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	<i>Karen Gordon</i>	化
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	<i>Chris Hope</i>	館
	<i>Kristin Kobayashi-Reid</i>	役
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	<i>Cary Rothbart</i>	ス
	<i>Ross Saito</i>	タ
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	<i>Karen Webb</i>	フ
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Calendar of Events

Dec			
	Sun	1	JCCC Fuyu Matsuri – Winter Festival 冬まつり - ウィンターフェスティバル
	Thu	5	JCCC Movie Night 'FIRST LOVE' JCCC 月例映画上映会 - 初恋
	Sat	7	JCCC Karaoke Club JCCC カラオケクラブ
	Sat	14	JCCC Taiko Workshop 和太鼓ワークショップ
	Sat	21	JCCC Karaoke Club JCCC カラオケクラブ
	Wed	25	JCCC Closed – Christmas Day JCCC 休館
	Thu	26	JCCC Closed – Boxing Day JCCC 休館
	Tue	31	New Year's Eve Dinner and Dance ニューイヤーマイブ ディナー & ダンス
	Tue	31	JCCC Euchre Night JCCC ユーカーナイト
Jan			
	Wed	1	JCCC Closed – New Year's Day JCCC 休館
	Wed	1	JCCC Shin-Nen Kai JCCC 新年会
	Sat	11	JCCC Karaoke Club New Year's Party JCCC カラオケクラブ新年会
	Sat	11	JCCC Taiko Workshop 和太鼓ワークショップ
	Thu	16	Origami Workshop 折り紙ワークショップ
	Mon	20	Japanese Homestyle Cooking Demonstration 和食家庭料理教室
	Sat	25	JCCC Karaoke Club JCCC カラオケクラブ
	Sun	26	Oshogatsu Kai JCCC お正月会
Feb			
	Sun	2	JCCC Winter Movie Screening JCCC 冬の映画鑑賞会
	Sat	8	JCCC Taiko Workshop 和太鼓ワークショップ
	Sat	8	JCCC Karaoke Club JCCC カラオケクラブ
	Mon	17	JCCC Closed – Family Day JCCC 休館
	Thu	20	Origami Workshop 折り紙ワークショップ
	Sat	22	JCCC Karaoke Club JCCC カラオケクラブ
	Mon	24	Japanese Homestyle Cooking Demonstration 和食家庭料理教室
	Sat	29	JCCC Haru Matsuri (& Sun March 1) JCCC 春祭り



Holiday Greetings



Happy Holidays and Wishing you a wonderful 2020.

On behalf of the JCCC, I would like to thank you for your participation and support over the past year. We have had another

very successful year thanks to you and the hard working staff and dedication of over 1,100 volunteers. Collectively, this speaks volumes to your passion for the JCCC and I have the greatest of respect and appreciation for your support.

It is hard to believe that we have been in our new location at 6 Garamond for over 20 years already. The JCCC has grown so much over the years and the future looks very promising. To position the JCCC for decades of continued success and to keep investing in our building, we will be launching a new capital campaign in 2020 with more details to follow in the new year.

Internationally the JCCC is a recognized force in cultural and heritage programming with the highly successful Toronto Japanese Film Festival, heritage content and programming being shared around the world, including the latest Moriyama retrospective heading to the Canadian Embassy in Tokyo in the near future. 2020 is also the year of the Tokyo Olympics and the JCCC will be an exciting focal point for Toronto with festival activity and event viewing in partnership with CBC Sports.

I would also like to thank all the board members of the JCCC and the JCCC Foundation for all of their effort over the past busy year.

I wish you, your families and friends a safe and happy holiday season and hope that you have a new year full of good health, promise and prosperity.



Sincerely
Gary Kawaguchi President



2019 was another extraordinary year at the JCCC. Highlights of the year include sold out cultural performances in the Kobayashi Hall; visits by major stars, directors to our

8th annual Toronto Japanese Film Festival (the festival was even invited to Tokyo for a 10-day retrospective of our films); as well as a visit by Her Imperial Highness Princess Takamado who also received this year's Sakura Award.

In 2020, we continue to press on with the construction of the Chris Kano Taiko Studio, and are anticipating a new permanent exhibit in the Moriyama Nikkei Heritage Centre.

The uninitiated might ask: "How could such a small community create one of most vibrant Japanese cultural centres in the world?" The answer is simple. The JCCC is blessed with a multitude of selfless volunteers, an active membership and community, a committed board of directors and a dedicated staff.

Finally, I want to offer my sincere thanks to the community for giving me the chance to be a part of the Centre again for this, my seventeenth year. It is an honour and I do my best to serve the community in the manner it deserves. I wish you a Merry Christmas, a Happy Holiday and a Wonderful 2020.

良いお年をお迎えください。来年もどうぞよろしく願い致します。

With warmest regards



James Heron Executive Director



2019 has been another very busy year at the Foundation and we are proud to be a part of JCCC's achievements and contributions to the community.

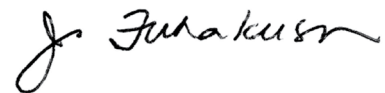
The Japan Earthquake Relief Fund, which is administered by the JCCC Foundation, has now awarded 121 scholarships to 51 qualified undergraduate and graduate students from the Tohoku region, since 2013, helping to finance several university terms of their university education, with many more to come.

We continue to oversee the investment of donations raised by the JCCC to fund operations and are engaged in ensuring that we are stewarding the capital so that operating funds are always available to the JCCC.

I would like to acknowledge and thank my board members for all the work this year in setting the course for our Foundation and providing wise counsel throughout the year. I am very thankful that we have a very engaged Committee.

On behalf of the Board of Directors of the JCCC Foundation I wish you and your families a safe and happy holiday season and a healthy and prosperous New Year!

Sincerely,



Janice Fukakusa Chair, JCCC Foundation

JCCC Holiday Events

New Year Eve Dinner and Dance

Date: **Tuesday December 31, 2019**
Time: 6:00pm
Tickets: \$120 per person



The JCCC's New Year's Eve Celebration will be held on **Tuesday December 31, 2019** in the Kobayashi Hall.

For \$120 per person, you can enjoy a night of great food, ballroom dancing, party favours, midnight champagne and snacks. In addition, there are fabulous door prize draws and spot dances throughout the

evening.

Ralph and Theresa Yuan will be returning this year with the music for dancing and fun on Toronto's finest double sprung dance floors. Calvert's Catering will again be serving their classic Prime Rib Roast Beef buffet. Seating arrangements are for 8 - 10 people per table.

Don't delay or you will miss the **Monday December 9, 2019** deadline.

Call the JCCC at 416-441-2345 for more information or to reserve your tickets today.

JCCC NEW YEAR'S EVE EUCHRE NIGHT

Date: **Tuesday December 31, 2019**
Doors open at 7:00pm,
Play starts at 7:45pm.

Join us on New Year's Eve, **Tuesday December 31, 2019**, for a night of friends, fun and a little card playing finesse. There will be a cash bar, light refreshments, champagne toast and cash prizes for the top scores! Scoring system is individually based; no set partners.

Entry fee: JCCC member \$17 (incl. HST) /General \$21 (incl HST)
Entry is limited to experienced players ages 19 years and older.



Deadline for registration is **Monday December 16, 2019**. Spaces are limited!
For more information or to register, call the JCCC at 416-441-2345.

新 年 会 *SHIN-NEN KAI DINNER*



Date: **Wednesday January 1, 2020**
Doors open at 4:00pm
Dinner begins at 5:00pm.

Tickets:

Adult \$70.00+HST
Children (6-12) \$35.00+HST
Children 5 and under are free.

*For seating purposes, please ask for an under 5 years ticket.

**Groups that are 8 people or more get \$5.00 off the adult price.

The JCCC and Tori Ichi present the 19th annual JCCC Shin-Nen Kai on Wednesday January 1, 2020, a glorious array of delicious festive food.

Master Chef Kunio Ishii has once again teamed up with the JCCC to present a sumptuous start to the New Year. Classically trained in French and Japanese cuisine and experienced in Hilton kitchens internationally, Ishii-san currently operates a highly successful catering company. Locally, at the former Hilton Harbour Castle in Toronto, he held the prestigious title of Main Kitchen Sous-Chef.

The 2020 Shin-Nen Kai will feature door prizes, a 50/50 raffle, and of course, the star of the show - an absolutely luscious buffet. Over

two dozen dishes of mouth-watering Osechi Ryori (traditional Japanese New Year' fare), sushi and yoshoku (North American fare) will tempt your taste buds. A cash bar is also provided.

We will also be presenting a short entertainment program following dinner. This year we are pleased to be presenting the music of Mrs. Eiko Mernagh. Mrs. Mernagh has been a regular performer with the Toronto Kohaku Utagassen. She just released her debut album, INORI c/w Geido Hitosuji, in Japan. This is sure to be special part of the evening.

Bring your friends and family to this unique New Year's Day event like no other in Toronto.

The last day for tickets sales is **Friday December 13, 2019**.

Seating is limited so please call the JCCC 416-441-2345 to purchase your tickets today.

JCCC Events in 2020

New Year's Festival お正月会 2020

Date: **Sunday January 26, 2020**

Time: 11:00am - 3:00pm

Admission:

JCCC members \$5

JCCC Family Members \$15

(up to 2 adults and 3 children)

General \$7

General Family \$18

Senior \$5

Child (6-12yrs old) \$5

Child under 5yrs old Free

Let's celebrate the New Reiwa Era and have fun at JCCC New Year's Festival, which kicks off with the exciting sound of Taiko Drumming!

The Japanese traditional shishimai lion dance, authentic jinja Japanese shrine display (take photos and post them on social media!) and find out your luck with the omikuji fortune draw, kakizome Japanese New Year calligraphy, matcha tea ceremony, a lot of delicious food stands and entertainment!! Come join and experience Mochi rice cake making (mochitsuki) as well.

And also, kids can have a wonderful time in the traditional Japanese New Year's Games area. There is koma top-spinning, hagoita Japanese badminton using decorated wooden paddles, and much more!!

Be sure to arrive early and receive a Otoshidama Lucky New Year Gift! (given out to first 100 children)

For vendor application and details, contact JCCC reception at 416-441-2345 or jccc@jccc.on.ca

2020年、令和になって初めてのお正月会は、大太鼓で幕開け。獅子舞、期間限定JCCC神社に巫女さんのおみくじ、ふるまい餅、美味しいお食事の数々やエンターテイメントと盛りだくさん!

書初めやお茶席、子供が楽しめる羽根つきやコマ回し、カルタ取りなどの他、各種ベンダーさんの出店もありますよ。先着100名の来場のお子様にはお年玉配布!!みなさん、ぜひご来場くださいね!!

お正月会にご出店ご希望の方は、JCCC受付416-441-2345又はjccc@jccc.on.caまでご連絡ください。

Haru Matsuri 春まつり 2020

Date: **Saturday February 29
& Sunday March 1, 2020**

Time: 12:00pm - 5:00pm



Every year as we prepare for this issue of the newsletter it always seems too early to talk about Haru Matsuri. But with the early arrival of snow and extreme cold weather days, we may be anxious to celebrate with this traditional start to spring!!

As always, the JCCC and Kobayashi Hall will be colourfully and elaborately decorated to welcome spring's arrival. Festival guests entering the JCCC will be greeted by an elaborate display of Hina Matsuri Dolls.

Haru Matsuri will feature an array of demonstrations by instructors of Japanese arts and crafts such as Ikebana (flower arranging), Bunka Shishu (embroidery), Sumi-e (brush painting), and Cha-no-yu (Tea Ceremony). The JCCC offers classes in all of these areas and you can sign up for our Spring programmes after trying each one. In addition, there will be many vendor booths selling a wide variety of products.

The JCCC's martial artists will demonstrate the techniques of "The Way of the Warrior" through Aikido, Judo, Karate, Iaido, Naginata, Kyudo, Jodo and Kendo.

For entertainment, there will be odori (traditional Japanese dancing), taiko (Japanese drumming) and you can also enjoy the "tranquil" moments of a tea ceremony demonstration. Delicious Japanese cuisine will also be available in the food court.

So mark your new 2020 calendar as soon as you get it. With the leap year this year, we will be celebrating a little bit earlier on **February 29 and March 1, 2020**. Keep your eyes open for more information in the February issue of the newsletter. Then, gather your family and friends and come to the JCCC, and join us as we celebrate the arrival of Spring!

Winter Movie Screening 'Kingdom' 冬の映画鑑賞会「キングダム」

Date: **Sunday February 2, 2020**

Time: 2:00pm

Tickets: \$10 JCCC member (JCCC会員)

\$12 General (一般)

Tickets on sale now! Call JCCC 416-441-2345 or visit ticketweb.ca
日系文化会館 416-441-2345、またはwww.ticketweb.caにてチケット発売中。



Based on Yasuhisa Hara's bestselling adventure-historical manga series and boasting an all-star cast, Kingdom is a thrilling action/drama spectacle filled with intrigue, treachery, daring fight sequences, and heart.

Orphaned by war, a young boy and his friend dream of changing their fate and becoming the world's greatest generals. After his friend sacrifices himself to protect the future emperor, the young boy's path to greatness is set in motion. Helping the king reclaim the throne puts the boy's blade to the ultimate test as they go against deadly assassins, massive armies, and the dangerous mountain clan. In a country torn apart by war, only they can fight to unite the warring states! Director Shinsuke Sato (Inuyashiki, I am a Hero) presents a fictionalized account of ancient China during the Warring States Period (475-221 BC) that will leave you breathless!

Starring: Kento Yamazaki, Ryo Yoshizawa, Masami Nagasawa, Kanna Hashimoto, Kanata Hongo

単行本発行部数累計3800万部を超える原泰久のベストセラー漫画「キングダム」の実写映画化。次々と繰り出されるド派手なアクションシーンとスリル満載のストーリー。

春秋戦国時代の秦の国。戦災孤児の少年、信と漂は天下の大將軍になることを目標に掲げ、日々の剣術の鍛錬に励んでいた。若き王を守るために犠牲になった漂の意志を継ぎ、信は王宮奪還のために立ち上がる。信にとって、暗殺者や軍隊、山賊との闘いは、友と競いあって磨いた剣術の実践の場となる。二つに引き裂かれた国を再び一つにするために、彼らは戦いを挑む。

原作:原泰久「キングダム」(集英社「週刊ヤングジャンプ」連載)

監督:佐藤信介(「いぬやしき」「アイアムアヒーロー」)

脚本:黒岩勉、佐藤信介、原泰久

出演:山崎賢人、吉沢亮、長澤まさみ、橋本環奈、本郷奏多、満島真之介、高嶋政宏

March Break Kamp Kodomo Don't miss out on the all the March Break fun at the JCCC!!!

Our March Break camp features many favourite activities including martial arts and an off-site trip.

The camp operates from 9:00am to 4:30pm from **Monday March 16 to Friday March 20, 2020**. New fees for this program are \$220 per child for the session, or \$200 if you register by **January 21, 2019**. JCCC members are \$210 or \$195 if you register by **January 20, 2020**. If you have more than one child to register, the 2nd (or more) child from the same family will receive a 5% discount (sorry, this discount is not available for early bird pricing).

Extended camp care is available from 8:00am to 9:00am and from 4:30pm to 6:00pm with an additional cost of \$35.

Camp fees cover all materials, two nutritional snacks per day, and a special activity. Campers are required to bring a lunch and drink.

Registration deadline is **Friday March 6, 2020** and Kamp Kodomo's maximum attendance is 20 children.

For more information or to register, please consult the enclosed flyer, call 416-441-2345 or check the website at www.jccc.on.ca.



YOUR GIFT AND THE FRED SASAKI WALL OF HONOUR



Dear Members,

We are pleased to announce that we will be updating the FRED SASAKI WALL OF HONOUR in early 2020 to reflect recent gifts, as well as new Ishizue and Sakura Award recipients.

If you are contemplating making a donation this year, please take this opportunity to see how you can move yourself, your family or organization to a higher recognition category. The JCCC would be pleased to provide an up-to-date figure representing your cumulative gift, or to discuss how we can facilitate your generosity. To inquire further, please contact Executive Director James Heron or Donations Manager Yayoi Kawabe at 416-441-2345.

As the year draws to an end, making donations is also a great option to consider for lightening personal income tax burdens.

Your gift enables to the JCCC to continue presenting quality programmes and events that are essential to the ongoing preservation and promotion of Japanese Canadian culture and heritage.

Photo courtesy of Yosh Inouye

JCCC Reception and Building Holiday Hours

	Reception	Building
Tue. Dec. 24	8:30am - 3:00pm	8:30am - 4pm
Wed. Dec. 25	CLOSED	
Thu. Dec. 26		
Fri. Dec. 27	8:30am - 6:00pm	closes at 6pm
Sat. Dec. 28	8:30am - 4:00pm	
Sun. Dec. 29		
Mon. Dec. 30	8:30am - 6:00pm	
Tue. Dec. 31		
Wed. Jan. 1, 2020	*CLOSED	

*Wed. Jan. 1, 2020; Open only for Shin-Nen Kai Dinner

Regular Hours resume from **Thursday January 2, 2020

JCCCライブラリースケジュール JCCC LIBRARY SCHEDULE

日 SUN & 月 MON	休館 Closed	
火 TUE	貸出・閲覧 Lending	10am - 2pm
水 WED	貸出・閲覧 Lending	1- 5pm
木 THURS	貸出・閲覧 Lending	10am - 2pm
金 FRI	閲覧のみ Non-Lending	10am - 2pm Computer Clinic 2-5pm
土 SAT	貸出・閲覧 Lending	1- 5pm

Closing schedule 特別休館予定日:

December 24, 2019 – January 3, 2020

Special openings 特別会館予定日:

Sun. December 1, 2019 – Fuyu Matsuri Hours

Sun. January 26, 2020 – Oshogatsu Kai Hours

JCCC Winter 2020 Class and Workshop Schedule

Hawaiian Hula Dance

10 Classes

Beginner Class ****NEW!**

Introduction to APARIMA and HULA
Introduction to learning proper technique and choreography for APARIMA (Tahiti) and HULA (Hawaii).

Start Date: **Monday January 6, 2020**
(No class on Feb 17)

Time: 8:00pm - 9:00pm

Fee: \$60 (plus HST)

This class is open to those who have some or no previous knowledge of Hula and want to expand their repertoire by learning dances from Tahiti as well.

Intermediate I

Start Date: **Monday January 6, 2020**
(No class on Feb 17)

Time: 6:30pm - 8:00pm

***THIS CLASS IS FULL**

Intermediate II

Start Date: **Thursday January 9, 2020**

Time: 7:00pm - 8:30pm

***THIS CLASS IS FULL**

Fee: \$75 (plus HST) for adults
\$65 (plus HST) for seniors

JCCC membership required.
Please register ONE WEEK PRIOR TO THE FIRST CLASS.

Japanese Language for Adults

10 Classes

Start Date: **Tuesday January 14, 2020**

Time: 7:00pm - 9:00pm

Fee: \$110 (plus HST)

JCCC membership required.
Textbook can be purchased at the JCCC Gift Shop.

Shodo - Calligraphy

6 Classes

THIS POPULAR CLASS IS FULL – please call the JCCC at 416-441-2345 to place your name on the waiting list.

Class Dates:

Friday January 17, 24, Feb. 7, 14, 21, 28

Times: 1:00pm - 2:30pm, 3:00pm - 4:30pm,
7:00pm - 8:30pm

* Please note the time changes.

Fee: \$95 (plus HST)

JCCC membership required.

Japanese Homestyle Cooking Demonstration

Dates:

Monday January 20, 2020
Monday February 24, 2020

Noodles
Bento

Time: 7:00pm - 10:00pm

Fee: \$25 (plus HST) for JCCC Members
\$30 (plus HST) for Non-Members
Materials - \$10 payable to instructor

* Enrollment limited to 15 persons per class.

Origami Workshop

Dates:

Thursday January 16, 2020
Thursday February 20, 2020

Time: 7:30pm - 9:00pm

Fee: \$7 (plus HST) for JCCC Members
\$10 (plus HST) for Non-Members

Taiko Workshop

Dates:

Saturday January 11, 2020
Saturday February 8, 2020

Time: 6:00pm - 8:00pm

Fee: \$25 (plus HST) for JCCC Members
\$30 (plus HST) for Non-Members

Please call at 416-441-2345 or email jccc@jccc.on.ca for registration and inquiries.

MARTIAL ARTS YEAR END SCHEDULE

	Last Practice in 2019	First Practice in 2020
Aikido	Wed. Dec. 18	Sun. Jan. 5
Iaido	Sun. Dec. 15	Sat. Jan. 4
Jodo	Sun. Dec. 22	Sun. Jan. 5
Judo	Sun. Dec. 22	Fri. Jan. 3
Karate	Thu. Dec. 19	Sat. Jan. 4
Kendo	Mon. Dec. 23	Sun. Jan. 5
Kyudo	Mon. Dec. 23	Sat. Jan. 4
Naginata	Tue. Dec. 17	Sun. Jan. 5

JCCC日本語クラス 講師募集

JCCC日本語クラスでは、講師をしてくださる方を募集しています。

ご興味のある方は、プログラムコーディネーター 丸岡 akikomaruoka@gmail.comまでご連絡下さい。

Heritage

Sedai Features

This month Sedai features an interview with the late Margaret Lyons who passed away on October 4, 2019. A giant in the media industry, Margaret was the first female Vice President in CBC and was widely known for her role in CBC's "Radio Revolution". In the short Sedai clip, Margaret discusses diversity in radio and television during her tenure at CBC; her philosophy on diversifying the workplace and giving credit to women who paved the way in broadcasting. To watch the clip, go to: <https://vimeo.com/368562731>



Sedai also features an interview of the late Roy Matsui (March 25, 1915 – July 3, 2019) who was a Canadian army veteran. In the Sedai clip, Roy speaks about his experience enlisting in the Canadian Army during World War II in a light hearted manner while bringing to light the struggle faced by Japanese Canadian army personnel. To watch the clip, go to: <https://vimeo.com/371255624>



The JCCC at the 60th Convention of Nikkei and Japanese Abroad

by Su Yen Chong

In October 2019, the JCCC participated at the convention hosted by the Association of Nikkei and Japanese Abroad where the topic revolved around the theme of Japan's New Reiwa Era and Nikkei Society Bridging Internationalization. Emperor Naruhito and Empress Masako were in attendance signalling the importance of the convention.

National Museum and Cultural Centre and the Vancouver Shinpo Japanese newspaper.



During the convention, the JCCC staff members Sandy Chan and Su Yen Chong gave individual presentations on behalf of the JCCC. We are pleased to report that the JCCC is now part of the Nikkei museum network that will work towards cooperation among Nikkei museums across the world. The JCCC is committed to engaging with individual and organisation partners to bring to our members engaging exhibitions, performances, shows, and programs.

The JCCC was in good company with 191 participants from 19 countries that took part in the convention. Besides the JCCC, other Canadian organisations that represented Canada included the Nikkei



Celebrating 5 years of Food, Fun and Friendship

The JCCC wrapped up its fifth session of Senior's Supper Club with a potluck where participants brought in their favourite dish from our list of over 70 recipes cooked together! Salmon seems to be a favourite all around, although items from all of the major food groups (including dessert!) were brought in. It is absolutely wonderful to see so many happy people bonding over shared food and recipes pared down for our active senior's lifestyles!!!

We look forward to planning out our recipes for 2020 in the coming weeks! See you in the Spring!



Friends of the Moriyama Nikkei Heritage Centre Inscriptions (August 15, 2015 to present)

Individuals/Couples

In honour of Kaz and Nao Amemori
 Rinzo and Aiko Amemori
 Karen Ruth Chong and Harry Ham Sit Chong
 Susan Lem and Margaret Toy Yuen Wong Chong
 Shirley Mitsuko Edamura – In Loving Memory
 From Henry Lorie Robbie Kristi Dean
 & Families Edamura Kobayashi Sikura Shin
 Kokuryo Shintani Ross Schroeder Colman
 Masaji and Kazue Endo - In Memory
 Shinya and Masumi Godo
 Yoshiko Jean Goto & Family
 Hamade Bunichi & Ito Matsunosuke & Hana Mio
 Yoshiko & Shigeo Bus Harada - In Memory
 Elaine Ishibashi and Keith Smithers
 Sam and Margaret Ito
 Fred and Hedy Iwata In Memory
 Eizo and Fumi Kamitakahara - In Memory
 Ken and Agnes Kanda
 Koji and Elaine Kozuye Kari
 Mark & Ryan Kari
 Frank and Natsuko Kumagai - In Memory
 Kiyoshi and Eiko Maikawa
 Sumie (Sugamori) Medoruma - In Loving Memory
 Tommy Medoruma (Kanashiro) and Family
 In Memory of Margaret Mori
 Mas and Yuri Mori
 Saburo and Nancy Morita
 Nete Mowry - In Memory
 Fumiye and Masaharu Mukai - In Memory

Isaburo and Noshi Nagasuye - In Honour of
 Janet Michiko Nagasuye - In Gratitude
 Mae & Shigemi Nagasuye - In Loving Memory
 Michael, Elizabeth & David Nagata
 Asako and Tsuneharu Nakanishi - In Memory
 In Memory of Rei and Kim Nakashima
 Kimiaki and Rei Nakashima - In Memory
 In Memory of Mamoru and Hanae Nishi
 Ron and Judy Nishi
 Nana and Tomi Nishimura
 In Memory of Ippei and Hama Nishio
 Dr. Nori Nishio - In Memoriam
 In memory of my parents Etsu and Moichi
 Roy Chukichi and Suzu Oyagi - In Memory
 Kevin and Nancy Roxby
 In Memory of Grace Haruko Sakamoto
 Nancy Shin - In Memory
 In Memory of Nancy Aiko Shin
 Emiko Sumi
 Victor and Bev Suzuki
 Rick and Kathy Tazumi
 Sachio and Betty Tomihiro
 Ray and Edna Uda
 In Memory of Toshiko & Frank Usami
 In Memory of Ethel Midori Wakayama
 Beaver & Michi Yamamura - In Loving Memory
 Tsutae Yamamura - In Loving Memory
 In memory of Amy Shizuko Yoshida

Groups

Asahi Baseball Ichigun
 Ayame-Kai Odori Group
 Chado Urasenke Tankokai Toronto Association
 DundeeWealth Inc. - Marty Kobayashi
 Endow Dental Arts Studio Inc
 Ghost Town Teachers Historical Society
 学校法人山口学園 global.ecc.ac.jp ECC JAPAN
 華やぎエッセイグループ Hanayagi Essay Group
 Ikenobo Ikebana Society of Toronto
 Japanese Cdn Citizens Assoc Toronto Chapter
 JCCC Judo Kai
 JCCC Kendo
 JCCC Kyudo Seiky Kai
 Nelson Arthur Hyland Foundation
 New Japanese Canadian Association
 Ontario Tottori Ken Jin Kai
 Salden Foundation
 SHODO CANADA
 The Frank H. Hori Charitable Foundation
 Toronto Japanese Garden Club
 Toronto Kohaku Utagassen
 Wynford Seniors Club

To make your dedication, call the JCCC or visit us online at www.jccc.on.ca. Proceeds will support the Moriyama Nikkei Heritage Centre's ongoing operation and programming.

Exhibitions

Ongoing

A Place of Pride: Building the First Japanese Canadian Cultural Centre, Raymond Moriyama Architect.

at Heritage Hall

In 1964, the Japanese Canadian community opened a new cultural centre, the daring design alluding to a concrete Japanese temple. The designer of the centre was a young, little known architect named Raymond Moriyama.

S-20 and Nisei Veterans Reunion

at Heritage Lounge Display Case

Photographs, documents, and memorabilia are displayed in remembrance of the sacrifices of the Japanese Canadians veterans for the Canadian Army.

Until January 6, 2020

Something Old, Something New: Japanese Canadian Weddings

at JCCC Art Gallery

This exhibit showcases Japanese Canadian wedding photographs from the late 19th century until the present day through the use of photographs and wedding apparel. The show tracks trends and how Japanese Canadians celebrate an important path of life, which rings true in other cultural groups.

January 9, 2020 to March 29, 2020

Artsu Matsuri at JCCC Art Gallery

Bi-annual celebration of art by Nikkei community artists happens in winter for the first time!

You are cordially invited to...



*Something Old,
Something New:*

Celebrating Japanese Canadian
Wedding Photographs

Opening Reception December 8, 2019 | **2:00 pm**
November 15, 2019 to January 6, 2020
JCCC, 6 Garamond Court, Toronto



JAPANESE CANADIAN
CULTURAL CENTRE
日系文化会館

The

JCCC Gallery
presents

Artsu Matsuri

An exhibition of work by Japanese Canadian Artists



ARTISTS!

Let's make great art together in 2020.

Submit your works to Artsu Matsuri, the open art exhibit at the JCCC Gallery.

Dates of Exhibition: **Thursday January 9 to Sunday March 29, 2020**

Delivery: **Saturday January 4, 2020** between 2:00 – 4:00pm
Sunday January 5, 2020 between 2:00 -4 00pm

Installation: **Monday January 6, 2020** from 10:00am to 4:00pm

Opening: **Thursday January 9, 2020** at 7:00pm

For details on how to submit an application, go to: <https://jccc.on.ca/event/artsu-matsuri-2020/>
If you have any questions, please email JCCC at: Heritage@jccc.on.ca

TJFF GOES TO TOKYO!

From October 18 to 27 the JCCC's Toronto Japanese Film Festival visited Tokyo as part of the Hibiya Cinema Festival. The festival, which also programs portions of the Tokyo International Film Festival, is held in the beautiful outdoor square at the Tokyo Midtown Hibiya complex. The 2018 festival attracted 1.4 million visitors and, while some rainy evenings may have reduced that figure slightly in 2019, the opportunity to share the JCCC introduction video was an invaluable chance to let Tokyoites know about the history of the Japanese Canadians and our Centre. Special guests included directors Shinobu Yaguchi (Dance With Me), Hideki Takeuchi (Fly Me to Saitama), Yukiko Mishima (The Antique), Yasuhiro Yoshida (Our Departures) and director Yuki Kakizaki and the cast of Utsuke Boys.



12th Annual Japanese Calligraphy Competition in Canada

by Shodo Canada

Shodo Canada celebrated another successful competition with an exhibition of this year's 167 entries from across Canada. Our Opening Award Ceremony was attended by a warm and enthusiastic community of students, relatives, friends and honoured guests on Sunday November 3, 2019 at the Gallery, Japanese Canadian Cultural Centre, Toronto.

Congratulatory speeches and award presentations were given by Mrs. Takako Ito, Consul-General of Japan; Ms. Yuko Shimizu, Executive Director, Japan Foundation Toronto; Mr. Gary Kawaguchi, President of the JCCC; Mr. James Heron, Executive Director of the JCCC; Mrs. Noriko Maeda, President, Shodo Canada.

Also in attendance were honoured guests, Ms. Noriko Date and Mrs. Teresa Issacs.

An acceptance speech on behalf of all award winners was delivered by Ms. Louise Pauls. Out of province award winners came from British Columbia. The beautiful ikebana arrangement was provided by Sharon Koor, Ohara School master. There was also an accompanying display of Nachiguro Suzuri (inkstones).

Shodo Canada wishes to thank the Consulate General of Japan, the Japan Foundation Toronto and the Japanese Canadian Cultural Centre for their generous support. With the success of this competition, we are pleased to announce the continued



support of these organizations. We hope everyone and many more will share the passion and practice of Shodo by entering the 13th Japanese Calligraphy Competition in Canada in 2020. Please visit our website www.shodocanada.com for information and to download the entry form.

DONATIONS TO THE JCCC

As of Nov 19, 2019

The JCCC gratefully acknowledges the following donations:

<u>JCCC</u>		In memory of Fumi Sasaki	
Anonymous	40	Anonymous	50
Library	20	Mrs. Pat Adachi	50
Ms. Susan Aihoshi and Mr. Richard Stevens	30	Mrs. Mitzi Burrell	50
Mr. Andrew Y. Asa	300	Mrs. Chiyo Inamoto	30
Mr. Anthony Devir	20	Mr. and Mrs. Ken Irizawa	100
Mr. Ian Findlay	150	Mr. Arthur and Mrs. Tomo Ishii	30
Mrs. Mari Funasaka	100	Ms. Grace M. Kobayashi	25
Mrs. Kumiye M. Gardiner	160	Mr. and Mrs. Sam Matsuo	50
Ms. Chizu Hashizume	60	Mrs. Kay Mitsui	25
Ms. Marion Tomoko Hope	60	Ms. Kay Nagao	20
Mr. and Mrs. Katsu Iguchi	100	Mr. Henry and Mrs. Nancy Sumi	25
Mr. Larry Iwamoto	20	Mr. George Takahashi	40
Ms. Debbie Katsumi	50	Mrs. Kathleen Tanaka	25
Mr. Charles Kwak	20	Wynford Seniors' Club	50
Mr. and Mrs. Kenji Maruyama	20	In memory of Harvey Hiroshi Moritsugu	
Mrs. Maureen McGibbon	20	Mr. Frank and Mrs. Betty Moritsugu	100
Mrs. Toshiko Mori	25	In memory of Hisa Okihiro (1916 - 2019)	
In appreciation - newsletter mailing		Anonymous	100
Mrs. Alice Nicholson	100	Anonymous	25
Mr. and Mrs. Herbert Sakaguchi	100	Anonymous	25
Mr. and Mrs. Bryan Shigeishi	100	Mr. Arthur and Mrs. Tomo Ishii	50
Mr. and Mrs. Tosh Shigeishi	50	Ms. Ellen Ishikawa	50
Mr. and Mrs. Kayo Shigetomi	100	Terri Oda	50
Mr. Kim and Mrs. Shirley Shikaze	35	Ms. Lisa Ohata	25
Ms. Nozomi Smith	100	Mr. and Mrs. Robert Rose	50
Mr. and Mrs. Chris Sora		Mr. Robert Sargent	50
Wood fired Shino platter - Fuyu Matsuri		Mr. Bruce Tatemichi and Ms. Karie Shiozaki	100
Mr. Henry and Mrs. Nancy Sumi	20	Mr. George Takahashi	25
Mr. Terence Takashima	13	In memory of Hugh and Yoshi Nakata	
Mr. Raj Thavaratnasingham and Ms. Kumudhini Thavaraj	10	Mr. Grant Gerow and Mrs. Brenda Nakata-Gerow	200
Mrs. Betty M. Ura	200	In memory of Jean Okazaki	
In celebration of marriage of my grandson David and Phylcia Wesseling		Mr. Rick and Mrs. Kathy Tazumi	30
Mrs. Irina Werner	90	In memory of Kaide Shimizu	
<u>Foundations</u>		Barbara, Joy, and Gail	200
Bento Sushi Foundation		In memory of Koji Omotani	
Toronto Japanese Film Festival		Mrs. Chiyo Inamoto	30
<u>Friends of the Moriyama Nikkei Heritage Centre</u>		Mrs. Shizue Saito	100
Mr. Ken & Mrs. Agnes Kanda	1,000	In memory of Loved Ones	
<u>In Memoriam</u>		Mrs. Barbara Shimizu	1,000
In memory of Atsushi David Nagata		In memory of Mary Ichikawa	
Mr. Mitsuru M. Nagata	350	Mr. Rick and Mrs. Kathy Tazumi	30
In memory of Ethel Wakayama		In memory of Mikio Hayakawa	
Mrs. Teruko T. Kawaguchi	25	Mrs. Teruko T. Kawaguchi	25
		In memory of Richard & Geri Shiozaki	
		Mr. Bruce Tatemichi and Ms. Karie Shiozaki	100
		In memory of Tad Miura	
		Mrs. Teruko T. Kawaguchi	20
		In memory of Tadao Tad Tanabe	
		Mrs. Teruko T. Kawaguchi	25
		Mrs. Nora Miyata	25
		In memory of Tamaki Tammy Yokota	
		Ms. K Sheila Carleton	100
		Mrs. Kitty Nakamura	30
		Mrs. Teruko T. Kawaguchi	25
		In memory of Terry Teruye Nakamura	
		Mrs. Mitzi Burrell	50
		Mrs. Norma N. Fleming	30
		Mrs. Doris Fujioka	20
		Mrs. Patricia Fujiwara	50
		Mr. and Mrs. James Heron	25
		Mrs. Joan Hirano	25
		Ms. Theresa Huestis	25
		Mr. Sid and Mrs. Mary Ikeda	50
		Mrs. Chiyo Inamoto	30
		Ms. Dianne Ishida	25
		Mr. Arthur and Mrs. Tomo Ishii	30
		Ms. Margaret Iwata	30
		Mrs. Teruko T. Kawaguchi	100
		Ms. Grace M. Kobayashi	25
		Mr. Ronald and Mrs. Yasuko P. Kusano	25
		Mrs. Nellie Kuwahara	20
		Mrs. Marlene MacKenzie	50
		Mr. Hideo Matsumoto	100
		Ms. Kay Nagao	20
		Mr. Douglas Nakamura and Mrs. Margaret Nakamura	100
		Mrs. Frances Nakamura	100
		Mr. George Nakamura	500
		Mrs. Miyoko Noda	35
		Mr. George and Mrs. Mary Sasaki	25
		Tosh and Miyo Shigeishi	25
		Mr. Rick and Mrs. Kathy Tazumi	30
		Ms. Ruby Tezuka	50
		Wynford Seniors' Club	50
		Mr. and Mrs. David Yokota	100
		Mr. Stanley and Mrs. Aileen Yokota Family	100
		Ms. Pamela Yoshida	30
		In memory of Teruko Margaret Omoto	
		Mr. and Mrs. John Nagahara	50
		Heritage	
		Mrs. Lydia Yatabe	600
		In honour of Minoru Yatabe	

DONATIONS TO THE JCCC

As of Nov 19, 2019

The JCCC gratefully acknowledges the following donations:

Mrs. Shizuye Matsui	500	Partner		
In memory of Tom Matsui		Dr. Arnold Arai	150	Correction: Nov 2019 Donation list should be:
Mr. Arthur and Mrs. Tomo Ishii	30	Mrs. Susan Hidaka	150	
Issei Day		Ms. Kikuye Inouye	150	In memory of Ruth Hiroye Sakamoto (nee Nakamura)
Tashme Sisters Art Exhibit		Ms. Debbie Katsumi	146	
Ms. Miiko Barbara Gravlin	278	Mrs. Dianne Kitazaki	150	Mr. Ron and Mrs. Sue Nakamura
Ms. Mary Morris	1,100	Mr. and Mrs. George Nakano	110	200
		Ms. Kaye Oda	150	
		Mr. and Mrs. Norman Okawa	150	We apologize for the error.
<u>Supporting Member</u>		Mr. and Mrs. Stephen Saito	93	
Ambassador		Mr. Rick and Mrs. Kathy Tazumi	100	
Mr. and Mrs. Chris Hope	943	Mr. George Tsushima	150	
Dr. and Mrs. Henry Sugiyama	1,000	Mrs. Lydia Yatabe	127	



OHANA HULA 10th ANIVERSARY LUAU

by Renee Siao



What started as a Hula for Health class 10 years ago has now blossomed to a structured Hula program for adults and seniors thanks to Hula Sensei Alma Ona and Renee Siao.

Friendship, fun, and fitness are the foundations of what makes our program a success. All of our Moana and Golden Luna ladies did an awesome job with their performance on stage as they entertained

the audience on Sunday, November 3, 2019 at the Kobayashi Hall of the Japanese Canadian Cultural Centre. The ladies worked hard learning and executing their dances on stage.

Mr. Ishii of Toriichi Catering did not disappoint with the marvelous Anniversary Luau menu he prepared for this SOLD OUT event.

For anyone who wants to learn more

about Hawaii and the South Pacific island of Tahiti, JCCC is offering a new Beginner class for the Winter term on Mondays from 8:00 - 9:00pm. **Monday January 6 - March 16, 2020.** This is an introduction to learning proper technique and choreography for Aparima (Tahiti) and Hula (Hawaii), Please contact JCCC 416-441-2345 or email jccc@jccc.on.ca for registration and inquiries.



JCCC Aikikai 合気会

by Yoshi Ichida

The JCCC Aikikai, a division of the JCCC martial arts program celebrated its 50th Anniversary with a Seminar held on September 21-22. We were honoured with the presence of distinguished guests Consul General Takako Ito of the Consulate General of Japan, Toronto and Executive Director James Heron of the JCCC and the participation of more than 100 students and guest instructors from across Canada and around the world such as UK, Singapore, Belgium, USA and Japan.

In 1969, the JCCC Aikikai was established by Yazu Masanori-sensei, who originated from Kitakyushu, Japan. It was the first Aikikai in Canada to be recognized by the son of the founder of Aikido, Ueshiba Kisshomaru who was the 2nd Doshu of Aikikai Hombu. Aikido does not have competition and tournaments. We practice by pattern of attacks and use circular motions in order to redirect force. Aikido is a practice of self-discipline and control of oneself rather than others in order to reach peace and harmony.

Our club welcomes anyone who is looking to improve his/her health and to minimize injury in any unexpected incidents in our daily lives. We have classes for beginners/general and advanced class as well as children and women's only class. Please feel free

to register for a free trial practice. You can check our schedule at www.jcccaikikai.ca

日系文化会館武道部門のJCCC合気会は、今年創設50周年記念を迎え式典と研鑽会が開催された。来賓には伊藤恭子在トロント日本国総領事館総領事、ジェームス・ヘロン日系文化会館館長のご臨席を賜り、英国、ベルギー、シンガポール、米国、日本の五カ国から師範や武道家達の参集により盛大に研鑽会が9月21日22日両日小林ホールにて開催された。

JCCC合気会は1969年北九州出身の合気道家、創立道場長の矢頭正典先生(現83歳)により、開祖子息の植芝吉祥丸二代目道主の認可を得て初めてカナダに合気会が創設された。参加した100余名の合気道家達は、大人や子供を含め各々が演武や稽古を通して合気道を学び、国際色豊かな仲間達との交流を温めた。又、日系文化会館、日系社会、カナダ社会の皆様からスポンサーのご支援を頂いた。この場をお借りして厚く御礼申し上げます。

合気道は試合や競技がなく円の流れに沿う武道で、老若男女、誰でも気軽に稽古に親しむことができる。稽古時間は夕刻、早朝、子供と女子専用のクラスがあり、幅広く参加出来る。合気道に興味を持たれた方は、日系文化会館受付(416-441-2345)あるいは www.jcccaikikai.caまでお問合せ下さい。



健やかな老後をめざして その24 身体の司令塔は脳ではなく腸!?

最近の研究によって「腸が免疫の鍵」であることが次第に明らかになっていきます。2018年1月NHK放送(人体)は以下の内容を伝えていました。

1. 腸に住んでいる腸内細菌と免疫細胞の協働によって病原菌をやっつける、2. 腸表面の絨毛の一部には細菌を引き付ける場所(訓練場)があり、免疫細胞はその細菌が身体にとって必要か否かを学んでいく、3. 訓練を終えた免疫細胞は血液に乗って全身へ運ばれる、4. 腸内細菌は1000種類以上もあるが、その1つであるクロストリジウム菌の出すメッセージ物質から「Tレグ」が生まれ、血液に乗って全身へ。このTレグは免疫細胞が暴走すると、その興奮を抑えるように働く。

つまり、腸は全身の免疫力をコントロールする重要な臓器なのです。免疫細胞が暴走すると自己免疫疾患(花粉症、食物アレルギー、アトピーなど)を起こします。アレルギー症状と地球環境の変化との関連に注目しがちですが、人間の腸内環境の変化も大きな影響をもつと考えられます。

「腸内フローラ」という言葉をよく耳にしませんか?腸内細菌には善玉菌、悪玉菌、日和見菌(状況により善玉にも悪玉にもなる)の3種類があり、それらが腸内に住む様子がまるでお花畑のように見えるため「腸内フローラ」と呼ばれます。これら3種のバランスが崩れ、善玉菌が減少すると、体調が変化し、病気のリスクが高まります。

腸内細菌と一緒に暮らす生活は人間が長い時間をかけて培ってきたものです。私が子供の頃は畑から野菜を収穫し、土が付いていてもさ〜と処理して食べていました。今では化学肥料や防虫駆除により雑菌の少ない美しい野菜を食べることが当たり前になっています。「腸に住む細菌と折り合って生活し、少々のことには負けない身体を作る」といった点からすると、人間の

マーナ豊澤英子

(医学博士 老年看護スペシャリスト mernagh@rogers.com)

生きる力は弱くなっているのかもしれませんが。

まずは、腸内環境を整えることがとても大切!特に高齢期になると、急激に善玉のビフィズス菌が減り、悪玉の大腸菌が増えるなど、腸内環境が変わります。シニアの皆さま、この点に注意しましょう!食事のポイントは、1. ビフィズス菌や乳酸菌を含む発酵食品(ヨーグルト、納豆やみそ等)を摂ること、2. 善玉菌のエサ(栄養)となるオリゴ糖(玉ねぎ、乳製品、バナナ、はちみつ等)や食物繊維を摂ることです。



ヨーグルト菌の大半は胃酸に弱いので、胃酸の働きが低下する食後に食べましょう。食物繊維には水溶性と不溶性の2種類があります。水溶性食物繊維は海藻類や果物、不溶性はキャベツなど葉もの野菜に多く含まれます。両方を多く含んでいるのはアボガド、じゃがいも、ごぼう、納豆、キウイ、ブルーベリー等。ところが、食物繊維を摂るように心掛けていても一日に必要な食物繊維20gには達しにくいのです。その要因の1つとして、昔に比べると穀類摂取量が大きく減少したことがあげられます。

実は、大腸の奥の方(肛門側)に沢山の細菌が住んでいるのです。食物繊維を沢山含んでいる穀類は消化に時間がかかるために奥まで届き、善玉菌にとって恰好のエサとなれるのです!我が家は、白米に雑穀(大麦、大豆、玄米、あわ等16~18種)を混ぜて炊いています。

しかし、ある種のものだけを過剰に摂ることは勧められません。腸の健康を知るバロメーターは何と言っても排便です。全ての健康に通じることが、規則正しい食事、バランスよい栄養、便秘のない生活を心がけましょう。

日加学園生徒さんの作品集

日加学園には約2000冊の蔵書数を誇るビーバー文庫があります。そこでは幼児向けの本から保護者向けの小説、そして漫画とバラエティに富んだ種類の本を手にとることができます。2年生くらいまでは毎週授業中にビーバー文庫にクラス単位で訪れ、それ以降の学年の生徒たちは休み時間を利用してビーバー文庫を訪れることになっています。しかし残念なことに、学年が上がるにつれ、ビーバー文庫を利用する生徒の数が減ってしまい日本語の本離れが進んでいくのが実情です。それを食い止めるため8組(6年生クラス)では、毎月課題図書を読むことに取り組んでいます。また教科書の単元に入っている「読んだ本の紹介」の課題のために、ビーバー文庫で本を借り、他の生徒にその本のおもしろさを伝える目的で毎年「しょうかいしたい本」の小冊子をクラス内で作成しています。自分が読んだ本をクラスメイトに「おもしろそうだな、この本読んでみたい」と思ってもらえるように紹介文を書くよう指導しています。毎年私自身も生徒たちが紹介してくれる本がどんなものか小冊子を読むことを心待ちしています。2018年度の8組生徒たちの「しょうかいしたい本」をこちらで紹介させていただきます。

日加学園8組担任 渡辺勝美

かいけつゾロリの大金もち 原 ゆたか 作 (くないよう)

ノシンがいもぼん(いものほんこ)を作っているところを見たおっちょこちよいの大どろぼうゾロリがアイデアを思いついた。

そのアイデアは、一億円札をたくさん作ることでした。そこでぞうへい所に着いたのですが、入るためにはガードマンがいます。さてどうやってぞうへい所に入るのでしょうか。
(おすすめ)

この本は3年も前に読んだ本だけど登場人物の人がらがユニークでよくおぼえていました。

だからまたこの本をビーバー文庫で見かけた時に手にとりました。

西川 あいしゃ

男はだまってユウレイたいじ

斉藤 栄美 作 岡本 順 絵

(くないよう)

いつものとうり、4年生のヤマザルが学校に行くとき、「石川一家」のメンバーがいました。

しかし、さいきんユウレイがでると言ううわさをだれかが聞いてきて……

「石川一家」はクラスのグループの名前だ。

そのメンバーの一人カールのなやみをかいけつするために、しゅぎょうが始まった。

そのしゅぎょうは、なんとユウレイたいじだった。
(どんな本)

この本はとてもおもしろい本です。

おもしろい絵がたくさん本のにっています。どきどきする所もあります。

登場人物も一人一人みんなユニークです。この本を読んでみてください。

アティヨタ レナード

タコゲルゲ そらをとぶ

この本のおもな登場人物は、あきら君、お母さんとたかお君です。

あきら君は、昼ねをしている時、ゆめを見ました。ゆめの中でいすに乗ったうちゅう人が友達のかずちゃんを追いかけしていました。

うちゅう人はタコににたてたので、タコゲルキとよびました。

起きた時にたかお君がきました。車いすに乗って、しゃべり方がおかしかったので、タコゲルゲだと思えます。

黒田 はると

わにのはいた

マーガリット・ドリアン/文と絵 光吉 夏弥/やく(くないよう)

動物園のわにのアリは歯がいたくなってしまった。歯医者に行くように言われたのに、アリは行きたくなくてにげてばかりいた。バスでぼうやに会い、話をしていく中で少しずつ気持ちにへん化が出てきたけれど……

(ここがおすすめ)

わにがバスに乗って人間といっしょにいるという場面が少し不思議でかわいいです。

ぜひ、読んでみてください。

チョーワ 哲夫

かさじぞう 松谷 みよ子 作

(くないよう)

むかし、おじいさんとおばあさんがお正月のおもちを買うためかさを5こ作って町へ売りに行きました。しかし1つも売れませんでした。

家へ帰ると中、おじぞうさんがいて雪がふっててさむそうだったので、おじぞうさんに、かさをかぶせてあげました。

そのあと、おじぞうさんがおじいさんとおばあさんの家にお正月のおもちやごちそうをとどけてくれました。

(ここがおすすめ)

おじいさんとおばあさんが、とてもやさしい人たちです。

おじぞうさんたちがおじいさんとおばあさんに、お正月のおもちを持ってきてくれたので良かったと思います。

ぜひ読んでみてください。

たん カイル

樋口一葉は名探偵!! 楠木誠一郎 作

(内容)

<タイムスリップ探偵団>シリーズの作品

亮平、香里、拓哉の3人はいつもなぜか突然タイムスリップしてしまう。

今回は子どものなっちゃん(樋口一葉)と夏目少年(夏目漱石)が二十世紀へとタイムスリップしてくる。部屋に閉じこもったままの亮平。亮平がお父さんにあてた暗号をなっちゃんが解いて問題解決! 亮平は出て来て、いつもに3人が仲良くそろった。

(ここがおもしろい!)

この作品には暗号があつたにでおもしろかったです。

答えがわかったら、なっとくしました。

村井 実

なん者ひなた丸白くもの術の巻

斎藤 洋 作 大沢 幸子 絵

(くないよう)

ひなた丸は、くも丸おじさんのみならい。忍者村にうまれてからくらして、術は一つしかしらない。「ねことの術」だ。ねこになれる術だ。でもひなた丸は一つしらないから、もう一つまなびたくてしようがない。だからくも丸おじさんの家について、木とんの術をまなんだ。森のおくの家に手紙がきて、くも丸だけ帰らないといけなかった。だからひなた丸とまる丸と言ういのしは、いっしょにくも丸についていきたかった。でも村がこわいかんじになっている。だんだんひなた丸が人々のターゲットになってきた。ちゃんとこの村の中に、いきのこれて、くも丸をみつけれられるのか。

ちなみに白くもの術は木とんの術のおくでんだ。くも丸はこの術がとくいなのでござる。

(ここがおすすめ)

ぼくの心にのこった事はひなた丸が木とんのじゅつをまなんでいた時です。

さいしょのへんはあまり何をするかわからないというかんじだったけど、だんだんできるようになっていきました。人間が何かをする時、すこしずつ発達するのがすごいと思います。あとはくも丸がひなた丸のことをみつけれなくて、そのようすがおもしろかったです。忍者のことがよくわかると思うのでぜひ読んでみるのをおすすめするでござる。

ビールマン 海

なん者ひなた丸 ねことのじゅつのまき

斎藤 洋 作

(くないよう)

この話では、子どものにん者がいて、この子どものにんじゃが、いちばんつよくなりたくて、ぼうけんへでました。

このぼうけんはこわい時やたのしい時もありました。

ぼくは、この本をよんで、すこくたのしい本だとしました。このにん者はすこくゆうきがあります。こんな小さい子どもなのにすこくと思います。

みなさん、ぜひこの本をとしょかんからかりてください。

ブレンダーガスト とうま

かいけつゾロリ ちきゅうさいごの日

原ゆたか さく、え

ちきゅうにすんでいるゾロリというたぬきがいま。とおいうちゅうのかなたで、ひとつのほしはきゅうにふくらんで、ほしはいんせきとなってとびつた。

そのほしは ちきゅうのほうにとんでいった。

ゾロリは、ほしがちきゅうにぶつかることわかったときにびっくりしてどうするかしらない。

この本を読んで自分は、本の中にいたとおもいました。

そしてゾロリは、おもしろいと思います。まずゾロリはおならをつかってほしがちきゅうにぶつかることにならないと思った。本もおもしろいと思います。なぜならゾロリは、ほしはちきゅうにぜったいにぶつかると思っているけど、さいごにほしは、ちきゅうにこなかった。

住矢 ケリー



Thank you for joining in Yose Arts Performances in Canada

カナダ寄席演芸公演ご観覧ありがとうございました

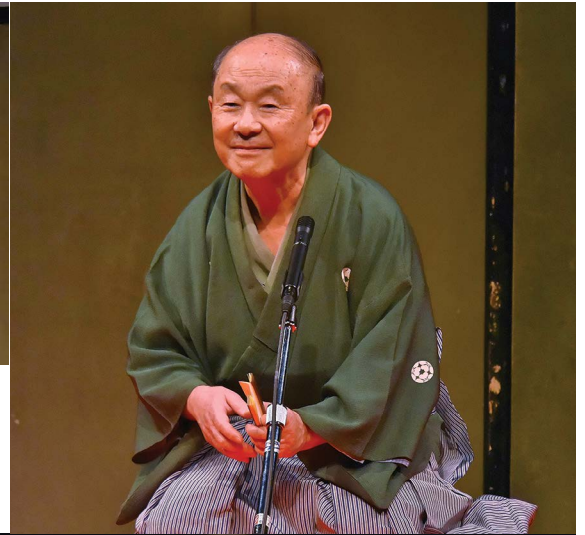


Photo courtesy of Dave Ohashi

Volunteer Opportunities

ボランティア募集中

There are many volunteer opportunities available at the JCCC throughout the year. These positions include helping at festivals, heritage-related programs, the JCCC Library and many more.

Volunteer recruitment for New Year's Festival 2020 will begin from late December. If you are interested in, please to subscribe to JCCC Volunteer mailing list on JCCC website: <http://www.jccc.on.ca/en/volunteer/>

JCCCでは年中行事、図書館、ヘリテージ関係など年間を通して様々な分野でボランティアの皆様活躍頂いております。

お正月会のボランティアを12月末ごろから募集する予定です。ボランティア募集情報をEメールでお知らせしております。ご希望の方はJCCCウェブサイトにてメーリングリストへご登録ください。<http://www.jccc.on.ca/jp/volunteer/>



JCCC Spring Cultural Class Fee Increase

文化クラス受講料値上げのお知らせ

In order to maintain the high quality of service we provide to our members, and to cover the increasing cost of operations, the JCCC will be increasing our class fees in Spring 2020. Please check our Spring class brochure in the February issue for details. Thank you for your understanding.

この度、2020年春より、受講料を改定させていただきます。今後もメンバーの皆様レベルの高いサービスを継続して提供してまいります。詳しい内容は、ニュースレター2月号のクラス案内でご確認ください。

今後とも変わらぬご愛顧を賜りますようお願い申し上げます。

SUBMISSION DEADLINE

Deadline for the February 2020 issue is:

Tuesday January 7, 2020.

2020年2月号の締め切りは2020年1月7日(火)です。

Your news is welcome!

Please contact:

newsletter@jccc.on.ca or **Tel 416-441-2345 ext.227**

Editors: James Heron, Kathy Tazumi, Yoko Tsumagari

Japanese Canadian Cultural Centre

6 Garamond Court, Toronto, M3C 1Z5

Ph: 416-441-2345 Fax: 416-441-2347

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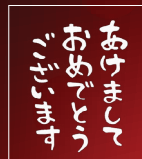


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for the holidays
and a very happy
healthy new year!



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Summer Reading List
A collection of the best new books, magazines, Canadian and American authors this year
Summer Reading List P.9

Uncovering the life of a cultural trailblazer
Author Kyo Maclear explores the life of Cyo Fujikawa in her new children's book
Summer Reading List P.10

NIKKEI VOICE
THE JAPANESE-CANADIAN NATIONAL NEWSPAPER
SUMMER 2019 VOL. 33 NO. 6

Kimono fashion show
Tofino apologizes for 1947 motion to exclude Orientals
Motion prevented Asians from owning property or businesses
Michael Oke
Tofino — In a previous issue, National Association of Japanese Canadian (NAJCAN) president Lawrence Chikara made note of the recent public apology by the Tofino District and considered that the apology was a step in the right direction at a time when acts of hate and discrimination are on the rise in the world.
There are some more details on that historic event and the apology.
On May 26, in the small community of Tofino on the West Coast of Vancouver Island, some 20 people gathered in the Church of the Holy Spirit to hear a public apology to Japanese Canadians and to reflect on the impact of the 1947 motion to exclude Orientals.
The event was conducted in a respectful manner, so that it would be included in the official record.
After acknowledging that the apology was taking place on the 71st anniversary of the motion, NAJCAN president Michael Oke said:
"It was still practiced by some on this island."
"I didn't know about the hate-mongering, racism and xenophobia that was actually checked when I heard about it. The fact that, even today, it's still practiced is a part of the original crime, and it's a new crime that we have to address."
Tofino District Mayor, Michael Oke, said that he was proud to be a part of the original crime, and that he was proud to be a part of the original crime, and that he was proud to be a part of the original crime.

East meets West on the runway at Anime North's Kimono Fashion Show
Anime North's Kimono Fashion Show was held at the Toronto Convention Centre on May 25.
The event was held at the Toronto Convention Centre on May 25. The event was held at the Toronto Convention Centre on May 25. The event was held at the Toronto Convention Centre on May 25.

Comedian Toshiyuki Teruya's film explores a rare Okinawan tradition
Director Toshiyuki Teruya was in Toronto for the film's premiere.
Kathy Frank
Tofino — Director Toshiyuki Teruya's film, "The Last Days of August," explores a rare Okinawan tradition. The film is a comedy-drama that tells the story of a young man who returns to his hometown in Okinawa to help his father run the family business. The film is a comedy-drama that tells the story of a young man who returns to his hometown in Okinawa to help his father run the family business.



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Happy Holidays



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令和二年新年会

SHIN NEN KAI

New Year's Festive Dinner

Wednesday January 1, 2020

おせち料理と雑煮で祝う元旦



Help us celebrate the beginning of the New Year with a banquet of mouth-watering Osechi Ryori (traditional Japanese New Year's fare), Sushi, Yoshoku (North American fare), door prizes, Share the Wealth raffle, and entertainment.



Entertainment featuring Mrs. Eiko Mernagh

Doors open at 4:00pm
Dinner at 5:00pm

\$70.00 adults, \$35.00 children 6-12
plus HST

Tables of 8 or more \$5.00 off each adult ticket

For seating purposes, please request free children-tickets (under 5)

Last date for ticket sales or cancellations: Dec. 13, 2019

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6 Garamond Court, Toronto

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Dinner: 7:00 p.m.

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子 New Year's Festival 2020

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日本のお正月



令和2年1月26日(日)
Sun. Jan. 26
11am - 3pm



Shishimai (Lion Dance) 獅子舞
Traditional Mochi Making お餅つき
Taiko Drumming 太鼓
New Year's Calligraphy 書初め
Matcha Tea お茶席
Fun Kids' Activities 子供ゲーム・遊びコーナー
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JCCC members: \$5, Family (up to 2 adults & 3 children) \$15
Non-members: \$7, Family \$18
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For vendor applications and details, contact JCCC reception at 416.441.2345 or jccc@ccc.on.ca

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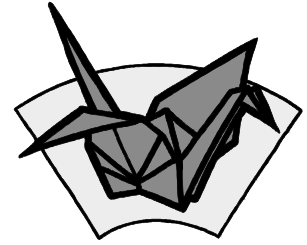
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Kamp Kodomo March Break 2020



Our Mission

To provide a stimulating and educational Japanese/Japanese Canadian cultural experience for young children.

Who can register?

Children ages 6 (*as of December 31, 2019*) to 12 Years

Dates

March 16 – 20, 2020

Times

Camp Hours are from 9:00 a.m. to 4:30 p.m.
Extended camp care is available daily from 8:00 to 9:00 a.m. and from 4:30 to 6:00 p.m.

Fees

	Early Bird Fees (before Jan. 20/20)	Regular Fees (On or after Jan 20/20)
JCCC Members	\$195.00	\$210.00
Non – Members	\$200.00	\$220.00

5% discount for additional siblings (not available for early bird registration)
\$35.00 for extended care

Why register?

Kamp Kodomo is run by a head instructor as well as many dedicated volunteers. This team knows that exposure to culture is the best way to ignite interest and to hand over tradition to the next generation. Together, they work to ensure that the children have a wonderful time in a safe environment.

Our hands-on sessions will include:

Drama	Language
Martial Arts	History
Music	Arts and Crafts
Cooking	Geography
Dance	And More!!!

There is also one special activity day that may include an offsite trip.

How to register

Just fill in the form on the opposite side. Submit one (1) Registration Form for each child. Return to the JCCC via mail, in person or via fax. Enrollment is limited to 20 children. **Early bird registration deadline is January 20, 2020 (additional sibling discount is not available for early bird registrations). Registration deadline is March 6, 2020.**



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Tel: 416-441-2345 Fax: 416-441-2347
Email: jccc@jccc.on.ca Website: www.jccc.on.ca

Kamp Kodomo Registration Form

March 16 - 20, 2020

Please Print Clearly One Form for Each Child

Child's Name: _____
Last First

Child's Home Address: _____
Number Street Apt/Suite

City Postal Code Telephone, include area code

Birth Date: _____ Sex: [] Male [] Female Age: _____
Date Month Year

Ontario Health Insurance Number Doctor's Name Phone No.

Name of Parent or Guardian: _____
Last First

Relationship to Child: [] Mother [] Father [] Other, please specify: _____

Contact During the Day: _____
Work Telephone Number Cellular Phone/Pager Number

Email Address: _____

We would appreciate an email address to send you confirmation of your child's enrollment and to send the parent manual and emergency card prior to the beginning of Kamp. Please note that registrations without email contact information will need to fill in the forms on the first day of Kamp.

Is there other important information about your child that you would like us to know? For example, friends at the program, special interests, sports, musical instruments or arts and crafts: _____

Medical Conditions/Food & Other Allergies: _____

Program Fees =	_____	\$200.00 before Jan. 20/20
JCCC Family Membership Fee =	_____	\$220.00 On or after Jan. 20/20
		\$195.00 before Jan. 20/20
		\$210.00 On or after Jan. 20/20
Subtotal =	_____	
Deduct 5% for additional children from each family (not available for early bird registration) =	_____	
Additional Extended Program Fee =	_____	(\$35.00 per week Flat rate only)
Total =	_____	

Payment is included by: [] Cheque (Payable to JCCC) (Debit Card payment accepted at JCCC reception desk)

[] MasterCard [] VISA [] AMEX _____
Number V code Expiry Date

Payment and Withdrawal information: Fees can be made by current dated cheques, VISA, MasterCard, AMEX or debit card. Indicate the children's names on the reverse side of all cheques. Include your VISA, MasterCard or AMEX information on this registration form if you wish to pay by credit card or if you are faxing your forms. Please note there is a \$10.00 administrative charge for all NSF Cheques returned or for VISA, MasterCard or AMEX declines. Debit card payment in person only. Full payment must be made prior to session start date. Refund Policy: As of April 1, 2017, any payments made to the JCCC are **non-refundable**. Medical & Emergency Information: Please ensure that you provide all information requested on the registration form. A minimum of one program supervisor, coordinator or assistant is certified in Emergency First Aid Care and CPR. Special needs: Please contact the JCCC office and we will endeavor to accommodate them. Release: I hereby agree to the terms and conditions outlined above and hereby release and agree to indemnify and hold harmless the Japanese Canadian Cultural Centre, its directors and offices, its staff, employees and volunteers from any liability concerning our child(ren)'s involvement in JCCC's Kamp Kodomo and further agree that the use of all JCCC facilities is made at the risk of the applicant. The child(ren) & parent(s) agree, that any pictures taken during the program can be used in any promotion or advertisement by the JCCC. They are also aware that the pictures are available for purchase by Kamp Kodomo attendees and their families. By signing below, parents/guardians and child (ren) agree to abide by all rules, regulations & standards of conduct as required by the program staff for the session for the enjoyment & benefit of all participants.

Parent/Guardian Signature _____ Date _____

If you are registering more than one child, submit a Registration Form for each child. Return to the JCCC via mail, in person or via fax. Enrollment is limited to 20 children.

Registration deadline March 6, 2020

JCCC, 6 Garamond Court, Toronto, Ontario M3C 1Z5 Phone: (416)441-2345 Fax: (416)441-2347 www.jccc.on.ca