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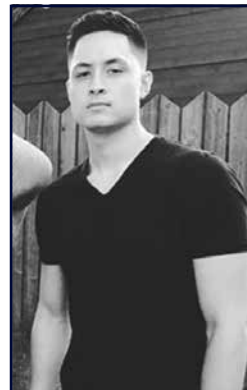
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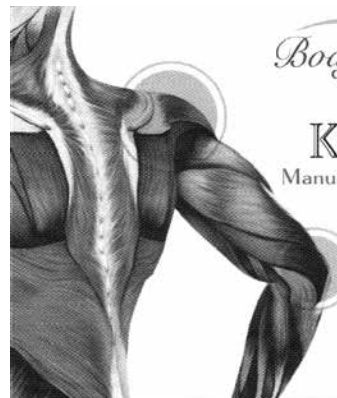
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## Calendar of Events

May	Sat	4	JCCC Annual Bazaar
	Sat	11	Kyowa Taiko Workshop
	Sat	11	JCCC Karaoke Club
	Mon	13	Manju Workshop
	Tue	14	Special Movie Screening – ASAKO I & II
	Thu	16	Origami Workshop
	Sun	19	Kumihimo Workshop
	Mon	20	JCCC Closed – Victoria Day
	Thu	23	Seniors' Supper Club
	Sat	25	JCCC Karaoke Club
June	Sun	2	Women in Budo Exhibition
	Thu	6	Toronto Japanese Film Festival Opening
	Sun	9	HIROSHI CALLING Exhibition Opening Reception
	Sat	8	JCCC Karaoke Club
	Mon	10	Manju Workshop
	Sat	22	JCCC Karaoke Club
	Thu	27	Toronto Japanese Film Festival Closing
July	Mon	1	JCCC Closed – Canada Day
	Mon	8	Summer Kamp Kodomo Starts
	Sat	13	Natsu Matsuri and Obon Festival
	Thu	18	Seniors' Supper Club
	Sat	27	JCCC Karaoke Club
	Sun	28	Nostalgia Night

## SUBMISSION DEADLINE

Deadline for the June/July combined issue is:

Thursday May 16, 2019.

6・7月合併号の締め切りは2019年5月16日(木)です。

Your news is welcome! Please contact:

[newsletter@jccc.on.ca](mailto:newsletter@jccc.on.ca) tel 416-441-2345 ext.227

The Japanese Canadian Cultural Centre Newsletter

Editors: James Heron, Kathy Tazumi, Maki Klotz

# JCCC Upcoming Events

## May Movie Night: ASAKO I & II Director Ryusuke Hamaguchi in Attendance

“One of the best films of the year” – *Kinema Jumpo*  
“Beguiling and mysterious.  
A drama wrought from doubt – sweet, soulful and achingly sad.”  
– *Michael Leader, Sight & Sound*

Asako's first love, the charismatic Baku, suddenly disappears. Two years later she's given a chance to relive her romance when she meets his perfect double, Ryohei in a Tokyo coffee shop. This powerful and thought-provoking investigation of the nature of love was nominated for 2018 Palme d'Or at Cannes. Starring Erika Karata and Masahiro Higashide. Part of the Ryusuke Hamaguchi Retrospective.



Date: **Tuesday May 14, 2019**  
Time: 7:00pm  
Tickets: FREE (registration: 416-441-2345)



## Natsu Matsuri and Obon Festival

– Once again featuring Tanabata celebrations!

On **Saturday July 13, 2019**, the traditional summer festivities of Natsu Matsuri and the Obon Festival will also be celebrating Tanabata! The JCCC



invites everyone to enjoy a lively festival atmosphere with games, great food and spectacular performances. Many community organizations, including the NJCC and the Toronto Buddhist Temple, come together to make this a unique event.

Weather permitting the event takes place outside in the parking lot or in the Kobayashi Hall.

We look forward to another year of this exciting JCCC and community tradition. We hope to see lots of new and familiar faces. Mark your calendars now! Look for more details in the June/July issue of the Newsletter.

## Last Call for the JCCC ANNUAL BAZAAR

Don't miss out on our Annual Bazaar!

This shopping extravaganza will have hundreds of great deals on logoware, lawn accessories, gardening items, baked goods, etc., plus lots of white/pink elephant treasures. And you won't want to miss our Silent Auction with some great products to bid on.

Stop off at the bank and head on over. Most sales are cash only, and we don't have an ATM on site. Don't let a lack of ready cash hold you back from getting that fabulous bargain!

Please come and support your JCCC!



Date: **Saturday May 4, 2019**  
Time: 12:00pm - 4:00pm  
Admission: Free

## Spring 2019 Workshops

### Kumihimo

Dates: **Sunday May 19**  
Time: 1:00 - 4:00pm  
Fee: \$15 (JCCC members) /workshop  
\$20 (Non-members) /workshop (plus HST)  
\$15 materials fee payable to the instructor

### Manju

Dates: **Monday May 13** - Advanced  
**Monday June 10** - Advanced (Repeat of May 13)  
Time: 7:00 - 10:00pm  
Fee: \$30 (JCCC members) /workshop  
\$40 (Non-members) /workshop (plus HST)  
Materials - \$10 payable to instructor

### Origami

Dates: **Thursday May 16**  
Time: 7:30 - 9:00pm  
Fee: \$7 (JCCC Member) /workshop  
\$10 (Non-members) /workshop (plus HST)

## JCCC Kyowa Taiko Workshops

### Taiko:

Date: **May 11, 2019**  
Time: 6:00pm - 8:00pm  
Fees: \$25 (JCCC member); \$30 (general)  
(plus HST)



To register, please call the JCCC reception at 416-441-2345 or email at [jccc@jccc.on.ca](mailto:jccc@jccc.on.ca).

# JCCC Upcoming Events

## Kamp Kodomo Summer Sessions

Mark your calendars and don't miss out on all the summer fun at the JCCC!!! Kamp Kodomo's summer session has started registration. Join us for a busy week filled with sessions covering a wide range of activities including martial arts, ikebana, origami, folklore, language, and so much more!

The camp is open to all children between the ages of 6 years (as of December 31, 2018) and 12 years. It operates from 9:00am to 4:30pm from Monday to Friday. Sessions will run on **July 8 – 12, July 15 – 19, and July 22 – 26**. Fees for this program are \$220 per child for a 5-day session. JCCC member fee \$210. If you have more than one child to register, the 2nd (or more) child from the same family will receive a 5% discount. Extended camp care is available from 8:00am to 9:00am and from 4:30pm to 6:00 pm with an additional cost of \$35 per session.

Camp fees cover all materials, two nutritious snacks per day, and a special activity each week. Campers are required to bring a lunch and drink.

Registration has already begun and the registration deadline is **Friday June 28, 2019**. Kamp Kodomo's maximum attendance is 20 children per session.

For more information or to register, please consult the enclosed flyer, call 416-441-2345 or check the website at [www.jccc.on.ca](http://www.jccc.on.ca).



*Kamp Kodomo Summer 2018*

## Student Volunteers Needed!

Have you been keeping up with your volunteering hours? Do you have enough to fulfill your high school requirements? Do you want the opportunity to increase these hours? If you are motivated, looking for leadership opportunities, and enjoy working with children, this may be for you!

We are looking for up to four energetic student volunteers per week (minimum 14 yrs old) to assist the program leader with Kamp Kodomo. The Kamp runs from 9:00am to 4:30pm. There are three sessions during the summer, **July 8 – 12, July 15 – 19, and July 22 – 26**. We would prefer students that can commit to a full week at a time. Multiple weeks of volunteering are welcome too.

Interested volunteers should send their resume to Christine Takasaki at [christinet@jccc.on.ca](mailto:christinet@jccc.on.ca) or call 416-441-2345 ext. 221.

## Nostalgia Night – Honouring Karaoke Clubs

Nostalgia Night 2019 honours the Karaoke Clubs who have been supporting the Japanese Canadian community's cultural and social development and well-being over many years. Some of these clubs have been active for decades and all have provided the opportunity for people to come together to enjoy singing and the comradery of its members.



Nostalgia Night is a wonderful event that gives us the opportunity to honour these selected organizations/clubs, learn more about them, meet up with friends and family, and dine on delicious Japanese Canadian food.

Research touts the benefit of music and engaging in singing. Participating in Karaoke can give you a workout! You can improve your breathing and strengthen your diaphragm, improve your posture, immune system, and even your sleep! It's also a natural stress reliever and can even help with dementia as it triggers memories in the brain. We know from our own experience that it can help widen your circle of friends thus improving your social life and of course, it certainly can boost your own confidence the more you sing.

So, with that in mind, we have asked the clubs being honoured to lead us in some Karaoke singing at the end of the formal proceedings. This added treat should have everyone leaving with a smile on their face!

Oh, and one more addition to this year's Nostalgia Night, the "Kimono Fun" group will be onsite in the Hosaki Room from 12:00pm-3:00pm to assist anyone who wishes to bring their own kimono or yukata and get dressed for the occasion. If you are interested, please contact [kimonofun@gmail.com](mailto:kimonofun@gmail.com) to register by **Wednesday July 17, 2019**. You'll be given a time when your dressing will take place.

Registration:

For Nostalgia Night we will once again have an Early Bird Special!

Registrations up to and including **Friday July 5, 2019**:

JCCC members	\$20.00	Non-members	\$25.00
Ages 7-16	\$15.00	6 and under	are free

Registration after **Friday July 5, 2019**:

JCCC members	\$25.00	Non-members	\$30.00
Ages 7-16	\$15.00	6 and under	are free

Final Registration deadline is **Wednesday July 17, 2019**.

Tables may be reserved by groups of 8-10 people. All names must be provided at the time of registration.

To register, complete the flyer in the May JCCC newsletter at the reception desk or call reception at 416-441-2345.

So – don't wait, register now and join us for this "nostalgic" evening with friends, filled with fun, good food, and paying tribute.

## JCCC Iaido Club earns 2 Bronze and a Gold at the 2019 East Coast Iaido Tournament

Members of the JCCC Iaido Club participated in the 2019 East Coast Iaido Tournament in Jersey City, USA on February 17.

Competing in the 2-Dan, 3-Dan, 4-Dan, and 5-Dan categories were Francis Domingo (2D), Catherine Matchuk (3D), Patricia McRitchie (4D), and JCCC Iaido Sensei, Patrick Suen (5D) and Michael Hodge (5D).

With nearly 80 competitors from central to eastern Canada and the United States, this tournament is the second largest Iaido event of its kind in North America.

JCCC Iaido members represented the club and the Centre proudly, and came home with some solid hardware.

Catherine Matchuk was awarded a "kantoshō" (fighting spirit) award in the 3-Dan division, after losing a closely fought match to the eventual champion.

Francis Domingo earned Bronze in the 2-Dan division, beating last year's champion from Long Island in the opening round.

Michael Hodge Sensei earned Bronze in the 5-Dan division, beating a strong competitor from Rochester before losing to a fellow Canadian.

Patrick Suen Sensei earned Gold in the 5-Dan division, beating last year's champion from New York City.

The JCCC Iaido Club continues to be one of the leading Iaido schools in North America, with students and instructors that travel regular to Japan, Europe, and the Americas to learn, build community, and showcase Canadian talent.



## 2019 JCCC Women in Budo Exhibition

The JCCC is a proud sponsor of this event celebrating female athletes who have adopted Japanese traditional martial arts into their daily lives. Come out to Kobayashi Hall on **Sunday June 2, 2019** from 12:30 - 2:30pm to experience demonstrations and speeches from these incredible women, including current and former members of Team Canada, in disciplines such as Kendo, Naginata, Karate, Yagyu Shinkage Ryu, and more!

Attendance is free for JCCC members and \$5 for non-members. Please share with your friends and family.

## Volunteers Needed for Toronto Japanese Film Festival (TJFF)

June 6 – June 27, 2019



Come and be a part of one of JCCC's biggest annual events. The Toronto Japanese Film Festival (TJFF) is a three week long festival, showcasing the best of the latest in Japanese cinema. We are now recruiting for volunteer positions in various departments throughout the festival. Volunteer registration will close once the positions are filled, so register early to avoid disappointment!

### Requirements:

- All positions are open to 19 years of age or older.
- You have to be able to help minimum of 7 shifts during TJFF. (If you have volunteered at TJFF for more than 2 years, minimum is 4 shifts or to be discussed.)
- You are required to attend a volunteer orientation if you are a **FIRST TIME** volunteer at TJFF.

### Volunteer Schedule and Assignments\*:

Opening Night on **Thursday June 6, 2019** 5pm-end\*

Closing Night on **Thursday June 27, 2019** 5:45pm-end\*

- Box Office (ticket sales and ticket pick-up)
- Theatre Crew (crowd control, usher, and theatre clean up)
- Snack booth helpers (sales at the snack booth and clean up)
- Food serving (appetizers server)
- Bartender (must be Smart Serve certified)
- Photographer (experienced needed, submit a portfolio)
- TJFF merchandise sale

### Regular Nights\*

Monday - Friday: 5:45pm-end\*

Saturdays and Sundays: Shift A: 11:45am-5pm,

Shift B: 5:00pm-end\*

- Box Office (ticket sales and ticket pick-up)
- Theatre Crew (crowd control, usher, and theatre clean up)
- Snack booth helpers (sales at the snack booth and clean up)
- TJFF merchandise sale

\*Screening time may vary slightly. Final schedule for volunteers will be provided on orientation day.

Volunteer Orientation: **Wednesday May 29, 2019** 7:00pm-9:00pm

Volunteers for TJFF are required to attend. It is important to confirm your final shifts and assignments. If you are not able to attend, please inform us in advance. TJFF reserves the right to respectfully decline any offers of volunteers who have not contacted us for absence prior to deadline of registration.

Volunteer Sign-Up Period: **May 1 - May 14, 2019**

All volunteer opportunities will close once positions are filled.

Online volunteer sign up available from the link below:

<http://www.jccc.on.ca/en/volunteer/>

If you are a **FIRST TIME** volunteer at JCCC, please also submit the Volunteer Profile when you sign up for volunteering at TJFF.

# Toronto Japanese Film Festival 2019

The Toronto Japanese Film Festival is dedicated to showcasing the finest Japanese films that have been recognized for excellence by Japanese audiences and critics, international film festival audiences and the Japanese Film Academy.

The 2019 festival will be held from **Thursday June 6, 2019 to Thursday June 27, 2019** and will feature many North American and Canadian premieres. Tickets go on sale **Wednesday May 1** at 10:00am!

JCCC members: tickets are \$10 (\$45 for a 5 film pass, \$90 for a 10 film pass)

General: tickets are \$12 (\$50 for a 5 film pass, \$100 for a 10 film pass)

No waiting time!! Due to heavy call volume, we encourage you to purchase tickets online at ticket web.

Tickets can be purchased at JCCC reception in person, by 416-441-2345, <https://jccc.on.ca/tjff/> or ticketweb QR code.



## Opening Night Screening and Gala Reception

### MAQUERADE HOTEL (マスカレードホテル)

An all-star cast brings Shingo Higashino's bestseller to life as an undercover detective and a hotel manager combine forces to stop a serial killer. The killer has struck three times with all clues suggesting the next will take place at Tokyo's luxurious Hotel Koruteshia.



Detective Kosuke Nitta goes undercover at the front desk with hotel supervisor Naomi Yamagishi providing training. But Nitta is focused on catching the killer while Naomi prioritizes the safety of the guests. Can they overcome their differences and catch the killer? A fast-paced, ingenious thriller with the charisma of Japan's top actors on full display.

Starring: Takuya Kimura, Masami Nagasawa, Fumiyo Kohinata

## Closing Night Screening and Reception

### IWANE: SWORD OF SERENITY (居眠り磐音)

Iwane Sakazaki has two childhood friends: Kinpei and Shinnosuke. The three are like brothers and train as swordsmen in the same dojo. Kinpei has two sisters; Mao, who is married to Shinnosuke, and Nao who will marry Iwane.



When a rumour reaches Shinnosuke that Mao is having an affair he flies into a jealous rage and kills her. Kinpei then kills Shinnosuke in retaliation for his sister's death. Iwane is ordered to kill his friend Kinpei and the two deadly swordsmen must meet in battle.

This adaptation of Yasuhide Saeki's popular series of novels is filled with beautiful photography and costumes, thrilling swordplay and charismatic performances.

Starring: Tori Matsuzaka, Fumino Kimura, Kyoko Yoshine

## Special Event Screening

### LOVE'S TWISTING PATH (多十郎殉愛記)

After a 20-year hiatus, master jidaigeki director Sadao Nakajima returns with an action-packed throwback to the days of classic "chambara" films.



In Kyoto during the final years of the Edo Period, Tajuro, a masterless samurai, can barely making ends meet. His neighbour, the beautiful izakaya owner Otoyō has fallen in love with him. When Tajuro's brother Kazuma arrives in Kyoto, there is suspicion he is there to overthrow the Shogunate. The authorities pounce and Tajuro, with Otoyō's help, must fight to protect his brother. A loving throwback to the action, romance and intensity of the golden years of samurai films.



Starring: Kengo Kora, Mikako Tabe, Ryo Kimura

**Actor Mikako Tabe in attendance to introduce her film and take audience questions.**

## EVERY DAY A GOOD DAY (日日は好日)

University student Noriko feels aimless until she and her friend Michiko decide to spend their summer learning tea ceremony from local teacher Takeda-sensei (Kirin Kiki in her last appearance). They soon realize "the way of tea" is a life-long and life-altering endeavour, setting off a transformative journey into the heart of tradition, connection, and family. A beautiful and heartfelt journey into the most "Japanese" of the Japanese arts.



Starring: Kirin Kiki, Haru Kuroki and Mikako Tabe

### A SAMURAI'S PROMISE (散り椿)

The year is 1730. Master swordsman Shimbei attempts to expose corruption in his fief and is banished by the authorities. Thereafter, he endlessly drifts from place to place with his wife Shino, who eventually passes away from illness. Her final request is for Shimbei to protect Uneme, a friend in her hometown. However dangerous, Shimbei decides he must fulfill that promise. A powerful evocation of the noble code of the samurai directed by Daisuke Kimura, one of Japan's and Akira Kurosawa's leading cinematographers. Based on Naoki Prize-winning author Hamuro Rin's novel featuring stunning visuals, a tense narrative and winning performances from an all-star cast.



Starring: Junichi Okada, Hidetoshi Nishijima, Haru Kuroki  
**Preceded by performance by JCCC Kyowa Taiko**

### FOR LOVE'S SAKÉ (恋のしずく)

University student Shiori has an incredible palate for wine and dreams of studying winemaking in France. To her dismay she is assigned to a rural sake brewery for her internship. There she discovers the brewery's owner is gravely ill and his son has little interest in the business. Can Shiori learn to appreciate sake and act as the spark to turn the brewery around?



Filmed entirely at one of Hiroshima's most famous sake breweries, Kamoizumi Sake Brewery, the film is an uplifting romantic drama about falling in love with Japan's most delectable fermented beverage.

Starring: Chizuru Azuma, Rina Kawaei  
**A post-screening sake tasting will be hosted by the Sake Institute of Ontario**

### CALL BOY (娼年)

University student Ryo spends his days skipping classes, bartending part time and occasionally sleeping with his customers. His mundane life takes an unexpected turn when a mysterious and elegant customer named Shizuka offers him a job in her private high-end escort service and schools him in the art of giving pleasure to women. Moody and atmospheric, often humorous and daringly explicit, Call Boy places female desire and sexuality front and centre.



Based on Ira Ishida's Naoki Award-nominated erotic novel.

Starring: Tori Matsuzaka, Sei Matobu, Ami Tomite and Kenta Izuka

### THE ISLAND OF CATS (ねことじいちゃん)

Daikichi is a 70-year-old widower living on a small island with his 10-year old cat Tama, many life-long friends and the countless feline inhabitants of the island. They gather together at a newly opened café, run by the beautiful Michiko, a newcomer on the island. Daikichi's carefree and laid-back lifestyle is interrupted by the death of a close friend and his own health scare, prompting his son to visit from Tokyo.



This warm, gentle comedy looks at Japanese social issues such as the aging population and life after retirement. Beautifully photographed and a cat-lovers dream!

Starring: Shinosuke Tatekawa, Ko Shibasaki, Kaoru Kobayashi

### MORI, THE ARTIST'S HABITAT (モリノいる場所)



In his last 30 years, reclusive artist Morikazu Kumagai (1880-1977), rarely ventured beyond his Tokyo home; instead, he spends hours in his luxuriant garden keenly observing the cats, fish, birds and insects and

eventually rendering them into his distinct paintings. Featuring a cast led by screen legends Tsutomu Yamazaki and Kirin Kiki, this delightful, quirky and virtually plot-free comedy traces an imaginary day in the life of Mori and Hideko - his wife of over 50 years - as they entertain a throng of welcomed and unwelcomed visitors, including condo developers whose presence signals imminent and irreversible change.

**Preceded by John Northcott and David Michael Lamb's NORIKO MAEDA – FOUNDATIONS**

### FLY ME TO SAITAMA (翔んで埼玉)

From the director of Thermae Romae and Color Me True comes a wild comic fantasy based on Mineo May's popular manga. In a luxurious, kingdom-like Tokyo lives Momomi, son of the corrupt governor and possessor of striking feminine beauty.



He, like all Tokyoites, looks down on the unsophisticated neighbouring prefectures, especially Saitama. When mysterious student Rei transfers into the same private academy, the spark of attraction soon ignites the fuse for a war between the prefectures. A lunatic satire of the universal tensions between urban and rural; overflowing with energy, hilarity, opulent design and over-the-top action.

Starring: Fumi Nikaido, GACKT, Yusuke Iseya, Kumiko Aso



## WHEN I GET HOME, MY WIFE ALWAYS PRETENDS TO BE DEAD

(家に帰ると妻が必ず死んだふりをしています。)

Jun returns from work to find his wife collapsed in the hall seemingly dead. She then pops back to life giggling and so begins a strange daily ritual of increasingly elaborate and often hilarious death scenes upon Jun's return home.



When asked why, Chie simply answers: "the moon is beautiful". Jun begins to worry about the future of the marriage, but there is a secret behind Chie's mysterious behavior and wild screwball comedy soon gives way to a moving celebration of married love. Based on a true story. Funny, touching, insightful and featuring charming performances from its leads.

Starring: Nana Eikura, Ken Yasuda, Ryohei Otani

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## WHISTLEBLOWER (七つの会議)

This tense and blackly comic shot of "corporate kabuki" exposes intra-company rivalries, subterfuge, betrayal and corruption, not to mention donut thievery! It is the tale of two rival sales teams within Tokyo Kenden, led by the terrifying bully Kitagawa. The hapless Harashima's team cannot make sales targets while rival Sakado has hit his targets 35 months in a row. Something is fishy and the lazy, sneering second-in-command Hakkaku may hold the key to unlocking the mystery. But will he bring down the entire company in the process? An intricate, fast-paced satire of Japanese corporate life.



Starring: Mansai Nomura, Teruyuki Kagawa, Mitsuhiro Oikawa

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## A GAMBLER'S ODYSSEY 2020 (麻雀放浪記 2020)

Time slips from the ruins of post-war Japan to Tokyo in the year 2020. Boyatetsu, a skilled mahjong player, finds a ruined city plagued by plummeting population numbers, spiralling unemployment and social unrest. The 2020 Olympics have been cancelled and an evil organization plans to restage them as a massive human-versus-artificial intelligence mahjong battle. Boyatetsu must step forward to represent the human race. A wildly imaginative and deliriously out-of-control roller-coaster ride of bizarre characters, surreal transgression and action, based on Takehiro Irokawa's novel and Yozo Shimizu's manga.



Starring: Takumi Saitoh, Momo, Becky

## THE HOUSE WHERE THE MERMAID SLEEPS

(人魚の眠る家)

Kaoruko and Kazuaki have two children and a troubled marriage. One day, their daughter drowns in a local swimming pool and the doctor informs them that she is brain dead with little chance to recover. The couple has two choices: to donate Mizuho's organs to others in need, or to wait until Mizuho's heart stops beating.



Their agonizing choice is further complicated when a young doctor arrives with an unusual new technology that may save her. Shinohara was nominated for the Japanese Academy Award for her searing central performance. A powerful and thought-provoking mystery based on Shingo Higashino's best-selling novel.

Starring: Ryoko Shinohara, Hidetoshi Nishijima

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## USUKE BOYS (ウスケボーイズ)

Okamura and four close friends regularly meet at a group for wine aficionados. They share the belief that Japanese grapes are less flavourful than French grapes and so bear an inferior wine. When they encounter Japanese-made Kikyogahara Merlot and its maker Utsuke Asai, their lives are changed.



Dropping their jobs and renting farmland they pledge to follow Utsuke-san and his philosophy of wine-making, and life. A warm, inspirational tale for winelovers and teetotalers alike.

Starring: Dai Watanabe, Masayuki Deai, Yuka Takeshima

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## OF LOVE AND LAW (愛と法)

*"An impassioned and insightful debut feature...eye-opening"*  
– Screen Daily

Fumi and Kazu are partners in love and law; they run the first law firm in Japan set up by an openly gay couple. Together for 15 years, the lawyers want to raise a family of their own in a country where their partnership has no legal recognition or protection. Driven by their own experience of being 'outsiders', they attract a range of clients who reveal the hidden diversity of a country that prides itself on its obedience, politeness and conformity. This insightful documentary won the Tokyo International Film Festival BEST FILM and Splash Competition awards.



## ANOTHER WORLD (半世界)

Koh makes high-grade charcoal in a business inherited from his father. He resents his work, fails to pay enough attention to his wife, Hatsuno, and struggles to connect with his bullied son, Akira. When Eisuke, a boyhood friend and member of the self-defence forces returns home struggling with Post Traumatic Stress Disorder, their reunion forces Koh to re-evaluate his life and relationship with his family. This intimate, probing and poignant drama won the Audience Choice Award at the Tokyo International Film Festival.



Starring: Goro Inagaki, Chizuru Ikewaki, Hiroki Hasegawa

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## WHEN MY MOM DIED, I WANTED TO EAT HER ASHES

(母を亡くした時、僕は遺骨を食べたいと思った。)

Morbid title aside, the film is a tender, quirky and heart-breaking ode to the love of a son for his mother. Akiko was always a kind, supportive mother to Satoshi when he was growing up, helping him through tough times saying, "It's okay, because I am with you. You will survive." Satoshi is now in his thirties and remains devoted to his mom. When she is diagnosed with terminal cancer, it is Satoshi's turn to say "It's okay, because I am with you." Bring your handkerchiefs!



Starring: Ken Yasuda, Mitsuko Baisho, Nao Matsushita

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## THE FABLE (ザ・ファブル)

An elite contract assassin, nicknamed The Fable, is an unstoppable killing machine we first meet wiping out a Tokyo restaurant full of yakuza. His bosses decide he is too "hot" and order him to move to Osaka, lay low and live as a normal person with no killing allowed for one year! But he is soon sucked into the violent machinations of the Osaka underworld and is challenged to keep his promise, particularly when the woman he has fallen for is threatened by yakuza thugs. Based on Katsuhisa Minami's manga, The Fable is a dizzying blend of very violent action and quirky comedy featuring an all-star cast.



Starring: Junichi Okada, Fumino Kimura, Koichi Sato

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## EATING WOMEN (食べる女)

Tonko Mochizuki is the owner of a second-hand Tokyo bookstore "Mochi no Ie" and also an essayist. Her customers include eight women each troubled in her own way; each trying to manage life in the big city, careers, dating, expectations and materialism. Through sharing delicious meals together with Tonko, these women find the answers to their questions and move ahead with their lives. Mixing drama and comedy Taberu Onna is a celebration of female friendship and fine food based on Tomomi Tsutsui's best-selling novels.



Starring: Kyoko Koizumi, Atsuko Maeda, Erika Sawajiri, Alice Hirose, Charlotte Kate Fox, Yu Yamada

## MODEST HEROES (ちいさな英雄ーカニとタマゴと透明人間ー)

This three-part Japanese animated anthology film features work by Studio Ponoc's finest up-and-coming directors including founder Hiromasa Yonebayashi (Mary and the Witch's Flower). Kamini and Kanino is an adventure about two magical siblings in search of their lost father. Life Ain't Going to Lose tells the tale of a boy who vows to cure a deadly allergy. In Invisible, a lonely invisible salaryman is given the chance to be a hero. Beautifully realized, heartfelt and a lot of fun, this family-friendly film is a peek into the future of Japanese anime.



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## A BANANA, AT THIS TIME OF NIGHT?

(こんな夜更けにバナナかよ 愛しき実話)



Yasuaki Shikano lives with muscular dystrophy and conducts his busy life from a wheelchair, recruiting volunteers from the medical hospital to cater to his every whim. He is self-centered and talkative yet his infectious energy and free-spirit affects all the people around

him. He also falls in love easily and develops a crush on rookie volunteer Misaki. He asks his friend Hisashi to write a love letter for him, not realizing Misaki is Hisashi's girlfriend.

Yo Oizumi's central performance is affecting, funny and often emotionally raw.

Starring: Yo Oizumi, Mitsuki Takahata, Haruma Miura

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## ORGAN (あの日のオルガン)

In the closing months of World War II Japanese cities are being bombed at a frightening pace leading to many innocent casualties. Kindergarten teacher Kaede and music teacher Mitsue band together to take the children under their care to safety outside of Tokyo. They find shelter and a modicum of safety at an old abandoned temple in Saitama as Tokyo burns. Music, and an organ they bring with them, brings solace during a terrifying time. Inspired by true events, Organ is a heart-warming story of courage, friendship and the power of music.



Starring: Erika Toda, Sakurako Ohara, Yui Sakuma

## Calendar of Art Gallery Exhibits

**June 9 – Aug 4, 2019**

HIROSHI CALLING, curated by Emi Morita  
(TORONTO) PHOTOWORKS by Kathi Adachi, Yosh Inouye, Yuriko Kubota, Haruna Murota, Jo Nakanishi, Vince Noguchi, Laura Shintani, Sandy Usami, Kathy Yamashita, Akira Yoshikawa  
Opening Reception: Sunday, June 9, 2019 at 2pm.

**Sat Aug 11 - Sun Nov 3, 2019**

Barb Miiko Gravlin and Mary Akemi Morris

**Jan 11 - March 29, 2020**

Artsu Matsuri, the bi-annual celebration of art by Nikkei community artists happens in winter for the first time! Watch for details. To get on the email notification list: [bkanbara@gmail.com](mailto:bkanbara@gmail.com)

## Celebrating Asian Heritage Month

At the Heritage centre, we strive to promote Japanese Canadian heritage everyday but the month of May is especially significant because it is the month dedicated to celebrating Asian Heritage.

This month, keep a lookout on our social media platforms as we will be posting exciting content in collaboration with the Canadian Heritage Organization. We will be using the official hash tag #ahmCanada2019 in English and #mpaCanada2019 in French.

We encourage everyone who has access to social media platforms to use the hash tag and tag us as well so we can engage in a meaningful way (we would love to know how you are celebrating)! To start the conversation, here is a photograph of the incredibly delicious Cumberland Chow Mein from the JCCC bestselling Just Add Shoyu cookbook (available for purchase in the JCCC Gift Shop). Last but not least, from the Heritage staff, we wish you a very heart-warming Asian Heritage Month!



*Just Add Shoyu, pp. 64-65*

## My JCCC Internship

by Corina Apostu

When I graduated from university with a Bachelor of Arts in History and Medieval Studies, I knew I wanted to take a year off to gain some experience in the cultural heritage field before moving onto my Masters. The only question was: where should I start? Through Constantin Dutescu, I got in touch with Theresa Takasaki, the Archives and Collections Manager of the Heritage department.



After chatting to Theresa, I decided to begin volunteering every Monday and I was soon assigned to help with the creation of this past winter's photo exhibition, Telling Our Stories.

My primary role was to comb through the Centre's extensive database and pull photos from the archives that would match the theme of the exhibition: Japanese-Canadian lives before, during and after the wartime period. Though the history presented at the JCCC is very different from my Elizabethan England area of focus – I found myself becoming engrossed in the stories behind the photographs I was amassing. Each photo I pulled from the archive or received from a donor was a snapshot into someone's life and a memory I was privileged to be witnessing. Though my knowledge of Japanese Canadian history is rudimentary, I learned a lot from the stories of volunteers at the Centre as well as my colleagues who patiently answered any questions I had. Putting the physical exhibition together was incredibly exciting. It felt so rewarding to see a tangible result to the hard work we all put in. Seeing the delight on the visitor's faces as they recognized places - and sometimes even people - in the photos was inspiring and it hammered home why I wanted to work in this field in the first place. I want to bring history to life, to allow people to look into the past and recognize themselves and to allow them to connect to the overall human story. History, in my opinion, should not be confined to dusty library volumes and dull high school classes; it can be lived and breathed as long as someone wants to tell a story.

Alongside gaining invaluable work experience by being at the Centre I was also lucky enough to get to know the wonderful variety of people who work and volunteer here and fill the Centre with life. The people who work at the JCCC have created a welcoming community that I look forward to interacting with every Monday. Their stories have inspired me, and the warm environment is what keeps me coming back every week.

## History Mystery



This item came in a recent donation. If you know what it is, please email [theressat@jccc.on.ca](mailto:theressat@jccc.on.ca) with the subject History Mystery.

## Obon Odori 2019

Submitted by Toronto Buddhist Church

Spring is almost here and with it, the start of Obon odori practices at the Toronto Buddhist Church. Come out and learn dances to both traditional and modern Japanese songs. Beginners are welcome as step-by-step instructions are given, and veterans will recognise dances from years past.



Practices will be held every Tuesday and Friday nights, 8:00pm-9:30pm, beginning **Tuesday April 23, 2019** until Obon.

Obon is a Buddhist celebration to honour our ancestors. Obon odori is for all ages, any gender, the young and the young at heart. So come out to the TBC to learn odori, see old friends, make new ones, and have some fun! The Obon festival will be held on the evening of **Saturday July 13, 2019** at the Japanese Canadian Cultural Centre following Natsu Matsuri.

Toronto Buddhist Church  
1011 Sheppard Avenue W. Toronto, ON M3H 2T7  
416-534-4302 tbc@tbc.on.ca

## Wynford Seniors Bowlers Needed!

The Wynford Seniors Bowling League is currently looking for new 5 pin bowlers, age 55 and over, to join their fun-filled and non-competitive league. No experience is necessary, as handicaps are calculated at the beginning of the season.

Bowling is either on Monday or Friday mornings, from 9:30 until noon, starting in September. Playoffs are in late April, and the season concludes with a scrumptious buffet banquet and awards ceremony in early May.

The alley is located at Parkway Bowl, east end of Parkway Plaza, 67 Ellesmere Rd in Scarborough.

All you need to join are JCCC and Wynford Seniors memberships!

If you are interested, the bowlers welcome you to check out the alley during the summer on Monday mornings starting in June, from 9:30am-11:30am, when some practise for fun.

For more information or to join, please contact Dawna Kobayashi at 416-407-8102 by mid-August.

## Nagata Shachu presents: Taiko X Celtic!

Nagata Shachu's third and final concert of its 20th Anniversary, 2018-2019 season sees the ensemble collaborating with The American Rogues at Harbourfront Centre Theatre on June 8. The American Rogues is an American/Canadian group that has taken on the worlds of Celtic, rock, roots, and world music by storm. Renowned for their musical skill, quick wit, compelling storytelling, and engaging stage show, the American Rogues has headlined shows in Asian, Europe, and Canada and the USA. Nagata Shachu, has become renowned for its exacting, physically demanding and energetic performances on the taiko, as well as for its diverse repertoire. Their playing is the combination of unbounded spirit and passion with the highest levels of musicianship and discipline.

Don't miss this rare opportunity to see these two high-powered groups perform together in a mash-up of Celtic and Japanese taiko music! JCCC members save \$5 off regular priced adult tickets. Use promo code: JCCC08

Date: **Saturday June 8, 2019**

Place: Harbourfront Centre Theatre, 231 Queen's Quay West

Ticket: \$27, \$32, \$37 adults, \$20 seniors & students

Tickets: [www.harbourfrontcentre.com/boxoffice](http://www.harbourfrontcentre.com/boxoffice).

416-973-4000 press 1



## Ohara School of Ikebana Toronto Chapter celebrating 45th Anniversary Floral Exhibition & 90th anniversary of Japan-Canada diplomatic relations

Ohara School of Ikebana Toronto Chapter 45th Anniversary Floral Exhibition will be held on **Sunday May 26, 2019** from noon to 5:00pm at the JCCC, Kobayashi Hall.

Official opening at 1:00pm.

Demonstration at 2:00pm by Council Ohara Professor Hirokazu Yokohigashi from Japan

Admission: \$20 (children under 12 are free)

For more info, contact Ming-Li Wu

E-mail: [minglw@hotmail.com](mailto:minglw@hotmail.com)

Website: [www.ohara-toronto-chapter.ca](http://www.ohara-toronto-chapter.ca)

## Wynford Seniors Summer Social

Wynford Seniors Summer Social:

Date: **Wednesday June 5, 2019**

Time: 10:30am to 2:00pm.

Payment of \$20.00 must be made by **Wednesday May 15, 2019**

# DONATIONS TO THE JCCC

As of April 4, 2019

The JCCC gratefully acknowledges the following donations:

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Ishizue Award	
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Mrs. Kay Hayakawa	100
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Ms. Nobuko Oikawa	300
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Mrs. Janet Smith	20
Mrs. Irene Aiko Sugimoto	55
Mr. Terence Takashima	49
Mr. George Toyama	50
Mr. Roy Toyama	27
Mrs. Kelly Tsumura-Luk	50

## In honour of Marty Kobayashi

Ms. Maureen O'Connor	200
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## Chris Kano Taiko Studio

Anonymous	50
On behalf of Toronto Suwa Daiko	
Ms. Dawna Kobayashi	2,860
Mrs. Joyce Moore	1,000

## Corporate, Foundations and Government

### Donations & Sponsorships

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H.I.S. Canada Inc.	
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## In Memoriam

<b>In memory of Atsuko Hirazawa</b>	
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<b>In memory of Betty Nagata</b>	
Mrs. Janice Bennink	50
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Mr. and Mrs. Shoji Yano	100
<b>In memory of Kameo Kawaguchi</b>	
Mr. and Mrs. William Hatanaka	150
<b>In memory of Kyoko Abe</b>	
Mrs. Chi Kwong Violet Siu	200

## **In memory of Mack and Margaret Oikawa**

The Brett Family	200
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Sylvia and Alan Milnes	200
<b>In memory of Mack Oikawa</b>	
Mrs. Barbara Bruce	25
Mr. Michael Hayakawa	30
The Kishita Family	30
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Ms. Margaret Nakamura	50
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<b>In memory of Mose Obukuro</b>	
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Ayame Kai	75
<b>In memory of Shigeo Sakauye</b>	
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<b>In memory of Shozo Ishikawa</b>	
Ms. Ellen Ishikawa	250
<b>In memory of Tamio Tommy Hayakawa</b>	
Mrs. Kay Hayakawa	100
Mrs. Shizue Saito	200

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As of April 4, 2019

The JCCC gratefully acknowledges the following donations:

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### In memory of Ray Akira Takeuchi

Mr. and Mrs. Wayne Takeuchi 50

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 Mr. and Mrs. Artur Zmarzlak 93

### Friends of the Moriyama Nikkei Heritage Centre Inscriptions (August 15, 2015 to present)

You can purchase a Friends of the Moriyama Nikkei Heritage Centre inscription for yourself, a friend or a loved one, for a donation of \$500. Corporate and Group inscriptions are also available at the \$2,000 giving level.

To make your dedication, call the JCCC or visit us online at [www.jccc.on.ca](http://www.jccc.on.ca). Proceeds will support the Moriyama Nikkei Heritage Centre's ongoing operation and programming.

#### Individuals/Couples

In honour of Kaz and Nao Amemori  
 Rinzo and Aiko Amemori  
 Karen Ruth Chong and Harry Ham Sit Chong  
 Susan Lem and Margaret Toy Yuen Wong Chong  
 Shirley Mitsuko Edamura – In Loving Memory  
 From Henry Lorie Robbie Kristi Dean  
 & Families Edamura Kobayashi Sikura Shin  
 Kokuryo Shintani Ross Schroeder Colman  
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 Shinya and Masumi Godo  
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 Sumie (Sugamori) Medoruma - In Loving Memory  
 Tommy Medoruma (Kanashiro) and Family  
 In Memory of Margaret Mori  
 Mas and Yuri Mori  
 Saburo and Nancy Morita  
 Nete Mowry - In Memory  
 Fumiye and Masaharu Mukai - In Memory  
 Isaburo and Noshi Nagasuye - In Honour of  
 Janet Michiko Nagasuye - In Gratitude  
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 In Memory of Rei and Kim Nakashima  
 Kimiaki and Rei Nakashima - In Memory  
 In Memory of Mamoru and Hanae Nishi  
 Ron and Judy Nishi  
 Nana and Tomi Nishimura  
 In Memory of Ippei and Hama Nishio

Dr. Nori Nishio - In Memoriam  
 In memory of my parents Etsu and Moichi  
 Roy Chukichi and Suzu Oyagi - In Memory  
 In Memory of Grace Haruko Sakamoto  
 Nancy Shin - In Memory  
 In Memory of Nancy Aiko Shin  
 Emiko Sumi  
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 In Memory of Toshiko & Frank Usami  
 In Memory of Ethel Midori Wakayama  
 Beaver & Michi Yamamura  
 - In Loving Memory  
 Tsutae Yamamura - In Loving Memory  
 In Memory of Amy Shizuko Yoshida

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 Salden Foundation  
 SHODO CANADA  
 The Frank H. Hori Charitable Foundation  
 Toronto Japanese Garden Club  
 Toronto Kohaku Utagassen  
 Wynford Seniors Club

## Haiku Corner

海手より日は照りつけて山ざくら  
*Umite yori hi wa teritsukete yama-zakura*

From the direction of the sea,  
 The sun shines  
 On the mountain cherry-blossoms.

蕪村

Buson

静さや散るにすれあふ花の音 樗良  
*Shizukasa ya chiru ni sureau hana no oto*

Stillness:  
 The sound of the petals  
 Sifting down together. Chora

## 今後の行事予定

- 5月
- 4 (土) JCCC バザー
  - 11 (土) JCCC カラオケクラブ
  - 11 (土) JCCC 響和太鼓ワークショップ
  - 13 (月) まんじゅうワークショップ
  - 14 (火) JCCC特別映画鑑賞会  
-「寝ても覚めても」
  - 16 (木) 折り紙ワークショップ
  - 19 (日) 組み紐ワークショップ
  - 20 (月) JCCC 休館日 – Victoria Day
  - 23 (木) シニアーズサパークラブ
  - 25 (土) JCCC カラオケクラブ
- 6月
- 2 (日) 『Women in Budo Exhibition』
  - 9 (日) 『HIROSHI CALLING』展示会  
オープニングレセプション
  - 6 (木) トロント日本映画祭開幕
  - 8 (土) JCCC カラオケクラブ
  - 10 (月) まんじゅうワークショップ
  - 22 (土) JCCC カラオケクラブ
  - 27 (木) トロント日本映画祭閉幕
- 7月
- 1 (月) JCCC Closed – Canada Day
  - 8 (月) Summer Kamp Kodomo Starts
  - 13 (土) Natsu Matsuri and Obon Festival
  - 18 (木) シニアーズサパークラブ
  - 27 (土) JCCC カラオケクラブ
  - 28 (日) ノスタルジアナイト

### JCCC LIBRARY SCHEDULE JCCC ライブラリースケジュール

#### TUE/THURS

10am – 2pm (lending hours 貸出し)

#### WED/SAT

1pm – 5pm (lending hours 貸出し)

#### FRI

10am – 2pm (non-lending hours 閲覧)

2pm – 4:30pm (computer clinic コンピュータ相談室)

#### SUN/MON

Closed 休館

## JCCC 月例映画鑑賞会 5月の映画：寝ても覚めても 濱口竜介監督来場！

『第32回野間文芸新人賞に輝いた柴崎友香の小説を映画化したラブストーリー。突然行方をくらました恋人を忘れられずにいる女性が、彼とうり二つの男性と出会って揺れ動くさまを追う。メガホンを取るのは『ハッピーアワー』などの濱口竜介。主演を『聖の青春』などの東出昌大、ヒロインをテレビドラマ「ブランケット・キャッツ」などの唐田えりかが務める。ヒロインが惹(ひ)かれる二人の男性を東出が一人二役で演じる。



麦(東出昌大)と朝子(唐田えりか)は恋に落ちるが、麦は彼女の前から突然居なくなってしまう。それから2年がたち、彼女は麦との思い出が残る大阪を離れて東京で暮らし始める。ある日、麦と外見はそっくりだが性格の違う亮平(東出昌大)と出会う。麦のことを忘れられないがゆえに彼を避けていたが、一方の亮平はそんな彼女に強く惹(ひ)かれる。亮平と接するうちに彼に惹(ひ)かれていく朝子だったが.....。

シネマトゥデイより

日時：2019年5月14(火)午後7時  
チケット：無料

## 『新移住者シニアクラブ』のお知らせ

この度、多くの方々の賛同を頂きJCCCにて『新移住者シニアクラブ』が設立されましたのでお知らせ致します。

『久し振りに会って懐かしく語り合える場、近況を話題にできる場、情報の場、心や体がリラックスできる場など、一緒に様々なことに活用出来るクラブに致しましょう。『新移住者シニアクラブ』が皆様の出会い、再会の場になれば幸いです。代表 中山あつ子』

曜日：毎月第4水曜日(月によっては変更あり)

場所：日系文化会館6 Garamond Court, Toronto(入口の表示にてお部屋を確認下さい)

時間：午前10時半から午後3時

午前中は自由で、午後1時から毎回テーマを決めての座談会

参加規定：JCCCメンバーシップの保持者(シニア65歳以上は年間お一人\$20/夫婦\$35+税金)

参加費：JCCCへ寄付をお願い致します

昼食：お持ち込み、もしくは事前にお弁当の注文可(\$10ぐらい。当日現金にてお支払い下さい)

参加連絡：お弁当が必要な方は遅くともクラブ集会日直前の金曜日夜までに連絡下さい。それ以外の方は特に連絡の必要はありません。お気軽にお立ち寄り下さい。

連絡先：jsisch30@gmail.com (新移住者シニアクラブ)

647-465-2532 (赤岡満・テキスト/電話)

5月の案内：2019年5月29日(第5水曜日)二階2Dルーム

日本から先生をお迎えして『シニア音楽療法』を予定しております(午前10時半～正午)。

音楽療法士の松田恵理子先生とピアニストの岡村利衣子さんが、歌いながら顔や口周りの筋肉を鍛える方法、正しい介護予防の知識を皆様にお伝えして下さいます。どうぞお楽しみに!

## 夏休みキャンプ子供

日本文化に触れ体験する6-12歳向けのユニークな夏休みキャンプ子供が2019年も夏休み中(7月8日-12日、7月15日-19日、7月22日-26日)に行われます。キャンプ時間は午前9時から午後4時半まで。(午前8時から午前9時、午後4時半から午後6時までの延長プログラムもあり。)お申し込み詳細は英語ページp.3、または同封のフライヤーをご覧ください。また、キャンプカウンセラーも募集しています。

参加費用:\$210(JCCC会員); \$220(一般)

延長時間プログラム\$35(別途)

兄弟でお申し込みの場合は二人目のお子様から5%割引が適用されます。

## ノスタルジア・ナイト -カラオケ・クラブを表彰

2019年ノスタルジア・ナイトは、長年にわたり日系社会の文化的・社会的発展に貢献しているカラオケ・クラブを称えます。

日系カラオケ・クラブには何十年も活動を続けているクラブもありますが、どのクラブにも共通するのは会員が集って歌を歌うことで仲間意識を育て、楽しい時間を共有する機会を提供していることです。

ノスタルジア・ナイトは日系社会を支えている団体やクラブについて学び、敬意を表すると共に、家族や友人たちと交流を楽しみ、懐かしい日系カナダ料理を堪能できる素晴らしいイベントです。

音楽や歌が心身の健康に与える効果はリサーチによって実証されています。カラオケで歌うことは運動にもなり、歌うことで呼吸の改善、横隔膜の強化、姿勢の改善、免疫システムの強化が促され、睡眠の質が向上します。自然のストレス解消剤にもなります。また、脳内の記憶を誘発することから認知症の改善にも役立つそうです。私達も経験から、カラオケを通して友達の輪が広がり、社会生活が活発になること、そして歌えば歌うほど自信が高まることを知っています。

今年のノスタルジア・ナイトでは、特別に各カラオケ・クラブにおいて、プログラム最後の方で会場の皆さんと一緒に歌っていただく機会を設けました。きっとお帰りになる頃には皆さんの笑顔に満面の笑みが広がっていることでしょう!

もう一つ、新しい試みがあります。「着物ファン」のメンバーが当日12時から3時までホサキ・ルームにて、ノスタルジア・ナイトに着物や浴衣で出席を希望される方の着付けをお手伝いします。ご自分の着物・浴衣をお持ち下さい。予約が必要です。お申込み・お問い合わせは2019年7月17日(水)までにkimonofun@gmail.comへご連絡下さい。今年もお得な早期割引があります!

早期申込料金:2019年7月5日(金)まで

JCCC 会員	\$20	非会員	\$25
7~16歳	\$15	6歳以下	無料

通常申込料金:2019年7月6日(土)以降

JCCC 会員	\$25	非会員	\$30
7~16歳	\$15	6歳以下	無料

最終締切は2019年7月17日(水)です。

8~19名のグループはテーブル席が予約できます。お申込時に全員のお名前をご記入下さい。

お申込にはJCCCニュースレター5月号に挿入のフライヤーをご利用下さい。JCCC受付にも置いてあります。またはJCCC受付416-441-2345までお電話下さい。

さあ、各カラオケ・クラブに敬意を表しつつ、日系料理に舌鼓を打ち、友人たちと楽しく過ごす「懐かしの夕べ」へ、今すぐどうぞお申込ください。

## トロント日本映画祭(TJFF) ボランティア募集

2019年6月6日~6月27日まで



必須条件

- ・ ボランティアは19歳以上に限ります。
- ・ 最低7回のシフトに参加可能な方。(過去2年以上TJFFのボランティア経験のある方はシフト4回から可能な方、又は相談。)
- ・ TJFFのボランティアが初めての方は、必ずボランティアオリエンテーションに出席して頂きます。

ボランティア日程と仕事内容\*:

- オープニングナイト 6月6日(木) 午後5時から終わりまで\*
- クロージングナイト 6月27日(木) 午後5時45分から終わりまで\*
- ・ ボックスオフィス (チケット販売。)
- ・ シアタークルー (チケットもぎり、行列の整備、館内清掃。)
- ・ スナックブースのお手伝い (スナック販売とブース準備と清掃。)
- ・ レセプション時のフードサービングのお手伝い (準備と清掃含む。)
- ・ バーテンダー(スマートサーバ資格保持者に限る。)
- ・ フォトグラファー(経験者優遇、ポートフォリオ提出要。)
- ・ TJFFオリジナルグッズ販売

レギュラーナイト\*

月曜日~金曜日: 午後5時45分から終わりまで

週末: シフトA: 午前11時45分~午後5時まで,  
シフトB: 午後5時~終わりまで\*

- ・ ボックスオフィス (チケット販売)
- ・ シアタークルー (チケットもぎり、行列の整備、館内清掃)
- ・ スナックブースのお手伝い (スナック販売、ブース準備と清掃)
- ・ TJFFオリジナルグッズ販売

\*映画開始・終了時間に多少の変更がある場合があります。それに伴い、シフト時間も変更する可能性がありますので、ボランティアオリエンテーションにて、最終決定した日程をお知らせ致します。

ボランティアオリエンテーション:

2019年5月29日(水) 午後7時-9時まで

TJFFのボランティアをされる方は必ずご出席下さい。最終決定されたシフトと仕事内容の確認をします。どうしても出席できない方は予めお知らせ下さい。欠席の連絡がボランティア申込締め切り日までにない場合はボランティアをお断りすることもございますのでご了承下さい。

ボランティアお申し込み期間:5月1日から5月14日まで  
全てのポジションが埋まり次第締め切らせて頂きます。

下記のリンクからオンラインでサインアップが可能です。  
<http://www.jccc.on.ca/en/volunteer/>

新規ボランティアの方はTJFFボランティアのサインアップをする際、必ず『ボランティアプロフィール』をご提出ください。



## 日加学園 生徒さんの作品集

担任の先生からの一言

千木良 緑先生

去年の11月10日、日加学園にて菅野武医師の特別講演会が行われました。

講題は「与えられた『いのち』をどう生きますか」。

東日本大震災時に医師として南三陸町で体験されたことを、子供たちに沢山の写真と共に、分かりやすくお話くださいました。その語られた内容は非常に深く、経験した者しかわからない痛切な思いが込められており、その一つ一つの言葉を子供たちは食い入るように聞き入っていました。菅野先生はとても優しく気さくな先生で、講演の終わりには、震災のことだけでなく「いのち」についても子供たちと話し合う機会を持ってくださいました。また講演後には、一人一人の子供たちと言葉を交わしてください、先生と直接話すために長い列ができたほどです。

「今生きていることが、すでに奇蹟である。」という言葉に、子供たちは何を感じ取ったのでしょうか。12歳の子供たちに、自分の命について、周りの命について、深く考える機会を与えて下さったこの出会いに、深く感謝せずにいられません。

ディローズ ソフィー

私は菅野武先生の話聞いた時、菅野武先生はとてもやさしい人だと思いました。なんで、いい人がいつもわるいめにあうのかなと思いました。

菅野武先生の話聞いて心にのこったことは、たくさんあるけど、一番のこったことは二つあります。

一つ目のことは、体に名前を書いたことです。だれかが体を見つけたら、かぞくに死んだことをわかるように、自分の体にマジックで名前を書くのが悲しくて心にすずくのこりました。

二つ目のことは、みんながもうおわりと思ったことです。だれも「たすけて」とさげばなかったし、だれもなきませんでした。みんなは、もうおわりと思ってあきらめました。この理由で心にのこりました。

菅野武先生は、みんなに伝えたかったメッセージは、何がおこるのかは、しらないし、いつ死ぬのかもわからないから、「HOPE FOR TOMORROW」をもってすすましようと言うメッセージを伝えたかったと思います。

話の前には、どんなに強くてこわいつなみだったかはぜんぜんしりませんでした。でも、話の後には、そのことは、よくわかりました。

グティアレス さくら

私は菅野先生のお話を聞いて、とても優しい人だと思いました。菅野先生は、志津川病院でお医者さんとして働いていて、津波の時は230人も命を救ったのです。

一つ心に残っている事は、津波は10分で15メートルにもなりました。それをおぼえている理由は、津波はふつうゆっくり遠くまでしかいきませんが、この津波は速く速く行ったからです。

二つ目の心に残っていることは、菅野先生の友達や、家族が死んじやっても菅野先生はがんばりました。

私は菅野先生がみんなに伝えたかったことは「自分が社会の中で何ができるかということに常に考え続けていくせいが大切だと思います。なぜなら、できないことと向き合うことで、その先にあることができるが見つかると思います。」だと思いました。

プーン 天香

先週の土曜日に、日本から菅野武先生がカナダにきました。菅野先生は私たちに2011年3月11日におこったじしんのことを話してくれました。

そのじしんはマグニチュード9.0の大きなじしんで、その時先生は、海から4百メートルの所にある志津川病院の5階にいたそうです。じしんは、40分間つづいて、10分後には、もう波が15メートルもの高さになっていたそうです。友達やこの家族の方がなくなったそうです。

私の知り合いにも同じじしんのひがいにあった人がいます。かのじよはそのとき七才で家族を失いました。いまは、里親の所で生活しています。里親の前で泣いたり、わがままをしたことはないそうです。もし私がこのようなさいがいにあったら、私はどうしたらいいかわかりません。

そういう子がたくさんいると思うと、かわいそうと思います。この子たちのために、私はなにかできるだろうかと思えます。

山田 線素

菅野先生は自分の命をかえても他の人の命をすくう人です。先生が発表した間ばくはわかりました。この世界でも、知らない人を助ける人がいる事がわかりました。

菅野先生の話聞いた後、ぼくの心に残った言葉は、菅野先生がニューヨークタイムスによばれて菅野先生がイライラしたことです。自分だけがやったことでないのに、なんで、自分がよばれたのかとイライラして言っていました。それは、そうだろうとぼくは、思いました。つなみがおそった時、自分だけみんなを助けたわけじゃないし、みんながみんなを助けて、他の人が生きれたのです。それなのに、ニューヨークタイムスは、菅野先生だけを選んでのです。それは、じけんの後の顔みたいなものかも知れないけど、やっぱり一人やった事じゃないから、呼ばないほうがよかったかも知れないと思います。

菅野先生が、伝えたかった事は、自分の命がいつおわるかが分からないので、今、自分がやりたい事をやった方がいいということだと思います。

最初は、べつに菅野先生の話にはきょうみがなかったけど、後で、先生が言っている事が自分のじんせいをかえられるだいな事だとわかりました。

鈴木 輝

菅野武先生はとてもやさしくて、大きな心があるんだと思います。これはいろいろな理由があります。

一つ、はっきりする理由は、そのつなみのときに、たくさんの人をたすけて、つなみの後にも人を助け続けたので、とても大きな心があると思います。

次には、二つ心にのこったことにことについて書きます。一つ目のことは二万人が一度に死んだことです。ぼくは、こんな人ずうのおおぜいが死んでしまうとは思わなかったのだから心にのこりました。二つ目のことは津波が15メートルまであがったことです。こんな大きなつなみのことは聞いたことがないから心にのこりました。

次には、菅野武先生は伝えたかった事は、なにかと思う事です。ぼくは、菅野武先生は、だれでも、いつでも、死ぬかのうせいがあるから、知っている人をみんな大切にしなければいけないと、言う事を伝えたかったと思います。

最後に、ぼくはこの話を聞いた前と後の考えはそんなにかわらなかつたです。

## 健やかな老後をめざして その21

中高年に多い『目の病気』!



62歳の時に初めて眼科を受診しました。ドライアイはありましたが、第一の目的は自分の目の状態を知っておきたかったのです(健康診断)。子どもの頃から視力に問題がなく、有難いことに縁のない診療科でした(笑)。視力、屈折、眼圧、視野や眼底の検査などのほか、ドライアイのタイプについて検査してもらいました。

常々、自分の状況をきちんと知っておくことが大事と考えています。ですから、検査で思わぬ病気が発見されることを不安に感じたり、怖れることはありません。そのまま気づかずにいればいつか表に現れるのですから、もし検査で見つければ早目に対処できます。身体(細胞の一つひとつ)のお蔭で生きているのですから、どこかが傷つき病んでいけば癒してあげねばなりません。勝手に大丈夫と思ひ、目をつぶってはいけないとついつい思うのです。そして、医療者としての自分を過信してはいけなことも!

加齢により起こりやすいのは白内障です。個人差はあるものの白髪と同じで誰にでも生じます。目の中の水晶体(カメラのレンズの役割)が濁ってくる病気です。60歳代では60~80%、80歳以上ではほぼ100%にあると言われます。

私の場合、濁りは始まっていたものの問題はありませんでした。白内障の症状はまぶしく感じる、物がぼやける、うす暗くなると見えにくい等。しかし、目の疲れのせいと考えるはいませんか?片目で見ると物が二重、三重に見えたり、明るさが異なる等の症状が現れる場合もあります。片目で時々チェックしましょう!

紫外線が白内障と密接に関係していることもわかってきました。サングラスや帽子などで目を守りましょう。もし白内障と診断されたら、定期的に受診し、どの程度不便さがあるかによって手術を受けるタイミングを相談していくことになるでしょう。

失明のリスクが高いにも関わらず、大部分の人がその発症に気づきにくいのが緑内障です!目の機能・構造障害、糖尿病などの全身の病気や薬などによって眼圧が上がリ、視神経が障害されて徐々に視野が欠けていきます。ところが、眼圧には個人差や日内変動があり、眼圧が正常範囲でも起こる正常眼圧緑内障が日本人には多いのです。眼圧だけでなく、視野検査を受けることが大事な理由です。

緑内障発見が遅れるのは、両目で見ることによって脳が欠けた部分を補ってしまい、異常に気づきにくいからです。片目でみると、霧がかかったようにぼやけた部分に気づきます。さあ、片目でチェックしてみよう!欠けた視野が元にもどることはなく、進行すると失明のリスクが高いため早期発見が重要です。40歳を過ぎたら緑内障検査を受けてみましょう。もし急に眼の激しい痛み、頭痛や吐き気が起こったら、直ぐに眼科を受診しましょう。

私のドライアイの原因は、加齢による涙液減少と涙の膜がすぐに乾く蒸発亢進でした。それぞれに対処する点眼薬を処方されました。最近では新型ドライアイ(BUT:ブレイクアウトタイプ)が問題になっています。あなたは、まばたき後に何秒目を開け続けることができますか?もし10秒以下であれば、BUTが疑われます。

2017年にナノバブル水素水体験記を連載しましたが、「あのひどかった痛みはどこへ!?!」と不思議に思えるほど、飲用し始めるとドライアイは解消され、この5年間は点眼薬を全く使っていません!臨床実験によって、白内障(活性酸素によるサビ)に対する水素の抗酸化作用の効果も明らかになっています。私自身が白内障になるリスクは限りなく緩やかになる、と期待されます。水素のもつ「細胞を元気にする働き」に感謝ですね。

マーナ豊澤英子

(医学博士 老年看護スペシャリスト mernagh@rogers.com)

澤口 聖

菅野先生は東日本大しん災を経験した内科のお医者さんです。そして、日加学園に来てスピーチをしてくださいました。菅野先生のスピーチで心に残った事が二つあります。

一つ目は病気を治すのは医者ではなく、がん者さん自身の体にある病気を治そうとする力だと言っていたことです。病気を治すために医者ができる事は、それぞれのがん者の症状に合った薬を選んで、出すことだと菅野先生は言っていました。ぼくは、薬そのものが病気を治すと思っていたので、おどろきました。

二つ目はだれもが長生きするわけではないので一日、一日をもっと大切に生きてほしいと言っていたことです。ある日車にひかれるかもしれないし、だれかにころされることもあるかもしれないからです。いつどこで何が起こるかは分からないし、自分でコントロールできることではないので、毎日をもっと大切に生きてほしいと言っていました。

菅野先生は、どのようなじょうきょうでもあきらめないことの大切さをスピーチで伝えようとしていたと思います。菅野先生はつなみが来た時に絶対あきらめないと決心し、生き残ることができたことをありがたいと思っているそうです。

菅野先生の話聞いて、僕は今生きている事をもっと感しゃしたほうがいいと思いました。そして、一日一日をもっと大切にすごしていきたいと思います。

ピーク・ブレイカー きら

授業で菅野武さんと言うお医者さんが病院で働いていた時に、東日本大しん災にあって、その時の様子や体験の事を詳しく話をしてくれました。話の題は「与えられた『命』をどう生きますか」です。話を聞いた時、私は何時も命の事をあまり考えずにいた事に気づき、話を聞きながらそのことも考えました。

菅野先生は志津川病院で働いていて、その時に東日本大しん災にあい、大きな津波にいました。その時、先生は、多くの人の命を助きました。わたしは、先生の事をすごくやさしい人と思いました。一度病院からはなれて、先生は子供が生まれた病院に戻って行った話を聞いてそう思いました。その事で先生は、タイムというマガジンに出てすごいなと思いました。

先生の話で心に残った言葉は、お医者さんになった理由を話したことです。おばあさんが死んでしまった時に、人を助ける為の仕事をしたくなったと言ったことです。そして、大しん災の時に病院で全体の指揮をとりながら患者さんに付きそい続け二百三十人もの人の命をすくったのです。

もう一つは、「いつも人の事を助けられない。」と言ったことです。先生はしん災の時に、多くの人を助けたけども、助けられない人もいたんだと思います。それでも、先生はお医者さんとして、多くの経験をつんでその事を話してくれて、わたしも人を助ける人になりたいと思いました。

最後に菅野先生の話聞いて、私のしょう来なりたい家の設計士になった時に、どんな事をすれば人の助けになるのか考えてみました。

三須 優哉

菅野先生はハミルトンに住んで人で子どもは三人います。菅野先生の話聞いて、心に残った言葉は二つあります。

一つ心にのこったのは赤ちゃんが津波のあったすぐ後に生まれたのは悪いタイミングと思いました。

二つ目の心にのこったことは菅野先生がテレビに出ていた事です。菅野先生の話がニュースに出たことはとてもじゅうようなことだと思えます。

菅野先生が今日、皆に伝えたかった事は七年前のれきしを教えたかったし、自分がどうしてヒーローとよばれているか教えたかったと思います。

菅野先生の話聞く前、日本でこんなことがおこったと知らなかったのです。菅野先生の話聞いた後、全部どうなったか菅野先生がどうしたかわかりました。

## Position Required at the JCCC

The Japanese Canadian Cultural Centre is looking for a part-time receptionist to work weekday evenings and/or weekend days. Job duties include greeting and directing visitors, dealing with telephone calls, membership and event registration, JCCC gift shop, and other light administrative duties.

Candidates should have excellent organizational and communication skills with fluency in English and Japanese preferred. Effective communication and client relationship skills, a friendly and helpful demeanor, attention to detail and basic computer skills are also a must.

Hours: Weekdays from 4:00pm to 9:15pm, Saturdays and Sundays from 8:30am to 4:00pm.

Remuneration is commensurate with skills. Flexible time is preferable. Please send resume by **Friday May 17, 2019** to the attention of:

Kathy Tazumi, Office Manager  
 Japanese Canadian Cultural Centre  
 6 Garamond Court Toronto, ON M3C 1Z5  
 or [kathyt@jccc.on.ca](mailto:kathyt@jccc.on.ca)  
 Tel: 416-441-2345 Fax: 416-441-2347



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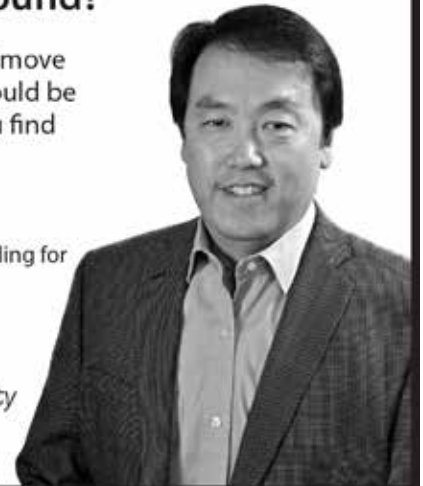
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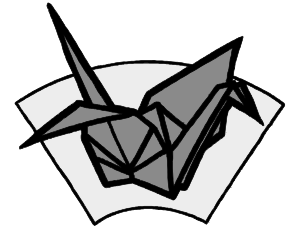
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# Kamp Kodomo Summer 2019



## Our Mission

To provide a stimulating and educational Japanese and Japanese Canadian cultural experience for young children.

## Who can register?

Children ages 6 (as of December 31, 2018) to 12 Years

## Dates

Session 1 – July 8 – 12

Session 2 – July 15 – 19

Session 3 – July 22 – 26

## Times

Camp Hours are from 9:00 a.m. to 4:30 p.m.

Extended camp care is available daily from 8:00 to 9:00 a.m. and from 4:30 to 6:00 p.m.

## Fee

\$ 220/week

*Early bird discount* \$200/week if paid in full by April 29, 2019

\$210 for JCCC Members

*JCCC Member early bird discount* \$195/week if paid in full by April 29, 2019

5% discount for additional siblings attending the same session

Extended care is \$ 35/week per child.

## What is included?

Children get to participate in a variety of hands-on sessions including:

Drama  
Martial Arts  
Music  
Cooking

Dance  
Language  
History  
Arts and Crafts

Geography  
And More!!!

There are two snacks each day and one special activity day per week that may include an offsite trip.

**Children must bring a nutritious lunch and drink each day.**

## Why register?

Kamp Kodomo is run by a head instructor as well as many dedicated volunteers. This team knows that exposure to culture is the best way to ignite interest and to hand over tradition to the next generation. Together, they work to ensure that the children have a wonderful time in a safe environment.

## How to register

Submit one (1) Registration Form for each child (see reverse). Return to the JCCC via mail, in person or via fax.

Enrollment is limited to 20 children per week.

**Registrations will not be accepted until after March 18, 2019**

**Early bird registration deadline is April 29, 2019**

**(additional sibling discount is not available for early bird registrations)**

**Registration deadline June 28, 2019**



6 Garamond Court, Toronto, ON M3C 1Z5

Tel: 416-441-2345 Fax: 416-441-2347

Email: [jccc@jccc.on.ca](mailto:jccc@jccc.on.ca) Website: [www.jccc.on.ca](http://www.jccc.on.ca)

## Kamp Kodomo Registration Form

July 8 - 26, 2019

Please Print Clearly One Form for Each Child

Child's Name: \_\_\_\_\_  
Last First

Child's Home Address: \_\_\_\_\_  
Number Street Apt/Suite

City Postal Code Telephone, include area code

Birth Date: \_\_\_\_\_ Sex: [ ] Male [ ] Female Age: \_\_\_\_\_  
Date Month Year

Ontario Health Insurance Number Doctor's Name Phone No.

Name of Parent or Guardian: \_\_\_\_\_  
Last First

Relationship to Child: [ ] Mother [ ] Father [ ] Other, please specify: \_\_\_\_\_

Contact During the Day: \_\_\_\_\_  
Work Telephone Number Cellular Phone/Pager Number

Email Address (for contact regarding program details): \_\_\_\_\_

Is there other important information about your child that you would like us to know? For example, friends at the program, special interests, sports, musical instruments or arts and crafts: \_\_\_\_\_

Medical Conditions/Food Restrictions & Other Allergies: \_\_\_\_\_

Program Fees	=	\$200.00 before April 29/19	Specify week:
OR JCCC Family Membership	=	\$220.00 On or after April 29/19	
	=	\$195.00 before April 29/19	( ) Week 1: Jul 8 - 12
No. of weeks	X	\$210.00 On or after April 29/19	( ) Week 2: Jul 15 - 19
Subtotal	=		( ) Week 3: Jul 22 - 26
Deduct 5% for 2 <sup>nd</sup> or 3 <sup>rd</sup> child from the same family (not available with an early bird registration)	=		
Additional Extended Program Fee	=	(\$35.00 per week)	
<b>Total</b>	=		

Payment is included by: [ ] Cheque (Payable to JCCC) (Debit Card payment accepted at JCCC reception desk)

[ ] MasterCard [ ] VISA [ ] AMEX \_\_\_\_\_ / \_\_\_\_\_  
Number Expiry Date V-Code

Payment and Withdrawal information: Fees can be made by current dated cheques, VISA, MasterCard, AMEX or debit card. Indicate the children's names on the reverse side of all cheques. Include your VISA, MasterCard or AMEX information on this registration form if you wish to pay by credit card or if you are faxing your forms. Please note there is a \$10.00 administrative charge for all NSF Cheques returned or for VISA, MasterCard or AMEX declines. Debit card payment in person only. Full payment must be made prior to session start date. Refund Policy: Refunds, less a \$25.00 administrative charge per registrant, will be issued for all program session cancellation received in writing. Refunds are not available within one week prior to the program start date. Medical & Emergency Information: Please ensure that you provide all information requested on the registration form. A minimum of one program supervisor, coordinator or assistant is certified in Emergency First Aid Care and CPR. Special needs: Please contact the JCCC office and we will endeavor to accommodate them. Release: I hereby agree to the terms and conditions outlined above and hereby release and agree to indemnify and hold harmless the Japanese Canadian Cultural Centre, its directors and officers, its staff, employees and volunteers from any liability concerning our child(ren)'s involvement in JCCC's Kamp Kodomo and further agree that the use of all JCCC facilities is made at the risk of the applicant. The child(ren) & parent(s) agree, that any pictures taken during the program can be used in any promotion or advertisement by the JCCC. By signing below, parents/guardians and child (ren) agree to abide by all rules, regulations & standards of conduct as required by the program staff for the session for the enjoyment & benefit of all participants.

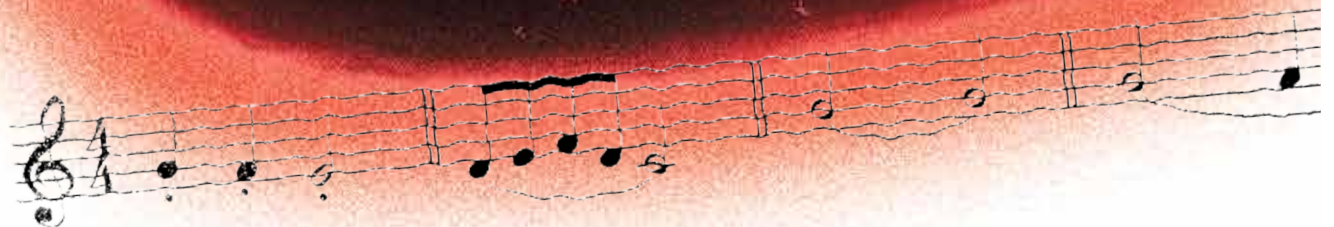
Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

If you are registering more than one child, submit one (1) Registration Form for each child. Return to the JCCC via mail, in person or via fax. Enrollment is limited to 20 children per week. **Registrations will be accepted after March 18, 2019. Early Bird deadline April 29, 2019. Registration deadline June 28, 2019.**  
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# Nostalgia Night 2019



Honouring Karaoke Clubs who have been  
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**July 28** Sunday **3pm-8pm**

Share memories built over the years, and enjoy  
nostalgic Japanese Canadian cuisine with family and friends.

*Everyone is welcome*

**Early Bird Registration until Friday, July 5**

JCCC members: \$20, non-members: \$25,  
7~16yrs: \$15, 6 years and under are free

**After July 5**

JCCC members: \$25, non-members: \$30,  
7~16yrs: \$15, 6 years and under are free

**Registration deadline: Wednesday, July 17**

Table reservation may be made for 8 to 10 people  
all names must be provided at the time of registration



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# Nostalgia Night Registration Form (Early Bird registration ends July 5<sup>th</sup>, 2019)

Name: \_\_\_\_\_ JCCC Membership: yes / no

Contact email and/or phone #: \_\_\_\_\_

	Early Bird Registration	Registration After July 5 <sup>th</sup>
JCCC members	\$20 x _____ = _____	\$25 x _____ = _____
Non-members	\$25 x _____ = _____	\$30 x _____ = _____
Students (7-16 years)	\$15 x _____ = _____	\$15 x _____ = _____
Children 6 and under (FREE)	\$0 x _____ = _____	
Table (10 people)	\$20 x _____ people = _____	

Total # of people: \_\_\_\_\_ Total fee: \$ \_\_\_\_\_ (all prices listed include tax)

**Please PRINT the names of those whom you are paying for (including yourself):**

- |          |           |
|----------|-----------|
| 1. _____ | 6. _____  |
| 2. _____ | 7. _____  |
| 3. _____ | 8. _____  |
| 4. _____ | 9. _____  |
| 5. _____ | 10. _____ |

**Name for Table Reservation (e.g. "Kobayashi Table")** \_\_\_\_\_

**Table reservations must have a minimum of eight (8) people.**

**Final deadline to register is Friday, July 19<sup>th</sup>, 2019.**

<p><b>For office use only</b></p> <p>Receipt #: _____</p>
---