

JAPANESE CANADIAN
CULTURAL CENTRE



日系文化会館

Issei Day
一世デー

Nikkei Heritage Museum Campaign Launch
日系ヘリテージミュージアム支援キャンペーン開始

September Movie: Harakiri
9月の映画鑑賞会:切腹

September 2012 2012年9月 Vol.38 Issue 8

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The Japanese Canadian Cultural Centre Newsletter

Editors: James Heron, Kathy Tazumi, Toshiko Yamashita
Japanese Section: Toshiko Yamashita, Haruko Ishihara, Maki Klotz
Cover Picture: Fall leaves in a stone garden.

Your news is welcome! Please send articles to:

newsletter@jccc.on.ca or

Japanese Canadian Cultural Centre

6 Garamond Court, Toronto, ON M3C 1Z5

tel 416-441-2345 fax 416-441-2347 newsletter@jccc.on.ca

The submission deadline for the October issue is Tuesday September 11 2012. 日本語の記事も受け付けています。10月号の締め切りは2012年9月11日(火)です。

features

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Calendar of Events

September

Mon	3	JCCC closed - Labour Day
Sat	8	Karaoke Club
Sun	9	JCCC Family and Friends Golf Tournament
Mon	17	Fall classes start
Sat	22	Karaoke Club
Thu	27	Movie Night: Harakiri (1962)
Sat	29	Cooking with Matsutake (in Japanese)
Sat	29	Tao Shiatsu Workshop
Sun	30	Issei Day

October

Sat	6	Karaoke Club
Mon	8	JCCC closed -Thanksgiving Day
Sun	21	Let's Study Japanese Canadian History
Wed	24	Ishizue Award
Thu	25	Halloween Movie Night: Tormented "Rabbit Horror"
Sat	27	Karaoke Club

November

Sat/Sun	3&4	Road To Asia
Sat	10	Karaoke Club
Sat	17	Karaoke Club
Thu	29	Movie Night

September Movie Night: Harakiri

Come and see the original – one of the finest films in Japanese cinema

One of the big hits of our 2012 Toronto Japanese Film Festival was Takashi Miike's remake of the 1962 classic Hara-kiri (Seppuku). This month we bring you the original, considered to be one of the finest films in Japanese cinema and winner of the Cannes Film Festival's Special Jury Prize.

Following the collapse of his clan, an unemployed samurai (Tatsuya Nakadai) arrives at the manor of Lord Iyi, begging to be allowed to commit ritual suicide on the property. Iyi's clansmen, believing the desperate ronin is merely angling for a new position, try to force his hand and get him to eviscerate himself—but they have underestimated his beliefs and his personal brand of honour. Harakiri, directed by Masaki Kobayashi is a fierce evocation of individual honour in the face of a corrupt and hypocritical system.

In Japanese with English subtitles.

Date: Thursday September 27, 2012
Time: 7:00pm
Admission: \$6 JCCC members, \$8 non-members



Japanese Cooking Workshops

2012	Wednesdays		
		September 26	Japanese Cooking for One
		October 17	Soya and Tofu
		November 21	Seafood
2013	Wednesdays		
		January 23	Japanese Homestyle Cooking
		February 20	TBA

*Please note class date corrections from the Fall/Winter 2012 Class Brochure.

Time: 7:00 – 10:00pm
Fee: \$30.00 (plus HST) for JCCC members
\$40 (plus HST) for non-members for each workshop.
Pre-registration is required.

Material fee of \$10.00 is payable to the instructor.

Please bring an apron, large sharp knife, and paring knife.

- Each workshop consists of 1 hour instruction and demonstration, 1 hour hands-on cooking and last hour for tasting and cleaning.

"Chef Shoji" has been teaching cooking classes at the Canadian Japanese Cultural Centre in Hamilton for the past few years. Over this time, he built up quite a repertoire of Japanese recipes. He has recently developed some new and scrumptious recipes for Mochi and Manju (Japanese rice cake sweets).

Tao Shiatsu at the JCCC

Shiatsu Workshop – Relieving Headache Pains

Do you sometimes wish you could offer simple shiatsu to your family or friends? How about learning some fundamental techniques to treat yourself?

On **Saturday September 29, 2012**, the JCCC will be holding a Shiatsu Workshop focusing on treating headaches. There are many kinds of headaches, targeting different areas of the head, and many causes for them – with allergy being one of the most common causes. The workshop is a participatory class which looks at how we can relieve those pains. Our instructor, Alex Pereklita of Tao Shiatsu, will explain what Ki (氣) is, how to develop Ki sensitivity and strength through simple exercises, and will demonstrate simple shiatsu for treating headaches. This is a hands-on workshop, so you will get a chance to practice some shiatsu under careful supervision.

The workshop will be in English, but simple Japanese instructions will be offered.

This is not a certification or diploma program, and is intended for everyone looking to improve their health as well as the health of their friends and family members. No previous experience necessary.

Date: Saturday September 29, 2012
Time: 2:00pm – 4:30pm
Place: JCCC Tatami Room
Fee: \$20 for JCCC members, \$25 for non-members, plus tax
Workshop available only to those 16 years and over

About the instructor...



Alex Pereklita

Alex Pereklita, an engineer with one and a half years of experience in the nuclear field, left Canada to study Aikido in Japan in 1994. After a severe injury to his knees, he began studying Tao Shiatsu following a profound treatment experience with Master Ryokyo Endo. Alex returned to Canada in 1999 and established the Tao Sangha Centre in Toronto. He has since been giving treatments and leading classes and workshops in Toronto, Montreal and Vancouver.

Shiatsu Treatment

On September 29, our shiatsu instructor Alex will also be available before and after the class for individual shiatsu treatment. The session will be conducted in a comfortable and private area at the JCCC, and can be booked through JCCC reception. Each session will be 60 minutes long, and fees will be payable to instructor on the day.

Date: Saturday September 29, 2012
Fee: \$90 (tax included)

Issei Day: A Tribute to the Seniors of Our Community

The Board of Directors of the Japanese Canadian Cultural Centre extends an invitation to Issei Day on **Sunday September 30, 2012** and would like to welcome all who are 70 years of age and older.

This year we are celebrating the 50th anniversary of Issei Day. Last year about 450 Issei, Nisei, Sansei and Ijusha gathered in the Kobayashi Hall to celebrate this annual event.

The day is full of entertainment, with songs, odori and sing-alongs. Please come out and enjoy this special day! As usual there will be a wonderful and tasty bento served during the intermission.

The program begins at 2:00pm and concludes around 5:00pm. With our growing numbers, and due to our space limitations, we require that everyone pre-register at 416-441-2345 by September 21st. It is wonderful to see so many of our seniors come to this event but we are now at our maximum capacity to ensure everyone is able to sit, relax and enjoy the afternoon. We will have an overflow area available if required.

We look forward to seeing you.

Issei Day Committee

Ishizue Award: October 24, 2012



ISHIZUE AWARD

The JCCC Board of Directors is pleased to announce the 3rd Annual Ishizue Award and will be hosting a special celebration on **Wednesday October 24 2012** at the JCCC.

The JCCC created the Ishizue award and this special evening to acknowledge and express our appreciation and respect to members or friends who have made exceptional contributions to the Japanese Canadian Cultural Centre over many years.

The name Ishizue, meaning cornerstone or foundation, pays tribute to the 75 families who, at significant personal financial risk, guaranteed the original mortgage on the JCCC at 123 Wynford Drive in the early 1960's.

In keeping with tradition, this year's recipients will be a very distinguished group of people who have made significant lifelong contributions to the Japanese Canadian Cultural Centre. They are:

James Matsumoto and Chako Setoyama
Roy and Kay Shin (both posthumous)
John Uchikata
Jim (posthumous) and Betty Ura

We are planning an intimate and elegant dinner to honour these distinguished award recipients. We are also cordially inviting family and friends to support this evening of celebration and recognition. The cost for this special event is \$150 per person.

Please drop in or fill out the form included in this Newsletter and return to the JCCC to reserve your space.

On behalf of all of the directors of the JCCC, we look forward to spending a special evening together.

JCCC President – Gary Kawaguchi

JCCC Family & Friends Golf Tournament



The JCCC is hosting the 16th Annual Family Golf Tournament on **Sunday September 9, 2012** at Rolling Hills Golf Club. This is a chance for families and friends to share a fun day of golf – all skill levels welcome and there are lots of prizes to be won! After a great day of golfing, there will be presentations and dinner back at the JCCC.

We encourage everyone to join with grandparents, aunts, uncles, brothers, sisters, moms and dads, or just a group of friends. You can play scramble or individual format. Application forms are available at the JCCC reception area.

We also welcome hole sponsors – corporate or family - some sponsor levels include your green fees, and contributes to our Heritage programming at the JCCC. Our biggest sponsor, Dundee Wealth Management (Marty Kobayashi), is also generously providing refreshments out on the course! For more information, please contact the JCCC at 416-441-2345 or contact Sharon Marubashi (Co-chair) at 905-686-7483 or email marubashi@rogers.com.

Tai Chi class by Master Emiko Hsuen will be back to the JCCC this Fall

A 5-class series will be taught by Master Emiko Hsuen on Zhen Yuan Tai Chi (True Source Tai Chi), where students will learn the fundamentals of taichi for good health, vitality and longevity. Beginners, returning students and advanced practitioners are all welcome. Class participants will train in a safe and fun environment. ***JCCC membership is needed to take the class.**

Dates: **Thursdays, September 6, 13, 20, 27 and October 4**
(5 weeks)

Hour: 10:00am -11:30am

Course Fee: \$65 for 5 sessions + HST

Late registration (after Sept. 5): \$16/class x number of classes

Great Japanese Line-up at the Toronto International Film Festival 2012



From Thermae Romae

The Toronto International Film Festival was a great support to our inaugural Toronto Japanese Film Festival, sharing information on our screenings at the JCCC with their tens of thousands of members.

It is our turn to return the favour and it is with great anticipation and excitement that we announce their superb Japanese line-up for 2012. There are ten films altogether with some real highlights being:

Takeuchi Hideki's *Thermae Romae* (テルマエ・ロマエ)

Nishikawa Miwa's *Dreams for Sale* (夢売るふたり)

Kitano Takeshi's *Outrage Beyond* (アウトレイジ ビヨンド)

Sion Sono's *Land of Hope* (希望の国)

Kurosawa Kiyoshi's *Penance* (贖罪)

Please go to tiff.net to learn more. We hope to see you at the festival!



Sedai Corner

This summer has been one of change and development for the Sedai Project! First, many thanks and sincere appreciation to Jack Kobayashi, Stan Hiraki, Bob

Marubashi, Terry Idenouye, Lawrence Crawford, F. Richard and Geri Shiozaki, and Molly Aihoshi for their time and dedication in sharing their stories and history with the project. Your contribution to Sedai has helped greatly in continuing the legacy of the Canadian Nikkei experience. Sedai is proud to account for 164 individuals in 174 interviews to date, totaling 402 hours of recorded material. We thank the community for your continued support, and look forward to hearing more stories in the coming weeks!

Second, a farewell thank you note from Lisa:

A heartfelt thank you to everyone who has supported Sedai and myself over these past two years. The opportunity to dedicate my work within the Nikkei community has been and will continue to be life changing. I have grown professionally, academically, and personally and I cannot be more grateful for the immeasurable amount of guidance and encouragement I have received. I will miss the busy JCCC events, the dedicated volunteers who continue to ensure our success, the kind and helpful staff members, the delicious food, and most of all the incredible individuals that I have had the honour to meet. It has been a true privilege to meet all the wonderful individuals who have shared stories with me, educated me about the Nikkei history, welcomed me into their home, and invited me into their families. As I depart to further my studies at the University of British Columbia, I know I will return with my Masters of Archive Studies soon. To all of my friends, I will miss you dearly!

Everyone at Sedai, the JCCC, and the community at large would like to wish Lisa a warm and heartfelt thank-you, and all the very best as she embarks on her next adventure. Good luck, and come back and visit soon!

Next, Sedai would like to welcome our new Coordinator, Elizabeth Yuriko Fujita. Elizabeth (or "Yuri", if you prefer!) is a native of Pickering, daughter of George and Midori Fujita. She completed her B.A. in Montreal at McGill University, and was a JET Programme participant in Kagoshima, Japan from 2007-2010. Elizabeth is very excited to be joining Sedai, in the hopes of expanding her knowledge of and involvement with the Canadian Nikkei community. She welcomes all visitors to the JCCC to stop by and say hello as she begins her journey with the project.

Lastly, while we at Sedai are always interested in hearing Nikkei related stories of all sorts, we are currently seeking members of the community who may have stories, anecdotes, or info on any of the self-sustaining groups from the war years. Your experiences and gracious assistance are the only way our knowledge and history can grow!

The Road to Asia Festival 2012

This *November 4 and 5*, the JCCC will again find itself at the centre of the Asian-Canadian community as we gather at 6 Garamond Court for The Road to Asia Festival.

The Road to Asia Festival 2012 is a two-day festival celebrating the richness and exciting diversity of Asian culture, all under one roof. The festival creates a thriving multicultural atmosphere in which individual cultures are highlighted through their traditional Food, Arts and Crafts, Music, Dance and Martial Arts.

Last year's festival created a rich mix of the cultures of 10 different Asian nations and was visited by approximately 3,000 people. We are hoping to see all of our previous participants returning this year including Myanmar, Thailand, Lao, Philippines, Indonesia, China, India, Taiwan, Vietnam, Tibet and, of course, Japan. We hope to celebrate with more of everything that makes The Road to Asia Festival so much fun.

This festival takes the JCCC's motto of "Friendship Through Culture" to a whole new level. Please keep an eye out for more information in the October issue and plan to join us for another exciting trip along the Road to Asia.

Hula for Health 2nd Annual Student Recital - Great Success!

Fall session starts in September 2012

The 2nd annual Hula for Health student recital was held on June 26, 2012 at JCCC Kobayashi Hall. This year, an audience of 200 plus were treated to hula performances and sounds of the JCCC's very first Ukulele class. Some audience members mentioned that it was as though they were watching hula performers right on the Islands of Hawaii. What a kind compliment, indeed!

Students of our introductory class showcased their dance on stage for the very first time on recital night. Judging from their smiling faces, their nervousness in front of a large crowd soon disappeared. Our senior ladies were our most popular group and received the most praise. Our other two classes danced beautifully to challenging and difficult formations.

The recital was well attended and all the hula students appreciate your continued support, and the members of our audience for their generous donations. Special thanks to all the volunteers who helped behind scene. A big Mahalo!!!!

The fall session will start in September and we are all anxious to do our best for another successful recital next year!

Please check out details of Hula for Health in a class brochure for fall and winter session if you are interested.

Ohana Hula Committee

Artsu Matsuri 2012

Artsu Matsuri happened at the time of the Centre's Natsu Matsuri. An open-call exhibition of work by Japanese Canadian artists, it brought together artists, art and the community. The July 9 opening night featured musical concoctions by jazz man Bruce Tatemichi and colleagues, shoyu weeners by Chef Shoji and no speeches.

Eighty-eight works of art filled the gallery. There were paintings, sculpture, ceramics, photographs, and prints by nisei, sansei, yonsei artists from as far afield as Vancouver, Edmonton and Montreal. Works by established artists hung next to those by emerging artists, reflecting the growing rich complexity of the JC community.

This year's pechakucha (July 16) featured seven illuminating presentations by Kaz Ogino, Nobuo Kubota, Gloria Kagawa, Louise Noguchi, Naomi Yasui, David Namisato, Robert Yamashita. "That was inspiring. I'm so glad I came!" said one of the attendees.

Artsu Matsuri celebrates the importance of art and artists in a vibrant JC community. Make sure you catch it next year!

Arigato Day

The JCCC held its annual Arigato Day on Sunday July 22. With about 270 volunteers in attendance, the afternoon started with some rousing games of Bingo. The attendance this year was the largest gathering that we have had in years. It was a great testament to the many volunteers at the JCCC. Not only can we rely on the continuing support of the seasoned veterans, but we also have so many new volunteers who have come out to support some of our newer programs. We were fortunate that Chef Kunio Ishii of Torii Ichii fed us well with his fabulous buffet.

Before dinner we heard from JCCC President Gary Kawaguchi and Chair of the Heritage Committee Peter Wakayama. Peter spoke about the new renovations to the first floor to include the JCCC executive offices and to especially highlight the Nikkei Heritage Museum.

To end the evening, there were two awards presentations. It started with Min Yatabe and Frank Moritsugu presenting the Nisei Veterans Award to Kristy Fukusaka. Then the JCCC presented certificates to the 19 recipients of the Ontario Volunteer Service Awards for 2012. These recipients were also recognized by the Ministry of Immigration and Citizenship at an awards ceremony held in June. In addition to their OVSA pin, the recipients received a second pin in honour of Queen Elizabeth's Diamond Jubilee.

The JCCC appreciates the many talents and skills of its volunteers. Their energy and enthusiasm are a part of the JCCC's programs, events and just about every other aspect of the operation of the Centre. Arigato Day is just a small measure of our gratitude.

Thank you very much and Arigato Gozaimasu!!!!

2012 Ontario Volunteer Service Award Recipients

Art and Culture: Carol Ariza, Connie Bist, Gary Bist, Susan Doi, Peggy Taira, Lawrence Tsuji

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2012 Ontario Volunteer Service Award Recipients.
Photo courtesy of Kristin Kobayashi.

Kamp Kodomo Summer 2012

It was another wonderful summer at the Kamp Kodomo. Almost 60 children were involved in many different activities that kept them active, energized and engrossed in Japanese culture.

This summer featured 4 weeks of Kamp and each week featured a theme, from "Traditional Japan" to "International Japan" to "The Olympics". Each session included many of our favourite workshops, like cooking, judo, iaido, and ikebana. We also journeyed across the city for trips to High Park and the Ontario Science Centre. The children had so much to do.

The success of Kamp Kodomo Summer 2012 could not have been possible without the dedication, enthusiasm and patience of the staff and many volunteers who helped at the camp. Without their help, Kamp Kodomo would not have been as much fun, nor would it have run as smoothly as it did! A special thank you to Jerome, our camp leader, for providing four weeks of fun and unique programming for the kids. Another thank you to our volunteers: Alanna, Alisa, Arfana, Austin, Bianca, Jaclyn, Garrett, Olivia and Rachel. Together you helped to make the campers' experience memorable. As well, many thanks to the dedicated instructors who rearranged their busy schedules or took time off work to come and teach the campers. Your support of Kamp Kodomo and the JCCC is an inspiration. Thanks to: JCCC Judo Kai, JCCC Iaido, JCCC Naginata, JCCC Kendo Club, JCCC Kyudo, Ikenobo Ikebana, Shoji Yano, Discover Japan, Keiko Omori and the Himawari Buyo Kai.

We hope that everyone will join us for Kamp Kodomo March Break 2013!

Photos courtesy of Jerome Geronimo.





THE NIKKEI HERITAGE MUSEUM AT THE JAPANESE CANADIAN CULTURAL CENTRE



JAPANESE CANADIAN
CULTURAL CENTRE
日系文化会館

To mark the 50th anniversary of the Japanese Canadian Cultural Centre, we are proud to announce the creation of the Nikkei Heritage Museum: a permanent museum, exhibition space and archive to preserve and celebrate the proud history of our Japanese Canadian community.

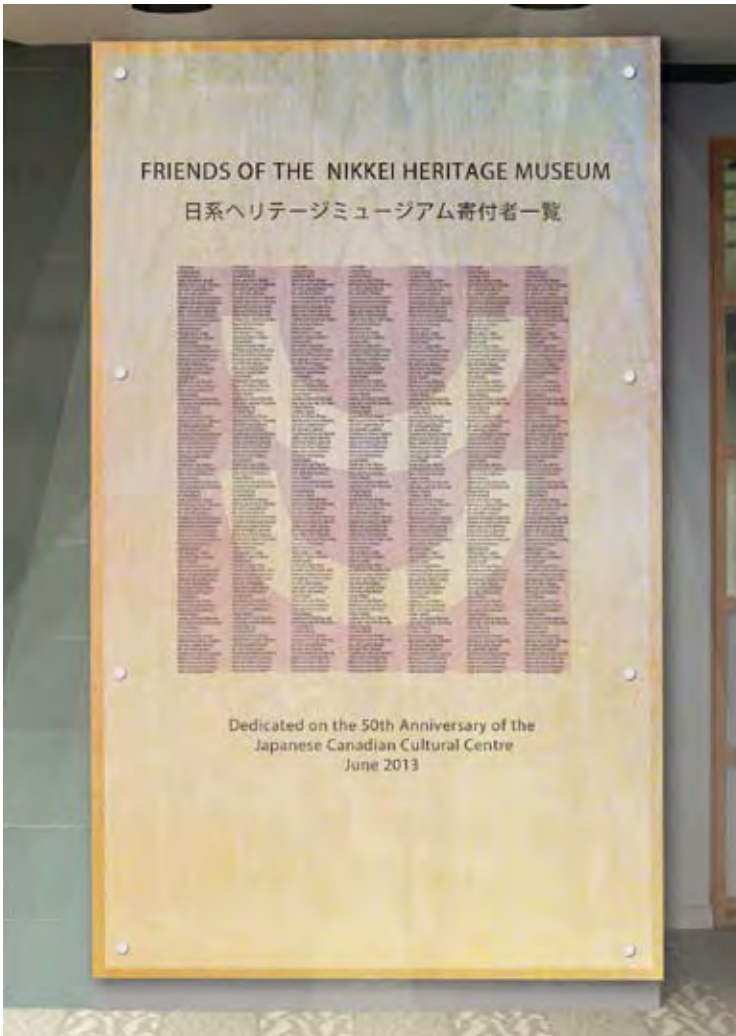
The Nikkei Heritage Museum expansion will transform 9,000 square feet at the heart of the JCCC's first floor into a dedicated cultural and educational corridor, bringing together the Centre's cultural and heritage resources and exhibitions. Construction will begin in the fall of 2012 with completion set for 2013, our 50th anniversary.

The project will include the following:

- **MUSEUM** - a permanent exhibition space with artifacts, multi-media and interactive displays tracing the history of the community from its roots in Japan, through settlement and internment, and finally to resettlement and the modern community
- **NIKKEI RESOURCE CENTRE** - a centre for research and archiving of community history as well as seminars and workshops
- **JCCC LIBRARY** - a multi-lingual collection of books and media designed to bring together pre- and post-war Nikkei, their families and children, and our many friends of non-Japanese ancestry
- **TEA ROOM** - a space central to our new tea ceremony program as well as the Discover Japan program and the 15,000 school children it attracts annually

The Nikkei Heritage Museum will also act as a gateway, welcoming Ijusha, new Japanese immigrants, to the community. To that end, displays will feature content in Japanese in addition to English.

We hope to see everyone at the opening of one of the most exciting and important initiatives in our 50-year history.



The museum will be a proud celebration of our history and will introduce our legacy to the JCCC's 200,000+ annual visitors. The history of the community, with its startling incidents of persecution and ultimate vindication and evolution into one of Canada's most respected and accomplished communities, is an inspiration for all Canadians.



BECOME A FRIEND OF THE NIKKEI HERITAGE MUSEUM

Friends of the Nikkei Heritage Museum is a unique opportunity for you and your family to become a part of Nikkei history at the JCCC. Your gift will support the creation and ongoing operation of the museum.

We are taking orders for 1,000 names to be on display for the museum's opening ceremony in June, 2013. Permanently inscribe your name or the name of a loved one on the **Friends of the Nikkei Heritage Museum** recognition wall, located in the centre of the museum.

How would you like your legacy to read? You can dedicate an inscription to any individual, couple, group, or organization.

Cost: Individual or Couple: \$500 per inscription
 Example: "Manzo Nagano"
 "Rick and Mariko Nagano"
 Group or Organization: \$2,000 per inscription
 Example: "JCCC Judo Kai"
 "ABC Canada-Japan Corporation"

Details: Limited time offer
 Recognition wall with 1,000 names inscribed
 All gifts are tax deductible
 Payment options available
 Purchase Deadline - May 15th, 2013

To become a friend of the Nikkei Heritage Museum call 416-441-2345, go to jccc.on.ca or visit us at the JCCC.

DONATIONS TO THE JCCC

As of August 12 2012

The JCCC gratefully acknowledges the following donations:

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Mrs. Hannah Misumi	30
Mrs. Frances Nakamura	50
Mr. and Mrs. Frank Nishioka	20
Mrs. Gloria Obukuro	40
In appreciation	
Mr. and Mrs. Buzz Ogaki	25
Ms. Sumiko Onishi	20
Mrs. Mari Rutka	43
Mrs. Ruth Saito	100
In appreciation	
Mr. Frederick Sasaki	5,000
Ishizue Award	
Mr. and Mrs. Ray Sora	60
Ms. Grace Takenaka	50
Mrs. Jessie Tanaka	25
Mr. Yuki Tannocho	77
Mr. and Mrs. Roy Tsuda	60
Ms. Teresa Tsuji	66
Mrs. Shieko Yamada	27
Mr. Takehiko Yoshida	
Frames w/Double mat - Arigato Day	
Mrs. Miyeko Sugamori	100

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In memory of Sachiko Oyama	

Heritage

Anonymous	167
Artsu Matsuri	
Mr. and Mrs. Jack Kobayashi	20
Mr. Gary Hamasaki	85
In memory of Mas Hamasaki	

In Memoriam

In memory of George Umemoto	
Mrs. Tamae Fukunaga	20
Mrs. Mariko Hatanaka	25
Mr. and Mrs. Arthur Ikeda	25
Mrs. Miyo Ito	30
Mr. and Mrs. Toshiki Kaga	50
Mr. and Mrs. Ritz Kinoshita	25
Mrs. Yasuko P. Kusano	25
Mr. and Mrs. Carmen Matsunaga	50
Mrs. Miye Matsuoka	25
Mr. and Mrs. Joe K. Miyazaki	25
Mr. & Mrs. Frank & Betty Moritsugu	50
Ms. Kay Nagao	20
Mr. and Mrs. Joseph Nakamura	25
Mr. and Mrs. Kenneth Nakamura	20
Mr. and Mrs. Ted Nishi Sr	200
Mr. and Mrs. Robert Nishino	25
Mr. and Mrs. Isao Ono	100
Mrs. Teruko Otani	25
Mr. Ron & Mrs. Ruby Puls	20
Ms. Fumi Sasaki	20
Mr. Shigeo Shigeishi	30
Mrs. Irene T. Wakayama	25
Wynford Seniors' Club	50
Mr. and Mrs. Kenzo Yakura	20
In memory of Goro Kawaguchi	
Mrs. Shay Hashimoto	100
Mr. and Mrs. Kiyo Ise	50
In memory of Harumi Nakamura	
Mr. Rick & Mrs Kathy Tazumi	30
In memory of Masako Kuroyama	
Mr. and Mrs. Michael Polny	30
In memory of Masu Tanaka	
Tatsuzo Tanaka and Family	200
In memory of Mitsuko Yamada	
Mr. and Mrs. Kouji Fukumoto	25
In memory of Miyoko Kanaya	
Kanaya Family	50

In memory of Nobby, John & Goro Kawaguchi

Mr. Harry Takaoka	50
In memory of Polly Okuno	
Dr. Avi Sussman	25
In memory of Ronald Tamaki	
Mr. Fred Mullins	30
Mrs. June E. Shin	50
Mr. and Mrs. George Oyagi	1,000
Mr. and Mrs. Tom Oyagi	75
In memory of Sachiko Oyama	
Mr. and Mrs. Kenzo Sekiya	30
In memory of Seichi Ichiyen	
Ms. Mary Kawasaki	100
In memory of Shirley Takagi	
Mrs. Daisy Asada	20
Ms. Deborah Babin	50
Ms. Sherry Clark	20
Mrs. Doris Fujioka	20
Mrs. Kay Fujiwara	30
Mrs. Tamaye Harafuji	25
Mrs. Mariko Hatanaka	25
Mr. and Mrs. Mikio Hayakawa	25
Mr. Gary Hosaki	30
Mr. Mario Iacobucci	50
Mr. and Mrs. Arthur Ishii	25
Mr. Frank Isoshima	20
Mr. and Mrs. Ritz Kinoshita	25
Mrs. Eiko Kiyonaga	20
Mrs. Sally Kondo	30
Mrs. Catherine Kumamoto	25
Mr. Samuel Kuwahara	25
Ms. Eva Malloy	25
Mr. and Mrs. Carmen Matsunaga	50
Mrs. Miye Matsuoka	25
Mrs. Mary Tomie Mizutani	20
Mr. and Mrs. Koji Morishita	25
Mr. and Mrs. Saburo Morita	30
Mr. and Mrs. John Murakami	20
Ms. Amy Nagata	25
Mrs. Sumiko J. Nakamura	20
Mrs. Doreen Nakashima	25
Mrs. Yoshi Nakata	25
Mr. and Mrs. Douglas Nash	20
Mr. and Mrs. Edward Nishimura	25
Mr. Eugene Nishimura	50
Mr. and Mrs. Mitsuo Nishimura	20
Mr. and Mrs. Tak Nishino	50
Mr. and Mrs. Kaz Nishio	25
Sam, Miyoko & Carly Noda	35
Mr. and Mrs. Buzz Ogaki	25
Mr. and Mrs. Joe Ohori	
Mrs. Dale Reid	100
Bessie & Geraldine Sakamoto	50
Mr. Gordon H. Sakamoto	35
Mrs. Terry Sakura	50
Mr. and Mrs. Edward Sano	25
Ms. Fumi Sasaki	20

DONATIONS TO THE JCCC

As of August 12 2012

The JCCC gratefully acknowledges the following donations:

Ms. Carol Sheardown	20	Mr. Kent Kawasaki	50	<u>Sedai</u>	
Mrs. Jessie Tanaka	20	Ms. Mary Kawasaki	200	Mr. William Naruse	100
Mr. and Mrs. Rick Toki	25	Mr. Robert Kawasaki	50	Mrs. Elizabeth Nishizawa	50
Mr. and Mrs. Sumio Tomihiro	20	Dr. Rick Nishikawa	50	Mr. and Mrs. Harold Yoneyama	150
Mr. and Mrs. Tony Tonegawa	20	Ms. Joanne Kitamura	75	Anonymous	50
Mr. George Toyama	25	Mrs. Miyoko Masaki	15	In memory of Goro Kawaguchi	
Mr. Roy Toyama	20	Mr. and Mrs. Isao Ono	25	<u>Supporting Member</u>	
Mrs. Satoko Mary Uchida	30	Mrs. June Saito	20	<u>Partner</u>	
Mrs. Toki Watte	20	Mr. Jim Suzuki	100	Mr. and Mrs. George Iwata	150
Mr. John Wilms	100	Ms. Grace Takenaka	50	Mrs. Frances Nakamura	150
In memory of Stoney Nagata		Mrs. Yoshiko Tanaka	30	Mr. Tokugi Suyama	150
Mr. and Mrs. Kaz Nishio	25	Mrs. Misao Tehara	25		
In memory of Ted Tetsuo Mori		Mrs. Tetsuko Tehara	30		
Mrs. Kay Mori	1,000	Ms. Patricia Tsuji	100		
Ms. Irene Feeney	50	In memory of Yoshiye June Ebata			
Ms. Vickie Jackson	100	Mr. Tomoe Fujino	25		

Weitzes Toyota Capture JC3-Pitch League Title

by Bob Doi

Leading from start to finish, Glen Kawaguchi's Wietzes Toyota team captured the Japanese Canadian 3-Pitch League's regular season title. The veteran team with an average player age of 10 years or more above all of the other teams lost only once during the season. Defending champions Hoult-Hellewell Trophies led by captain Paul Takasaki charged from last place to 4th and challenged for 2nd place with 3 straight wins to end the season. Play-offs begin on August 13th with Back2feet visiting Birchmount Collision and Hoult-Hellewell Trophies hosting Dundee Private Investors. By virtue of their top-two finish, Wietzes Toyota and Expedia CruiseShipCenters receive a bye into the semi-finals. Check out the JC3-Pitch website for game locations and additional details: www.jc3pitch.com.

Final Standings as of August 8, 2012:

	W	L	T	Sponsor
Wietzes Toyota	7	1	1	Mr. Gary Brownlie
Expedia CruiseShipCenters	5	4		Mrs. Tina Takimoto
Birchmount Collision	5	4		Mr. Wayne Hosaki
Hoult-Hellewell Trophies	4	4	1	Mr. Darryl Hayashi
Dundee Private Investors Inc.	3	6		Mr. Marty Kobayashi
Back2feet	2	7		Ms. Yim Lok



Wietzes Toyota League Championship Team (Left to Right):

Back Row: Henry Mukai, Wesley Wong, Ron Bision, Daryl Terakita, Tod Nagamatsu, Derrick Terakita, Glen Kawaguchi (Captain).

Front Row: Sarah Wong, Marissa Dela Cruz, Ron Dela Cruz, Jay-Ar Padillo, Jenny Padillo.

Eat & Shop at St. Andrew's Japanese Anglican Church Fall Fair 2012

by the St. Andrew's Japanese Anglican Church

Everyone is welcome to the St. Andrew's Japanese Anglican Church Fall Fair 2012.

- Relax with family & friends (old & new)
- Enjoy sushi, Japanese karintoh, sweets, hot dogs and more (no udon)
- Try some items at the bake sale
- Shop for bargains at our white / pink elephant sales, and arts & crafts
- Kids' activity corner
- Silent auction

Date: Saturday November 3, 2012

Time: 11:30am – 3:30pm

Place: 49 Donlands Ave. (near Danforth Ave.) across street from Donlands subway station at St. David's Anglican Church

For more information, please call 416-461-8399.

@ Artsu Matsuri Photo courtesy of Jerome Geronimo.



Momiji prepares to celebrate!

by Momiji Health Care Society

Momiji Health Care Society is proud to announce a celebration to mark two milestones – its 35th year of excellence in service to seniors and the 20th anniversary of the opening of the award-winning Momiji Seniors Centre.

Our gala Celebration will be held on Saturday, November 17th, 2012 at the Momiji Seniors Centre. We are inviting the many people who have been associated with Momiji over the years to join us for a special evening of dinner, entertainment including the Nagata Shachu taiko drummers, a silent auction and other festive activities. Proceeds from the evening will support Momiji's continued important work.

"We will be honouring the Nisei Women's Club and other pioneers of our volunteer community, whose projects initiated the founding of Momiji Health Care Society. It will be an evening to enjoy with friends and family as we recognize our many accomplishments and share our future vision." says Pam Waintraub, Chair of the Momiji Health Care Society Board. To purchase tickets, please contact Momiji at 416-261-6683 or info@momiji.on.ca

About Momiji Health Care Society

Momiji Health Care Society is a not-for-profit organization that was founded to offer a culturally and linguistically sensitive environment to seniors of Japanese Canadian heritage. It has grown to offer assisted living and a wide range of programs to a broad audience. Much more than a building, Momiji is a philosophy of care and a promise to serve the needs of seniors and their families by providing innovative and sustainable alternatives for healthy, active living.



Momiji Gala Celebration
Saturday November 17, 2012

Join us to celebrate 35 years of excellence
in innovative living solutions for seniors

Momiji Centre
3555 Kingston Road, Scarborough

6 PM Reception
7 PM Dinner
Silent Auction & More
Tickets \$175

For tickets: 416-261-6683



Momiji
Respect, Dignity and Independence for Our Seniors
www.momiji.on.ca

9・10・11月の行事予定

9月

3日(月)	JCCC休館—Labour Day
8日(土)	カラオケクラブ会合
9日(日)	JCCCファミリーゴルフトーナメント
17日(月)	秋季クラス開講
22日(土)	カラオケクラブ会合
27日(木)	映画鑑賞会「切腹」
29日(土)	松茸料理ワークショップ(日本語)
29日(土)	タオ指圧ワークショップ
30日(日)	一世デー

10月

6日(土)	カラオケクラブ会合
8日(月)	JCCC休館日—Thanksgiving Day
21日(日)	日系カナダ人史を学ぼう
24日(水)	礎アワード
25日(木)	ハロウィン映画鑑賞会「ラビットホラー」
27日(土)	カラオケクラブ会合

11月

3・4日(土日)	アジアへのいざない祭り
10日(土)	カラオケクラブ会合
17日(土)	カラオケクラブ会合
29日(木)	映画鑑賞会

Haiku Corner 俳句コーナ

涼しさの かたまりなれや 夜半の月 貞室
suzushisano katamari nareya yowa no tsuki Teishitsu

The moon of midnight;

A solid mass
of coolness?

梨の木に 寄ってわびしき 月見かな 蕪村
nashino ki ni yotte wabishiki tsukimi kana Buson

Drawing near the pear tree,

A lonesome
Moon-viewing.

和食V.S.洋食 ー秋の味覚で気軽に食卓を飾ろう

松茸イコール高級食材というイメージが強く、そのお料理も松茸ごはん、土瓶蒸し、佃煮といった伝統的な定番に固定されがちです。その枠から抜け出し、もう少し気軽に料理に活かしてみたいと思ったことはありませんか？

そこで今年の松茸企画は趣向を変えて、家庭で楽しめる簡単な松茸料理。しかも和・洋の経験豊かなお二人のシェフにそれぞれ二品ずつ、作り方をご紹介します。

教室はデモンストレーション形式で行われ、最後に紹介したお料理をご試食いただきます。

和のシェフ:井筒大介



ワールドグルメフェアの日本代表、Now Magazine誌上のナンバーワンシェフなど数々の輝かしい経歴を持つ、トロント総領事付き元公邸料理人。昨年まではKaiseki Sakuraのオーナーシェフとしても活躍。現在Bitsマガジンにてコラム「和食のつぼ」を連載中。

メニューは、

- * 松茸の茶碗蒸し
- * 白身魚と青菜の松茸おひたし

茶碗蒸しを通して、「蒸す」料理法、出汁のとり方などを伝授。一方、簡単そうに思えるおひたしだが、実は奥の深い料理。ひと手間を加えることにより噛んだ時の味わい上がり、プロのような一層美味しい料理となるのだそう。その下ごしらえの極意を学ぶ。

洋のシェフ:橋本渚



フレンチ、イタリアンレストランで15年以上の経験を持ち、トロントミッドタウンにて、料理教室を主催。「分かりやすく、楽しい」をモットーに家庭でできるおもてなし料理を教える。トロント子育て応援雑誌『mamma』にて、レシピおよびコラム『親父の言い訳』を担当。今夏よりTORJAにてレシピ連載開始予定。

メニューは、

- * 松茸の香るチーズシュー
- * 松茸のリゾット(残りはライスコロッケにもなる)

料理教室を通じて、その後の食卓がにぎやかになるようなレシピです。例えば、チーズシューを覚えると、シュークリームが作れるようになる。松茸のリゾットでは、鶏のガラの取り方も学べる。その用途は多岐におよぶ。

日時: 2012年9月29日(土)午後1時から3時半まで

参加費: 一般\$45、JCCC会員\$40

*参加料金にはHSTが加算されます。

OC Sさんのご好意により、今回の松茸料理教室参加者には松茸を特別価格で販売いたします。なお詳細につきましては、直接OC S 905-677-6727までお問い合わせ下さい。

日本向け松茸ギフト

商品番号	【日本向け】	価格
J-103	最高級松茸-1 LB(450g)	\$98.00
J-104	最高級松茸-2 LB (900g)	\$158.00

*【早割締切日】 9月14日(金)

*【申込締切日】10月8日(月)

*【お届け予定】9月中旬～10月下旬

カナダ国内向け

TORONTO - GTA , Vancouver 市内発送	価格
C-107 Grade#1 最高級松茸 ~つぼみ~	\$65.00
C-108 Grade#2 高級松茸 ~かさが開きかけています~	\$55.00
C-109 Grade#3 ~かさはひらいていますが香りは充分~	\$47.00

*TORONTO - GTA - Vancouver 市内お届けの価格。

(他の地域への配送はお問い合わせください。)

*配達日は9:00 AM ~5:00 PMの間ご在宅いただけるようお願い申し上げます。

*弊社バンクーバー店及びトロント店へお引取りにお越しいただける方には更に\$5.00お値引きさせていただきます。

*生松茸 2LB以上/配達 の発注で10%お引き致します。

【配達期間】9月中旬～10月下旬

*収穫状況、天候など諸所の理由によりお届けが出来ない場合はご返金させていただきます。

e-mail:subs@ocscanada.ca, www.ocscanada.ca

9月映画鑑賞会：「切腹」

2012年9月27日(木)午後7時から小林正樹監督作品、仲代達也主演「切腹」(1962年)を上映します。入場料はJCCC会員\$8、非会員\$6です。

あらすじ：彦根藩井伊家の上屋敷に津雲半四郎と名乗る浪人が現れ「切腹のためお庭拝借」と申し出た。生活に困窮した浪人が「切腹する」と言っただけ、庭や玄関を汚されたくない人々から金品を巻き上げることが流行っており、家老の斎藤勘解由は数ヶ月前にやってきた千々岩求女という浪人の話を始めた。家老が切腹の場を設けてやると言い出すと、求女は狼狽したあげく、竹光で腹を切った上に舌を嚙んで絶命した、と。話を聞いた半四郎は、求女は自分の娘婿であることを告げた。(Yahoo映画より)

2012 秋の 太極拳クラス

シュエン恵美子先生の太極拳クラスが、今秋もJCCCで行われます。太極拳の5週間集中コースがシュエン恵美子先生の指導の下、行われます。クラスでは健康、活力、長寿のための基礎を学びます。初心者やこれまでクラスを取ったことのある生徒さんから上級者までどなたでも楽しんでいただき、効果を生み出すことの出来るコースです。安全で楽しいクラスを皆で楽しみましょう。

*クラス受講にはJCCC会員であることが必須です。

日時： 9月6日から10月4日までの毎週木曜日(5回)

午前10時から午前11時半まで

料金： コース料金\$65(5クラス)+税
クラス毎の料金\$16/クラス+税

タオ指圧 at the JCCC!

指圧ワークショップ - 辛い頭痛を和らげよう!!



講師のアレックス・ペレクリタ氏

JCCCでは頭痛を和らげるための指圧のワークショップを9月29日(土)に行います。タオ指圧の講師アレックス・ペレクリタ氏による「気」の説明と実践を交えた頭痛治療の簡単な指圧を行います。指圧師の直接指導の下、実用的な指圧を学べるチャンスです! 基本的に当ワークショップは英語で行いますが、簡単な日本語での対応はできます。

日程：2012年9月29日(土)

時間：午後2時-4時半

場所：JCCC Tatami Room

受講費：\$20+HST(JCCC会員) / \$25+HST(一般)

指圧サービス

9月29日(土)に、ワークショップの前後に講師のアレックス氏による指圧を受けることが出来ます。当指圧サービスはJCCCの個室で行う予定で、JCCC受付で予約することも出来ます。それぞれ1時間程行われる予定で、お支払いは当日講師に直接してください。

日程：2012年9月29日(土)

料金：\$90(税込)

一世帯

70歳以上の日系人の方たちに敬意を込めておもてなしする一世帯デーが今年も9月30日(日)午後2時から開催されます。参加希望の方は必ず9月21日までに名前を416-441-2345までご連絡下さい。

「愛知県の伝統を伝える仲間達」



この夏、愛知県の伝統民芸品が日系文化会館のヘリテージディスプレイケースにて展示されます。ペーパークラフト、小山田張子の作家、鈴木徹さん、染色作家、吉見久美子さん、着物コーディネーター、柳文子さん、着物のヘアーにチャレンジ

したドールヘアデザイナー、財田壽美代さんの4名のコラボ作品の数々です。

美しい振袖2点の前に市松人形、張り子で作った狐の嫁入りの人形、七五三人形、花嫁人形、着物のジェニー人形などの人形達、そしてミニ着物や古裂で作った小物、その他、鈴木徹さん(<http://www.day-jp.net/toru/event/index.html>)の張り子作品等が見事に並びます。

作り手達の思いが伝わる作品の技術、大切に使われ守られてきた布の優しい風合い、これを手探りの作品に生かしたものをご紹介します。4名のアーティストによる共同作品は見ごたえがありますので、是非ご覧ください。

日時：2012年8月19日(日)-9月7日(金)

場所：日系文化会館、ヘリテージ展示ケース

入場：無料

第2回「健康のためのフラ」 スチューデントリサイタル大盛況! 秋セッション9月よりスタート

去る6月26日(火)、第2回健康のためのフラ・スチューデント・リサイタルがJCCC小林ホールにて開催されました。今年はJCCCウクレレクラスの皆さんも特別参加し、プログラムも充実し、ご来場下さったおよそ200名の皆さんがハワイでのバカンス気分を味わい楽しんでいました。このリサイタルが初舞台であったイントロダクトリークラスの皆さんも緊張しながらも笑顔で楽しそうに踊っていました。シニアクラスはクラス結成当時の人気グループでひととき大きな拍手喝采を浴びていました。他2グループは高度なフォーメーションに挑戦し、素晴らしい踊りを披露してくれました。

これまで応援して下さった皆様、寛大なご寄付をして下さった皆様へ、フラスチューデント一同、心より感謝致します。又、リサイタル当日、ボランティアとして裏方でがんばってくれた皆さんどうもありがとうございました。

リサイタルが終わり一段落つきましたが、再び9月10日の週からクラス続行です。来年のリサイタルへ向け、また皆でがんばります。

フラクラスにご興味ある方は、JCCC クラスプログラムで詳細をご覧ください。

オハナフラ委員会

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月報 THE BULLETIN
INFORMING THE CANADIAN NIKKEI COMMUNITY SINCE 1958



In the July, 2012 issue, Ann-Lee and Gordon Switzer talk about their new book looking at Canada's first Japanese Canadian community.

NEW!
Coming this September:
Beginning this fall, *The Bulletin* will expand its coverage to eastern Canada and beyond, looking at stories that connect Nikkei across generations.



To subscribe, e-mail editor@bigwavedesign.net

JCCABULLETIN - GEPP0.CA

Let us show you how pictures that haven't been touched in 30 years can touch an entire room.

Video Tributes from our funeral home

At our funeral home we've always provided options. That's part of being the leader. So here we go again. Our Video Tribute is a memorable way to complement any service. We'll take old photographs you provide, blend them with background scenes of the immediate area, set them to music and create a personal video montage to be shown during the service. It's also a keepsake you'll cherish forever. Ask about our Video Tributes. We're doing more than thinking ahead. We're thinking of you.

OGDEN FUNERAL HOMES

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Canada
(416) 293-5211

PHOTOS: OMBL / MATHIAS/IN

HARAKIRI

監督・小林正樹

雲を呼び 風を起こす 尾羽うち枯らした 素浪人津雲半四郎!! 怒りの刃は 構えあつて構なし! 妻放、仲代の必殺十字剣!

主演 津雲半四郎 津雲半四郎 津雲半四郎 津雲半四郎 津雲半四郎

青中三石岩 丹三郎 木谷島浜下 津雲半四郎 津雲半四郎 津雲半四郎 津雲半四郎 津雲半四郎

Takashi Miike's 2011 remake of Harakiri was one of the big hits of this year's Toronto Japanese Film Festival. Join us this month for the Masaki Kobayashi's original 1962 masterpiece; winner of the Cannes Film Festival's Special Jury Prize and considered one of the finest Japanese films of all time. Starring Tatsuya Nakadai in a role of searing intensity.

Thurs. Sept 27, 2012@7pm

bits TORJA

JAPANESE CANADIAN CULTURAL CENTRE 日本文化会館

44 JCCC members 58 non-members Tickets available at 416.481.2345

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Dear Members,

The JCCC Board of Directors is pleased to announce a recognition award called the Ishizue Award. The Ishizue Award acknowledges and expresses our appreciation and respect to members or friends who have made exceptional contributions to the Japanese Canadian Cultural Centre.

The name Ishizue, meaning cornerstone or foundation, pays tribute to the 75 families who, at significant personal financial risk, guaranteed the original mortgage on the JCCC at 123 Wynford Drive in the early 1960's.

The recipients of this annual award are a very distinguished group of people who have each made significant life-long contributions to the Japanese Canadian Cultural Centre. They are:

James Matsumoto and Chako Setoyama

Roy and Kay Shin (both posthumous)

John Uchikata

Jim (posthumous) and Betty Ura

We are pleased to cordially invite you to honour these distinguished award recipients at an intimate and elegant dinner on Wednesday October 24 2012 at 6:30PM in Shokokai Court at the Japanese Canadian Cultural Centre. Black tie optional. Tickets are \$150 each. Please fill out the form below and return to the JCCC to reserve your space. Please RSVP before October 10 2012 . Limited seating available.

On behalf of all of the directors of the Japanese Canadian Cultural Centre, we look forward to spending a special evening of recognition and celebration together.

Gary Kawaguchi, President, JCCC



ISHIZUE AWARD DINNER

(Please fill out the information below)

Name: _____

Address: _____

City: _____ Province: _____ Postal Code: _____

Phone Number: (____) _____ E-mail: _____

Yes, I would like to purchase a ticket to attend the Ishizue Award Dinner. \$150 x ____ = _____ (total \$ amount enclosed)

No, I cannot attend, but I would like to make a donation to the JCCC in honour of a recipient(s) in the amount of _____.

Please indicate how you would like to be recognized: _____

I wish my gift to remain anonymous.

(Unless otherwise indicated, all donations will be acknowledged in the evening programme and JCCC Newsletter.)

Method of Payment (Please do not send cash via mail):

Cash

Cheque (payable to JCCC)

Visa

Mastercard

AMEX

Card Number: _____ Expiry Date: ____/____

Signature: _____

Office Use Only

Receipt No.: _____

Date of Receipt: _____



THE NIKKEI HERITAGE MUSEUM AT THE JAPANESE CANADIAN CULTURAL CENTRE

To mark the 50th anniversary of the Japanese Canadian Cultural Centre, we are proud to announce the creation of the Nikkei Heritage Museum: a permanent museum, exhibition space and archive to preserve and celebrate the proud history of our Japanese Canadian community.

The Nikkei Heritage Museum expansion will transform 9,000 square feet at the heart of the JCCC's first floor into a dedicated cultural and educational corridor, bringing together the Centre's cultural and heritage resources and exhibitions. Construction will begin in the fall of 2012 with completion set for 2013, our 50th anniversary.

We hope to see everyone at the opening of one of the most exciting and important initiatives in our 50-year history.

BECOME A FRIEND OF THE NIKKEI HERITAGE MUSEUM

Friends of the Nikkei Heritage Museum is a unique opportunity for you and your family to become a part of Nikkei history at the JCCC. Your gift will support the creation and ongoing operation of the museum.

How would you like your legacy to read? You can dedicate an inscription to any individual, couple, group, or organization.

Cost: Individual or Couple: \$500 per inscription
 Example: "Manzo Nagano"
 "Rick and Mariko Nagano"

Group or Organization: \$2,000 per inscription
 Example: "JCCC Judo Kai"
 "ABC Canada-Japan Corporation"

Details: Limited time offer
 Recognition wall with 1,000 names inscribed
 All gifts tax deductible
 Payment options available
 Purchase Deadline - May 15th, 2013



**JAPANESE CANADIAN
 CULTURAL CENTRE**
 日系文化会館

- To become a friend of the Nikkei Heritage Museum:
- Complete the registration form on the reverse and submit
 - Call us at 416-441-2345
 - Go to jccc.on.ca
 - Visit us at the JCCC

太極拳クラス



Instructor: Master Emiko Hsuen

Tai Chi Class

for health, vitality and longevity

Dates: Thursdays, Sept. 6, 13, 20, 27 and Oct. 4 (5 weeks)

Hour: 10:00am to 11:30am

Course Fee: \$65 + HST

Late registration (after Sept. 5): \$16/class x number of classes

***JCCC membership is needed to take the class**

To register, call JCCC reception 416. 441. 2345



6 Garamond Court, Toronto, ON M3C 1Z5
phone: 416-441-2345 www.jccc.on.ca

Shiatsu workshop

-Relieving Headache Pains

TAO SHIATSU



*The Way of Health
Healing and Harmony*

www.taoshiatsu.com



Instructor: Alex Pereklita

**Date: Saturday, September 29, 2012
2:00pm - 4:30pm**

Fee: \$20 for JCCC members, \$25 for non-members, +tax

***Workshop available only to those 16 years and over**

To register, call JCCC reception 416. 441. 2345



JAPANESE CANADIAN
CULTURAL CENTRE
日系文化会館

6 Garamond Court, Toronto, ON M3C 1Z5
phone: 416-441-2345 www.jccc.on.ca

和食v.s.洋食

～秋の味覚で食卓を飾ろう～



井筒大介シェフ

和のシェフ:井筒大介

- * 松茸の茶碗蒸し
- * 白身魚と青菜の松茸おひたし

茶碗蒸しを通して、「蒸す」料理法、出汁のとり方などを伝授。一方、簡単そうに思えるおひたしだが、実は奥の深い料理。ひと手間を加えることによりプロのような一層美味しい料理となる。その下ごしらえの極意を学ぶ。

洋のシェフ:橋本渚

- * 松茸の香るチーズシュー
- * 松茸のリゾット

料理教室後の食卓がにぎやかになるようなレシピ。例えば、チーズシューを覚えると、シュークリームが作れるようになる。松茸のリゾットでは、鶏のガラの取り方も学べる。その用途は多岐におよぶ。



橋本渚シェフ

教室はデモンストレーション形式で、和洋各二品ずつ、最後に試食があります。

2012年9月29日(土)
午後1時～3時半

JCCC会員 \$40、非会員 \$45

参加料金にはHSTが加算されます。

要予約。

お申し込みは日系文化会館受付
416-441-2345までご連絡ください。

*松茸のご購入を同時にお申し込みいただけます。
詳細はJCCCニュースレター9月号をご覧ください。



JAPANESE CANADIAN
CULTURAL CENTRE
日系文化会館

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416.441.2345 www.jccc.on.ca



www.ocscanada.ca

The 50th Anniversary

ISSEI DAY

1962 - 2012

一世の日



SUNDAY, SEPTEMBER 30th, 2012
2 P.M. ~ 5 P.M.

Pre-registration at 416-441-2345
required by September 21.



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日系文化会館

6 Garamond Court, Toronto
www.jccc.on.ca