping out in the kitchen making food for the Family Golf tournament when I was about 9 or 10.

What type of volunteer work have you done?

I have helped out with Bazaars and being a runner at various events. Recently, I have been actively volunteering with the Karate Club and with the Sedai Project as I am now collecting volunteer hours for high school. The JCCC has lots of different volunteer opportunities for high school students.

Describe in ONE word your volunteer experience at JCCC.

Community! I have done a lot of stuff for the JCCC and I know it all helps my community.

JCCCでボランティアをしてどのくらいになりますか?

両親は僕が赤ちゃんの時からJCCCに僕を連れてきていましたが、実際に自分もボランティアするようになったのは7, 8歳のころからだから、7年くらいです。

どのようにしてJCCCを知りましたか?

両親がずっとバザーやお祭りを手伝っていたので、僕もいつも一緒に手伝っていました。覚えている中で一番古い記憶は、9才か10歳の頃にファミリーゴルフのイベントでキッチンの手伝いをしたことです。

どのようなボランティアをしてきましたか?

バザーでの手伝いや色々なイベントでの伝令係などです。最近は高校のボランティアアワーの為もあり、空手クラブと世代プロジェクトのボランティアに積極的にかかわっています。JCCCでは高校生も参加できるボランティアの機会が豊富にあります。

JCCCでのボランティア経験を一言で表すと?

コミュニティ!僕はJCCCで色んなことをしてきました。それはコミュニティのとても役立っていると思います。

JCCC Gallery Opening: Sumi-e: The Way Of The Brush by John Ota

As the Sakura gradually turned to greet the May Day sun, over 100 attendees gazed in amazement at the sumi-e artworks that graced the walls of the JCCC Gallery. Highlights of the Opening were captivating remarks from Consul General Takuya Sasayama and Executive Director James Heron, a sumi-e demonstration by Sensei Hiroshi Yamamoto, contemplative tones on the shakuhachi flute from Debbie Danbrook and chicken karage and sushi provided by Cary Rothbart of the Sky's The Limit.

But it was the Sumi-e that stole the show.

The Japanese term “*sumi*” means “*black ink*”.

“*e*” means “*painting*”.

Sumi-e is Japanese ink painting. It is the embodiment of Japanese aesthetics – brush, ink and white paper that captures the beauty and complexity of the natural world.

It is a technique first developed in China during the Sung dynasty (960–1274) and taken to Japan by Zen Buddhist monks in the mid-14th century.

Sumi-e was embraced in Japan because in this painting-method, as in Zen practice, reality is expressed by reducing it to its pure, unadulterated form. Touch-ups and decorations do not enhance a work, but rather hide its true nature.

The result is that a few brush strokes of black ink painted on white paper can represent the most complex subject. The intention is to capture the essence to communicate reality.

Sumi-e has held an honoured place in the JCCC. It was the first cultural class offered to the public in 1964. The exhibition on display presents the work of 13 sumi-e artists – from Ruth Yamada, to Marie Ikeda to Marjorie Pigott as well as present sensei Hiroshi Yamamoto, and others - the exhibition, Sumi-e: The Way of the Brush honours JCCC teachers and students in this historic Japanese artform.

Curated by Kathy Yamashita and Hitoshi Murakami, Sumi-e: The Way of the Brush runs in the JCCC Gallery until July 29, 2022. Please watch the JCCC website for upcoming artist talks and sumi-e demonstrations this summer. Thanks to a surge of energy coming from JCCC staff and a cadre of new art gallery volunteers, this might be the most elegant and meditative exhibition at the JCCC Gallery – ever.



DONATIONS

DONATIONS TO THE JCCC

AS OF MAY 7, 2022

THE JCCC GRATEFULLY ACKNOWLEDGES
THE FOLLOWING DONATIONS:

JCCC

| | | | | | |
|---------------------------------|-------|--------------------------------|-------|---|-----|
| Anonymous | 50 | Mrs. Louise Masuda | 50 | <i>In memory of Ikuko Mizutani</i> | |
| Anonymous | 21 | Mrs. Katharine Matsumoto | 50 | Mr. Rick & Mrs. Kathy Tazumi | 50 |
| Anonymous | 16 | Mr. Ken Miyasaki | 100 | <i>In memory of Jim Minamata</i> | |
| Origami Show | | Mr. & Mrs. Harry Nagata | 100 | Mr. Arthur & Mrs. Tomo Ishii | 50 |
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| Mrs. Gale Durocher | 25 | Mr. & Mrs. Kevin Roxby | 250 | <i>In memory of Lane Nagata</i> | |
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| Mr. & Mrs. Katsu Iguchi | 50 | Mr. & Mrs. Frank Seko | 100 | Mrs. Kathleen Tanaka | 100 |
| Mr. Sid Ikeda | 1,000 | Mr. John Sherlock | 50 | <i>In memory of Masayuki Uyenaka</i> | |
| For Marie Ikeda's 88th Birthday | | Ms. Arlene Sora | 50 | Mr. Arthur & Mrs. Tomo Ishii | 50 |
| May 8th 2022 | | Mr. & Mrs. Leslie Takahashi | 1,000 | <i>In memory of Mitsuo (Mits) Kuroda</i> | |
| Ms. Elaine Ishibashi | 300 | Ms. Kathryn Tamaki | 90 | Anonymous | 200 |
| Mrs. Miyo Ito | 20 | Mr. & Mrs. Robert Tanaka | 100 | Anonymous | 100 |
| Ms. Margaret Iwata | 200 | Dr. Jane Toyota & | 100 | Mr. Doug Abe | 50 |
| Ms. Sumiko Jin | 50 | Mr. Richard Kenno | | Mrs. Marie T. Baba | 50 |
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| Mrs. Yasuko Kawahara | 30 | Mr. Eddie & Mrs. Rose Yamamura | 100 | Mrs. Lily Shigetomi | 25 |
| Ms. Michiyo Kawano | 10 | Mr. & Mrs. Takehiko Yoshida | 2,000 | Mrs. Cathy Tanaka | 20 |
| Mrs. Rose Kelly | 10 | | | <i>In memory of Miyoko Sora</i> | |
| Mrs. Meg Karper | 10 | | | Anonymous | 200 |
| In honour of The Otani Family | | | | <i>In memory of Sakae Ogaki</i> | |
| Mr. & Mrs. Kaye Kishibe | 100 | | | Ms. Loraine Ishii | 100 |
| Ms. Rika Kitamura | 10 | | | Mr. Arthur & Mrs. Tomo Ishii | 50 |
| Ms. Alice Korman | 25 | | | | |
| Ms. Satomi Koshimizu | 100 | | | | |
| Mr. Brian Kumamoto | 100 | | | | |
| Mrs. Nellie Kuwahara | 100 | | | | |
| Ms. Hiroko Lee | 100 | | | | |
| Mr. Phyllis Lill | 60 | | | | |

In Memoriam

In memory of George

Uyeyama

Mrs. Toshiko Uyeyama 200

In memory of Hideo

Matsuba

Paul Matsuba, Brenda Murai, 9,077

Karen Hinatsu & Glen Matsuba
and families

DONATIONS

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| Mr. & Mrs. Paul Kuwahara | 25 | Anonymous | 114 |
| Marlene & Ross MacKenzie | 50 | Foundations & Organizations | Support Member |
| Robert & Miki Maruyama & Family | 200 | Oda Family Foundation | Leader |
| Mrs. Peggy Kuni Taira | 25 | Toronto Internet Information Exchange Club (IIEC) | Mr. George & Mrs. Barbara M. Iwata |
| <i>In memory of Shank Saishi Kuroyama</i> | | Toronto Kokugo Kyoshitsu | Partner |
| Ms. Donna Contois | | Heritage | Dr. Ray Barker |
| Mrs. Sandra Imada | 99 | Toronto Japanese Film Festival | Ms. Sandra Blake |
| Ms. Yuki Newbold | 25 | Anime North | Mrs. Susan Hidaka |
| <i>In memory of Tosh Sakura</i> | | Anonymous | Dr. Sam Misumi |
| Ms. JoAnne Sakura | 200 | Bento Sushi Foundation | Ms. Kay Nagao |
| | | | Mrs. Junko Nguyen |
| | | | Mr. Tad & Mrs. Jenny Oyagi |
| | | | Dr. Jane Toyota & Mr. Richard Kenno |
| Correction: | | | |
| April 2022 JCCC Donation list should be: | | | |
| <i>In memory of Eiko Tateishi</i> | | | |
| Mr. Mandison & Mrs. Yvonne Chin | 50 | | |

We apologize for the error.

EMERGENCY APPEAL DONATIONS TO THE JCCC

APRIL 1, 2021 - MAY 7, 2022

THE JCCC GRATEFULLY ACKNOWLEDGES THE FOLLOWING DONATIONS:

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Hiroko Barall Room
JCCC Judo Kai

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Ms. Martha Arima
Ms. Mary-Beth Arima
Mrs. Joanne Asano
Ms. Meredith Best
Miss Linda Caplan
Mrs. Diane Carter
Ms. Heather A Chan
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Mr. Henry Edamura
Mr. Ray & Mrs. Caren Edamura
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Mrs. Norma N. Fleming
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Mrs. Yukie Fuchigami
Mr. Stephen Fulton & Mrs. Lisa Archibald
Mr. Robert Gossage
Mr. Adam Goucher

Mr. Robbie Grant
In honour of Front line workers, Small Business
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Mr. Damon Hartlin
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Mrs. Teruko Otani
In honour of Dr. John Kawaguchi's
retirement
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Mr. Paul J. Park
Mr. Richard Phillips &
Ms. Kyoko Takahashi
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Danny, Jerome and Yoko
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JCCC Aikikai
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Mr. & Mrs. Duncan Wood
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Mr. & Mrs. Takehiko Yoshida
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Mr. & Mrs. Mark Yoshimura

In Memoriam

In memory of Aileen Reiko Yokota

Anonymous
Mrs. Norma N. Fleming

In memory of Alan Sora

Mr. Dereck Oikawa &
Mrs. Christine Ling
Ms. Audrey Fox

In memory of Bert Nasu

Ms. Leslie Brindley

In memory of Bob & Paul Marubashi

Mrs. Yuli Marubashi-Scheidt

In memory of Eleanor Shizu Maruno

Ms. Karen Asano

In memory of Eric & Tomiko Nobuto

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In memory of Joyce, Tom & Ian Nishio

Mr. Greg Nishio &

Mrs. Carolynne Mori

In memory of June Nakano

Mr. Gordie Maikawa

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In memory of Lily Kuroda

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Mr. Gregg Paisley

Elinor, Tim, Doug, Mel, Sarah &
Gennie

In memory of Minoru Yamashita

The Date Family

In memory of Miyeko Sugamori

Mrs. Josie Bolzonello

Mrs. Marlene MacKenzie

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Wendy, Jinaha &

the Mount Pleasant Funeral Centre
Team

In memory of Paul Marubashi

Mrs. Norma N. Fleming

In memory of Pauline Tanaka

Bunka Shishu Group

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Mrs. Kay Fukuda

Mrs. Jennifer Williams

DONATIONS

***In memory of Richard Hiroji
Yamanaka***

Don, Lisa & Garrett Nose

In memory of Roman T Yap

Mr. William Cruz

***In memory of Saburo &
Nancy Morita***

Anonymous

In memory of Saburo Morita

Anonymous

Anonymous

Mrs. Kay Mitsui

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Kuroyama***

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Mori***

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Ms. Patti Kishimoto

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Nishio***

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***In memory of Tony &
Kimi Takenaka***

Mr. Regan Takenaka

***In memory of Yosuhiko &
Kyoko Abe***

Mr. Kevin Takahiko Abe

DONATIONS TO THE FRIENDS OF THE MORIYAMA NIKKEI HERITAGE CENTRE INSCRIPTIONS

APRIL 1, 2020 TO PRESENT

THE JCCC GRATEFULLY ACKNOWLEDGES
THE FOLLOWING DONATIONS:

Individuals/Couples

Kihup Boo (夫)

In Memory of Mother Hiroko Fukushima

Jiro Fukushima

Chinatsu ICHIDA

Hiromi ICHIDA

Keiko ICHIDA

Yumi ICHIDA

Lucas, Sayaka, and Emika Koolma

Groups

Checkmate Development

Crow Creek Settlement Reunion

Hanayagi Essay Group

健やかな老後をめざして その52 - 外反母趾を予防するために...

マーナ豊澤英子
(医学博士 老年看護スペシャリスト mernagh@rogers.com)



足の親指(母趾)の付け根が内側にせり出し、指先が身体の外側に向かって曲がっていき、付け根と指先の骨の角度が20度以上になると、外反母趾(がいはんぼし)と診断されます。最初は、付け根の出っ張った部分が靴に当たって痛くなります。変形が進むと歩きにくい、立ちにくいなどの影響が出始め、膝や腰の痛みなどが現れることもあります。女性に多く発症します。

外反母趾の要因には「足の幅が広い、扁平足、親指周囲の関節が柔らかい、エジプト足型などの体質」が関係していると考えられます。足型は3つに分類され、エジプト型は親指がもっとも長く、ギリシャ型は親指よりも第二趾のほうが長く、スクエア型は親指と第二趾の長さが同じです。因みに、私は母と同様に身体全体の関節がとても柔らかく、足はエジプト型です。上記の要因をもつ人が足に合わない靴やハイヒールを長期に履いていると、外反母趾が起こりやすくなります。

靴は非常に大きな影響を与えます。私が20~30代の頃、ナースシューズは靴先のあいたサンダルタイプが一般的でした。親指の爪があいた部分に当たっていたためか、爪が少し外側へ向かい、横の爪を押しした形になりました。靴の重要性が言われ始めた30代後半、足先に余裕のあるパンパス(ひも靴)タイプに切り替えたので、外反母趾に進むのを避けることができました!友人は婦人服専門店でも30年以上も働き、先が細くて高いハイヒールを履き続けていました。結果的に重度の外反母趾を起こし、常に痛みがあります。エジプト型で関節の柔らかい私が、もし彼女のようにハイヒールを履く職場で長期に働いていたら確実に同じ状態になった、と言えますね...

靴の影響はなくても外反母趾が起こる場合もあります。20歳代で発症する人は体質の影響が大きいと考えられます。また、加齢と共に足を支える筋力が衰えて足の変形が起こり、縦と横のアーチがつぶれやすくなります。それに靴の影響が加わると、さらにリスクが高くなるのです。

大事なことは外反母趾を起こさないための対策です。特に、子どもの頃からの靴選びは大切です。足に合った靴を選びましょう!そのポイントは①きつすぎず、緩すぎずの靴、②先端と親指との間に少し隙間がある靴、③先端の形が細くなく、足なりに自然あるいは四角い靴、④柔らかな材質、⑤ヒールの高さは5cm以内、⑥足をずれにくくするひも靴、などです。緩すぎる靴は足幅を広げ、つま先が狭い靴は母趾を外側へ押しします。かかとの高い靴はつま先に大きな力が加わり、さらに足の変形を強めてしまいます。

次に、予防と悪化防止のために大事なのは運動です。素足になって両足の指10本でグー(指すべてを曲げる)・チョキ(グーの状態から親指だけ上に向ける)・パー(指すべてを大きく開く)を作る運動や、タオルたぐり寄せ運動(座って、床に敷いたタオルを両足の指を使って手前に大きくたぐり寄せる)は固くなってしまった関節を柔らかくし、母趾とその周囲の筋力低下を防ぎます。私は、TVの朝ドラを観ながら行っています。また、足裏全体とふくらはぎの筋力アップのために、室内では「つま先立ち(かかと上げ)」で歩きます。全ての指をしっかりと使うために「5本指の靴下」を履きます。この靴下は足先をすぼめないで、外反母趾予防にもなります。

Cranes for Ukraine Update



Volunteers have been busy building a Senbazuru, a traditional wish for hope and health, for the Ukrainian children and their families who have been brought to SickKids Hospital in Toronto. Thank you to all who contributed cranes to this project. Without your efforts, this wish would not be possible!



Bon Odori 2022

Spring is here, covid restrictions are lifting, and Bon odori practices will be held at the Toronto Buddhist Church again!

Obon is a Buddhist custom to honour one's ancestors. After 2 years of isolation, lockdown and perhaps limited exercise, come out to learn Japanese folk dances. Everyone is welcome and step-by-step instructions are given. No experience is necessary.

Practices are every Tuesday and Friday night starting Tuesday, April 19, 2022, from 8:00 – 9:30pm at the Toronto Buddhist Church and continue until the Bon Festival on Saturday, July 9, 2022. The practices will not be available online. **Please note that masks will be required.** For more information, please contact the Toronto Buddhist Church or tbcminyo@gmail.com.

Toronto Buddhist Church
1011 Sheppard Avenue West
416-534-4302
tbc@tbc.on.ca



2022 Bon Odori Festival

Saturday July 9th

5:30 PM
FOOD VENDORS

7:00 PM
BON ODORI



For more information: www.jccc.on.ca



Toronto
Buddhist
Church



JAPANESE CANADIAN
CULTURAL CENTRE
日系文化会館

Japanese Canadian Survivors Health and Wellness Fund Grant - Honour our JC Survivors Day on Saturday August 20 2022

The JCCC was approved for a grant from the Japanese Canadian Survivors Health and Wellness Fund (JCSHWF) in BC and will host an afternoon on Saturday August 20 2022 between 1pm – 4pm to celebrate and honor current and past JCCC members who are Japanese Canadian Survivors (Japanese Canadians who were uprooted and displaced during WWII including those families that left B.C. during the war and whose children were born out of province from 1942-1949).

This event will provide the opportunity to socialize and re-connect with other senior friends and members of our community, reminisce and share stories of their lives, view archival photos highlighting their pre-war life to post-war times, and take part in re-unions for those that were in internment camps. Refreshments and entertainment will be provided and guest speaker, Chris Hope will talk about his film Hatsumi (a documentary about his grandmother and her experience during the war).

The JCCC Heritage Department will be setting up displays and photos, and the latest exhibition titled Maru, an examination of the Japanese diaspora including Canada, will be open.

Invitation letters will be mailed out to those on our JCCC database who are identified as JC Survivors and for any questions please contact Sharon Marubashi via email – sharon.marubashi@jccc.on.ca or cell 647-291-4751.

JSS プログラム:2022年6月

2022年6月に予定されている Zoom(オンライン会議ツール)を使ってのプログラムのお知らせです。詳細やお申込みは各リンクから、または416-385-9200 / programs@jss.ca) まで。

(1) モミジ&JSSオンライン講座シリーズ

※登録可能な講座・過去の講座一覧などシリーズ情報は、[こちらからどうぞ](#)。

「高齢者に多い眼の病気」

6月8日(水) 15時 英語

もやがかかって見える・視界が暗くなる・光にセンシティブになるなどの症状がでる白内障、緑内障・加齢黄斑変性など、高齢者に多い眼の病気だけをみても様々なものがあります。症状・受診のタイミング・治療・治療後、そして眼の病気を引き起こしやすい病気や生活習慣など、モミジヘルスケア協会の老齢医学看護師の岡田由佳さんから学びながら、ぜひあなた自身そしてご家族や大切な人の眼の健康について考える機会を持ちませんか。

※詳細・お申込みは[こちら](#)



「体のツボと効果を学ぼう」

6月22日(水) 15時 日本語

私たちの体には、世界保健機関(WHO)で認定されたツボが361カ所あると言われていて、ただ、身体のどこにあるのか? 押すとどんな効果があるのか? など、ツボの効果や正確な位置については良く分からない、という人も少なくないのではないのでしょうか。そこで、今回の講座では、オンタリオ州公認鍼灸師の橋本太樹さんを招いて、指圧についての簡単な基礎知識から、自分でも出来るツボマッサージについて学んでいきます。

※詳細・お申込みは[こちら](#)



(2)レギュラーJSSオンラインプログラム

1. クラフトクラブ交流会 (craftclub@jss.ca)

縫い物 6月1日(水) 10時半-正午 (対面&オンライン)

「自宅で作るハギレ布で作る一カワイイ三角鍋つかみ」

編み物 6月15日(水) 10時半-正午

「ペットのおもちゃ」(オンラインのみ)

2. ホットランチ交流会

6月22日(第4水曜) 10時半-正午 (hotlunch@jss.ca)

3. シングルマザーサポートグループ

月1回。お問合せは SMSG@jss.caまで。

4. やさしいシニアヨガ

第8期:5/9~6/20 *5/23除く。 ※詳細・お申込みは[こちら](#)

Check out our upcoming June programs! *Pre-registration required. Click each link and/or contact 416-385-9200 / programs@jss.ca for more details & RSVP.

(1) e-Learning Series

*Click [here](#) for the list of seminars & past recordings.

Age-Related Eye Diseases

Wed. June 8, 3pm (English)

Clouded vision, dim vision, sensitivity to light – So many individuals develop Cataract as age, with some in younger age like 40's. Or you've heard about other popular age-related eye diseases, such as glaucoma and macular degeneration (ARMD). Join us and learn all about age-related eye diseases, its symptoms, when to see a specialist, treatment / post-treatment, risk factors (illness, lifestyle) to develop cataract, from Yuka Okada, registered geriatric nurse at Momiji Health Care Society, and start to take care of eye health of yours and your loved ones! *Click [here](#) to register

Introduction to Shiatsu

Wed. June 22, 3pm (Japanese)

According to The World Health Organization (WHO), there are 361 acupuncture points in our body. But where are they located on the body? What are the effects of pressing them? Many people may not be familiar with their effects and exact locations of them. In this seminar, we will invite Taiju Hashimoto, a certified acupuncturist in Ontario, to learn about the basic knowledge about pressure points and how you can do shiatsu massage by yourself. *Click [here](#) to register

(2) JSS Regular Online Programs (in Japanese)

1. Craft Club Social (Knitting) *RVSP at craftclub@jss.ca

Sewing: Wed. June 1, 10:30am to noon (In-person & Online)

“Cute Triangle Pot Holder “

Knitting : Wed. June 22, 10:30am to noon (Online Only)

“How to make pet toys”

2. Hot Lunch Social Wed. June 22, (4th Wed) 10:30am to noon

*RVSP at hotlunch@jss.ca

3. Online Single Mothers Support Group (monthly)

Inquire to SMSG@jss.ca

4. Easy Senior Yoga

8th term: From May 9 to June 20. Click [here](#) to register.

JFT Library News

Borrow Japan-related books, ebooks, audiobooks, and films from The Japan Foundation, Toronto Library!

Our collection covers a wide range of themes and topics, including:

Modern Origami, a collection of 34 strikingly realistic origami by master origami designer FUCHIMOTO Muneji;

Blue Period by YAMAGUCHI Tsubasa, an award-winning manga series about a boy aiming for Japan's most competitive art school;

Well-Versed, an excellent introduction to Japan's best modern haiku, with insightful notes by OZAWA Minoru on the allusions in the poems;

Tokyo Ghoul, a dark action fantasy film based on the hit manga series by ISHIDA Sui;

and many more!

Access JF OverDrive for ebooks, audiobook, and streaming videos: <https://jf.overdrive.com/>

Visit JFT Library for physical books and audio-visual materials: <https://jftor.org/jft-library-visitor-policy/>

To get a new library card or to renew your existing JFT Library card, [please follow the instructions here](#).

Access jf.overdrive.com for ebooks

日本の本を読もう Read Japan-related books

Visit JFT Library for physical books

SCHEDULE OF EVENTS

| DATE | | START TIME | RUN TIME |
|--|---------------------------|------------|----------|
| THURSDAY JUNE 16 | 6月16日(木) | | |
| Opening Night Reception | | 6:30pm | |
| The Pass: Last Days of the Samurai | 峠 最後のサムライ | 7:30pm | 114 min |
| FRIDAY JUNE 17 | 6月17日(金) | | |
| The Pursuit of Perfection | The Pursuit of Perfection | 7:00pm | 79 min |
| Junk Head | ジャンクヘッド | 9:15pm | 99 min |
| SATURDAY JUNE 18 | 6月18日(土) | | |
| The Last 10 Years | 余命10年 | 1:00pm | 124 min |
| Inubu: The Dog Club | 犬部! | 4:00pm | 114 min |
| Last of the Wolves | 孤狼の血 LEVEL 2 | 7:00pm | 139 min |
| SUNDAY JUNE 19 | 6月19日(日) | | |
| The Great Yokai War – Guardians | 妖怪大戦争 ガーディアンズ | 1:00pm | 118 min |
| Masquerade Night | マスカレード・ナイト | 4:00pm | 129 min |
| Midnight Swan | ミッドナイトスワン | 7:00pm | 124 min |
| MONDAY JUNE 20 | 6月20日(月) | | |
| Sensei, Would You Sit Beside Me? | 先生、私の隣に座っていただけませんか? | 7:00pm | 119 min |
| TUESDAY JUNE 21 | 6月21日(火) | | |
| Baby Assassins | ベイビーわるきゅーれ | 7:00pm | 95 min |
| WEDNESDAY JUNE 22 | 6月22日(水) | | |
| What Happened To Our Nest Egg!? | 老後の資金がありません! | 7:00pm | 115 min |
| THURSDAY JUNE 23 | 6月23日(木) | | |
| And So the Baton Is Passed | そして、バトンは渡された | 7:00pm | 137 min |
| FRIDAY JUNE 24 | 6月24日(金) | | |
| Kiba: The Fangs of Fiction | 騙し絵の牙 | 7:00pm | 113 min |
| SATURDAY JUNE 25 | 6月25日(土) | | |
| Musicophilia | ミュージコフィリア | 1:00pm | 113 min |
| Aristocrats | あのごは貴族 | 4:00pm | 124 min |
| In the Wake | 護られなかった者たちへ | 7:00pm | 135 min |
| SUNDAY JUNE 26 | 6月26日(日) | | |
| Pompo the Cinephile | 映画大好きポンポさん | 1:00pm | 90 min |
| First Gentleman | 総理の夫 | 4:00pm | 121 min |
| One Summer Story | 子供はわかってあげない | 7:00pm | 138 min |
| MONDAY JUNE 27 | 6月27日(月) | | |
| Ribbon | Ribbon | 7:00pm | 115 min |
| TUESDAY JUNE 28 | 6月28日(火) | | |
| The Last Goze | 瞽女 GOZE | 7:00pm | 109 min |
| WEDNESDAY JUNE 29 | 6月29日(水) | | |
| It's a Flickering Life | キネマの神様 | 7:00pm | 125 min |
| THURSDAY JUNE 30 | 6月30日(木) | | |
| Dreaming of the Meridian Arc | 大河への道 | 7:00pm | 112 min |
| - Preceded by a taiko drumming performance by the JCCC's Kyowa Taiko troupe. | | | |
| Closing Night Reception | | | |

OPENING NIGHT SCREENING

幕末の動乱期、
百年先の世界を見据えた

役所広司
松たか子
香川京子
田中泯
永山絢斗
芳根京子
坂東龍汰
榎本孝明
渡辺大
A K I R A
東出昌大
佐々蔵之介
井川比佐志
山本泉
吉岡秀隆
仲代達矢
原作・司馬遼太郎「峠」

小泉堯史 監督作品

峠

最後のサムライ

9.25

監督・脚本：小泉堯史 音楽：加古隆

司馬遼太郎の名著が、初の映画化！坂本龍馬と並び称された“知られざる英雄”河井継之助を描く、歴史超大作！

© 2020 "The Pass: Last Days of the Samurai" Film Partners

THE PASS: LAST DAYS OF THE SAMURAI

峠 最後のサムライ

Thursday June 16 • 7:30pm • 114min • 2022 • Director: Takashi Koizumi
CANADIAN PREMIERE • In Japanese with English Subtitles

Advance screening in Toronto!

In 1867, political power returned to the Emperor and 260 years of the Tokugawa Shogunate came to an end. Civil war erupts between imperial loyalists in the west and the remaining shogunate in the east. Caught between both armies, Tsuginosuke Kawai, chief retainer of the Nagaoka domain in Echigo, decides to remain neutral in order to safeguard the lives of his clan. When his attempts at brokering peace through negotiation fail, however, Kawai resolves to face the end of the samurai era with dignity. Takashi Koizumi, assistant director to Akira Kurosawa on films including *Kagemusha* and *Ran*, creates classic samurai cinema, replete with gorgeous period costumes, sets and epic battle scenes.

Starring Koji Yakusho, Takako Matsu, Tatsuya Nakadai.

トロント先行上映!

敵軍 5 万人に、たった690人で挑んだ“最後のサムライ”! 司馬遼太郎の名著『峠』、初の映画化。越後長岡藩の家老・河井継之助は、諸国への遊学で得た広い視野を持って、領民のための斬新な藩政改革を次々と実行していた。慶応3年(1867年)、大政奉還で徳川幕府は終焉を迎え、諸藩は東軍(旧幕府軍)と西軍(明治新政府軍)に二分していく。慶応4年、戊辰戦争が勃発するが、長岡藩は民の暮らしを守るため、戦争を回避しようと、スイスのような武装中立を目指す。しかし、継之助の平和への願いもむなしく、長岡藩もまた戦火に呑み込まれていく...世界的視野とリーダーシップを持った知られざる英雄・河井継之助が“最後のサムライ”として正義を貫く姿を描いた歴史超大作!

監督: 小泉堯史『蝸ノ記』『博士の愛した数式』

出演: 役所広司、松たか子、田中泯、香川京子、佐々蔵之介、仲代達矢



The Pursuit of Perfection

AOI Pro., APPELLATION and GAGA present
a Toshimichi Saito film "The Pursuit of Perfection"
Takemasa Shinohara Natsuko Shoji Yosuke Suga Takaki Sugita
Directed by Toshimichi Saito © 2021 AOI Pro./TY Limited
GAGA★

© 2021 AOI Pro./TY Limited

THE PURSUIT OF PERFECTION

Friday June 17 • 7:00pm • 79min • 2021

Director: Toshimichi Saito

CANADIAN PREMIERE • In Japanese with English Subtitles

Did you know Tokyo has the highest number of Michelin-starred restaurants in the world? Focusing on four of the leading chefs in Japan today, this documentary explores the truth behind Japan's unique and sophisticated food culture. What makes Tokyo cuisine so special is a dedication to the art and craft of cooking unparalleled anywhere in the world; the pursuit of absolute perfection. World-renowned food experts and gastronomists guide the audience into the further depths of the stories behind the chefs' endless pursuit. A fascinating, mouth-watering feature fit for foodies and lovers of Japanese culinary culture.

Starring Takemasa Shinohara, Natsuko Shoji, Yosuke Suga, Takaaki Sugita.

サン・セバスティアン国際映画祭上映作品。日本を代表する4人のシェフに焦点を当て、日本のユニークで洗練された食文化の背後にある真実を探るドキュメンタリー映画。芸術面、技術面で“完璧を追求する”4人のシェフの、それぞれの異なったアプローチを描いている。ある者は精神的な修養、美的な創造性を追い求め、またある者は質の高い食材を求めて生産者や仲卸業者との密接な信頼関係を作り上げていく。彼らのパーソナリティや苦悩がどのように傑作を生み出していくのか? 東京は世界で最も偉大な食の街の1つであることに気付かされる、フード・ドキュメンタリー!

監督: 齋藤俊道

出演: 篠原武将、庄司夏子、須賀洋介、杉田孝明

Community Partner **hotdocs**
OUTSPOKEN. OUTSTANDING.

一人の日本人の情熱と狂気に、世界が熱狂!!
伝説のカルトムービー、待望の逆輸入!!



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JUNK HEAD

ジャンクヘッド

Friday June 17 • 9:15pm • 99min • 2021

Director: Takahide Hori

TORONTO PREMIERE • In Japanese with English Subtitles

Takahide Hori's stop motion animation is a surreal masterpiece, resulting from seven years of laborious work. Hori was entirely self-taught and essentially created the film himself as director, writer, sculptor, animator and composer. In a distant, dystopian future, the earth has become uninhabitable and humans have lost their fertility. A lone cyborg explorer is sent into the underground world to uncover the secret to reclaiming reproductive capability. There he encounters terrifying monsters and loyal allies. Lauded by Guillermo del Toro for its monumental imagination, Junk Head is a visionary masterpiece combining dark themes, grotesque designs and even humour.

ギレルモ・デル・トロ驚嘆!総コマ数約14万、フィギュアは全て手作りという狂気の愛と情熱で、たった一人で7年かけて完成させた壮大なスケールのSFストップモーションアニメ!!報知映画賞新人賞、ファンタジア国際映画祭最優秀長編アニメーション賞、ファンタスティック映画祭新人監督賞を受賞するなど国内外で高評価を受けた。環境破壊が進み、地上が極度に汚染された為、人類は地下開発を目指し、人工生命体を創造。ところが、自我に目覚めた人工生命体が反乱を起こし地下を乗っ取ってしまう。それから1600年・・・絶滅の危機に瀕した人類は、地下調査を開始する。

監督・原案・キャラクターデザイン・撮影・照明・編集・音楽:堀貴秀

**FRIGHTENING CONTENT:
NOT SUITABLE FOR
YOUNG CHILDREN**



© 2022 "The Last 10 Years" Film Partners

THE LAST 10 YEARS

余命10年

Saturday June 18 • 1:00pm • 124min • 2022

Director: Michihito Fujii

NORTH AMERICAN PREMIERE • In Japanese with English Subtitles

Matsuri Takabayashi is 20 years old when she learns she has an incurable disease and only 10 years left to live. She vows not dwell on her condition, to live her best life and, given her life expectancy, she swears not to fall in love. That is, until she goes to a school reunion and meets Kazuto Manabe, a man who has lost the will to live. Adapted from the novel by Ruka Kosaka inspired by her own life story and directed by Michihito Fujii (*A Family*, *The Journalist*), *The Last 10 Years* is a tender, deeply moving story of the transcendent power of love.

Starring Nana Komatsu, Kentaro Sakaguchi, Yuki Yamada, Nao, Haru Kuroki, Yutaka Matsushige.

切なすぎる小説としてSNSなどで反響を呼んだ小坂流加の原作小説を、小松菜奈と坂口健太郎の主演、RADWIMPSの音楽、『新聞記者』の藤井道人監督で映画化。数万人に1人という不治の病で余命が10年と宣告された20歳の茉莉は、生きることに執着しないよう、恋だけはしないことを心に決めていた。そんな時、同窓会で再会したのは、かつて同級生だった和人。二人はこの出会いをきっかけに急接近することに。恋に落ちたことで、彼女の10年は大きく変わっていく。

監督:藤井道人『新聞記者』『ヤクザと家族The Family』

出演:小松菜奈、坂口健太郎、山田裕貴、奈緒、井口理、黒木華

Screening Partner

TORJA
TORONTO • JAPAN



© 2021 "INUBU: The Dog Club" Film Partners

INUBU: THE DOG CLUB

犬部!

Saturday June 18 • 4:00pm • 114min • 2021 • Director: Tetsuo Shinohara
NORTH AMERICAN PREMIERE • In Japanese with English Subtitles

"A cinematic love letter to canines everywhere, tries to hit the sweet spot between heartwarming entertainment and impassioned advocacy" - Japan Times

Sota is a university student in the veterinary department. A life-long animal lover, his apartment is full of rescued puppies. His newest stray is Nico, a pup that has escaped from a medical facility that uses live animals for experiments. Inspired to save more of the animals, he sets up the "Inubu" club with his veterinary department colleagues. Sixteen years later, the friends are leading their own lives when they learn that Sota has been arrested. It is time for the dog club members to reassemble for a rescue mission of a different kind. From Yuka Katano's novel based on true events, *Inubu* combines serious themes of animal rights with an entertaining and sometimes humorous tale of friends pursuing a shared passion – and lots of lovable animals too, of course.

Starring Kento Hayashi, Taishi Nakagawa, Sakurako Ohara, Kodai Asaka, Momoko Tanabe.

獣医学部に実在したサークル「犬部」を元に描いた、青春「犬ラブ」ムービー!青森県に住む花井颯太 22歳は獣医学部生。子供の頃から犬が好きで、たくさんの保護動物と暮らしていた。ある日実験犬を救ったことから動物保護活動をサークルにすることを思いつき、同級生の柴崎と「犬部」を設立。卒業後颯太は獣医師として動物病院で働くことになるが、16年後、動物を救いたいがため颯太はある事件を起こしてしまい、知らせを聞いた「犬部」のメンバーたちが集結する。

監督:篠原哲雄『花戦さ』『山桜』

出演:」林遣都、中川大志、大原櫻子、浅香航大、田中麗奈

Screening Partners



FAMILY TALKS
FORUM



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LAST OF THE WOLVES

孤狼の血 Level 2

Saturday June 18 • 7:00pm • 139min • 2021
Director: Kazuya Shiraishi
TORONTO PREMIERE • In Japanese with English Subtitles

Director Kazuya Shiraishi's action-packed continuation of the masterful yakuza saga he launched with 2018's *The Blood of Wolves*. After police detective Ogami's death in Hiroshima, his protégé, detective Hioka is left with the responsibility of keeping the yakuza gangs in check. His hard-won equilibrium between rival gangs threatens to erupt into bloody war when psychopathic gangster Uebayashi is released from prison vowing to avenge the death of his boss and unleashing destruction and carnage in his path. Nominated for multiple Japanese Academy Awards including Best Film, Director, Actor and Supporting Actor, the film interweaves ferociously violent battles and complex interpersonal drama. Unmissable for fans of the great yakuza films.

Starring Tōri Matsuzaka, Nijirō Murakami, Ryōhei Suzuki.

暴力と狂気がはびこる街で、刑事、暴力団組織、マスコミ、そして女たちの壮絶なバトルロイヤルが幕を明ける!原作は柚月裕子の「孤狼の血」。3年前に暴力組織の抗争に巻き込まれて殺害された。伝説のマル暴刑事・大上の跡を継ぎ、広島の実社会を治める刑事・日岡。しかし、刑務所から出所した“ある男”の登場によって、その危うい秩序が崩れていく…。ヤクザの抗争、警察組織の間、マスコミのリーク、そして圧倒的な上林の存在によって、日岡は絶体絶命の窮地に追い込まれる!

監督:白石和彌『ひとよ』『彼女がその名を知らない鳥たち』『凶悪』

出演:松坂桃李、村上虹郎、鈴木亮平、西野七瀬、滝藤賢一、寺島進

WARNING: CONTAINS STRONG THEMES, VIOLENCE, DRUG USE, COARSE LANGUAGE



© 2021 The Great Yokai War: Guardians™ Film Partners

THE GREAT YOKAI WAR – GUARDIANS
妖怪大戦争 ガーディアンズ

Sunday June 19 • 1:00pm • 118min • 2021 • Director: Takashi Miike
TORONTO PREMIERE • In Japanese with English Subtitles

“Takashi Miike Gets His Family-Friendly Groove on With a Fabulous Fantasy Adventure” – Variety

Kei, a nervous young boy, is transported into the magical world of the Yokai, the friendly demons of Japanese folklore. A vengeful mass of sea spirits has awoken in Nagano and transformed into Yokai-ju, a destructive force of nature leaving nothing but devastation in its wake. Kei has been summoned because he is the long-forgotten descendent of legendary samurai and yokai hunter *Watanabe no Tsuna*. When Kei refuses, his younger brother disappears and so begins a grand and hilarious adventure through the world of Japanese myth featuring “the energy, imagination and pure storytelling joy that’s often lacking in highly sanitized and cautiously constructed children’s and young-adult adventure films made elsewhere.

Starring Kokoro Terada, Takao Osawa, Hana Sugisaki, Sakura Ando.

「妖怪大戦争」に続く超ド派手妖怪ファンタジー・アドベンチャー! フォッサマグナから出現した巨大な妖怪獣により、日本は未曾有の危機に陥った。妖怪獣が東京に進撃すれば、人間も妖怪たちもタダでは済まない。この危機に妖怪たちは伝説の武神「大魔神」の力を借りようと、古代の妖怪ハンターの血を受け継ぐ気弱な少年ケイに白羽の矢を立てる。しかし妖怪たちは間違えてケイの弟、ダイを連れ去ってしまう。妖怪剣士・狐面の女、狸の大妖怪、そしてケイの命を狙う鬼の一族まで現れて、全てを巻き込んだ妖怪大戦争がついに始まる!

監督: 三池崇史『初恋』『十三人の刺客』『ビクターQ』
出演: 寺田心、大沢たかお、杉咲花、安藤サクラ、三浦貴大、岡村隆史



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MASQUERADE NIGHT マスカレード・ナイト

Sunday June 19 • 4:00pm • 129min • 2021
Director: Masayuki Suzuki
CANADIAN PREMIERE • In Japanese with English Subtitles

Police detective Nitta and hotel concierge Yamagishi are reunited at the elegant Cortesia Hotel to stop a murder. An anonymous letter is delivered to the police – a warning that a mysterious killer will strike again at “Masquerade Night”, the New Year’s Eve countdown party held at the hotel. All 500 invitees will be in costume. Everyone is a suspect. As the masked guests begin to arrive, the pair work feverishly to find a clue. Midnight draws near as the number of suspects increases. What is the killer’s intention? Who is the informant? Will Nitta and Yamagishi be able to unveil the truth hidden behind the murderer’s mask in time? A fast-paced, entertaining who-done-it featuring an all-star cast.

Starring Takuya Kimura, Masami Nagasawa, Fumiyo Kohinata, Kumiko Aso, Atsuro Watabe, Ryo Ishibashi.

東野圭吾のベストセラー小説「マスカレード・ホテル」の映画化シリーズ第2弾。ある日、警察に届いた匿名の密告状には、都内マンションで起きた殺人事件の犯人が、大みそかにホテル・コルテシア東京で開催されるカウントダウンパーティ「マスカレード・ナイト」に現れると書かれていた。大晦日当日、警視庁捜査一課の新田浩介はフロントクラークとして、潜入捜査をすることに。コンシェルジュの山岸尚美と事件解決に当たるが、パーティ参加者は総勢500名、全員仮装というものだった! 二人は殺人犯の「仮面」に隠された「真実」に辿り着くことができるのか?

監督: 鈴木雅之『マスカレード・ホテル』『HERO』
出演: 木村拓哉、長澤まさみ、小日向文世、麻生久美子、渡部篤郎、石橋凌

Screening Sponsor  



最期の冬、
母になりたいと思った。

MIDNIGHT SWAN

ミッドナイトスワン

草薙剛

監督:服部樹咲 (原案) 田中優介 吉村界人 真田将利 上野綺羅

佐藤江樹子 平山祐介 朝原菜衣

水川あさみ 田口トモロヲ 真飛聖

監督・脚本:内田英治 (小説原案) 下野のぼる

配給:キノフィルムズ

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MIDNIGHT SWAN

ミッドナイトスワン

Sunday June 19 • 7:00pm • 124min • 2020

Director: Eiji Uchida

CANADIAN PREMIERE • In Japanese with English Subtitles

Winner of the 2021 Japanese Academy Awards for Best Film, Best Lead Performance and Best Newcomer.

Nagisa is a transgender woman. Growing up as a man in Hiroshima, Nagisa faced prejudice and was ostracized by society. She moves to Tokyo where she works as a dancer in a nightclub. Her distant niece, Ichika is a middle school student neglected by her mother. After being kicked out of her home, Ichika travels to Tokyo and starts living with Nagisa and pursues ballet. Although initially reluctant, Nagisa takes care of Ichika and starts to develop maternal feelings for her for the first time. This powerful and heartrending film features shattering performances by its two leads and shines a light on the struggles faced by the LGBTQ community in Japan.

Starring Tsuyoshi Kusanagi, Misaki Hattori, Asami Mizukawa.

第44回日本アカデミー賞で最優秀作品賞と最優秀主演男優賞を受賞! 故郷を離れ、新宿のニューハーフショークラブのステージに立つ、トランスジェンダーの凧沙。ある日凧沙は母親から虐待を受けてきた親戚の少女・一果を預かることになる。一果は近所のバレエ教室に通うことになり頭角を表すが、月謝を払うため違法なバイトを始めて警察に保護されてしまう。常に社会の片隅に追いやられてきた凧沙、実の親の育児放棄によって孤独の中で生きてきた一果。そんな2人にかつてなかった感情が芽生え始める。

監督:内田英治『下衆の愛』 音楽:渋谷慶一郎

出演:草薙剛、服部樹咲、水川あさみ、田口トモロヲ、真飛聖

Screening Sponsor



ウソとホンネが交錯する、
漫画家夫婦の心理戦、連載開始!

その不倫、ぜんぶ描く。

先生、私の隣に座っていただけませんか?

黒木華 柄本佑

金子大地 田村 風吹ジュン

原 菜々 堀江貴大

新中 浩平 アラタタ 長谷川

監督:堀江貴大 監修:アサキタツノ

脚本:内田英治 漫画:アサキタツノ

製作:黒木華、柄本佑、奈緒、金子大地、風吹ジュン

配給:キノフィルムズ

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SENSEI, WOULD YOU SIT BESIDE ME?

先生、私の隣に座っていただけませんか?

Monday June 20 • 7:00pm • 119min • 2021 • Director: Takahiro Horie

CANADIAN PREMIERE • In Japanese with English Subtitles

Sawako works as a manga writer. Her husband of five years, Toshio is also a manga writer but suffers from writer's block. Sawako suspects he is having an affair but instead of confronting him directly, she finds a more creative way to drop the hint: she begins to write her new manga dealing with adultery. The manga describes Toshio having an affair with his editor and Sawako having an affair with her driving instructor. Toshio reads Sawako's manga with fear and jealousy and so begins a comical game of romantic cat and mouse. "This wry and perceptive look at relationships and individualism seamlessly blends the artfulness of manga with real, live-action emotions for an affirmation that imitates art that imitates life".

Starring Haru Kuroki, Tasuku Emoto, Nao, Daichi Kaneko, Jun Fubuki.

ウソとホンネが交差する、漫画家夫婦の不倫から派生する心理戦を描いたスリリングな傑作。漫画家・佐和子の新作漫画のテーマは「不倫」。そこには、自分たちとよく似た夫婦の姿が描かれ、佐和子の担当編集者・千佳と浮気をしていた夫の俊夫は、「バレたかも?」と疑心暗鬼に。さらに漫画は、主人公と自動車教習所の若い先生との淡い恋へ展開していく。この漫画は創作なのか、妄想なのか、それとも夫に対する佐和子の復讐なのか!? 現実そっくりの不倫漫画を読み進めていく中で、恐怖と嫉妬に震える俊夫は、現実と漫画の境界が曖昧になっていく。

監督:堀江貴大

出演:黒木華、柄本佑、奈緒、金子大地、風吹ジュン

Screening Partner





© 2021 "BABY ASSASINS" Film Partners

BABY ASSASINS

ベビーわるきゅーれ

Tuesday June 21 • 7:00pm • 95min • 2021
 Director: Hugo Sakamoto
 TORONTO PREMIERE • In Japanese with English Subtitles

"Amid the hilarity and bloodshed, there's also a sweet story of friendship and finding your place in a chaotic world." – Douglas Davidson, Element of Madness

"Even with an abundance of action, Baby Assassins is more notable for its breezy tone and the likable chemistry of its leading players." – Peter Martin, Screen Anarchy

Chisato and Mahiro are high school students by day and skilled super assassins by night. After graduation their employer orders them to live together and get ordinary jobs in order to avoid suspicion. They fight over who cleans the apartment and who makes dinner, but are in agreement on the dreariness of their day jobs. As the yakuza get closer, looking to find the killers who have assassinated so many of their members, the girls have to band together in an epic battle for their lives. This kinetic indie action-comedy combines charming performances for its leads and some really dizzying action scenes.

Starring Saori Izawa, Akari Takaishi, Yukina Fukushima.

女子高生の殺し屋二人組!?ちさととまひろは、組織に委託された人殺し以外何もしてこなかったため、高校卒業を前に途方に暮れていた…。明日から組織に命じられるがまま、ルームシェアをしながら、“オモテの顔”として、社会人として普通のバイトをする羽目になったのだ。コミュ障のまひろは、バイトもそつなくこなすちさとに嫉妬し、二人の仲は徐々に険悪に。それでも殺し屋の仕事は忙しく、更にはヤクザから恨みを買って面倒なことに!

監督:坂元裕吾『最強殺し屋伝説国岡 完全版』『黄龍の村』
 出演:高石あかり、伊澤彩織、三元雅芸、秋谷百音



© 2021 "What Happened to Our Nest Egg?" Film Partners

WHAT HAPPENED TO OUR NEST EGG?!

老後の資金がありません!

Wednesday June 22 • 7:00pm • 115min • 2021 • Director: Tetsu Maeda
 CANADIAN PREMIERE • In Japanese with English Subtitles

In Japan there is an unspoken understanding that that you need a 20-million-yen nest egg to retire. Atsuko, the keeper of the family budget, is panicked. They have already fallen behind in their savings when Atsuko learns she must pay 4 million yen for her father-in-law's funeral, her husband's company goes bankrupt, her daughter plans a lavish wedding with her hapless heavy metal musician fiancé and her big-spending mother-in-law moves in. The family's savings dwindle by the day... Based on Miu Kakiya's best-selling novel, with a cast lead by two of the greats from Takarazuka theatre. Amami and Kusabue were both nominated for Japanese Academy Awards for their hilarious and heartwarming performances. Starring Yuki Amami, Yutaka Matsushige, Koki Mitani, Mitsuko Kusabue.

第45回日本アカデミー賞で優秀主演女優賞(天海祐希)、優秀助演女優賞(草笛光子)を受賞。人生100年時代、老後資金に2000万円が必要?!親の葬儀、娘の結婚、夫の失業、浪費家の姑との同居...!現代日本が抱えるお金の問題に、普通の主婦が立ち向かう!家計に無頓着な夫、フリーターの娘、大学生の息子と暮らす主婦・後藤篤子は、あこがれのブランドバッグも我慢して、夫の給料と自分のパート代をやり繰りし、コツコツと老後の資金を貯めてきた。しかし、葬儀、失業など、老後の資金を目減りさせる出来事が次々と降りかかる。そんな中、浪費家の姑と同居することになり、窮地に立たされた篤子の我慢はピークに達する!!

監督:前田哲『そして、バトンは渡された』『こんな夜更けにバナナかよ 愛しき実話』
 出演:天海祐希、松重豊、新川優愛、三谷幸喜、草笛光子

Screening Sponsor **MHICA MHI CANADA AEROSPACE**



© 2021 "And So The Baton Is Passed" Film Partners

AND SO THE BATON IS PASSED そして、バトンは渡された

Thursday June 23 • 7:00pm • 137min • 2021 • Director: Tetsu Maeda
CANADIAN PREMIERE • In Japanese with English Subtitles

Adapted from Maiko Seo's best-selling novel, *Baton* tells the story of two young women and their single parents. Yuko is a chirpy high school senior who lives with step-father Morimiya. The pair have a warm, almost sibling-like relationship and he tries to make her happy with wondrous bentos. But Yuko is suffering from her mother's absence as well as feeling great pressure to play piano at the school concert. Meanwhile Mitan's widowed father flies off to Brazil on a job leaving her in the care of his new bride, the flamboyant and capricious Rika, who turns Mitan's bedroom, closet, and entire childhood into a colorful fairy tale. But things soon get complicated... A sentimental, heartwarming melodrama full of tears, hope, and sympathy, and populated by likeable and charismatic performances. Apparently, 92.8% percent of test audiences wept during screenings so bring your Kleenex!

Starring Mei Nagano, Kei Tanaka, Kenshi Okada, Kurumi Inagaki, Satomi Ishihara, Nao Omori, Masachika Ichimura.

本屋大賞を受賞した瀬尾まいこの同名ベストセラー小説の映画化。血の繋がらない親に育てられ、4回も苗字が変わった高校生の優子は、現在、料理上手な義理の父・森宮さんと2人暮らし。将来や友だちのことなど様々な悩みを抱えながら、卒業式のピアノを任せられ猛特訓する日々を送っていた。一方、夫を何度も変えながら自由奔放に生きる魔性の女、梨花は、泣き虫な娘みいたんに精いっぱい愛情を注いでいたが、ある日突然、娘を残して姿を消してしまう。優子の元に届いた一通の手紙をきっかけに登場人物たちが交差し、彼らの秘密が紐解かれ始める。

監督: 前田哲『老後の資金がありません!』『こんな夜更けにバナナかよ 愛しき実話』
主演: 永野芽衣、田中圭、岡田健史、稲垣来泉、石原さとみ、大森南朋、市村正親

Screening Sponsor YAMAHA



© 2021 "KIBA: THE FANGS OF FICTION" Film Partners

KIBA: THE FANGS OF FICTION 騙し絵の牙

Friday June 24 • 7:00pm • 113min • 2021
Director: Daihachi Yoshida
CANADIAN PREMIERE • In Japanese with English Subtitles

The president of the Kunpusha publishing giant dies suddenly, triggering an internal power struggle over his successor. Smooth-talking "Trinity" magazine editor Hayami is forced to contend with the magazine's possible termination by senior manager Tomatsu. He and rookie editor Takano desperately chase down a young hot writer, a powerful author and a popular model to contribute to the magazine. Soon they find themselves in a ruthless world of lies, betrayals, leaks and accusations... Director Yoshida's fast-paced, exhilarating dissection of the Japanese publishing world is full of twists, turns and surprises. Featuring an all-star cast and based on Takeshi Shiota's bestselling novel.

Starring Yo Oizumi, Mayu Matsuoka, Koichi Sato.

「罪の声」の塩田武士が大泉洋をイメージして、主人公をあてがきした小説を、大泉の主演で映画化。出版不況の波にもまれる大手出版社「薫風社」では、創業一族の社長が急逝し、次期社長の座をめぐる権力争いが勃発。専務の東松が進める大改革によって、カルチャー誌「トリニティ」は廃刊のピンチに立たされる。編集長の速水は、新人編集者と共に、イケメン作家、大御所作家、人気モデルなどを説得しながら、ライバル誌、上層部などのクセモノたちとスリリングな攻防を繰り広げる。崖っぷち出版社で生き残りをかけた仁義なき騙し合いバトル開幕!

監督: 吉田大八『桐島、部活やめるってよ』『紙の月』『羊の木』
出演: 大泉洋、松岡茉優、佐藤浩市、斎藤工、中村倫也、佐野史郎

Screening Sponsor FASKEN



© 2021 "Musicophilia" Film Partners

MUSICOPHILIA

ミュージコフィリア

Saturday June 25 • 1:00pm • 113min • 2021

Director: Masaaki Taniguchi

CANADIAN PREMIERE • In Japanese with English Subtitles

Based on Akira Saso's popular webcomic, the film tells the story of Saku Urushibara, a young man with a special ability to understand sounds in nature. He also hears sounds from the shapes and colors of objects. His father and younger half-brother are both prominent, prodigious composers and, as a result, Saku suffers from an inferiority complex. He tries to stay away from music but he ends up enrolling at the University of Arts in Kyoto where his special ability helps him find his own voice in the world of contemporary classical music. A moving and fascinating exploration into young people exploring their creativity and producing new and powerful music.

Starring Kai Inowaki, Honoka Matsumoto, Ikusaburo Yamazaki.

「マエストロ」や「神童」のさそうあきら氏の漫画を原作に、オール京都ロケで、音楽に情熱を注ぐ若者たちを描いた青春群像劇。京都の芸大に入学した朔は、「現代音楽研究会」に入ること。クセの強い教授や学生たちが集まるサークルには、幼馴染でバイオリストの小夜、著名な作曲家の息子で、自身も天才作曲家と期待される大成がいた。大成は実は朔の異母兄で、朔は子供の頃から色や形を「音」として感じる才能を持ちながらも、父と兄へのコンプレックスから音楽に対して憎む気持ちを持っていた。だが、天性の歌声を持つピアノ科の凧と知り合ってから、朔の秘めた才能が開花し始める。

監督: 谷口正晃『時をかける少女』『シグナル 月曜日のルカ』

出演: 井之脇海、松本穂香、山崎育三郎、石丸幹二、濱田マリ



© Mariko Yamauchi/SHUEISHA, "Aristocrats" Film Partners

ARISTOCRATS

あのこは貴族

Saturday June 25 • 4:00pm • 124min • 2021

Director: Yukiko Sode

CANADIAN PREMIERE • In Japanese with English Subtitles

This sophisticated, layered adaptation of Mariko Yamauchi's novel looks at life in contemporary Tokyo from the perspectives of two women. Hanako, a child of wealth and privilege, finds herself isolated when her engagement ends and her family pushes her to find another husband among their elevated social echelon. Miki arrives in Tokyo from a less affluent small-town life to build a new life. When the aristocracy lawyer Koichiro enters both of their lives, a love-triangle forms. Sode questions how boundaries and hierarchies of class and gender intertwine in a nuanced tale of female friendship. An intelligent and engaging exploration of the traditional roles and expectations of women in Japan.

Starring Mugi Kadowaki, Kiko Mizuhara, Shizuka Ishibashi, Kengo Kora, Rio Yamashita.

東京で裕福な家庭の箱入り娘として、何不自由なく生きてきた華子は「結婚=幸せ」と考えていた。20代後半で恋人に振られるも、お相手探しに奔走した結果、ハンサムで良家の生まれである弁護士・幸一郎と出会い、順風満帆に思えたのだが…。一方、富山生まれの美紀は、猛勉強の末に東京の名門私学に入学するが、学費が続かず、夜の世界で働くも中退。幸一郎と大学では同級生だったため、別世界に住んでいる華子と出会うことになる。異なる階層を生きながらも、自分の人生を切り開こうとする二人の女性を描いた人間ドラマ。

監督: 岨手由貴子『グッド・ストライプス』

出演: 門脇麦、水原希子、高良健吾、石橋静河

Screening Partner **NIKKEI VOICE**



IN THE WAKE

護られなかった者たちへ

Saturday June 25 • 7:00pm • 135min • 2021 • Director: Takahisa Zeze
 CANADIAN PREMIERE • In Japanese with English Subtitles

Nine years after the 2011 Tohoku earthquake and tsunami, grisly murders occur in Miyagi Prefecture, with victims tied up and left to starve. The victims all had reputations for being good men, men of integrity. Prefectural investigator Tomashino finds a link between the killings and a suspect is identified; Tone who has just been released from prison on a sentence for arson and assault. Police are unable to find conclusive evidence to implicate him when a third murder occurs. A taut, intense thriller touches on themes of collective responsibility, the limits of compassion and the stigma surrounding welfare in Japan. Adapted from best-selling author Shichiri Nakayama's best-seller and nominated for Japanese Academy Awards for Best Picture, Actor and Supporting Actor.

Starring Takeru Satoh, Hiroshi Abe, Kaya Kiyohara, Kento Hayashi, Eita Nagayama, Hidetaka Yoshioka, Mitsuko Baisho.

佐藤健x阿部寛x瀬々敬久!日本映画最高峰のキャスト&監督が送る衝撃と感動のヒューマン・ミステリー。東日本大震災から10年目の仙台で、全身を縛られたまま放置され“餓死”させられるという不可解な殺人事件が相次いで発生。被害者はいずれも、誰もが慕う人格者だった。捜査線上に浮かび上がったのは別の事件で服役し、出所したばかりの利根。刑事は利根を追い詰めて行くが、決定的な証拠が掴めないまま、第3の事件が起きようとしていた…。

監督:瀬々敬久『8年越しの花嫁 奇跡の実話』『64 ロクヨン』
 出演:佐藤健、阿部寛、清原果耶、林遣都、永山瑛太、緒形直人

Screening Partner **TORONTO reel asian**
 INTERNATIONAL FILM FESTIVAL



POMPO THE CINEPHILE 映画大好きポンポさん

Sunday June 26 • 1:00pm • 90min • 2021
 Director: Takayuki Hirao
 In Japanese with English Subtitles

Pompo is the talented and gutsy producer with an unflinching love of cinema. One day, Pompo turns her uncanny eye for talent to apprehensive assistant Gene, selecting him to make his directorial debut with her latest script: a delicate drama about an aging and tormented creative genius. But the cast – a young starlet looking for her first big break and an aging superstar – make for a big challenge! It's not an action movie, but Pompo's breakneck pace, combined with the high stakes of creative fulfillment, pack in as much excitement as standard superhero fare. A hilarious and heart-felt comedy-drama that will fulfill even your wildest celluloid dreams.

Voiced by Tomomi Kohara, Akio Otsuka, Hiroya Shimizu.

「このマンガがすごい!」、「マンガ大賞」に受賞した杉谷庄吾【人間プラモ】の同名漫画が原作。敏腕映画プロデューサー・ポンポさんのもとで製作アシスタントをしているジーン。映画に心を奪われた彼は、観た映画を全て記憶している映画通。撮ることに憧れていたが、自分には無理だと思っていた。しかし、ポンポさんに15秒CMの制作を任せられ、映画作りに没頭する楽しさを知ったジーンに、彼女は次の制作作品「MEISTER」の脚本を渡す。伝説の俳優の復帰作にして、最高の脚本に大ヒットを確信するが、なんとジーンが監督を任せられることに!ポンポさんの目利きにかかった新人女優をヒロインに、波乱万丈の撮影が始まろうとしていた。

監督:平尾隆之『魔女っ子姉妹のヨヨとネネ』『桜の温度』
 声の出演:清水尋也、小原好美、大谷凜香、加隈亜衣、大塚明夫

Screening Sponsor **anime north**



© 2021 "First Gentleman" Film Partners

FIRST GENTLEMAN

総理の夫

Sunday June 26 • 4:00pm • 121min • 2021 • Director: Hayato Kawai
CANADIAN PREMIERE • In Japanese with English Subtitles

Nerdy ornithologist Hiyori is married to Rinko, leader of a minority political party. One morning, his beloved wife poses an enigmatic question: "Would you have a problem if I became Prime Minister?" He then sets off for a ten-day scientific expedition on a remote island with no cell phone connection to observe birds in the wild. In his absence, Rinko changes the future of the nation and is elected the first female Prime Minister in Japan's history. Hiyori is now the first ever Prime Minister's husband and despite being completely 100% supportive of Rinko's political ambitions, he could never have imagined the life that awaits him...! A major box office hit filled with laughs, intrigue and romance.

Starring Miki Nakatani, Kei Tanaka, Kimiko Yo, Shihori Kanjiya, Asuka Kudo, Ittoku Kishibe.

原田マハの小説「総理の夫 First Gentleman」の映画化。妻の凛子が日本初の女性総理になったことで、自身も史上初のファーストジェントルマンとして担ぎ上げられてしまった鳥類学者の夫・相馬日和。突然の自体に混乱する日和だが、内閣広報官から携帯にGPSをつけられ、日常生活も徹底的に管理されることに。それでも「総理の夫」の自覚がない鳥オタクの日和は、大企業ソウマグループの会長である母や、CEOの兄からも激しくハッパをかけられ、微力ながらも妻の夢を全力で応援しようと心に誓うが、予想だにしない激動の日々に巻き込まれていく。

監督:河合勇人『かくや様は告らせたい〜天才たちの恋愛頭脳戦〜』
出演:中谷美紀、田中圭、余貴美子、貫地谷しほり、工藤阿須加、岸部一徳

Screening Sponsor



© 2020 "One Summer Story" Film Partners © Rettou Tajima / Kodansha Ltd.

ONE SUMMER STORY 子供はわかってあげない

Sunday June 26 • 7:00pm • 138min • 2020
Director: Shuichi Okita
CANADIAN PREMIERE • In Japanese with English Subtitles

High school student Minami has a happy life with her mom and stepdad, enjoys swimming, and her favorite anime "Buffalo Koteko the Magical Plasterer". However, a mysterious handwritten talisman in the mail sets off a chain of events that peak her interest in her biological father. Through Shohei, her friend in the shodo calligraphy club, she learns that her father was the leader of an infamous cult and has disappeared. Minami masterminds a plan to sneak off from her summer swim camp to track down her enigmatic dad. Thus her summer adventure begins... A "languid, sun-soaked exploration of self discovery and the nature of familial connection", this heartfelt and uplifting coming-of-age story is based on Tajima Rettou's award winning manga.

Starring Moka Kamishiraishi, Kanata Hosoda, Yudai Chiba, Kanji Furutachi, Yuki Saito, Etsushi Toyokawa.

熱烈な支持を集める田島列島の漫画を『南極料理人』『横道世之介』の沖田修一が監督。高校2年、水泳部女子の美波はある日、書道部男子のもじくんとその運命の出会いをきっかけに、もじくんの兄の協力を得て、幼い頃に別れた父親の居場所を探し当てる。なにやら怪しげな父に戸惑いながらも、海辺の町で夏休みを一緒に過ごすことになる。

監督:沖田修一『南極料理人』『横道世之介』『おらおらでひとりいぐも』
出演:上白石萌歌、細田佳央太、千葉雄大、古館寛治、斉藤由貴、豊川悦司

Screening Sponsor





© "Ribbon" Film Partners

Ribbon

Monday June 27 • 7:00pm • 115min • 2021

Director: Non

CANADIAN PREMIERE • In Japanese with English Subtitles

The beguiling and imaginative directorial debut from actress Non.

It is the winter of 2020, and art student Itsuka can no longer display her graduation project because of the recent outbreak of COVID-19. With no channel for self-expression she struggles to figure out what she should be doing. With occasional visits by her parents, sister, best friend/classmate while being homebound, Itsuka gradually finds new purpose in her lock-down life. Non also wrote this quirky and engaging coming-of-age story that captures that dream-like isolation of the early days of the pandemic while exploring the theme of how we find motivation and purpose when an unseen enemy is intent on robbing us of both.

Starring Non, Rio Yamashita, Daichi Watanabe, Karin Ono, Misayo Haruki, Daikichi Sugawara.

私たちのアートを取り戻す。未来を奪われた美大生の再生物語。監督・脚本・主演ののん!! コロナ禍の2020年。美大生のいつかは大学の卒業制作展が中止となり、1年かけて制作した作品を持ち帰ることに。様々な感情が渦巻いて何も手につかない彼女は、心配してくれる両親とも衝突してしまう。そんな中、絵を描くことに夢中になるきっかけをくれた友人との再会や、親友との本音の衝突によって心を動かされたいつかは、自分の未来を切り開くため立ち上がる。

監督: のん

出演: のん、山下リオ、渡辺大知、小野花梨、春木みさよ、菅原大吉



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THE LAST GOZE

瞽女 GOZE

Tuesday June 28 • 7:00pm • 109min • 2021

Director: Masaharu Takizawa

CANADIAN PREMIERE • In Japanese with English Subtitles

The inspiring true story of Haru Kobayashi, one the last artists of her kind. Becoming sightless as an infant at the dawn of the 20th century, Haru's best option is to become a "goze" – a blind entertainer who travels the countryside singing stories while playing the shamisen. Her mother Tome must counter her maternal instincts to discipline Haru for a difficult life ahead. Haru must endure emotional and physical cruelty to pursue her craft and eventually earns her own independence. At the height of her career, Haru became one of the most famous performers of her generation, eventually named one of Japan's Living National Treasures.

Starring Non Kawakita, Ayako Kobayashi, Hiroko Nakajima, Miyu Yoshimoto.

三味線を奏で、語り物などを歌いながら、各地を門付けして歩く、盲目の女旅芸人・瞽女(ごぜ)。国の無形文化財保持者でもある最後の瞽女、故・小林ハルさんの半生を描いた人間ドラマ。生後3カ月で失明したハルは2歳の時に父と死別し、盲目のために7歳で瞽女になる。ハルが瞽女になると、それまでは優しく母のトメは、ハルを厳しくしつける。それは、母親が子を思う愛情故だったが、それに気づかぬままハルは8歳でフジ親方とともに初めての巡業の旅に出る。意地悪なフジ親方からは瞽女として生き抜く力を、サワ親方からは瞽女の心を授かり、一人前の瞽女として成長していく。

監督: 瀧澤正治『ベースボールキッズ』

出演: 川北のん、小林綾子、中島ひろ子、吉本実憂

CLOSING NIGHT SCREENING



© 2021 "It's a Flickering Life" Film Partners

IT'S A FLICKERING LIFE

キネマの神様

Wednesday June 29 • 7:00pm • 125min • 2021 • Director: Yoji Yamada
CANADIAN PREMIERE • In Japanese with English Subtitles

Master director Yoji Yamada's love letter to the Japanese film industry based on the novel by popular prize-winning novelist Maha Harada.

Goh is a passionate gambler and deadbeat dad whose wife Yoshiko and family have given up on him. He spends his days at the local rep theatre with Terashin, an old friend from their days working at a film studio. They reminisce about the days of their youth, chasing their dreams, surrounded by the great directors and famous stars who represented Japan's golden age of motion pictures, and about how they both fell in love with the same young women...

This heartwarming tale of love, family and friendship spanning a lifetime was nominated for multiple Japanese Academy Awards including Best Picture.

Starring Kenji Sawada, Masaki Suda, Mei Nagano, Nobuko Miyamoto.

原田マハの同名小説を山田洋次監督が映画化。「映画の神様」を信じ続ける男の人生と、彼を取り巻く人々との愛や友情、家族の物語を描く。無類のジャンル好きで妻や娘からも見放されているダメ親父のゴウは、若い時は映画監督を目指し、助監督として撮影現場で働いていた。撮影所近くの食堂の娘・淑子や仲間の映写技師テラシンとともに夢を追い求めていたが、初監督作「キネマの神様」の撮影初日に大ケガを負い、作品は幻となってしまふ。挫折を味わったゴウは夢を諦め、撮影所を辞めた。それから約50年、かつて自身が手がけた「キネマの神様」の脚本を孫が見つけたことで、ゴウの中で止まっていた夢が再び動き始める。

監督:山田洋次

出演:沢田研二、菅田将暉、永野芽郁、北川景子、宮本信子

山田洋次『男はつらいよ』シリーズ、

『小さいうち』『たそがれ清兵衛』

Screening Sponsor



© 2022 "Dreaming of the Meridian Arc" Film Partners

DREAMING OF THE MERIDIAN ARC

大河への道

Thursday June 30 • 7:00pm • 112min • 2022 • Director: Kenji Nakanishi
INTERNATIONAL PREMIERE • In Japanese with English Subtitles

In the present day, Katori City is in the process of sponsoring a historical TV drama about Tadataka Ino, the first person to make a map of Japan in 1821. During the process of creating the series, a staggering fact comes to light: the first map was not made by Tadataka Ino! In the Edo period, Tadataka Ino dies while surrounded by his pupils without the completion of his life's work. His pupils decide to conceal their master's death and carry out a secret operation to finish the map to honour their sensei. Hugely entertaining, witty and rich in historical detail, the film is inspired by Shinosuke Tatekawa's original rakugo comic performance.

Starring Kiichi Nakai, Keiko Kitagawa, Kenichi Matsuyama, Yukino Kishii, Isao Hashizume.

落語家・立川志の輔の創作落語「伊能忠敬物語 大河への道」の映画化。55歳から地図作りを始めた伊能忠敬。日本中を歩いて測量しながら、17年、1821年に完成させた初の日本地図「大日本沿海輿地全図」は、その精巧さに幕府のみならず、世界が驚愕した!その完成から200年、その裏に隠された秘密が、遂に明かされる。千葉県香取市市役所の総務課に務める池本は、市の観光振興策会議で、郷土の偉人、伊能忠敬を主人公とする大河ドラマの企画を提案したところ、通ってしまう。しかし、リサーチで、伊能忠敬は地図完成の3年前に亡くなっていたことが判明!江戸と令和、2つの時代を舞台に明かされていく日本初の全国地図誕生秘話。そこには地図を完成させるため、忠敬の弟子たちが命を懸けて取り組んだ隠密作戦があった。

監督:中西健二『花のあと』『青い鳥』

出演:中井貴一、松山ケンイチ、北川景子、岸井ゆきの、西村まさ彦、平田満、草刈正雄、橋爪功

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Tofino apologizes for 1947 motion to exclude Orientals
Minnon prevented Asians from owning property or businesses
Michael He Contributor

East meets West on the runway at Anime North's Kimono Fashion Show
Scott Luk Contributor

Comedian Toshiyuki Teruya's film explores a rare Okinawan tradition
Doreen Toshiyuki Teruya was in Toronto for the film's premiere
Kelly Fleck Staff



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