



2022年4月 APRIL 2022

IN THIS ISSUE - VOL. 48 ISSUE 4

APRIL FILM
SCREENING

四月の映画上映

MARTIAL ARTS @
JCCC

JCCC武道 クラス

CULTURAL
CLASSES

春季カルチャークラス



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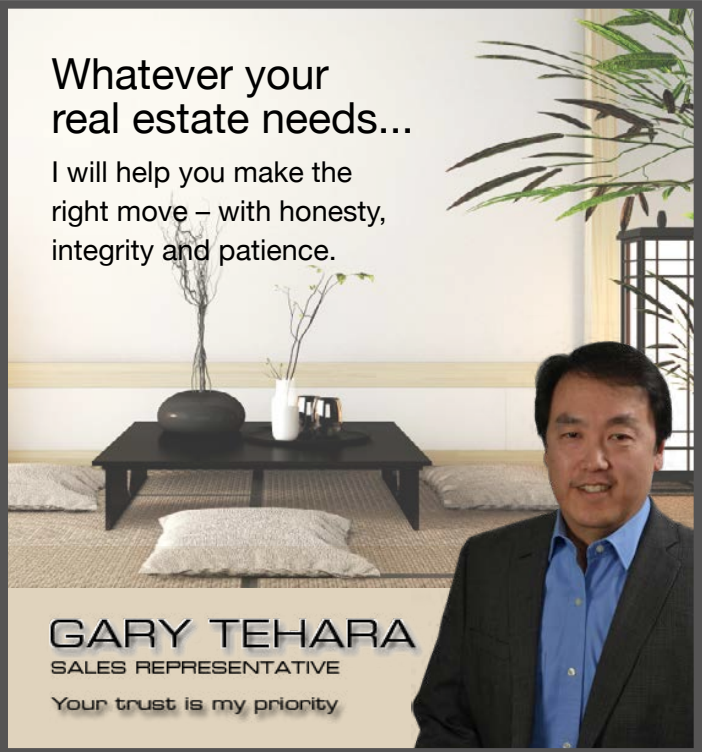
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*Office Space Available
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We have 1 or 2 office space(s) available or possibly coming available for lease at JCCC: 1 for 684 sf. and the other 1,911 sf. If interested, please contact our property manager, Jim Abe at:

Cell: (416) 884-8328
email: jim@abecopml.com
Or Nao Seko: (416) 579-6921



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AS WE MOVE TOWARDS THE NEXT PHASE OF REOPENING, OUR PROTOCOLS WILL BE CHANGING.

The JCCC is committed to the safety and the well-being of our staff, volunteers, members, visitors and community. We continue to take all reasonable steps to ensure risks to health and safety are identified, assessed and managed appropriately. In accordance with the Province of Ontario's reopening plan, as of March 1, 2022, proof of vaccination will no longer be required to enter the JCCC. However, for the foreseeable future the JCCC will require participants in registered programs including martial arts, cultural classes and clubs to be fully vaccinated. Full vaccination is also required for staff, instructors and volunteers. Other protective measures, such as strongly recommending masks/face coverings, social distancing, hand-washing and passive screening of patrons, will remain in place.

2021 - 2022 JCCC Board of Directors

President	Gary Kawaguchi
Past President/Advisor	Marty Kobayashi
VP, Heritage	Karen Webb
VP, Management	Brian Toda
Finance Chair	Linda Ono
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Directors	Ann Ashley
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	Ryan Lang
	David Moritsugu
	John Ota
	Cary Rothbart
	Nao Seko
	Elaine Shigeishi
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	(Former Ambassador of Canada to Japan)
	Janice Fukakusa
	William Hatanaka
	Steve Oikawa
	Connie Sugiyama
	Christine Nakamura
Community Relations Advisor	Sid Ikeda
Chair - Capital Campaign	Chris Hope
JCCC Foundation Chair	Janice Fukakusa

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YOUR NEWS IS WELCOME!
皆様からの寄稿をお待ちしております。

The submission deadline for the next issue is:
Friday, April 8, 2022.

次号締切日: 2022年04月8日(金)

Please email to newsletter@jccc.on.ca
Japanese Canadian Cultural Centre
6 Garamond Court, Toronto, M3C 1Z5
Phone: 416-441-2345
www.jccc.on.ca

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What's On at the JCCC

WE ARE OPEN. The JCCC is open 7 days a week, 10am to 5pm.

長らくお待たせしました!

毎日(週7日)午前10時から午後5時のスケジュールで開館中

New in April / 4月新

Events ・ イベント

Film Screening

SATURDAY APRIL 16 @ 2pm -

CONFIDENCE MAN JP - THE MOVIE

Please see [page 9](#) for details.

映画上映

土曜日4月16日2時

「コンフィデンスマンJP」

詳細は[9頁](#)。

Exhibitions ・ 館内展

Online: Women of Change

Please see [page 18](#) for details.

Coming Soon: May 2022

Sumi-e Summer in the JCCC Gallery

Please see [page 16](#) for details.

Coming Soon: June 2022

Tanuki in the MNHC

Please see [page 16](#) for details.

Ongoing / 開催中

Programs ・ クラス

Martial Arts Classes

Please see [page 13](#) for details.

武道クラスニュース

詳細は[13頁](#)。

Cultural and Recreational Class

Please see [page 14](#) for details.

文化・レクリエーションクラス

詳細は[14頁](#)。

Virtual Programs

Japanese Class – Spring session starts April 19

日本語冬季オンラインクラス (開催中)

Exhibitions ・ 展覧会

Open 7 Days a Week 10am - 5pm

館内展 毎日(週7日)午前10時から午後5時まで

Moriyama Nikkei Heritage Centre

Maru: Immigration Stories. Contact heritage@jccc.on.ca for a guided tour.

森山日系ヘリテージセンター

丸:日系移民物語 ツアーガイドをご希望の方はheritage@jccc.on.ca までご連絡ください。

JCCC Gallery and Online

Origami - The Art of Paper Folding

JCCCギャラリー

折り紙アート

Contact the JCCC ・ お問い合わせ

For enquiries, please contact respective staff directly [[see staff directory here](#)] or email us at jccc@jccc.on.ca. For general enquiries by telephone, please call **416-441-2345** during our operating hours (Mon-Sun, 10am-5pm).

担当スタッフに直接ご連絡([スタッフリストはこちら](#))、又は、jccc@jccc.on.caまでEメールをお送りください。

一般的なご質問は、**416-441-2345**内線222に電話、メッセージを残してください。開館時間内(月～日、午前10時～午後5時)にご連絡ください。

Membership Renewal ・ メンバーシップ更新

To renew your membership, you may use the following methods:

メンバーシップ更新には下記のオプションがあります。

Online Renewal

For your convenience, you can [renew your membership online here](#).

オンライン:

便利なお手続きは[こちら](#)。

By Phone

You may call the JCCC at **416-441-2345 ext. 222** during the JCCC's opening hours.

電話:

416-441-2345 内線222に電話、メッセージを残してください。JCCCスタッフが折り返しお電話をして、手続きを完了させていただきます。

By Mail

You may choose to mail in your membership renewal, along with a cheque or your credit card information.

郵便:

メンバーシップ申込み用紙にクレジットカード情報をご記入いただき郵送、又は、申込み用紙と共に小切手を同封の上、郵送ください。

By E-mail

You may email the JCCC at jccc@jccc.on.ca with your completed membership renewal form.

Eメール:

ご記入済みのメンバーシップ申込み用紙を jccc@jccc.on.ca宛にお送りください。

In Person

Visit the JCCC during our opening hours (Mon-Sun, 10am-5pm)

開館にて:

開館時間中においでください。毎日(週7日)午前10時～午後5時

詩乃さんとともに、皆様に早くお会いできることを心待ちにしております



Greeting from the Executive Director

館長メッセージ

Hi everyone,

Spring is here and I am happy to report that we will be returning to printed newsletters – as well as online – from our next issue. In the past month we have seen a steady return of old friends and familiar faces: martial artists, cultural class participants, museum visitors, gallery goers, rental clients and film fans. In May, we welcome Nagata Shachu to the Kobayashi Hall for a concert and our Sumi-e exhibit, in conjunction with the Sumi-e Artists of Canada, will open in the JCCC Gallery. In June, the Toronto Japanese Film Festival returns in its first onsite edition since 2019. There is much to look forward to so please come back soon to rekindle - or create new - Friendships through Culture.”

皆様こんにちは、

春になりましたね。まずうれしいニュースからです。COVID期間中、ニュースレターはオンライン版のみでしたが、いよいよ次号から印刷版が復活します。オンラインでも引き続きご覧になれます。先月は会館がオープンするや否や、沢山の懐かしいお顔をお迎えました。武道教室、カルチャークラス、ギャラリー見学、展示会、映画鑑賞等、目的も場面も様々です。さて、5月には永田社中が小林ホールに帰ってきます。JCCCギャラリーでは墨絵アートカナダとの共催で墨絵展が開催されます。6月には、2019年以来2年ぶりに小林ホールでトロント日本映画祭を開催します。その他色々企画があります。皆様のご来館をお待ちしております。「文化がわかる。心が通う。」JCCCのモットーを新たに胸に刻みながら、皆様と一緒に活動できるのを楽しんでいます。



Photo by KPMB Architects

JCCC Board Profiles

The JCCC Board of Directors and the JCCC Foundation have been working diligently throughout the pandemic to keep the Centre financially stable and prepared for when the doors can be opened and we can welcome everyone back. Since the start of the pandemic back in March 2020, both Boards have been meeting regularly via Zoom and working towards our goal to provide a safe environment for all.

Through the next few Newsletters we will introduce the directors so that the members and community can become familiar and get to know the people that have been elected to represent and make decisions for the JCCC now and in to the future. There are varied backgrounds, skills, expertise in specific areas that all complement a hardworking and dedicated Board(s).

The JCCC Foundation Board oversees the investment of donations raised by the JCCC and are stewarding the capital so that operating funds are available to the JCCC. Also, the Board administers the Japan Earthquake Relief Fund. Currently on this Board are: Chair Janice Fukakusa, Secretary Sharon Marubashi, Grace Greaves, Chris Hope, Gary Kawaguchi, Christine Nakamura, Steve Oikawa, Nao Seko, Wilson Tow, and Advisor Mark Matsumoto.

For this edition we will be introducing Chris Hope, Gary Kawaguchi, Marty Kobayashi, Sharon Marubashi, and Sid Ikeda:



Chris Hope

Chris Hope's earliest memories of the JCCC consist of watching his grandmother, Nancy Okura, rehearsing performances with the Hifumi Steppers in preparation for Caravan, multiple events involving soba, and cheering his uncle Tom Okura to international tournament victory as he sparred as a member of the Centre's Shito Ryu Itosukai Karate Club - all seemingly enjoyed from the same vantage point in the bustling main auditorium in the mid-1980's, possibly all on the same day.

An entertainment lawyer by trade, Chris is an MBA and a Chartered Corporate Director with a specialty in not-for-profit administration and governance.

For more than ten years, Chris has served with the JCCC Board of Directors in multiple capacities and prior to that as a member of the JCCC's heritage committee. He is currently the JCCC Capital Campaign Chair, and a member of the JCCC Foundation Board. In 2011, Chris had the honour of co-founding the Toronto Japanese Film Festival at the JCCC with JCCC Executive Director and serious Japanese cinemaphile, James Heron.

In 2012, Chris's documentary about his grandmother's experiences during the Japanese Canadian internment entitled *Hatsumi* was widely released in Canada, leading to many opportunities to speak to audiences in Canada, the U.S. and Japan about the Japanese Canadian internment. He produced the multiple award-winning music documentary *The Wrecking Crew* and continues to produce content as a volunteer for the JCCC, from Sakura Gala biographic videos to, most recently, the *Keep the Lantern Lit* fundraiser video updates.

Since 2013 Chris has also served as a member of the Board of Governors of the Japanese American National Museum (JANM) in Los Angeles, as the first and only non-American member of the JANM board to date.



Gary Kawaguchi

Gary has been a director on the board of the Japanese Canadian Cultural Centre (JCCC) since 1993 and currently serves as President (since 2009). He has also been on the board of the Japanese Canadian Cultural Centre Foundation since inception in 2001.

For over 25 years, Gary was an officer with Pepsi-Cola Canada, Canadian Tire, Canada Trust, Dundee Bancorp and Look Communications. From 2005 he built an insurance advisory and brokerage company specializing in employee group benefits, pension and Workers Compensation before selling his business in 2020 to Purves Redmond Limited one of Canada's largest independent insurance brokerage companies.

In 2014 Gary was also the President of the Summit Golf and Country Club and prior to that was on the board of the Canadian Cancer Society (Toronto).

He is proud to have supported the wonderful staff and volunteers of the JCCC for many years.



Marty Kobayashi

Marty, a sansei (third generation Japanese Canadian), was born and raised in Toronto. He is the middle child of three children of the late 'Coby' Yutaka and Yone Kobayashi, Founding Members and avid supporters of the JCCC.

Marty Kobayashi is a Past President of the Japanese Canadian Cultural Centre. He served as President for 12 terms, his tenure spanning 25+ years from 1983 to 2009. He chaired or co-chaired the long-running JC Community Picnic from 1978 until the final picnic in 2018. In 2013 he was awarded an Ontario Volunteer Service Award for 50 years of service.

He was also awarded the Order of the Rising Sun in 2017, Japan's equivalent of the Order of Canada, for devoting 5 decades to help promote heritage, culture and understanding between Canada and Japan.

For the past 30+ years, Marty has been an Investment Advisor, currently with iA Private Wealth. As an example of his commitment and support to the JC community, he was the first "corporate tenant" when he relocated his professional offices to the second floor of the JCCC in 2009.

Marty takes great pride in carrying on his family legacy of giving back. He is a role model to his two adult children, Kristin and Kevin, and is an outstanding example of a true volunteer. Marty has a reputation for being reliable, responsible, and most of all, humble.

His favourite vacation destination is Hawai'i where he's visited more times than he has fingers and toes.



Sharon Marubashi

Sharon has been involved with the JCCC for over 40 years now and has been a Director on the Board since 1995, the Foundation Board (since 2001) and also Chair of the Japanese and Japanese Canadian Network Organization (JCNO). Her roles have been Secretary on both Boards and also Chair or Co-Chair for many of the JCCC annual events and festivals. In 2011, Sharon was chosen to be part of the Japanese Canadian Leadership Delegation – a program of the Ministry of Foreign Affairs in Japan – to represent the JCCC and travelled to Japan which included meeting Princess Takamado in the itinerary.

Sharon attended University of Toronto and graduated with a Bachelor of Science in Psychology. She worked at CIBC and completed courses with the Institute of Canadian Bankers. She retired from CIBC in 2017, after 37 years, as a Financial Services Representative.



Sid Ikeda

Sid Ikeda's goal has always been to promote harmony and peace by working together. He has been involved with the JCCC since 1974 and served as President for nine terms. He has since taken on the role of Community Advisor to the Board and represents the JCCC at many functions. He was very active in the centennial celebration, a founding member of the JCCC Foundation, the Japanese and Japanese Canadian Network Organization, Momiji Health Care Society, and the Canadian Multicultural Council-Asians of Ontario. Sid has been on the advisory council to the Metropolitan Police Chief through the tenure of the last 4 chiefs. He has chaired and participated in countless fundraising events for charities.

In his career, Sid worked for Eaton's for 40 years and worked his way up to eventually become the National Environment and Energy Manager. He retired from Eaton's in 1996 and started the Ikeda Consulting Company to carry on in the field of Environment Energy and Public Relations.

Sid has received countless awards and recognitions, including The Order of the Rising Sun, Gold and Silver Rays from the Emperor of Japan, Japanese Government Award, Governor General Caring Canadian Award, Ontario Volunteer Service Award as well as awards from Toronto City Council, Police Dept. and the Queen Elizabeth II Diamond Jubilee Medal.

JCCC Honour our Seniors Event and JCCC Seniors Outreach Program Update

The Honour our Seniors event and the JCCC Seniors Outreach Program are supported through the Japanese Canadian Survivors Health and Wellness Fund (JCSHWF). They are intended for past and current JCCC members who were uprooted and displaced during WWII including those JC families that left B.C. during the war and whose children were born out of province from 1942-1949.

Additionally, the JCCC Seniors Outreach Program focuses on JC Survivors who, due to health and mobility issues, are not always able to attend JCCC events at the centre.

The Honour our Seniors event is an exciting one-day event where invitees will have the opportunity to meet with friends and family, explore archival photos from that time period, meet with others who shared the same experience, enjoy entertainment, and of course food! Invitations to this event will be mailed to those for whom we have contact information.

The JCCC Seniors Outreach Program has had a very positive response and we are near to capacity. The deadline for registering is April 4th so if you are an interested candidate, sign up soon. Program details will be sent out to registered participants after registration closes.

Volunteers for the JCCC Seniors Outreach Program are needed.

Briefly, some of the responsibilities include visiting with our participants, bringing them a bento, and helping them access online Zoom calls with friends and family.

If you are interested in volunteering for this outreach program, please register with JCCC reception (416-441-2345) and provide your contact information so we can invite you to an information session later this month.

For further information about the JCCC Seniors Outreach Program contact Donna Tsuji, donnattsuji@gmail.com or phone 416-385-0024.

Happy Birthday Kaye Kamanishi!



The JCCC would like to extend our Happiest 100th Birthday wishes to Kaye Kamanishi, seen in this photo of him from his Vancouver Asahi Baseball Club days. Though his birthday was in January, we hope that the celebration will continue all year long!

Bon Odori 2022

Spring is here, covid restrictions are lifting, and Bon odori practices will be held at the Toronto Buddhist Church again!

Obon is a Buddhist custom to honour one's ancestors. After 2 years of isolation, lockdown and perhaps limited exercise, come out to learn Japanese folk dances. Everyone is welcome and step-by-step instructions are given. No experience is necessary.

Practices are every Tuesday and Friday night starting Tuesday, April 19, 2022, from 8:00 – 9:30pm at the Toronto Buddhist Church and continue until the Bon Festival on Saturday, July 9, 2022. The practices will not be available online. Please note that masks will be required. For more information, please contact the Toronto Buddhist Church or tbcminyo@gmail.com.

Toronto Buddhist Church
1011 Sheppard Avenue West
416-534-4302 tbc@tbc.on.ca



CONFIDENCE MAN JP - THE MOVIE コンフィデンスマンJP

Saturday April 16 at 2:00pm

Admission (tax incl.):

\$8 JCCC member

\$10 non-member

In Japanese with English subtitles

[Tickets here ▶](#)

Dako, Boku-chan and Richard are professional con men whose ambitions reach far beyond Japan. Their sights are set on a legendary diamond said to be in the possession of ruthless Hong Kong mafia queen. Things get complicated when another con man and the yakuzu enter the chase! Hilarious and entertaining, this dizzying tale of con men, mobsters, and a grand heist, with a dash of personal intrigue, is sure to delight the whole family.

Starring Masami Nagasawa, Masahiro Higashide, Fumiyo Kohinata and Yuko Takeuchi.

THE TORONTO JAPANESE FILM FESTIVAL 2022 IS COMING BACK TO THE KOBAYASHI HALL!

After two successful virtual editions of the festival, our 2022 TJFF will return in person to the Kobayashi Hall from **June 16 to June 30!** Now in its 11th year, the Toronto Japanese Film Festival has grown into one of the largest cinema events of its kind in the world, showcasing the finest Japanese films that have been recognized for excellence by Japanese audiences and critics, international film festival audiences and the Japanese Film Academy. Programming addresses popular genres such as historical (samurai) jidaigeiki, contemporary dramas, comedies and action, literary adaptations, children's, art-house and anime films. All films shown are North American, Canadian, or Toronto premieres.

Single Film Ticket

JCCC Member:

\$12

Non-member:

\$15

*For Anime Films:
\$5 tickets for children aged
14 and under

5 FILM PASS

(100 passes are available)

JCCC Member:

\$55

Non-member:

\$70

10 FILM PASS

(100 passes are available)

JCCC Member:

\$110

Non-member:

\$140

We will announce our line-up and guests shortly. The festival will run June 16 to 30, 2022.

Tickets will go on sale **Wednesday May 11, 2022 at 10:00am** and multi-film passes will include a generous gift from our lead sponsor SHISEIDO CANADA.

For further information, please visit our website at www.jccc.on.ca or contact the JCCC at 416-441-2345.



Haru Matsuri

For the second year, Haru Matsuri/Spring Festival was mostly virtual once again. Unfortunately, the changing restrictions didn't allow us enough time to plan for the festival to occur in house.

We kicked off the festival early with a time lapse video of the setup of our Hina Ningyo. This was posted in time for Girls Day on March 3rd. In this fun little video, we were able to condense the 2-day volunteer driven process into just 2 minutes.

Also, with the cooperation of our martial arts and cultural performance groups, we were able to put together a selection of performances and demonstrations. This is a good way to check out some of the programs and classes that are all re-opening at the JCCC after the 2-year closure.

Both of these videos will be accessible from our website or directly on our Youtube channel until the end of March. Check them out if you haven't already.

We were able to do one small in-house activity with a painting event. Led by Leisl from Artist's Palette Durham Region, 8 enthusiastic painters created their individual masterpieces in just over 2 hours. It was incredible how differently each person interpreted the instructions but how beautifully each painting turned out. We hope to do more of these activities in the future.

We are hopeful next year will see a return to a more normal in-house festival. Mark your calendars for the first weekend in March and we'll see you then.



JCCC on the Web!



Although the JCCC has reopened, we are committed to providing ongoing online content for you. This month, we are highlighting the incredible women of the Japanese Canadian community through our [Women of Change exhibit](#), in partnership with the NNMCC in Burnaby, BC. In this month's Kokuban, in honour of International Women's Day, you will find more articles about some of the amazing women in our community.

Newsletter Survey

As we move closer to our full reopening of the JCCC, we are looking at ways to improve our newsletter. Please take a moment to answer a few questions for us, either [through this Google Survey](#), by email at theressat@jccc.on.ca or by mailing your responses to Newsletter at JCCC, 6 Garamond Court, Toronto, ON, M2H 1T8.



Podcast



What is your favourite feature of the JCCC newsletter?

What features MUST STAY in future newsletters? (from the Contents list)

What do you feel about the overall length of the online newsletter?

1. too short, 5. too long

Would you prefer your newsletter

1. Printed, 2. Online ?

How often would you like to receive a print copy?

1. Monthly, 2. every other month, 3. Quarterly

Thank you from the Newsletter Committee

Martial Arts

Registration for Next Sessions Begins April 4!

Kyudo
Kyudo Beginner Course
Iaido
Naginata

Some of our martial arts programs will be open for registration for the upcoming session – **Kyudo, Kyudo Beginner Course, Iaido and Naginata.**

Also, special mid-point entry for other martial arts programs - Aikido, Judo, Kendo, Jodo.



To learn more, [click here](#) ▶

Spring Cultural Classes



Japanese Language For Adults - Spring 2022

There were more than 60 students enrolled in our online Japanese Language Winter 2022. **In addition to the online classes, onsite Beginner Level 1 course will resume at JCCC this spring.** Our instructors teach with textbook along with slides, videos, Kahoot! and more. Conversational students discuss unique topics chosen by the instructor for each class. Spaces are limited. To register or to learn more, please visit www.jccc.on.ca.

Register Today ▶

Sogetsu Spring 2022 comes back to JCCC

Dates: Saturdays, April 30, May 28, June 11 (3 classes)

Time: Beginner Level 10:30am -12:00pm / Intermediate/Advance Level 12:30pm-2:00pm

Class Fee: \$45 + HST for 3 classes.

*JCCC membership is required.

Material Fee: \$25 + HST per day.

Registration will begin on Friday, April 1. The JCCC requires all participants in the cultural programs to be fully vaccinated. To register, please contact to JCCC Reception by email jccc@jccc.on.ca or phone (416-441-2345). The Space is limited.



SENIORS' SUPPER CLUB



Photo by Lisa Hobbs on Unsplash

Hanami Bento

Possible Bento Items

Vegetables

Japanese pickles
nappa tsukemono
beer zuke
instant takuwan
cold eggplant miso yaki
cold spinach shira'ae
carrot and daikon salad
cucumbers or cherry tomatoes
edamame
broccoli
radish

Starch

onigiri of any kind
inarizushi
store bought maki sushi
white rice

Meat & Proteins

leftover salmon miso yaki
Japanese hamburger meatballs
teriyaki chicken
baked tonkatsu
chicken wings
kamaboko
cubed tofu
beef rolls
shoyu wieners
salmon
shrimp

Sweets

cut fruit
small cookies
mochi or manju
...and anything else you might like!



No Cherry Blossom viewing party is complete without colorful hanami bentos. Specially prepared to enjoy during this important spring festival, these delightful bento boxes are brimming with the bounty of the season. They are meant to represent not only the cherry blossoms, but the arrival of Spring, so pink, red and orange hues predominate. The bento can contain anything that you would like to prepare or have on hand, but generally feature foods common to the spring.

Tips to keep in mind...

1. Make sure to choose items that will taste good cold. You will need to keep your bento chilled with an ice pack or in a cooler if you are going to be travelling for more than an hour to view cherry blossoms.
2. Keep preparation simple. Choose items that you can make from leftovers or that are simple to prepare the day before. On the morning of, you can add any items that need to be made fresh, like inarizushi or onigiri.
3. Consider store bought items. Although prepared bento are not as abundantly available in Toronto, you can supplement your bento with store bought salads, pickles, gyoza or meatballs in sauce. Fresh fruits and vegetables also make a great addition to your bento.



Calendar of Exhibitions

4月

COMING SOON
開催中



Women of Change

(Launching March 8, 2022 – International Women’s Day!)

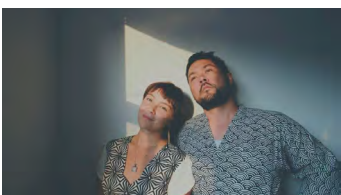
The culmination of a year-long digitization and research project focusing on the existing collections of Japanese Canadian women leaders, the JCCC and Nikkei National Museum & Cultural Centre present a virtual exhibit that highlights the incredible stories of six Japanese Canadian women who upheld the community for over a century: Tomiko Nishimura, Miyoshi Mickey Tanaka, Michiko Midge Ayukawa, Kinori Oka, Sono Nakazawa, and Maryka Omatsu. Women of Change will be available for viewing on Google Arts & Culture.



Sumi-e Summer

(Coming May 2022)

Debuting their first on-site exhibit since the closure of the JCCC, the JCCC Art Gallery in collaboration with the Sumi-e Artists of Canada brings Sumi-e Summer to the JCCC. Featuring 12 artists, visitors will be immersed in the wondrous and contemplative art of ink wash painting.



Tanuki

(Postponed to June 2022)

‘Tanuki’ is an anti-racist, interactive, multi-disciplinary, art installation by mixed-race musicians Annie Sumi and Brian Kobayakawa. A reflection on racial identity, healing ancestral trauma, and the fragmented history of the Japanese Canadian internment, this temporary exhibit is created with the help of shadow-puppeteer duo Mind of a Snail.

Origami Exhibit Community Submission: Leng Sladden

We have a new corner in the Origami Exhibit featuring Leng Sladden’s origami. Leng Sladden’s work incorporates story telling through the combination of different origami pieces, colours, and textures. Learn more about Leng and her beautiful folds in the Origami Exhibit.

Photo credit: Origami by Leng Sladden.



VOLUNTEER SPOTLIGHT MASAYO H., KIMIKO S., & AIKA H.



Over the last two years, the JCCC has had very few volunteers who were able to work with us onsite. In spite of the restrictions posed by the Covid 19 pandemic, when we asked for help with main entry vaccination checking, this group of women quickly stepped up. The JCCC would like to extend a sincere thank you to Masayo H, Kimiko S and Aika H who volunteered their time to do vaccination checks at the main entrance of the JCCC during December, January and February.

Thank you.

Come Visit Us at the JCCC

With the reopening of the JCCC, the Arts Committee welcomes you to Origami – The Art of Paper Folding, a new onsite pop-up exhibit available for viewing at the JCCC Gallery until last week of April.

The virtual exhibit presented by the JCCC Gallery and Origami Partners in the GTA explores the history of origami before inviting visitors to individual virtual rooms that features the works of origami artists Jackie Han, Tim Murphy, Miya Turnbull, and Mui-Ling Teh.

To access the virtual exhibition, click here.

In May, the JCCC Art Gallery in collaboration with the Sumi-e Artists of Canada brings Sumi-e Summer to the JCCC. Featuring 12 artists, visitors will be immersed in the wondrous and contemplative art of ink wash painting.

In June, the Moriyama Nikkei Heritage Centre will present ‘Tanuki’, an anti-racist, interactive, multi-disciplinary, art installation by mixed-race musicians Annie Sumi and Brian Kobayakawa. A reflection on racial identity, healing ancestral trauma, and the fragmented history of the Japanese Canadian internment, this temporary exhibit is created with the help of shadow-puppeteer duo Mind of a Snail.

In addition to these onsite exhibits, we have many great virtual exhibits available through our website at <https://jccc.on.ca/heritage>.

JCCC Venue Rentals

Parties • Banquets
Seminars • Conferences
Conventions • Craft Shows
Film Screenings • Performances • Fashion Shows
Contact: rentals@jccc.on.ca

6 Garamond Court, Toronto
(Don Mills & Eglinton)
Parking available

National Digitization Strategy

The Japanese Canadian Cultural Centre and the Nikkei National Museum & Cultural Centre are pleased to announce the development of the National Digitization Japanese Canadian Strategy. This strategic guide will be made available for any repository of Japanese Canadian archival materials and museum items to help lead future digitization projects. The NNMCC and JCCC are offering a short survey to help direct the strategy. This survey seeks to understand what points of Japanese Canadian history and heritage are important to the public. Participation in the survey is voluntary and can be withdrawn at any time. [To take the survey, click here.](#)

This project is funded by the Government of Canada, Digital Access to Heritage - Museum Assistance Program. This is a federal grant that "provides funding to heritage organizations to digitize collections, develop digital content and build their capacity in these areas." The strategy will be available nationally in both English and French. For more information please click here.

In addition to this survey we are pleased to host four online community consultation sessions via zoom. The next session will take place on Saturday April 2 11:00 am PST/2:00 pm EST. To sign up, click here.

For more information on the National Japanese Canadian Digitization Strategy please contact:

Rebecca Sekine (she/her), Policy Analyst

rsekine@nikkeiplace.org

Women of Change launches on Google Arts & Culture

The culmination of a year-long digitization and research project focusing on the existing collections of Japanese Canadian women leaders, the JCCC and Nikkei National Museum & Cultural Centre present a virtual exhibit that highlights the incredible stories of six Japanese Canadian women who upheld the community for over a century: Tomiko Nishimura, Miyoshi Mickey Tanaka, Michiko Midge Ayukawa, Kinori Oka, Sono Nakazawa, and Maryka Omatsu. Women of Change will be available for viewing on Google Arts & Culture.

University of Toronto student Sarah reviewed the exhibit for us.

Women of Change: Celebrating Japanese Canadian Leaders

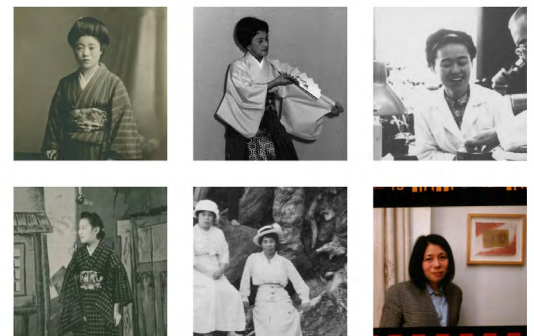
Exhibit Review by Sarah Cozzarin

Women of Change: Celebrating Japanese Canadian Leaders is a multi-media virtual experience incorporating personal photographs, newspaper articles, music, oral history videos, business records, artifact images and much more.

The exhibit showcases the individual and incredible stories of six Japanese Canadian women who upheld the community for over a century: Tomiko Nishimura, Miyoshi Mickey Tanaka, Michiko Midge Ayukawa, Kinori Oka, Sono Nakazawa, and Maryka Omatsu.

These amazing and revolutionary women battled racism and sexism, but nevertheless let their imprint on Canada and the Japanese Canadian community through poetry, the justice system, businesses, the science and medical field, and elevating Japanese Canadian culture and history. Visitors can take a chronological tour to explore the accomplishments and lives of these astounding women and their contributions to Canada and the Japanese Canadian community through Google Arts & Culture.

Women of Change exhibit is the culmination of a year-long cross-Canada collaborative digitization and research project of the existing collections of the Japanese Canadian Cultural Centre (JCCC) of Toronto Ontario, and Nikkei National Museum & Cultural Centre of Burnaby British Columbia. Women of Change is available for viewing on Google Arts & Culture, <https://artsandculture.google.com/story/AgWxM31G28YKlg>.



A Picture Bride Portrait of Kinori Oka (nee Shinohara), Nikkei National Museum & Cultural Centre 2001.28.2.1.4, From the collection of: Japanese Canadian Cultural Centre, A Photograph of Tomi Nishimura Posed with a Fan A Photograph of Tomi Nishimura Posed with a Fan, 1982, From the collection of: Japanese Canadian Cultural Centre, Mickey Tanaka and Dr. Friedman in a research lab, Nikkei National Museum ...

Kaze by Nagata Shachu and Toki Tatara

「風」永田社中 x 朱鷺たたら



KAZÉ (wind)

Nagata Shachu and Toki Tatara

「風」永田社中 x 朱鷺たたら

Sunday, May 1 at 7 pm

Tickets: \$40, \$35 JCCC members (tax incl. service fees apply)

To purchase tickets, Online ([ticketweb - click here](#)) or JCCC reception desk at 416-441-2345 (from Jan 5th)

日時: 5月1日(日)、午後7時(会場6時半)

チケット: 一般40ドル・JCCC会員35ドル (HST 込み)

お求めは、チケットウェブ(12月13日より) [こちらから](#) 又は、JCCC受付(1月5日より) 416.441.2345

Interview with Kiyoshi on the next page ▶

Nagata Shachu Japanese Taiko and Music Group and the JCCC proudly present "Kaze" featuring master bamboo flutist from Japan, Toki Tatara. Marking the first concert at Kobayashi Hall since the pandemic, Toronto's own Nagata Shachu will collaborate with Tatara in a performance that will seamlessly combine the worlds of shinobue (bamboo flute), taiko, and the three-stringed shamisen while exploring new possibilities for these traditional instruments.

Born in Kyoto, Tatara has spent her musical life in the research of bamboo flutes. She actively composes and performs many of her own works, having cultivated both Japanese traditional and Western classical techniques. In pursuit of the full potential of the shinobue which is somewhat nostalgic in the souls of the Japanese people, Tatara performs music that touches upon the hearts of this generation. Tatara has recorded several CDs and is the Director of the Japan Shinobue Association, professor at Okayama Niimi Public University, and shinobue music club instructor at the Ueno Gakuen Music University.

This concert is part of Nagata Shachu's 2021-2022 Concert Season "Saiki" sponsored by Marty Kobayashi (iA Private Wealth) and Air Canada.

You can also read an interview article "Aki Takahashi, a core member of Nagata Shachu" in March Kokuban.

新しい可能性を求めて! 和太鼓と竹笛の音色が交じり合い、引き立てあう

トロントを拠点とするカナダ随一の和太鼓グループ永田社中がJCCCに帰ってきます。

今回は篠笛奏者の朱鷺たたらさんとのコラボで、篠笛と和太鼓、三味線で繰り広げられる新しい永田社中の世界が披露されます。2020年3月のロックダウン以降、JCCCが小林ホールにてお送りする初のパフォーマンスイベント、華やかなコンサートをお楽しみください。

朱鷺たたら: 篠笛・能管奏者、作曲家

どこか懐かしく、日本人の魂に迫る竹笛の調べを、現代の人々の心にどう響かすかをテーマに活動。古典に独奏曲を持たない篠笛の可能性を追求するべく、作曲、演奏活動を行う。日本の伝統的な古典奏法と西洋音楽の学びで培ったテクニックを併せ持ち、高度な技術を駆使した演奏スタイルは、各方面から高い評価を得ている。

永田社中の中核メンバー、高橋アキさんのインタビュー記事(黒板3月号)もお楽しみください。



An Interview with Kiyoshi of Nagata Shachu

Kiyoshi has discussed about his/group's history, dreams, etc. as well as concert's highlight of up-coming concert at the JCCC.



1. Brief profile of Kiyoshi and Nagata Shachu

I have been playing taiko for forty years now. I first began by taking taiko classes at the JCCC and one year later, joined Toronto Suwa Daiko in 1983. After nine years in the group (and eventually becoming the group's leader), I moved to Japan to become an apprentice with the renowned Kodo drummers on Sado Island. For a full year, I trained to become a professional taiko player and lived communally with other students who came from across Japan. Upon returning to Canada in 1994, I began freelancing as a taiko artist and teacher before starting my own group Nagata Shachu in 1998. Ever since, the group has been extremely active touring, performing and producing its own three concert season, often collaborating with national and international guest artists. We have recorded several CDs and DVDs and teach public classes out of our studio in Scarborough.

2. Please discuss the appealing features of Wadaiko and differences from other styles of drums.

Wadaiko is unique I believe, in that you must use your entire body when striking the taiko. It is a very visual art form that incorporates choreographed movements, team work, physical stamina as well as spirituality and grace. The taiko can also be much larger than any other kind of drum (up to 8 feet in diameter!) which gives it its thunderous quality, and the bachi (drumsticks) can be the size of a small log.

3. How did you become involved in Taiko? Did you have a special moment/incident where you wanted to become a

professional Taiko drummer? What is the driving force to continue to work as a professional musician?

The first taiko performance I saw was at a multicultural festival called Caravan in 1981 where the JCCC invited a group from Japan called Osuwa Daiko led by Daihachi Oguchi, who is considered a taiko pioneer and grandmaster. I was mesmerized by the powerful sound of the taiko which I could feel with my entire body. It was also so beautiful to watch. A couple years later, I saw Kodo perform in Toronto. Their performance was extremely physical yet very expressive, flawless and artistic. It was at that point, I decided to pursue a career as a professional musician and I have never looked back. Despite the many hardships a musician can encounter, I am driven by my pursuit to grow and develop as an artist and to find new ways to use taiko as an instrument to express my creativity.

4. What is your dream? ---future plans for your/Nagata Shachu activities.

My dream is to continue to spread the sound of taiko to communities across Canada and around the world through both our live performances and videos. I truly believe that taiko has the ability to bring people together as its primal sound is a universal one which anyone can relate to. I hope Nagata Shachu will continue to grow both artistically and as an organization. Through our workshops and educational programs, we hope to inspire a new generation of younger taiko players who can continue to grow and expand this art form.

5. Can you tell us about the concert "Kaze"? What is a new aspect/difference of the collaboration concert? Which part of the show are you hoping the audience will notice?

Although Nagata Shachu regularly collaborates with artists from Japan and from a variety of genres, the collaboration with renowned shinobue (bamboo player) Toki Tataru is a very special one for us. As a female shinobue player, Tataru brings a uniquely feminine perspective to an instrument that has traditionally been dominated by men. Nagata Shachu is looking forward to creating new music and collaborating with an artist of such a high calibre, and we are excited to share the results of our efforts to those who will come to our concert at the JCCC!

5月1日にJCCCで公演を行う永田社中のリーダー、永田清さんにお話を伺いました。

1. 永田清さんと永田社中についてお話しください。

太鼓演奏を始めて40年になります。JCCCで太鼓クラスを取ったのが初めて、その一年後、1983年にトロント諏訪太鼓に入り、9年間諏訪太鼓で活動を続けました(グループリーダーも務めました)。その後、佐渡の鼓童のもとで修行するために日本へ渡り、丸一年間、日本各地から集まった訓練生と生活し、プロの太鼓奏者となるための特訓に励みました。1994年カナダに帰国し、1998年に永田社中を結成するまでの間、個人演奏や教授活動を行いました。グループ結成後はツアー、公演と精力的に活動、国内外の音楽家や舞踏家とのコラボコンサートも開催しています。永田社中はCD、DVDのレコーディング、スカーボロのスタジオでの和太鼓クラスも行っています。

2. 和太鼓/三味線/和楽器の魅力と、他国のドラムとの違いは何ですか？

和太鼓は体全体を使って演奏するという点から、とてもユニークであると思っています。又、振り付け、チームワーク、体力が必要とされる和太鼓は、精神性とその優美を併せ持ったビジュアルアートの最たるものです。他のドラムと比べて和太鼓はそのサイズでも特別で、大きいものでは直径8フィート、バチは小さい丸太ほどの大きさもあり、それが雷のような音を奏でます。

3. 和太鼓にはまり、プロとして活動しようと志したきっかけと、和楽器奏者として今まで続けてこられた原動力はなんですか？

初めて太鼓演奏を見たのは、JCCCで行われた1981年キャラバン(マルチカルチャーフェスティバル)で、太鼓のパイオニアとして名高い小口大八率いる諏訪太鼓の演奏でした。その時、体全体に響き渡る力強い音に驚かされました。それにビジュアル的に美しかったのです。その二年後に鼓童のトロント公演を見ました。鼓童のパフォーマンスは非常に肉体的であり、且つ表現力が豊かで、完璧な芸術でした。私がプロのミュージシャンを目指すことを決意したのはこの時で、以後この決断を後悔したことはありません。ミュージシャンがぶつかる数々の困難にもかかわらず、アーティストとして輝き、成長を目指し、和太鼓で創作表現をする新しい道を探求していくという気持ちが自分自身を動かし続けています。



4. 今後の夢は？

私の夢は自分たちのライブ公演と映像でカナダ全土はもとより世界中に和太鼓の音を広げ続けることです。太鼓の原始的な音はなじみやすく普遍的で、人々を一つにする力を持っていると私は確信しています。永田社中が芸術的にもグループとしても成長し続けることを願っています。又、ワークショップや教育プログラムを通して若い世代が触発され、この和太鼓という芸術を成長させ広げていってくれることも希望しています。

5. 今回のコラボ企画はこれまでのコンサートとどのように違うか、見どころを教えてください。

永田社中はジャンルの違う日本のアーティストと定期的にコラボを行っていますが、著名な篠笛奏者の朱鷺たたらさんとの今回のコラボは一段と特別なものです。たたらさんの演奏には男性主流の篠笛に女性ならではの表現が加わります。永田社中は、たたらさんのような力量あるアーティストとの共演で新しい音楽を作り上げていくことを楽しみにしています。そしてその努力の結晶をJCCC公演にいらっしゃる観客の方々と共感したいと思っています。

お待たせしました！JCCCライブラリー4月から再開です。

2020年3月のロックダウンより丸二年、書棚で眠っていた書籍貸出し、閲覧が4月より再開されます。最初の1-2か月は月二回(木曜日と土曜日)それぞれ1日)から始め、状況を見極めながら徐々に開館日を増やしていく予定です。4月のオープン日はウェブサイトでご確認ください。

皆様にお会いできるのを、ライブラリー関係者一同楽しみにしています。

ライブラリーでは閲覧日、貸出日をお手伝いくださるボランティアを募集しています。ご興味のある方(要、日本語)はharukoi@jccc.on.caまでご連絡ください。

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AS OF MARCH 6, 2022

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Mori***

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Mrs. Janice Gonsalves

Mrs. Claire (Joe) Nakamura

Mr. Ken &

Mrs. Cathy Nakamura (nee Otsu)

Mr. Matt & Mrs. Sharon Shintani

In memory of Tad Miura

Mr. Steve & Mrs. Laura Hirano

Mrs. Mitsy Miura

In memory of Teiko &

Yosh Kishimoto

Ms. Patti Kishimoto

***In memory of Tomi-Taro
Nishio***

Mrs. Dale Reid

In memory of Tony &

Kimi Takenaka

Mr. Regan Takenaka

In memory of Yosuhiko &

Kyoko Abe

Mr. Kevin Takahiko Abe

March 2022 Emergency Appeal Donation List
Correction

Mr. & Mrs. Karl Otani's donation should be

In honour of Mrs. Teruko Otani

We apologize for the error.



In the face of the COVID-19 outbreak, the Japanese Canadian Cultural Centre (JCCC) is facing unprecedented operating challenges and we need your help.

We closed the JCCC on March 16, 2020 cancelling all regular programs, classes and events planned until further notice.

Please consider supporting the JCCC Emergency Appeal. We know these are tough times for everyone so we welcome any donation. Thank you for your support.

DONATIONS

DONATIONS TO THE FRIENDS OF THE MORIYAMA NIKKEI HERITAGE CENTRE INSCRIPTIONS

AUGUST 15, 2015 TO PRESENT

THE JCCC GRATEFULLY ACKNOWLEDGES
THE FOLLOWING DONATIONS:

Individuals/Couples

Kihup Boo (夫)
In Memory of Mother Hiroko Fukushima
Jiro Fukushima
Chinatsu ICHIDA
Hiromi ICHIDA
Keiko ICHIDA
Yumi ICHIDA
Lucas, Sayaka, and Emika Koolma

Groups

Checkmate Development
Crow Creek Settlement Reunion

DONATIONS TO THE JCCC FOUNDATION

AS OF FEBRUARY 5, 2022

THE JCCC GRATEFULLY ACKNOWLEDGES
THE FOLLOWING DONATIONS:

General

Mr. William Hatanaka	40
Mr. & Mrs. Chris Hope	
In memory of Henry Sugiyama	250
In memory of Junko Yamamoto	250
Mr. Howard Ho Wun Wong	1,000
JERF	
Mrs. Doreen Oyagi	11,523

Foundation

Frischkorn Family Foundation
 In memory of Jim & Masako Shino

Share your favourite book and get recommendations for future reads at JFT Book Club Online!

Wednesday, April 13, 2022, 4:30 PM - 5:30 PM (ET)

Join our next Book Club online to interact with other book lovers interested in Japanese culture and share your passion and thoughts about a book of your choice. This will be an exciting opportunity to connect with other JFT Library users from different cultural backgrounds, find new and interesting books, authors, or themes, and develop a richer understanding of Japan!

Books to share may be any physical or electronic books by Japanese authors or about Japan in the JFT Library collection. You can search whether the book is part of the JFT's collection on our library catalogue or JF OverDrive (electronic books).

Email us to RSVP at library@jftor.org.

To get a new library card or to renew your existing JFT Library card, [please follow the instructions here](#).

読書会

Bring Your Own Book

Wednesday, April 13, 2022
4:30 PM - 5:30 PM (EST)

JFT BOOK CLUB ONLINE

JFT Online Language Events

Feel free to check out our [Sawakai](#) events for Japanese language teachers, as well as [Nihongo Salon](#) for teachers and advanced learners, all year round!

JFT日本語教師
オンライン茶話会

第45回：4月6日（水）
6:00 pm ~ 6:40 pm（東部時間）
トピック：〇〇先生の体験談
UNBC萩原先生「UNBC開発オンラインゲームの紹介」

健やかな老後をめざして その50

シニアと新型コロナウイルスとの共生...

新型コロナウイルス感染症 (COVID-19) と向き合いながら暮らす日々は既に2年以上となりました。次々と変異株が出現し、未だオミクロン株との闘いが続いています。2~3月に、オンタリオ州は感染者数、入院数や重症者数が減少していることにより行動制限を緩和しました。しかし、実際に感染しても自己管理であり、報告しない人々は統計に含まれていません。ともかく、オンタリオ州政府は諸々の状況を鑑みて「事態は収束に向かっている」と判断しましたが、行動緩和そのものは基礎疾患 (持病) を持つ人やシニアにとって安全で安心な生活が保障されたことを意味するものではありません。オンタリオ州および日本は「死亡者の約90%はシニアである」と報告しています。

オミクロン株は、同じコロナウイルスの仲間であるSARS (重症急性呼吸器症候群) やMERS (中東呼吸器症候群) に比べると、病気を引き起こす能力は強くないですが、感染力がとて強いのでワクチン接種していたとしても安心はできません。「3回目接種後2~3ヶ月で中和抗体の値は減少していくものの、入院や重症化率は抑えられている」との報告もありますが、有効性に関する検証がさらに必要です。

まずは持病の管理をしっかり行いましょう。特に、呼吸器系の病気のある人は、普段と比べて咳・だるさ・呼吸困難などの症状が強くなっていないかに注意しましょう。心血管系の病気があると重症化リスクは高まります。心臓と肺とは密接に関わっています。肺から新鮮な血液が心臓に送られ、心臓のポンプ機能によって全身を巡り、やがて心臓、そして肺へともどってくるのです。もし感染をきっかけに心臓の機能低下が進むと、容易に肺炎が悪化し、重症化しやすくなります。また「ウイルスが心臓の筋肉に感染して急性心筋炎を起こす」との報告もあります。

さて、人々の意識に欠けがちなのが慢性腎臓病です! 加齢に伴い、腎機能は確実に低下していきます。あなたの機能レベル (糸球体ろ過値e-GFR、-Creatinine値) を知っていますか? 検査したら、その数値にビックリするかも...それほど静かに深く落ちていくのです。初期段階では全く自覚症状はなく、だるさ、食欲不振、むくみ、血圧上昇、貧血や息切れ等の症状が現れた頃には既に進行しており、回復させるのは非常に難しいです。ですから、早期発見がとて大切です。新型コロナによって肺炎が起こると腎臓への血流が減り、急性腎障害が起こりやすく、腎機能低下のある人ではさらに悪化する恐れがあります。私は50代よりe-GFRとCreatinineのレベルを把握し、減塩や血圧管理などに心がけ、正常レベルを保っています。

また、糖尿病、高血圧、肥満などがあれば、やはり重症化リスクが気がかりですね。「糖尿病があると肺炎などのリスクは基本的に高くなる」「肥満があるとサイトカインストーム (免疫システムの暴走) が起こりやすく、様々な臓器に障害が起こって重症化する」と指摘されています。前述した種々な病気を合併していれば、なおさら注意が必要です!

持病があるからと言って、特別な予防方法はありません。基本的な対策 (マスク、手洗い、密閉・密集・密接を避ける) を徹底し、治療をしっかり継続しましょう。そして、心身の体調を整えるために食事、運動、休息と睡眠に一層の関心と工夫を!

マーナ豊澤英子

(医学博士 老年看護スペシャリスト mernagh@rogers.com)

Ball Players & Sponsors Needed for Sunday JC 3-PITCH League

Following a 2-year Covid hiatus, the Japanese Canadian 3-Pitch Baseball League is reopening for business as it enters its' 36th year at the end of May. The league is looking for additional Sponsor and Players.

The non-profit League, founded in 1987, is Co-ed, with Women and Men, between the ages of 18 and 70+ and skill levels from beginner to intermediate. Its' main objective is to provide a social, yet competitive environment for persons or families of Japanese Ancestry to participate and integrate together, to meet others sharing similar culture, heritage and interests, to have fun and make new friends.

Games are held on Sunday (excluding the July/August long weekends) mornings (9:30-12:00) from the May long weekend to the end of August in the Warden and Steeles Avenue area (Scarborough/Markham border). They host post-game BBQ's during the season and provide a subsidized banquet in September. Each team pitches to their own players (players hit every inning) in a slow pitch/lob ball format with each player receiving 3 (men) or 4 (women) pitches.

Membership Deadline: May 7th, 2022 First-Received, First-Enrolled.

Membership Fee: \$75.00 (no increase in 20 years!)

Includes: Team Sweater, Team Photograph, Refreshments at all games, League BBQs, Subsidized Banquet with Trophies & Door Prizes, All bases, bats, balls and other equipment, (players are asked to supply their own glove)

First Day of Play: Sunday, May 22nd

If you would like additional information about the J.C. 3-Pitch League, would like to Register to Play or would like to inquire about Sponsoring a Team, please contact one of the following committee members or check out their website: www.jc3pitch.com for Registration Forms and Information or contact one of the following:

Jon Nagamatsu 647-988-5036 (evenings)

Bob Doi email: JC3Pitch@gmail.com



JC3-Pitch Committee Members Past and Present (Left to Right):
Back Row: Rob Takimoto, Paul Takasaki, Mike Ogino, Tod Nagamatsu
Front Row: Bob Doi, Jon Nagamatsu, Glen Kawaguchi

読書の時間 - 書店が選ぶおススメ本



大谷翔平野球翔年 |

開幕直後から、エンゼルスで投打に大活躍をする大谷翔平のプロ野球での5年間の軌跡とメジャーリーグでの可能性を本人の肉声とともに綴る。

プロでは“不可能”“非常識”と言われた二刀流に挑み、投打ともに驚異のレベルで進化し続け、結果を残せたのはなぜか。その理由は技術・体力はもちろんのこと、大谷翔平独自の思考法や“可能性”を信じ続けることができる信念の強さにあった。

高校卒業後にメジャー挑戦を公言しながらも、日本ハム入団を決めた経緯や、ペーブルス以来となる「10勝10本塁打」の快挙、二刀流で最多勝の衝撃の裏側が5年間の定点観測と大谷本人の言葉により立体的に浮かび上がる

石田雄太／著
 出版社名：文藝春秋
 出版年月：2022年3月
 ISBNコード：978-4-16-791852-1
 店頭価格：\$20.70+TAX



まだ誰も見たことのない「未来」の話しよう

天才デジタル相が現時点で語る、これからの未来のことと、そのために私たちができること。デジタル化、ネットワーク化が進む一方、SDGsのような地球規模の課題がある現在、オードリーさんが考える未来と、それに向けて私たちができることをまとめました。まったく新しい世の中が訪れようとする今、オードリーさんの言葉は「誰一人取り残さない」世の中のためのメッセージが詰まった1冊となっており、これからの世界を知りたい方、今後の社会で何をすべきかを考えたい方は必見です。

オードリー・タン／語り 近藤弥生子／執筆
 出版社名：SBクリエイティブ
 出版年月：2022年3月
 ISBNコード：978-4-8156-1222-1
 店頭価格：\$21.00+TAX

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JSS プログラム:2022年4月

2022年4月に予定されている Zoom(オンライン会議ツール)を使ってのプログラムのお知らせです。詳細やお申込みは各リンクから、または416-385-9200 / programs@jss.ca) まで。

(1) モミジ&JSSオンライン講座シリーズ

※登録可能な講座・過去の講座一覧などシリーズ情報は、[こちらからどうぞ](#)。

「東アジアのお茶文化」

4月13日(水) 15時 英語

リラックスしたい、心地よく過ごしたい。そんなとき、「お茶を飲む」という行為は、意識するしないに関わらず私たちの多くがしていることのひとつではないでしょうか。今回の講座では東アジアの3か国 ~ 日中韓でのお茶文化を、それぞれの国の出身者のみなさんに紹介いただきながら触れていきます。異なるタイプのお茶とそれらの文化や美学に触れながら、みなさんの生活の中でのセルフケアや交流の場への活用など、お茶との関係をぜひ深めてみませんか？

※詳細・お申込みは [こちら](#)



「春のオンラインコンサート♪」

4月27日(水) 15時 日本語

音楽を聴く事は、気分を盛り上げてくれたり、心身をリラックスさせてくれるなど、心と身体に様々な良い影響をもたらす事が知られています。しかし、パンデミック以降、演奏会などで音楽に触れる機会が減ってしまった人も多いのではないのでしょうか。そこで、今回は現在トロントで活躍中のシンガーソングライター一筒井柚紀子さんを招いて、オンラインコンサートを行います。オールディーズから昭和の歌謡曲、そして登録フォームよりいただいたリクエスト曲まで、1時間に渡って様々な曲を披露して頂きます。この機会に思い出しの1曲をリクエストしてみませんか？

※詳細・お申込みは [こちら](#)



(2)レギュラーJSSオンラインプログラム

1. クラフトクラブ交流会 (craftclub@jss.ca)

縫い物 4月6日(水) 10時半-正午

「小さく畳めて便利なエコバッグ」

編み物 4月20日(水) 10時半-正午

「ポシェット型スマホケース」

2. ホットランチ交流会

4月27日(第4水曜) 10時半-正午 (hotlunch@jss.ca)

3. シングルマザーサポートグループ

月1回。お問合せは SMSG@jss.caまで。

4. やさしいシニアヨガ

第7期:3/14~4/25 *4/18除く。 ※詳細・お申込みは [こちら](#)

Check out our upcoming April programs! *Pre-registration required. Click each link and/or contact 416-385-9200 / programs@jss.ca for more details & RSVP.

(1) e-Learning Series

*Click [here](#) for the list of seminars & past recordings.

Tea Culture in East Asia

Wed. April 13, 3pm (English)

What many of us do when you want to feel cozy and soothing? There are many ideas each of us can come up with, but surely having tea that comfort or energize you, can be very popular! This seminar introduces different tea and tea culture in three East Asian countries – China, Japan, and South Korea. The three presenters who have origin to these countries will show you a slice of the world of their tea. Let's learn various types of tea, experience these cultures and aesthetic, and incorporate into your daily life, from self-care to social occasions!

*Click [here](#) to register

Online Spring Concert ♪

Wed. April 27, 3pm (Japanese)

Listening to music is known to have many positive effects, such as lifting the mood and relaxing the mind and body. However, many people may have had fewer opportunities to experience music at concerts since the pandemic. Therefore, in this joint seminar, we will invite Yukiko Tsutsui, a singer-songwriter currently based in Toronto, to hold an online concert. She will perform various songs, from oldies to Showa-era songs and songs requested through the registration form. Why don't you take this opportunity to request your memorable song?

*Click [here](#) to register

(2) JSS Regular Online Programs (in Japanese)

1. Craft Club Social (Knitting) *RVSP at craftclub@jss.ca

Sewing: Wed. April. 6, 10:30am to noon

"Make your own foldable shopping bags"

Knitting : Wed. April 20, 10:30am to noon

"How to make a smart phone purse"

2. Hot Lunch Social Wed. April 27, (4th Wed) 10:30am to noon

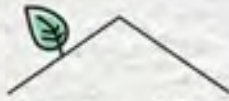
*RVSP at hotlunch@jss.ca

3. Online Single Mothers Support Group (monthly)

Inquire to SMSG@jss.ca

4. Easy Senior Yoga

7th term: From Mar.14 to Apr. 25. Click [here](#) to register.



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Summer Reading List
A curated list of the best new books from Japanese Canadian and American authors this year
Summer Reading List P. 9

Uncovering the life of a cultural trailblazer
Author Kyō Makino explores the life of Gyo'okuplana in her new children's book
Summer Reading List P. 10

NIKKEI VOICE
THE JAPANESE CANADIAN NATIONAL NEWSPAPER
SUMMER 2019 VOL. 33 NO. 6

Kimono fashion show
Tofino apologizes for 1947 motion to exclude Orientals
Minnon prevented Asians from owning property or businesses
Michael He
Contributor

East meets West on the runway at Anime North's Kimono Fashion Show
Scott Luk
Contributor

Comedian Toshiyuki Teruya's film explores a rare Okinawan tradition
Director Toshiyuki Teruya was in Toronto for the film's premiere
Kelly Fleck
Editor



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